

17 HOMES DESTROYED IN RUNAWAY BLAZE



A resident looks on in dismay whilst flames leave a path of destruction in the Beverly Hills community..

Sedgefield's residents went into shock on Friday 22 July when an horrific fire gutted numerous homes in the Beverly Hills neighbourhood of Smutsville, Sedgefield. With the wind working against fire fighters, municipal staff and residents trying to assist them the blaze could not be extinguished before 17 family homes had been destroyed, affecting 58 people including 22 children. A further five homes were partly damaged.

The cause and indeed the ignition point of the fire is still to be clarified, but it is believed that it started soon after 11am. With the informal wooden houses built so close together, it was minutes before flames were spreading from house to house and billowing clouds of thick black smoke could be seen from all over Sedgefield. Whilst firefighters and municipal workers desperately tried to douse the blaze and minimise the damage, members of the community did their

best to move the contents of the homes to safety. The pavements and roads were piled high with furniture, clothes and other personal belongings.

Heartbreaking scenes unfolded as some owners and their children arrived home to find all of their worldly goods destroyed. Though crews from Knysna and Eden fire departments rushed in to help tackle the blaze it was well after 2.00 pm before it was finally out.

Knysna Municipality opened the Smutsville Community Hall to the affected families, and provided blankets and food parcels. Human Settlements have undertaken to supply new building material.

Meanwhile the legendary community spirit of Sedgefield has once again come to the fore and assistance has been pouring in to make the fire-victims' lives a little easier.... (see article on page 9)

SEDGEFIELD 1stop ENGEN WIMPY
 With us you are Number One
SPECIAL OFFER
 A FREE cup of coffee to all spending clients
 This offer is available on Monday to Friday from 27 July – 31 August.
FREE WI-FI
 UNDER NEW OWNERSHIP
 (044) 343 1696 N2, West of Sedgefield

044 343 2953
LaPiazza
 INCORPORATING Smokey Joe's Grill
BEST Steak Burgers
 Cozy fires in our pub & restaurant
 Winter Warmers
 Kenny's Famous Beef & Chicken Curries
 Warthog Potjie
QUIZ NIGHT AUGUST SOLD OUT!
SUPER 15 RUGBY Saturday 30th July
 Lions vs Highlanders 3.00pm
Boerie Bash Thurs. 28 July from 5.30pm
 In aid of Slow Town Mobile Meals

CHAOS FOLLOWS STABBING

LACK OF SAPS SERVICE LEAVES FIRST AID LADY FEARING FOR LIFE



Marty Rooi explains what happened in her recent life-threatening ordeal to Rejoice Gawie, Ward 1 Safety and Security Committee Member.

When a man with multiple stab wounds arrived on her doorstep, head of Sedgefield's First Aid Crew Marty Rooi knew she was in for a difficult night - but when the mob who had attacked him arrived a short while later, she began to fear for her life! Worse yet, she was unable to raise response from Sedgefield Police Station.

It was about 2am on Sunday morning when Marty heard someone calling for help at the gate of her home on Rooikrans Laan in Smutsville, from where she runs the First Aid Crew. Going outside she found a few soccer players had arrived with a badly wounded man in their bakkie. It is believed he was one of their supporters. Bringing him into the first aid station alongside her home Marty started examining him and quickly realised he was losing huge amounts of blood through multiple stab wounds. She quickly went into her home to summons the ambulance, but just as she was finishing the call, some of the young men who had brought the victim in shouted in alarm that his attackers were coming. Marty stepped outside and closed the gate behind her, just as a group of around eight angry people arrived brandishing weapons from knives to grass slashers to broken bottles. They demanded to

Continued on page 2

LEADING REAL ESTATE COMPANIES OF THE WORLD
CHAS EVERITT
 INTERNATIONAL PROPERTY GROUP
 Sedgefield Office - 044 343 1119
 Wilderness Office - 082 342 3696



Lake Pleasant Living
 2 Beds | 2 Baths | Carport
 This suite with an open plan lounge and kitchen is situated on the edge of the freshwater lake in Sedgefield.
 Mario 082 490 2752



Sedgefield
 3 Beds | 3 Baths | Carport
 This double storey home with fireplace and fantastic views offers a one bedroom flat with income potential.
 Gawe & Louisa 072 773 3065

Web ref. 13361927 R2 400 000
 Web ref. 13317432 R2 180 000
 www.everitt-sedgefield.co.za

Notes from T'Ed's Head

I read a lovely Facebook post the other day. Not that I normally dabble in such things, I had just snatched a quick hour or so on the hammock whilst Mrs Ed was vacuuming the lounge and selfishly insisting I get off the WMCC (*World's Most Comfortable Couch*)... sigh.



This Facebook post read "Ladies, if a man says he will fix it then he will fix it. There is no need to remind him every six months!" Or something like that.

I concur. Definitely.

When it comes to general maintenance of our home I am not someone who rushes into things. I am more of a 'cool, calm and collected' person – you know, the sort of character Bruce Willis plays. I am one who prefers to wait for the perfect time to do the job properly, then springs into heroic action. My slogan has always been 'Never put off until tomorrow what you can actually put off until a month or two later.'

Of course there are outside influences one has to contend with when choosing the perfect time to complete these onerous tasks, such as the weather. Sometimes (*like recently*) it's just too cold. And sometimes it's just too hot. Sometimes the weather is perfect, and who would want to do odd jobs around the house on such a fine day?

And of course one has to be physically on top of one's game to tackle such intricate things as fixing self-ejecting shower heads, or stopping the toilet door from swinging open at inappropriate times, or adjusting the feet of the washing machine so that it doesn't wander about the lounge so much on 'long spin' setting.

So if one has (*quite by chance of course*) been out the night before 'Task Saturday' and perhaps somehow been over-served by an over-zealous barkeep,

causing one to wake up with a bad bout of 'malaria', then one has to simply postpone the event until a more appropriate day.

I tell you it is exceptionally complex this maintenance work.

Admittedly this can result in a slight back up of tasks, but I don't really believe this is a problem in our household, because it's not like we are expecting visitors or anything.....

Oh.

Apparently we are.

This weekend coming. My brother and his wife are arriving from UK.

Apparently I have known about it for months.

So..... that little queue of maintenance tasks? It's coming home to roost.

And not *coming home to roost* like a peace loving dove, gently alighting on the welcoming branch of a pretty little pear tree in the front garden. More *coming home to roost* like a disorientated Hadedah crash-landing onto our rooftop, clumsily gambolling down the wet corrugated iron and landing (splat!) in a disorganised hade-heap on the floor.

How does it happen that suddenly our 'to be fixed' list is longer than the average political speech, and I have three days to do it in? Of course Mrs Ed insists that we need to get a 'professional' in to fix everything. This is quite typical. She has got someone with my technical ability living under the

same (*admittedly leaking*) roof, yet she wants to spend a fortune on artisans?

Worse yet, the other day she actually used the 'I' word! Yes – *she called me 'Incapable'*. It makes me question her sanity, never mind her loyalty. How can she even think that? Especially when I am so close to success with Mach XV of my GWP (*Grey Water Plan*).

"Your Grey Water Plan?" you ask, practically twitching with eager curiosity, "Please do tell us more!" (*Thank you – it is very nice of you to show interest and enthusiasm. Mrs Ed certainly doesn't*).

Ever since we built the house in 2002, I have been trying to solve the problem of grey water. The aim is to direct it away from our conservancy tank (*which costs a fortune to empty*) and let it flow somewhere else – over the lawn, or flowerbed, or veggie patch or even into one of those soakythings people have underground...?

As I have painstakingly explained to Mrs Ed (*ad nauseum*) it is no use actually using glue in the network of the pvc pipes used in this intricate system, until I get it just right, so yes, we do have to contend with grey water drips from each of the 63 junctions – but surely this is a small price to pay when genius is in the making (*I'm fairly sure Mrs Da Vinci didn't put up such a fuss*).

It would have been fully operational already if the old, bearded dragon hadn't whined that the carrots were tasting a little soapy, or that the grass was actually dying at the bottom of the 'grey lake' that was our front lawn, or that the dog kennels had started floating down the drive way.

And I'm sure it was she who tipped off the council that our's was the only home with puddles outside, even though it hadn't rained for six weeks.

But enough of this grey matter – back to my other current problems. With only three days to get the house ship shape, it is fortunate that my maintenance

genius knows no bounds, though the only thing I can't get right is getting Mrs Ed on board (*I would probably make more effort if we were talking about the Titanic*).

I can proudly say that in one day, ONE DAY (*yes it does deserve capitals*) I have:- managed to fasten on the showerhead so that it stays fixed (*admittedly I didn't turn the water on when I tested it because I needed to give the Pritt time to dry*), ingeniously installed a broom handle in the downstairs 'ablution', so anyone who would prefer a little privacy (*from a sitting or standing position*) may use it to hold the door closed, and fixed the washing machine firmly in place so that it certainly will NOT vibrate across the floor like it used to, though it is a little unfortunate that the only three rolls of duct tape I could find were red.

All I have to do now is fix the broken kitchen window (*a pvc pipe accident*), find out why the stove has been tripping the electricity on the 'bake' setting ever since I threw the cup of water into it (*my running shoes were on fire*), and somehow fill the 30cm hole in the spare bed mattress (*perhaps I shouldn't have locked the dog in there with all that thunder and lightning*).

Unfortunately the weather HAS turned a bit though, and I certainly can't be expected to work during this cold spell, especially with these hectic winds, so I think I might climb on the WMCC for a bit of 'deep think' time. Why not, it's not like I'll have anyone to talk to, Mrs Ed will be fixing the roof leaks for at least another hour so....

I'd be mad if I didn't!"

ACUT ABOVE THE BEST
INDIGENOUS LAWNS
 FOR ALL SEASONS
 LM Berea - the best shade lawn!
 Buffalo/Kweek - Semishade,
 salt tolerant and water wise!
EDEN LAWNS
 www.edenlawns.co.za 044 343 2883 084 380 6133

CHAOS FOLLOWS STABBING

(Continued from front page)

be let in but Marty bravely faced them off, shouting to her children in the house to call the police. Confused and scared, they mistakenly called the George police number first and were told to phone the Sedgfield station. Marty went back inside and called the local station, but there was no answer, despite her letting it ring for some time.

The ambulance meanwhile arrived, and the mob started beating on it and some even throwing rocks at it. Fearing for their lives the medics did not get out to attend to the wounded man, and Marty began fearing the worst. In desperation she called Knysna Police, who she presumes contacted the Sedgfield station, because moments later they called her... only to tell her to stand by because they had no vehicle available. She called the Knysna station again and was told they were sending a vehicle, which they eventually saw rounding the corner. Fortunately the crowd dispersed fairly quickly, because when it pulled up Marty was surprised to see only one police member inside!

The paramedics loaded the stab victim into the ambulance and were escorted by the police van as they headed out of Smutsville. With all that was going on Marty had not had a chance to record the victim's name, and so does not know if he survived the attack. She is still shaken by the ordeal. Having given first aid to the community as a free service for over twenty years, the modern day Florence Nightingale cannot bear the thought of violence spilling over into her home and affecting her family. Rejoice Gawie, who holds the Safety and Security portfolio on the Ward Committee for 1 Ward 1, is extremely disappointed in the level of service from SAPS and is determined to get answers. "If we can't trust the police to help us when we need them, then who can we trust?" he said. He hopes to initiate a better security system on Marty's property so that she can continue her good work without fear. We contacted SAPS regarding this incident and other reports of poor service - see article on page 3.

NOTHING BEATS THE
BLAZING ONION
 COMBO WHEN YOU WANT
 REAL DINNER
 69⁹⁰

 Total Sedgfield
 044 343 1112
 Care Line: 0699 22 55 97
 www.steers.co.za
STEERS
T&Cs apply. No substitutes on product offered. While stocks last. Coca-Cola, the Dynamic Ribbon Device and Coke are registered trademarks of The Coca-Cola Company © 2016. © Famous Brands Management Company (Pty) Ltd 2016.

INGEWILD 2012
PLUM TREE
 -TRADING POST-
Beauty on the outside..
..Beast on the inside
 Realty King IPG
 Boutique property house
 044 343 2578
 Prime Shop / Office Space
 Jaco 072 645 8744
 52 Main Road, Sedgfield

The Garden Route
 is surrounded by
 mountains and sea -
 everywhere else is ADT
 Phone 044 801 8600
 visit www.adt.co.za
 or SMS ADT to 32923
 (with charge at R1)
ADT
 A True International Company **Always There**
Registered as a Security Service Provider by the Police Security Industry Regulatory Authority Reg. No. 700026

SCARAB NEWS
Signs & Celebrations
 July saw us welcoming many visitors to Scarab, both during the week and on Saturdays. You may have noticed our new signage at Scarab. The building and the signs have weathered the storms, both figuratively and physically for the past 10 years and badly needed updating and refreshing. Rita, our resident artist, very kindly extended her artistic talents to sign writing and thus just as the first signs of Spring appear, we have our new signs as well.
 Tony Hunter, our resident brew master, celebrated a landmark birthday at his brewery on 16th July. The fabulous catering was done by Deon and Carien van der Merwe from Mac Butners and the venue i.e. the brewery and the beer garden, doubled up as an excellent venue for a group of about 50 people. Keep this in mind for any function you might like to host.

 jeangeniescarab@gmail.com

RESIDENTS QUESTION SAPS SERVICE

Several Smutsville and Sizamile residents have come forward to report questionable service from the Sedgefield satellite station of SAPS Knysna.

Other than the incident reported on the front page, in which first aider Marty Rooi was left facing an armed mob, community care worker Magda Kiewiets reported that she had also experienced lack of service from SAPS. She had been woken up after midnight by a desperate lady who had been beaten by her husband in Slange Park, Smutsville. The victim had called the police and been told there was no van, so Magda drove her down to the station. She says they were surprised and horrified to find the station doors locked and the lights off. 'It was as if there was nobody home,' she said. They waited for a while then she took the lady to stay at a friend.

On Monday 25 July another victim of domestic violence escaped her husband and arrived at

Masithandane just after 9am. The staff called Sedgefield's SAPS and were also told there was no vehicle available. The SAPS van eventually arrived after 2.30pm – by which time the victim had left.

Talking to several people it seems that it was quite common for residents of Smutsville Sizamile to be told there is no vehicle when they call Sedgefield station.

"They ask for your phone number and promise to call you back when they have transport, but they never do!" said one lady.

Asked for comment on the service issue, Sergeant Chris Spies, Corporate Communications officer for SAPS Knysna sent the following statement.

"This information was brought to the attention of the Knysna SAPS management by a member of the police already.

"The matters raised are of a very serious nature and the Sector Commander of Sedgefield,

Sergeant Sonja Stander, has been tasked to look into these matters. We would like to encourage the public to report any service delivery deficiencies to the South African Police Service immediately, in order for such matters to be addressed without delay. The sector commander can be contacted at 079 894 1616.

Members of the public are also advised to phone the police station at Knysna on 044 302 6608 or 044 302 6687 to report incidents, whenever there is a problem with service delivery in Sedgefield.

"It is important to note that the Sedgefield Satellite police station is situated in sector six, which is one of the six policing sectors in the Knysna policing precinct. This is also the only sector with a satellite police station that renders a 24-hour service. It is also our approach to deploy resources adequately in the six policing sectors to ensure that all communities receive the necessary service."

THIRSTY CRIMINALS

Two bottle stores in Sedgefield were hit by seemingly thirsty criminals last week, but fortunately the perpetrators had their thieving spirits dampened by members of the public.

On the morning of Monday 17 July, Hennie Louw of Slow Town Liquors, situated on the service road adjacent to the N2, arrived at work to find glass on his shop floor. Closer inspection revealed that his stoep window had been smashed and someone had

reached in to steal five bottles of whiskey and three of brandy.

At about nine in the evening of the same day, he received a call to say someone was trying to break in again. Apparently a car guard from the Montecello restaurant over the road had seen somebody standing at the bottle store window and raised the alarm. Then a patron had driven over to the bottle store and scared the perpetrator off, but not before some damage had been done.

"They had pulled off my wooden

railing and used it to try and lever off the metal mesh protecting our window," explained Hennie, who pointed that it was the third time in a month that he had experienced attempted burglaries.

It seems the criminals were intent on getting their Dutch courage, because they then headed down to Blue Bottle Liquors and broke a window there. Fortunately they could not get in, and were only able to snatch a few half-jacks of brandy and some cigarettes before being scared off when an inquisitive passer-by raised the alarm.



Transact
R169.90 10s



Citro-Soda
R54.90 120g

Wow Winter Specials



Listerine Coolmint or Total Care
R79.90 500ml



Betavit
R59.90 30s



Berocca Boost
R114.90 20s



Doktor Mom Lozenges
R79.90 20s

SEDFIELD PHARMACY

Woodpecker Mall, Main Rd, Sedgefield. Tel: 044 343 1628

Pick n Play

Inspired by you here for the community through and through

Sedgefield Square, Main Road. Contact 044 343 1055



NEW IN STOCK

ROOIBOS Beauty Product Range

Buy any 2 products and win a Rooibos Hamper valued at over R500!

(To Enter: Simply write your name and tel no. on the back of your till slip and place it in the entry form box).







CARING FOR OUR COMMUNITY

Over the last Month Sedgefield Pick n Play has continued to assist worthy projects in the community, including donations to the Sedgefield Lions for the Oyster Festival Trail Run, sponsored groceries for Little Teddies Creche in Smutsville, and The Living Cornerstone (TLC) Alzheimers Home through sponsorship for the Masked Ball.



Top:- Teacher Gladys goes back to school with groceries for Little Teddies from PnP. Above:- Mel Bartlett happy to receive PnP's donations on behalf of Lions from Nadia. Right:- Gilda Scammel of TLC is delighted with PnP's support.

REMEMBER
3 AUGUST
Local
Government
Elections

COUNCIL NEWS

From the Mayor's Desk

Dear Readers,

With the coming Municipal Elections around the corner, this is my last contribution to this newsletter as your Executive Mayor. I wish to thank all the residents of Knysna for giving me the opportunity to lead the town and contribute to making a town where people and nature prosper. I also wish to thank all the members of Council and the staff of the Municipality for not only making the last five year successful, but enjoyable as well.

In July we celebrated Mandela Day, an initiative of the Nelson Mandela Foundation, in honour of the fundamental change and incalculable contribution the father of our nation made to improve the future of all South Africans. I trust that many, if not all of our residents contributed their 67 minutes to make 18 July a day of giving, where every Mandela Day action – no matter how big or small – focused on the realisation or restoration of dignity and empowerment of our people.

It is through these contributions by ordinary citizens that we build a nation where equality, genuine opportunity for a prosperous future and the delivery of services abound. At Knysna Municipality we aim to embody the fulfillment of these principles in the following areas: education & literacy, food security, shelter & infrastructure, and the environment.

We should all remember that Madiba envisioned a nation where we all work together, free from the shackles of the past. Although

MADIBA MONTH
07.2016

we often read about corruption, crime and scandal, which seem like an insurmountable challenge to overcome, we should find comfort in these wise words of Nelson Mandela:

"It always seems impossible until it's done."

As leader of the Municipality, I urge all residents, regardless of their party affiliations, to go to the polls on 3 August and draw their crosses to decide who will lead Knysna for the next five years. This is your chance to exercise your political power and determine your future – voting in any election is your democratic right and obligation, to ensure you get the leadership you deserve.

Georgene Wolmarans
Executive Mayor



Water Restriction Measures

Although Knysna Municipality has made headway with regard to the town's water reserves, through augmenting our water supplies and sources, all residents are urged to continue to use water sparingly, as it is a precious resource and care should be taken to avoid wastage.

Knysna Municipality would like to point out the following important changes to our water supply tariffs:

- The free allocation of water has been decreased from 6 000 litres per month to 3 000 litres (except for our indigent residents).
- The water tariff rates have been adjusted drastically in the recent budget, with the rate for the first 10 000 litres remaining affordable at R11,92 per kilolitre.
- Consumers not making an effort to curb consumption will pay heavily for water usage above 10 000 litres, with the rate rising drastically to R19,14 per kilolitre for consumption up to 20 kilolitres, climbing to over R40 per kilolitre when consumption reaches 40 000 litres or more per month.

We remind our residents that the following water restrictions are still in effect: Water your garden only at dusk (17:00 to 18:00) on designated days – Mondays, Wednesdays & Fridays for houses with even numbers, and Tuesdays, Thursdays & Saturdays for houses with odd numbers.

Please adhere to the tips as communicated through our Water Awareness Campaign.

Central Supplier Database

Knysna Municipality will no longer be managing the supplier database and registrations of new businesses wanting to register as a service provider. All municipalities will now use the Central Supplier Database which maintains a database of organisations, institutions and individuals who can provide goods and services to government. The CSD will serve as the single source of key supplier information for organs of state, providing consolidated, accurate, up-to-date, complete and verified supplier information to procuring organs of state.

Prospective suppliers interested in pursuing opportunities within the South African government are encouraged to self-register on the Central Supplier Database. This self-registration application represents an expression of interest from the supplier to conduct business with the South African government. Once submitted, your details will be assessed for inclusion on the Central Supplier Database.

All suppliers will be required to complete required information on the CSD website (<https://secure.csd.gov.za/>) and must ensure it is complete, accurate and comprehensive.

A valid email address, identity number, cell phone number and bank account details are mandatory in order to register on the CSD. Apart from the above, it is foreseen that B-BBEE information will be included in the CSD.

Any queries can be directed to csd@treasury.gov.za or 012 406 9222.



Municipal Elections

The 2016 Municipal elections are only a few days away. Here are some facts you need to know:

The date for the election has been set for 3 August 2016 by the Minister of Cooperative Governance & Traditional Affairs. The voting stations open at 7am and close at 7pm.

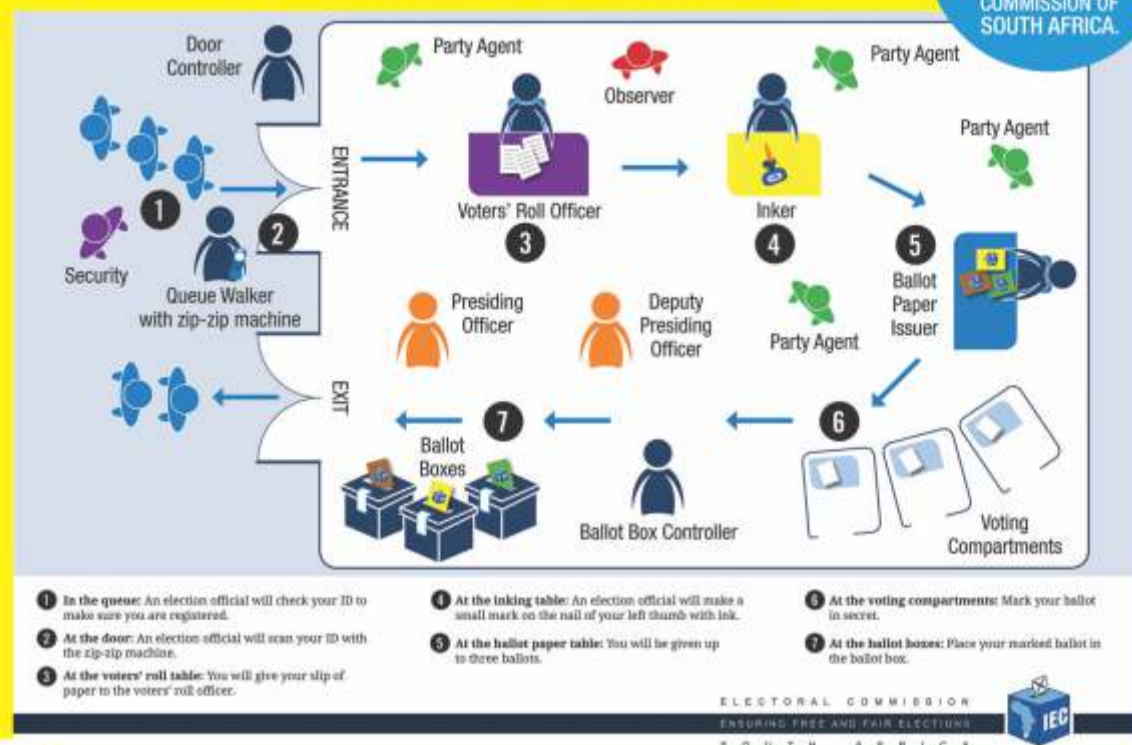
In municipal elections you must vote in the voting district where you live and where you are registered. These elections involve voting for a Ward candidate and a party to represent a voter in the local and district councils.

During the local and district council elections, voters will receive three ballot papers:

- A yellow ballot for the Local Council, where votes are cast for a political party.
- A light grey and white ballot for Ward Elections, where votes are cast for a representative.
- A green ballot for the District Council, where you vote for a political party.

In order to be eligible to vote, you must be older than 18 years of age on voting day, be a South African citizen with official identification (green ID book, Temporary Identification Certificate or smartcard identification) and be registered to vote. (Registration has already concluded after the proclamation of the election date).

ASSISTANCE WILL BE PROVIDED AT THE VOTING STATIONS BY STAFF FROM THE INDEPENDENT ELECTORAL COMMISSION OF SOUTH AFRICA.



All Sections – Office Hours
T +27 (0)44 302 6300
F +27 (0)44 302 6333

Emergencies 24 Hours
T +27 (0)44 302 8911

Customer Services
SMS: 44453
customercare@knysna.gov.za

Follow us on Facebook
[/knysnamunicipality](https://www.facebook.com/knysnamunicipality)

Follow us on Twitter
[@KnysnaMuni](https://twitter.com/KnysnaMuni)

Join our Mobi App:
<http://knysna.community.me>

www.knysna.gov.za



FLAMINGOS HIT SWARTVLEI POWER LINE

SANParks rangers have been monitoring Swartvlei Lake on the outskirts of Sedgefield for evidence of more injured flamingos, subsequent to an horrific accident on the morning of 18 July, in which a number of them flew into a nearby power line parallel to the N2. Two dead flamingos were found by the rangers whilst another badly injured one had to be euthanized on site.

Furthermore, four seriously injured flamingos were collected and rushed to Tenikwa Wildlife's Rehabilitation Centre for treatment of cuts and bruises sustained.

Jonathan Britton, SANParks Ranger for Marine in Wilderness, says he is planning to approach the relevant authority regarding the power line in question to see if there are any measures that can be taken to minimise the re-occurrence of such an incident. SANParks wishes to thank Tenikwa who came through to assist SANParks, as well the concerned members of the public who alerted us to this unfortunate incident.



Tenikwa staff member carefully removing an injured flamingo. Picture provided by Tenikwa.



**New Homes
Additions
Alterations
Wooden Decks**

20 years experience in the building industry
Numerous references

SEDGE CONSTRUCTION
quality home building

082 781 6413 • corderford@mail.com

RE/MAX The Real Estate Leaders

<p>THE ISLAND R1 850 000</p> <p>EXCLUSIVE MANDATE</p>  <p>WEB REF: RXED-0302</p> <p>3 bedroom home on a large plot close to the lagoon. Chris 082 418 8671</p>	<p>RONDEVLEI R2 750 000</p> <p>EXCLUSIVE MANDATE</p>  <p>WEB REF: RXED-0505</p> <p>Beautiful 16HA property with views of the lakes. Karen 083 556 5103</p>	<p>MYOLI BEACH R3 995 000</p>  <p>WEB REF: RXED-0484</p> <p>Modern home a few metres from the beach. 4 bedrooms, 4 bathrooms, double garage. Sean & Joy 082 504 5328 / 082 898 6657</p>
<p>COLA BEACH R3 250 000</p>  <p>WEB REF: RXED-0500</p> <p>Stylish modern home in quiet area. 3 bedrooms, 2 bathrooms, 3 garages. Chris 082 418 8671</p>	<p>THE ISLAND R1 495 000</p> <p>EXCLUSIVE MANDATE</p>  <p>WEB REF: RXED-0511</p> <p>Fisherman's cottage with established garden. 2 bedrooms, 1 bathroom, single garage. Karen 083 556 5103</p>	<p>KARATARA R950 000</p> <p>PRICE REDUCED</p>  <p>WEB REF: RXED-0497</p> <p>Renovate an old school into a beautiful farmhouse on this 6000m² property. Karen 083 556 5103</p>

RE/MAX www.remax.co.za **044 343 1905**

THANK YOU FROM LOUISE HART

Outgoing Ward 2 councillor Louise Hart would like to thank all the residents, businesses and organizations in Sedgefield, Karatara, Farleigh, Fairview, Kraaibosch and the farmers for all the support that has been given her over the years of her term in office..

"I tried my best to add some improvements to the lives of the residents," she said.

"Sedgefield has a very special place in my heart. The family properties have been in the Hart family since 1926 and since I became part of this family the protection of Sedgefield has been our main aim. There are very like-minded residents in and around Sedgefield and we will continue to look after our lovely village."

She also paid respects to the residents of Karatara, Farleigh, Fairview and Kraaibosch, who she started dealing with only met 5 years ago as those areas are part of the ward.

"I have admiration for you in the way you look after your areas. The gardens are beautiful and the area is always clean. I wish you strength for the road ahead. I thank you for the patience you showed in very difficult circumstances."

"Thank you to all who phoned, sent letters, Facebook messages, and cards with the passing of my husband Claude."



Louise concluded by asking that residents of Ward 2 to please assist and support her successor in the same way.

RESIDENTS WANT NO-DUMP COMMITMENT

Since October last year, there has been much vehement comment by some residents of greater Wilderness on the license issued to Knysna Municipality by Provincial Government (WCPG) for a building rubble disposal and composting facility on Portion 2 of Farm 191, Wilderness. This property includes the old sand mine opposite the entrance to Pinedew Farm and two properties west of Timberlake. Though based in Wilderness (part of George Municipality) the facility would serve Knysna and Sedgefield residents.

At the time Ashleigh van Zuydam, spokesperson of an "Appeal Action Committee" representing the various communities and forums who appealed against the decision (eg. Langvlei Dunes, Pinedew Farm, Boven Lange Valley Nature Estate, Timberlake Farm Village, WRRRA, WaLEAF, Paradise Ridge Conservancy etc.) said the inappropriate choice of the site for a composting and building rubble facility was based on the fact that the property was degraded due to the sand mining. This despite the fact that in 2002, the mining permit and land use departure for the environmentally sensitive property were both granted on the strict condition that the land would be rehabilitated with indigenous vegetation, once mining was discontinued (the land use departure expired in 2012).

The Action Committee's appeal against WCPG's decision

included the following reasons :-

- The site is on the N2, the primary tourist route of the Garden Route, and is only 6km from Wilderness National Park Ebb and Flow Rest Camp.
- Owing to the sandy substrate of the property, the water table below could easily become contaminated therefore possibly affecting the Wilderness Lakes as well as the primary source of water for surrounding properties, the majority of which use boreholes.
- Knysna Municipality applied for this license without the support of George Municipality.
- SANParks and Cape Nature objected to the proposal in the Environmental Impact Assessment.
- Surrounding communities and conservancies objected in the Public Participation Process ("PPP").
- The Final Basic Assessment Report was flawed in terms of the specifics and technicalities of the facility.
- The PPP was flawed as it was not directed at Wilderness residents, the people who will be the most affected by the facility.
- The decision was flawed because according to the PPP, the chosen site is NOT environmentally acceptable. The group's appeal against the decision was turned down by WCPG, and they claim that all attempts to get feedback from Minister Anton Bredell Minister of Local Government, Environmental Affairs and Development Planning for the Western Cape, and indeed Premier Helen Zille, have come

to nothing.

"It's as if we have been stonewalled," said one irate resident Nic Brummer.

With elections coming up soon a number of residents of the area challenged DA Ward 4 Councillor Leon van Wyk to explain the matter. His response was as follows:

"At the outset I must state that I am as concerned as all of you about the proposed landfill site at Timberlake and have done what I can to see how it can be avoided. This is a rather complex matter and cool heads will be needed to get the desired result.

"The application for this site came from Knysna Municipality partly because some Wilderness residents used to take their green waste etc to a Sedgefield dumpsite which then became unmanageable.

"When I became aware of Knysna's application within George's jurisdiction, I raised the matter internally resulting in the George Council taking a decision that it would not support the application. A meeting was called between George and Knysna's municipal managers ("MMs") with administrative and political attendance where this decision was conveyed in the presence of Knysna's consultant for the site.

"Knysna nevertheless proceeded with the application, which was approved. The appeal against this decision was turned down.

"The MMs and senior waste managers met a few months ago on the way forward. If Knysna

wish to proceed they need to obtain land use approval from George where they need to demonstrate that there is a "need" and "desirability" for the application. This will present an opportunity for the community to raise their objections once again. One particular area that I believe is important is access to water for the community. In terms of environmental legislation, landfills now need to be lined by very expensive linings.

"This landfill issue must be seen in the context of the planned Regional Landfill operation to be located adjacent to PetroSA in Mossel Bay. It will be operated for Mossel Bay, George, Knysna and Bitou initially with a planned start of July 2017 and not January 2017 as originally hoped for.

"The new Environmental legislation is extremely onerous with regard to landfills. George's site is full as is the case with other municipalities.

"George initially had misgivings about the cost implications but following advice agreed that this was the only viable option.

The four municipalities have been meeting regularly in a forum with Eden District Municipality and WCPG to deal with the cost implications of the new operation. To get the new operation affordable for customers it will need to be scaled back but nevertheless could result in immediate increases of 20% before inflation adjustments on the refuse bill of every customer.

Affordability is of major concern to the Municipalities and discussions are ongoing with both Provincial and National Treasury. The future proposal is that building rubble will be crushed within each participating Municipality before delivery to the new site. Further George already has a license to operate a composting facility on our present landfill premises. It will make sense for Knysna to participate in this venture to share / reduce costs. The George and Knysna MMs have held discussions on how the municipalities can cooperate to share costs.

"The implication of the above is that Knysna as with the other participants will also face substantial cost increases. In my view again it may be too expensive for Knysna to actually build and operate the Timberlake landfill when solutions exist for building rubble and green waste.

"The forum meetings are chaired by a senior WCPG official who is intimately involved in the Knysna application and I have facilitated a discussion with the Knysna officials where the Provincial official suggested that Knysna could possibly use another site that they have access to within their boundaries until the Regional site becomes operational.

"The new Regional landfill is a major challenge in terms of funding and participating Municipalities will need to cooperate to share costs.

"I believe we need to wait until the new Councils (George and Knysna) are in place after the elections in August before any discussions are held on the

likelihood of Knysna making a land use application."

But the residents are saying that now, rather than later, they want a firm commitment from the George Municipality that no application for land use will be granted now. This after Jane MacKenzie-Hoskyn (secretary of the Langvlei Dunes Home & Property Association) attended the recent Cabinet Outreach in the George Town Hall, and asked Minister of Environmental Affairs, Anton Bredell why he had approved a dump site adjacent to the Wilderness RAMSAR site that is a Garden Route SANParks nature reserve, is adjacent to Langvlei and above an aquifer that supplies local smallholding residents with drinking water - a reserve where absolutely no activity is allowed - no fishing, no walking, nothing except birdwatching on the edge of the reserve.

"The operational phrase here is 'adjacent to Wilderness RAMSAR site.'" she pointed out to him.

According to MacKenzie-Hoskyn the minister was unable to give her an answer and, she alleges, seemed totally unaware of the situation, commenting that he had hundreds of court cases to deal with.

"This was despite several emails to the Premier of the Western Cape Provincial Government and tweets to @Our_DA. What the community is looking for is a written undertaking that the George Municipality will not give the Knysna Municipality permission to go ahead. The community members are outraged." She said.

MASKED BALL

by Melanie Baumeister

The Living Cornerstone (Alzheimer Homes) were the hosts for a very successful event on Friday 15 July - A Masked Ball, that brought all that glitters in Sedgfield out on one night.

In all their finery the guests were treated to music and entertainment by 'Die Donkiekar Boere Orkes' and special guest, Eleanor Bouw-Spies, the current council speaker and the DA mayoral candidate for Knysna. There was an American Auction, Silent Auction and a Live Auction (a homemade kist with a secret compartment) that captured the attention of the masked citizens of Sedgfield.

Almost a 'non-event' - at the last minute the Lions came to the rescue with décor, a very special thank you to Bonita Noeth and Marty Rooi and her team who took the crisis in their stride and saved the night.

The Living Cornerstone (TLC) relies on fundraisers to supplement the pensions of people that are in their care and this event was well sponsored by many local businesses and TLC is forever grateful for their support.



Elaine Hannah, Nicky Franceschi and Gerda van der Westhuizen representing the "glitterati" in their finery at the Masked Ball in aid of The Living Cornerstone Alzheimer Homes

The attendance of the local 'glitterati' was overwhelming as people stepped out in their feathers and sequins to enjoy a night of music and fine dining. Salomie Boshoff prepared and served a three course meal with her crew which was enjoyed by all.

What a lovely way to while away the Winter evening, thank you to The Living Cornerstone and all their sponsors and supporters for the initiative that brings out the best in our community.



Cathy Weideman, Eleanor Bouw-Spies and Gilda Scammel getting into the spirit of the Masked Ball. Photo : Emma Rorke

VLV - 'N STUKKIE VOORSKOOT-NOSTALGIE

deur June Lötz

“Wat mens van jou Ouma onthou is dikwels saamgebondel soos kuikens in 'n voorskoot...” Dit is wat George Weideman die skrywersê.

Elke mens koester 'n stukkie nostalgie toegevoeg in 'n voorskoot. Die voorskoot is deel van grootword. Soms word dit gebruik om traantjies van 'n vuil gesiggie af te vee of eiers versigtig te vervoer. Dit gaan gepaard met geure van varsgebakte brood en speserykoekies.

Dit herinner aan familie kuiertyd en Kersfees op die plaas. Selfs die bekende resepteboekskrywer verwys na 'n voorskootjie vol aartappels, 'n perfekte maat.

Die voorskoot was dan ook die perfekte fokuspunt vir die Vroue Landbou Vereniging se Junie vergadering. Die tema: naaldwerk. Trienie Barnard, bestuurslid van VLV Sedgfield en haar spannetjie gasvroue, het 'n uitstekende vergadering op die planke gebring. Die saal was getooi in 'n groot verskeidenheid van, onder andere, naald-, hekel-, breiwerk en die mooiste mooi kwiltwerk artikels. Die vlytige vrou se paradys. Joan Visser, die skepper van die asemrowende kwiltwerk het 'n paar kwiltwenke met die vergadering gedeel.

Hierdie geleentheid is ook gebruik om serpe, mussies, moffies en bedsokkies, wat



deur die VLV lede gehekel en gebrei is, te oorhandig aan 'n verteenwoordiger van The Living Cornerstone, Alzheimer huise.

Elsie Cervati, 'n plaaslike entrepreneur en inwoner van Smutsville, het geleentheid gekry om haar sakebelange met die VLV lede te deel. Vanaf 2007 bedryf sy 'n kleuterskool in Smutsville maar in 2015 wrik haar kreatiwiteit haar egter tot 'n nuwe onderneming, genaamd Ama Bear. Sy en 6 ander plaaslike vroue ontwerp, vervaardig en verkoop verskeie kreatiewe artikels soos engeltjies van mohair, brei en hekel musse, serpe en 'beanies', pragtige inkopiesakke versier met hekelwerk ens. Die oorspronklikheid van hulle ontwerpe, maak hulle produkte baie gesog. Hulle werk hoofsaaklik met afval materiaal en maak staat op skenkings van oorskiet lap, wol en ander

materiaal. Elsie se lewensfilosofie: “As jy kan droom, en jy glo daarin, kan jy dit ook uitleef!”

Elke derde Woensdag van die maand, om 14:30, vergader die VLV Sedgfield tak in die NG Kerksaal te 7 Hoepoelaan. Alle vroue is welkom ongeag hul taal of kultuur. Eerste en tweede keer besoekers betaal slegs R15 per persoon teegeld, daarna kan u aansluit teen R135 per jaar ledegeld.

Elke vergadering belooft om opwindend en oorspronklik te wees aangesien daar elke jaar 'n verskeidenheid temas gedek word en elke lid die geleentheid kry om, as deel van 'n span, een vergadering per jaar te reël.

Temas sluit in; openbare sake; kunste en handvlyt; landbou; opvoeding; voedselbereiding; naaldwerk; tuisteskepping en gesondheid. Moenie die volgende vergadering misloop nie.

Suzelle meets Mel

Plett MAD Festival!! What a treat! A very big thank you to Plett Tourism who invited The Edge to cover events including an opportunity for Suzelle DIY to meet our very own Melanie Baumeister.

Suzelle, was her usual friendly and helpful self when our Mel granted her an audience in the Green Room of The White House Theatre. With their entourages, amongst them, Emma Rorke intrepid journalistic photographer, in attendance.

The two celebrities had plenty to discuss and spent a good half hour natter regarding 'homemade champagne' - Suzelle's contribution to culture here on the Garden Route.

Once again, our eternal gratitude for the invitation and experience afforded us by Plett Tourism for their MAD Festival.

Right : Suzelle DIY and Melanie Baumeister strike a pose in the Green Room of The White House Theatre in Plettenberg Bay. Photo by Emma Rorke



Memorial Missing Plaques

At 7am on the morning of the 14th of July members of the local Moth Organization remembered the men who gave their lives in The First World War Battle of Delville Wood.

One small ration of rum was taken as the last post sounded. Men on the battle field were given a ration of rum before going into battle on that fateful day in 1916 one hundred years ago.

One of the survivors of the battle was Mr Fred Hampson who lived in Sedgfield for 52 years and was a well known character. Fred was over 90 when he died in 1985. Sadly the plaque commemorating Fred on the Sedgfield Memorial, along with others, have disappeared. They will be replaced in the near future.

Missing plaques on left of picture.



CARPE DIEM SCHOOL GOURMETS & GOURMANDS



The theme of the 8th annual Gourmets and Gourmands championed by Hartmans on behalf of Carpe Diem School, African Dream, lends itself to the most flavourful cuisine being served by the contributing restaurants. The 8th annual Gourmets and Gourmands will take place on 20 August 2016 and is without a doubt the event of 2016 George social calendar and not to be missed!

Ingredients for African cuisine are diverse due to the range of climates and growing conditions of the continent. Top Chefs from the 17 restaurants will entice guests by cooking exotic dishes from North Africa, the South and East, Central Africa and West Africa. The chefs from Chaine Des Rottisseurs; Die Rooi Kombuis; Fancourt; Fat Fish;

From back L - R; Mimi Finestone, Carpe Diem Francois Ferreira, Maryna Liebenberg, Mel Botes, Mada Meyer, Pauline Cloete, Susan Pretorius, Karen, Karools Hauptfleisch.

Francois Ferreira Academy; Garden Route Game Lodge; Lauren's; Meade 101; Peperboom; Pomodorros; Salinas; Sucasa; The Gannet; The Wilderness Hotel; Thousand Sensations; Transkaroo; The Views Boutique Hotel & Spa will have guests drooling at this year's event.

Funds raised at this year's Gourmets and Gourmands will be used to develop a computer centre for the special needs learners of Carpe Diem School. Children with special needs from all over the Southern Cape (Riversdale, Albertinia, Mosselbaai, Hartenbos, Little Brak River, Great Brak River, George, Hoekwil, Sedgfield,

Kararara, Knysna, Plettenbergbaai, and the Cragg's) attend Carpe Diem School and receive the best possible education and therapies made possible with funds raised during a number of events hosted throughout the year.

For more information about the 2016 Gourmets and Gourmands championed by Hartmans on behalf of Carpe Diem School please contact the Karools Hauptfleisch – Headmaster on 044 874 4074 or email carpekarools@telkomsa.net if you need more information on the event follow Carpe Diem School on Facebook at Carpe Diem School.

ERF 4970 DEVELOPMENT PROPOSAL

by Mike Young

With a preliminary proposal for a new business site including a supermarket being put together for Sedgefield Erf 4970 by a development company called Deorista 188 (Pty) Ltd, the developer's planning consultant met with concerned residents of nearby properties and Ward Councillor Louise Hart on Tuesday 19 July.

Erf 4970 refers to the consolidation of a number of adjacent plots which include those on which the Backpackers building and Slow Town Liquors are placed. As negotiations regarding proposed development proceeded with the Municipality, it came to light that one of the stands that was included in the consolidation had not been rezoned for business purposes. The planning consultant employed by the owner was therefore required to apply for the necessary rezoning and

due course interested and affected parties were sent letters of notification. The document submitted by the consultant was available for download from the municipal website and included in it was a sketch plan of a possible development. This showed a supermarket with its loading facilities at the western end of the site. Owners of nearby residential properties expressed concerns in correspondence addressed to the Municipality and Louise Hart, the ward councillor, arranged the meeting.

It soon became clear that the rezoning was not the cause of concern, but rather the location of the loading area. This was duly noted, both by the municipal representatives and by the planning consultant, who all emphasized that the sketch plan was not being submitted for formal approval and was very much a preliminary sketch plan. The concern of neighbours regarding the location of the loading facility

was made very clear and it is hoped will be taken into account when formal plans for the proposed building are drawn up for submission to the Municipality for approval. At that stage, the developer will be expected to make these plans available to the public for comment and this will be advertised in the press as all such proposals are.

As to who will occupy the new development, we have been told that more than one party has shown an interest.

NEW OWNERS Engen 1 Stop Sedgefield

Advertorial

The story goes that in life, change is inevitable and so it has come to pass that Engen 1 Stop and Wimpy Sedgefield are proud to announce that new owners have taken over as of 1st of July 2016.

FC Conradie who hails from Stellenbosch is the new owner, and he will be assisted by John Gooderham originally from Somerset West. Both FC and John have extensive experience in the fuel industry and, together with Rob Morrison and Angela van den Burgh, will surely form a very capable management team.

As with anyone taking over a business, the first priority for the new team was clean up, rearrange and look at all the aspects of the business.

"We are glad to inform our customers that we have already rearranged the Quick Shop layout, reduced some prices and price marked the shelves, all to facilitate a better customer shopping experience," says John. The friendly staff that Engen 1 Stop is known for, have all been retained, and are looking forward to welcoming and serving customers in the best

"Having achieved more than 51 Years of property
SUCCESS
makes us the obvious choice"

Seeff

The Island R3 450 000



PRIME WATERFRONT PROPERTY
Beds 3 Bathrooms 3 Garages 1
This sunny 3 bedroom face brick house is offered to you on a Joint Mandate. Call us today!!

WEB 397423
Cynthia 078 131 7725 / Mairi 082 852 4567

Cola Beach R5 200 000



LUXURIOUS MODERN LIVING
Beds 4 Bathrooms 4 Garages 2
Stunning home with sensational seaviews! Call us today for a viewing!

WEB 395524
Cynthia 078 131 7725 / Mairi 082 852 4567

Seeff Sedgefield 044 343 1151

possible way, whether they are quickly dropping in for coffee or staying for a fabulous Wimpy meal.

"We understand that service is the main distinguishing factor in the fuel industry. We also understand that mistakes are made from time to time. Both FC and I believe in an open door policy and that often the difference between ourselves and the opposition is how these mistakes are resolved," said John. To this end they invite all existing and new customers to speak to them directly regarding any complaints or suggestions. "We aim to bring something fresh to Engen 1 Stop

Sedgefield and Wimpy and will introduce new promotional drives and fresh ideas as we go along. Look out for our Wimpy Tuk Tuk which is already in operation on Saturdays and will soon be sent out to activities all around Sedgefield," enthuses John. "We believe in getting involved in the community and have already discussed options with various organisations as to

how we can help. We are committed to working together for the good of all in Sedgefield."

He and FC encourage everyone to come and meet them, and are offering a free Nescafe coffee to all customers who spend something at Engen 1 Stop and Wimpy Sedgefield from Monday to Friday, from the 28th of July until the 31st of August 2016.



TRELLIDOR
SECURITY SHUTTER
THE ULTIMATE CRIME BARRIER

New from the home of
THE ULTIMATE CRIME BARRIER.

Trellidor Security Shutters are a brand new addition to the Trellidor range of custom-made security barriers. Because we believe that everyone has the right to feel safe at home and work, our shutters are a combination of elegant aluminium louvres and the built-in strength that is the hallmark of a Trellidor product. We've added unique features such as the Trellidor patented locking system and a neat internal mechanism to open and close the louvres. And we've done attack tests on our shutters to ensure that they conform to the strength standards that you've come to expect from Trellidor.

VISIT OUR SHOWROOM & PUT US TO THE TEST!

66 Main Street, Knysna

044 382 6195 | www.trellidor.co.za

Trellidor and The Ultimate Crime Barrier are registered trade marks of Trellidor (Pty) Limited.

Applications invited for our 3 - 6 Year Class

"80% of the child's brain is developed within the first six years of life, a time which forms the foundation for later living and learning"



fully qualified and experienced teachers · small groups · aftercare facilities · nurturing environment encouraging independence

Preparation for Life

knysna montessori school

contact Dawn 044 3825316 for an appointment
www.knysnamontessori.co.za

Honouring the Legacy of Madiba

PEOPLE all over the world honoured the legacy of the late President Nelson Mandela by spending 67 minutes doing good deeds in their local communities.

In Knysna, Executive Mayor Georlene Wolmarans accompanied by Cllrs Peter Myers and Mark Willemsse visited the children's ward of the Knysna Provincial Hospital. The Mayor delivered warm and fuzzy blankets and took some time out to get to know the children a little better. Momentum donated the blankets to the Mayor's office during the Oyster Festival.



Mayor Georlene Wolmarans and the children getting cosy under their new blankets.

In the meantime the Youth Offices reached out to communities in other areas. In Hornlee the elderly were spoiled with warm hearty soup, in Khayaletu they painted the Ilingelom crèche, distributed clothing to the homeless in town and around the taxi rank and in Rheenendal they handed out blankets sponsored by Simola.

Wolmarans said "I always draw inspiration from the

legacy of this great icon who managed to touch so many people's lives in a manner that they will never forget. It was an incredible privilege to have him as our President and leader. Our duty to do good should not be limited to 18 July but we should remain resolute in our drive to make our communities and our towns a place where people truly prosper."

DIARY DATELINE

27th July - 10th August 2016

Wednesday 27

8:45am Guided meditation @ The Well, Plumtree Centre
1:30 for 2pm. GSSA Meeting at Wilderness Hotel. Presentation & Talk.
2 - 5pm Sedgfield Tennis Club (Social)
5:30pm Mindful Meditation meets at Green Peace Haven (above Tea for Two)
Keith Mould 083 679 4039
6:30-10.00pm Badminton Town Hall.

Thursday 28

7am Eden Cycling Road bikes & MTB's depart Cycle Worx. All welcome.
7:30am Sedge Gentlemen's Golf @ The Links
12-1pm Community meal at St Francis United Church, Swallow Drive - outreach to lonely & hungry.
2:30pm Bowls coaching
5:15pm Guided meditation @ The Well, Plumtree Centre
7:30pm Lions Club of Sedgfield meets at the clubhouse. Debbie 083 306 9998.

Friday 29

8.00am Ladies Golf @ The Links Course
9.00am Line Dancing @ St. Anthony's. 084 549 3967
10- 11:30am Anchusa meet @ St Francis Church hall. Ph 044 343 1099
4:30pm MOTH meetings at Lions Club. Ph 044 343 1996

Saturday 30

7:30am-12 Wild Oats Community Farmers' Market @ Swartvlei
8.00am - 2.00pm Mosaic Market
8.00am - 1.00pm Scarab Craft Market
12-1:00pm Sedgfield Interchurch Prayer Group at Grace Fellowship

Sunday 31

7am Eden Cycling Club Group Social outride departs Cycle Worx. All welcome

Monday 01

6:30-10.00pm Badminton Town Hall
7.00pm Duplicate Contract Bridge in the Catholic Church Hall. Ph 044 3433141

Tuesday 02

7am Eden Cycling road bikes & MTB's depart Cycle Worx. All welcome.
12:30 Arthritis Foundation meetings @ Die Ou Kaross Hotel, Wilderness. Info Moira - 082 729 4509
2:30pm Bowls coaching

Wednesday 03

8:45am Guided meditation @ The Well, Plumtree Centre
2 - 5.00pm Sedgfield Tennis Club (Social)
5:30pm Mindful Meditation meets at Green Peace Haven (above Tea for Two)
Keith Mould 083 679 4039

Thursday 04

7am Eden Cycling Road bikes & MTB's depart Cycle Worx. All welcome.
7:30am Sedge Gentlemen's Golf @ The Links
12-1pm Community meal at St Francis United Church, Swallow Drive - outreach to lonely & hungry.
2:30pm Bowls coaching
5:15pm Guided meditation @ The Well, Plumtree Centre
6:30 for 7pm Woodturner's Guild. For further details call Dave Stephenson 072 119 4397
7:30pm Lions Club of Sedgfield meets at the clubhouse. Debbie 083 306 9998.

Friday 05

8.00am Ladies Golf @ The Links Course
9.00am Line Dancing @ St. Anthony's. 084 549 3967
10- 11:30am Anchusa meet @ St Francis Church hall. Ph 044 343 1099

Saturday 06

7:30am Sedgfield Striders Club Run.
7:30am-12 Wild Oats Community Farmers' Market @ Swartvlei
8.00am - 1.00pm Scarab Craft Market
8.00am - 2.00pm Mosaic Market
10am Depression and Anxiety Support Group - 9 Sysie St, Sedge. Lynette 079 156 6735
10am - 3pm Garden Route - Clivia Interspecific Exhibition at Norgarivier Nursery (Airport Rd R102, 083 462 8855)
3pm Astronomical Society. meet at St Anthony's Catholic Church
3-5pm The Calligraphers of the Garden Route meet at Small boat harbour, Leisure Isle. Jenny Birch 044 343 2451

Sunday 07

7am Eden Cycling Club Group Social outride departs Cycle Worx. All welcome
2:30pm Alzheimer's Caregiver Support Group meet in the little class room at St Francis United Church, Swallow Drive, Sedgfield.

PLEASE NOTE: Letters to the editor must be submitted with the author's full name, address and phone number. If a writer does not wish his or her name to appear in print, a 'pen name' (nom de plume) may be included. Email letters to: editor.edge@mweb.co.za



The editor has full discretion as to which letters to include or exclude and no argument, badgering, cajoling, bribery or heated conversation will be entered into. Opinions expressed in published letters and articles are not necessarily those of the management and staff of The EDGE Community Newspaper.

Dear Editor,

I would like to thank the Fire Department/Response team for coming to my husband's assistance.

We are extremely grateful.

Nicole & Francios

Dear Sir

I refer to the article CRASH BARRIER CONCERNS in The Edge last week. It seems totally unnecessary to me to erect a crash barrier close to the Myoli beach carpark - why take away reasonable informal parking that is necessary during busy holiday times?

While there seem to be more arguments for a crash barrier along the top of Galjoen where it meets Raven (although no accidents have occurred there that I have seen), nobody seems to have taken any thought for the many pedestrians who use that road daily to work in Cola Beach, Myoli beach and PiliPili restaurant. It was dangerous enough meeting pedestrians while driving along that stretch previously, but now the barrier has been put right in the middle of the existing narrow pathway, there is no space for pedestrians to walk safely either outside, along the cliff edge or inside the barrier in the road.

Some sort of a "pavement" walkway needs to be constructed and is urgently needed.

Mary McGregor

Dear Editor

Subject: Dogs (again!)

It seems that a major part of Letters to the Edge is dominated by complaints regarding dogs. However I think the owners of such mischief-makers are the ones we have to address. During a recent walk on Swartvlei beach I was surprised to see numerous dog tracks alongside those of humans. That means these dogs are brought there by their owners! I checked the signs at the carpark and found no less than FIVE signs indicating that no dogs are allowed. Dogs cannot read but their owners surely can? Swartvlei beach has a very small population of Black Oystercatcher birds and to protect them and their chicks the presence of dogs is not allowed.

Monday 08

2:30pm Art Society meets at Roman Catholic Church. 044 343 2387
6:30-10.00pm Badminton Town Hall
7.00pm Duplicate Contract Bridge in the Catholic Church Hall. Ph 044 3433141

Tuesday 09

7am Eden Cycling road bikes & MTB's depart Cycle Worx. All welcome
2:30pm Bowls coaching

Wednesday 10

8:45am Guided meditation @ The Well, Plumtree Centre
2 - 5pm Sedgfield Tennis Club (Social)
5:30pm Mindful Meditation meets at Green Peace Haven (above Tea for Two)
Keith Mould 083 679 4039
6:30-10.00pm Badminton Town Hall.

Should your association, charity or group have any forthcoming events, please send us details so that we may publish them in our

Kindly consider the impact of your thoughtless behaviour pet-owner.

Please take your animals to Cola and Myoli beach where they are welcome and help us preserve a valuable asset for the future.

Nature lover

Dear Editor,

I want to ask you for some advice. I was in the building industry for more than 30 years and what is happening next to me is mind boggling. Being in the industry and fully understanding that noise is inevitable, I have never seen such an inconsiderate builder and building work done so badly. My considerate neighbour is building a 480 square meter house. Where we come from a similar house would be built in 4 to 6 months. This construction company has been busy on this site for over a year now. Judging from the track record of the year past they will build and break and redo for at least another six months.

When they started this project I complained about the noise early in the morning. We have lost a considerable amount of business because of this. The neighbours are legal professionals and they made me understand that it is every citizen's right to develop their property. At some stage I questioned some of the regulations concerning the height of the ground level. They then threatened to close our business if I continue to investigate. Our business was not finally registered at the time, we were only waiting for one signature which we got the next couple of days. I did not stop but the building office from top to bottom didn't seem to be

bothered or just incompetent I still have no answer.

The genius design of the house required hundreds of truck loads to fill the stand, the compacting was never-ending and our house vibrated for months. Here we had some luck, if done correctly it would have taken much longer. They compacted huge loads of soil. Not so much luck for my neighbour when the soil compacts itself and the cracks starts to show. Hundreds of square meters of our paved street are damaged by all the trucking. I really don't know where the contractor finds his subcontractors and suppliers as they had to demolish most of the concrete slabs. That alone drove us insane, six weeks of jackhammer noise. More unnecessary trucks removing rubble further damaging our roads. One of the subcontractor's workers decided to hit his foreman with a hammer - blood all over, extremely embarrassing for us explaining to foreign guests.

The question is what are the rest of the neighbourhood's rights? How much longer must my guests listen to jackhammers, grinders, and be shouted out of bed.

Because of the unnecessary long time of the project. Will it be possible to request the following from our City council, my neighbour and his contractors.

1. No noisy work before 9am
2. No loud talking and shouting during working hours. Especially before 9am right next to our guest bedrooms
3. No working on weekends and holidays
4. No littering in the street by contractors
5. Try to get things right the

CALLAN DONATES HIS TOYS & CARS

Ten year old Callan lives in East London. His maternal Sedgfield grandparent's volunteer at FreshStart, so he has heard about the Recycle SwopShop and has sent donations back with them in May.



saying that he doesn't play with them that much anymore & he is sure that the Smutsville boys can still get a lot of mileage out of them (no pun intended!). We counted about 130 trucks and cars of all shapes, sizes and colours.

Before coming for a visit during the winter holidays, Callan's mum was sorting out donations for FreshStart, mainly his clothes. When he heard they were destined for FreshStart, he donated all his toy cars & trucks,

He also brought lots of dinosaurs, action men and wonderful bits and pieces to go into the 1- and 2-point "bargain bins." Truly a treasure chest of toys waiting to be discovered by the Swop Shop boys!!



firsttime

6. Also clean up the site that our guests don't have to look down on a building dump.

Is it possible to get council off their comfortable chairs to enforce certain by laws. The relationship with our neighbourhood is non-existent but I really feel sorry for the amount of money they are busy spending. I just hope that my observation and limited skills will prove me wrong. I think this house will have major defects in the next few years. Any ideas or suggestions please? We really need some help here. What are my rights?

Concerned neighbour.

Knysna Municipal Manager Grant Easton responds:

We have noted all the concerns from the complainant and addressed some of the issues. Our Building Inspectors visited the site and instructed the contractor to keep the area clean and tidy. They have also

BIBLE TRUTH FOR THIS DAY

When Paul refers to "the law", he does not always distinguish between God's moral law (decalogue), and the Mosaic/ceremonial law (abolished at the cross - Col 2:14). It requires a careful contextual study.

(a) The Jews clung to their (ceremonial) law and nailed Jesus to the cross; and today,
(b) The Christians accept Jesus, but nail His law (decalogue) to the cross.

081 270 7212

suggested that the contractor makes use of a skip to collect and store all rubble and have it transported off site once it is full.

They will also monitor the site on a fortnightly basis to ensure compliance from the builder.

Our Law Enforcement team will monitor noise level on a regular basis.

With regards to working over weekends and getting things right the first time around, the municipality has no say in the matter. We cannot legally request them to amend their working hours.

We kindly request the complainant to be patient; the project is 90% complete.

If there are any other issues, the complainant is welcome to contact Ricardo Schroeder (Building Inspector), 044 302 6 2 4 9 / rschroeder@knysna.gov.za

SPRING BRINGS NEW CHANGES FOR DIE PLAASSKOOLTJIE

Five years ago Karen and Johann Lombard took over a pre-school and changed the name to Die Plaasskooltjie.

With their own children growing older now, they have decided it is time to move on, and, after offering the school to the current staff, they went out looking for the ideal candidate. They believe they have found the ideal person in Talia Day Pieterse who is currently completing her Montessori studies to become a teacher. "Talia's passion for early child development is refreshing and inspiring. She will be joining the current team after taking over the school on the 1st

September 2016," says Karen. The school, now with a new name of Forest Friends Pre-school, will move nearer to the town of Sedgfield - the old Bungalo Restaurant's premises next to the cement pot business on the N2 about 2 km out of town - but will still have the outdoor farm feeling with animals and veggie garden as part of the educational system. Karen and Johann want to extend their warmest gratitude and thanks to Ina Terblanche, Liena Appels and Lillian Terblanche for making their journey with the school an unforgettable experience.

INKY FLOWERS WORKSHOP



On Saturday 16 July, sixteen Garden Route ladies were thrilled and delighted to have talented artist and architect Theresa Hardman from Port Elizabeth present an "Inky Flowers" workshop at Jane Andrew's Pottery Studio in Sedgfield. This technique involves using ink and bleach in interesting ways to capture interesting images of flowers.

Fliet Wiehahn's stunning hibiscus

Theresa ran the Design Studio at Nelson Mandela Metropolitan University School of Architecture for many years before leaving to found her own Art and Design Studio and join her architect husband at Hardman Architects.

FIRE IGNITES THE BIG HEART OF SEDGEFIELD



Dean Byram of Africa Tusk donated an entire bakkie-load of new clothing to the fire victims!

Sedgefield residents should once again be saluted for coming forward in times of need.

The flames of Friday's terrible fire were not even out yet when a call for assistance was placed on social media and people from all over started responding with unbelievable generosity.

Belinda Hobson of the Sedgefield Tourism Office was one of the first to get the ball rolling. On visiting the scene of the fire she witnessed a mother's anguish as all her worldly belongings had perished in the blaze. The lady told Belinda that her children were coming home from school that day - to nothing. Everything they had was gone.

On returning to her office Belinda posted a plea on Sedgefield Locals Facebook page asking for people to assist with clothes and household goods, and the donations started coming in thick and fast.

Belinda's efforts combined with those of Knysna Municipality, Sedgefield Lions, Masithandane, local churches as well as community leaders such as Annie Brinkhuis of the Informal Dwellers Association, have surely gone a long way towards reducing the trauma of the fire victims, at least as far as material goods are concerned.

Whilst people began to arrive at the tourism office and the Smutsville Community Hall in droves with everything from food to clothing to blankets to household goods, local churches were assisting at the Hall by providing food for those in need.

Belinda has been overwhelmed by everyone's generosity.

"When I arrived at the office on Saturday morning and saw the huge pile of donated goods, I just burst into tears," she said.

And it seems just as she packs and delivers a load of goods to the community hall, more donated goods arrive at her offices.

Because so many families were involved (58 people in all) it has been important to make sure the donated goods reach the right people. Belinda and Annie agreed that the team at the hall - Marty Rooi, Edna Thompson, Cecelia McKay, Nandi Blouw, Sarie Grootboom and Alfonso de Kok - were working hard to



Off to deliver another bakkie-load to the community hall. Annie Brinhuis and her husband Paulos sit either side of Belinda Hobson.

WHO IS SAC?

South African Civics

The SAC is a Community Organisation which was formed when residents of George, Oudtshoorn, Dysseidsdorp, Knysna, Mosselbay and other parts of Eden District decided they wanted their own party.

WHO IS THE LEADER

The leader of SAC is the previous mayor of George, Bazil Petrus.

Vote SAC (Gerrit Boer Ward 1), a party which is going to put the people first. A party that will deliver. Vote SAC for better prospects. We will not disappoint this community of the Western Cape or Eden District. We will restore pride and development for the benefit of all who live here. SAC is focussed and will not be derailed or distracted. We are moving forward.



VOTE GERRIT BOER (WARD 1) BAZIL PETRUS (PROVINCIAL)

This advert was paid for by the party concerned



Belinda and Annie with a pile of donated clothing

make sure this happened. The combined efforts of all involved certainly made a huge difference.

Whilst surely every effort should be done to prevent this tragedy happening again, it is good to know that the village's big heart is there to pick people up in times of need.

Well done Sedgefield!

9 August 2016

National Women's Day

Our area has so many fantastic women who contribute to our society, working tirelessly, without looking for recognition.

We salute all grandmothers, mothers, wives, girlfriends, business women and leaders...
 thanking you for taking our communities forward!
 Your commitment to the people of Knysna is appreciated.

KNYSNA Municipality *where people and nature prosper*

Farce Side Festive Foods



Off the back of their very successful and recent production, The Farce Side has taken the monies raised for local charities and ploughed it into the providing of 55 Christmas meals for Sedge Slow Town Mobile Meals.

After a day of merrily preparing the veggies and having Ian Perryman (Chairman of Sedge Players) dressing the pork leg in

Mike Young, Juliette Reid, Melanie Baumeister, Janice Gibson, Jim Sheridan, Meg Isherwood and Ian Perryman - smiles all round as the plates fill up with festive fare.

his capacity as head chef - for a slow roast. On Monday 25 July, the Farce Side Team were in force at the Community Town Hall to 'plate' the delicious proviante. With a slice of Christmas cake (made by Pat Perryman - with love) and a note wishing the people who received

the meal a Merry Christmas in July from The Farce Side and Sedge Players. The meals were delivered to The Living Cornerstone and other lucky individuals in need, around town by the very efficient and always friendly crew of Slow Town Mobile Meals.

The Joy of Giving Blankets

On Friday 22 July, with the prediction of extreme cold weather, the staff of Pam Golding Properties reacted quickly to the news that quite a few homes were destroyed by fire.

They seized the opportunity to donate the blankets collected during their "Joy of Giving" blanket drive to the people whose possessions had been lost in the fire. Eugene from Masithandane and Marthie Rooi took receipt of the blankets for distribution.

Thank you to everyone that generously donated towards our "Joy of Giving" blanket drive.



Shirley, Hilna, Sylvia of Pam Golding with Eugene of Masithandane

KT

Knysna Timber & Masonry PROJECTS

Timberframe & Masonry Alterations, Additions, New buildings
 Swimming pools; Structural Carpentry; Staircases;
 Balustrades; Decks & Pergolas
 Custom furniture - Full joinery workshop
 20 years experience in timber & masonry construction in Knysna.
 Refs & portfolio available

Terry: 081 381 4402
 shepherdstree@gmail.com • www.stcarpentry.com

Cindy's Cleaning Service

Drop off Maids
 Supervised Team Cleans
 Holiday Homes

Competitive Rates

For more information contact Cindy on 076 374 4945. Email: flower@websurfer.co.za

Looking for a nurturing environment in which your child's learning, emotional and physical needs can be individually catered for in a small group setting? Then look no further than

Piglet's Pen Pre-School, Sedge

where we not only cover and extend on the CAPS curriculum but blend it with the 21st Century skills of creative and critical thinking, collaboration, communication and personal effectiveness.

"Education of the Heart is the Heart of education"

Contact Jules on 076 737 3490 or juleslouwsedge@gmail.com.
 Like us on Facebook

Why wait until spring?

Explorers in the 19th Century discovered the variety of *Clivia* species but the pendulous forms were overshadowed by the showy *Clivia miniata* and it is only in the last few decades that the value of the other 5 species has been appreciated.

An advantage of having a range of *Clivia* species is that there will be a show of colour for most of the year instead of just the burst of orange when *Clivia miniata* blooms in Spring. One of the reasons for the different flowering times is the shape of the flowers. The open trumpet shaped flowers of *Clivia miniata* invite insects such as butterflies, bees and moths as pollinators and these animals only emerge as the day lengthens so the flowers are controlled by an internal clock which is influenced by light.

The pendulous flowers of *Clivia gardeni*, *Clivia robusta* and *Clivia mirabilis* are pollinated by sunbirds so the flowers are rich in nectar and develop from early to mid-winter. Although endemic to Southern Africa, the species has been hybridized overseas, particularly in Belgium, Japan and China, with the result that there is a wide range of colour, shape and form to enhance the garden. After fertilization the fruits develop and as they mature, the variety of colours of the berries add to the attraction of the plant. The hardiness of the plant is also a

bonus, particularly in the shady garden. *Clivia caulescens* and, *Clivia nobilis* flower from mid-September until late October, extending the period of colour for most of the year. Another benefit is the fact that the flowers open over a few days and the inflorescence lasts at least 6 weeks.

Local interest in the range of *Clivia* species has escalated since the formation of the *Clivia* Society in South Africa in 1990 and this has led to the breeding of the plants by enthusiasts. Carrie Kruger of Utopia is one of the leading breeders internationally. Another Sedgefielder that has made a mark in society!! Some of the results of hybridization can be seen at the forthcoming Interspecific Exhibition to be held at Norgariver Nursery on 6th August when really amazing specimens will be on display and experts will be there to offer advice as well as plants for sale.

The Garden Route *Clivia* Club invites the public to attend their **Clivia Interspecific Exhibition** at Norgarivier Nursery (Airport Road R102, telephone 083 462 8855) on **Saturday 6 August 2016 at 10:00 - 15:00**. Entrance is free. Quality plants and seeds will be available for purchase at



reasonable prices. Attend our workshop to learn more about *Clivia* growing.

Contact: Ida on 072 613 6066 for more information

Youth Day in Karatara

As part of this year's Youth Day celebrations the young people of Karatara held a potjiekos competition.

The winners of the 1st Prize were Hazel Oelf, Zhucana Tamboer, Andre Draai, Khadesaha Tamboer and Shante Morris.

2nd Prize: Antoinette Witbooi, Leandre Stuurman, Meryl Witbooi, Warredia Witbooi and Bernadette Witbooi

3rd Prize: Nicolan Isaacs, Caitlin Oelf, Lee-Anne, Wayschedean Songgayi and Brendaline.

First Team winners (L-R): Khadesaha Tamboer, Zhucana Tamboer, Andre Draai, and Shante Morris. Hazel Oelf was absent when the photo was taken.



Join Rangers Day Online

We salute our rangers is a National campaign encouraging citizens to send messages to rangers during International Rangers Day (31st July 2016).

According to the International Ranger Federation 'World Ranger Day is a campaign to commemorate rangers killed or injured in the line of duty.' It is also a platform to celebrate work undertaken by rangers to protect wildlife and natural assets.

In the Garden Route, rangers will celebrate the campaign day on Friday, the 29th July ahead of official 31st July. SANParks has invited the Game Rangers Association of Africa's Chief Executive Officer - Andrew Campbell to speak at the event.

Led by Knysna's Area Manager, Johan de Klerk, the day's programme will include water safety demonstrations by Honorary Rangers in Knysna (Dereck Mentjes), collaborative work with the South African Police Service (SAPS) and of course the annual tug of war competition between the different sections of the GRNP - Wilderness, Knysna and Tsitsikamma.

Ranger duties include but are not limited to law enforcement and anti-poaching, maintenance and overseeing alien clearing, assisting with executing controlled ecological burns and fighting wildfires, regular patrols, assisting with research and ecological monitoring.



This year's campaign can be extended to members of the public via social media. Send your messages to rangers using the twitter handle: #we salute our rangers.

Please remember to report any

Marine rangers from Wilderness

environmental crimes in the GRNP at the following numbers: Tsitsikamma (072 917 4474), Wilderness (044 877 0197) and Knysna (078354 3355).

GEARING UP FOR GREEN

Grow Food Not Lawns

Each Saturday, while I'm buying my fresh food for the coming week at the Farmers' Market, I wonder if there's any way to encourage local growers to sell there. I recently came across details of an American initiative called "Grow Food Not Lawns".

It was started in Eugene, Oregon in 1999, but there were in fact people suggesting such a way of gardening even earlier than this. I have a 1989 article written by a well-known author called Michael Pollan and published in the New York Times. He was brought up in a community on Long Island where the neighbours got angry because his father didn't maintain an immaculate lawn in front of his house! When he bought his own house, he decided he didn't want to spend time pushing a lawn mower around, so experimented, first with fruit trees and then with planting vegetables around the trees. He got flack, because lawns are almost a religion in the USA, and I've actually read about communities where people were compelled by law to remove vegetable beds from their gardens. Informally, the practice is known as "yardening" in America.

All of this got me looking for details of any similar South African initiative, but I found none. This surprised me, because we're all feeling the effects of food price inflation. In a small community like ours it seems a really good idea. How about converting your lawn to vegetables and encouraging one or more members of our disadvantaged community to help you in exchange for being given part of the crop to sell in their community? I know my skills are not particularly suited to gardening, but what really appealed to me about this concept is that it is a way of getting rid of some of the shackles that technological globalization have put on us. I try to avoid the likes of chicken imported from the USA, peas from Kenya and so on. I have recently started drinking only locally produced beer. One reason that I try to do this is that I am very aware of the damage that heavy goods vehicles do to our roads, damage that they come nowhere near paying for! I guess you could say it's yet another reason to say that

"Local is Lekker".

Finally, as I was writing this article, someone posted on Facebook the question "Should children be taught how to grow food as part of their schooling?"



ANIMALS FOR ADOPTION

Knysna Animal Welfare Society (KAWS) has a cattery full of gorgeous cats and kittens, and a wonderful selection of dogs of all shapes and sizes, all ready to move into your home and into your heart. You can see the full selection on www.knysnaaws.com or visit the kennels at 1 Marlin Street, Hunters Home, Knysna to select your new furry friend. Phone 044 384 1603 for further details.



Bobbie (right) is a gorgeous black & white male cat, born NOV 2015. He promises unconditional love and devotion!



Buttercup (left) is a very beautiful female kitten, born JAN 2016. All her siblings have been adopted and she is really hoping to be next.



Asher is a very sweet unique breed male, born JAN 2014. He will add so much joy to your life, please come to meet him and let him convince you to take him home!



Roxy (above) is an adorable little unique breed female, born MAY 2012. She would make an excellent addition to a family or make an awesome companion to some lucky person!



Scully (above) is a wonderful unique breed male, born JUN 2015. He is dying to meet you....please come and fall in love with him!

COBBLE PAVING
Sedgefield
Best Prices
All types of paving!
www.cobblepave.co.za
Guaranteed Workmanship
Norman / Antoinette Cell: 083 305 0346
Tel: 044 343 2404

Inspiring Talk on Brain Health

Dr Lize de la Rouviere, a Functional Medicine practitioner and Homeopath, gave a brilliant and inspiring talk on Brain Health to about forty health enthusiasts at the second gathering in July 2016 at Fijnbosch Coffee Shop.

Dr Lize clearly explained functional medicine and offered practical steps which people can take in their daily lives to improve their health. Here is a synopsis of her talk.

Functional medicine looks at brain function, heart function, circulation, and how all these systems inter-relate.

Four Things the Brain needs to function optimally:

1. Glucose
The brain is 2% of your body mass, but it needs 20% to 25% of your glucose.

If your blood sugar is too high, the sugar combines with protein on the lining of the blood vessels and it forms a hard, indestructible layer (like the dark crust that develops of braai meat). The body doesn't like this and mounts an inflammation response.

If you consistently over years and years eat too much sugar and your blood glucose levels stay high, the body will be pushing out insulin ... a molecule which comes to a cell and says, 'By the way, we've got too much glucose in the blood, please take up some glucose.'

If hundreds of people come knocking on your front door every day, sooner or later you are not going to listen & the cells stop listening. The door bell (the insulin receptors on the cell) & breaks. Now you've got high blood sugar AND high insulin - both associated with & Alzheimer's.

2. Oxygen
"The brain cannot work without enough oxygen. It's a deal breaker! You throw anything you want at the brain supplements, anything else but without oxygen nothing will improve. You need to fix this basic oxygen need first. & Check your iron levels, check your anaemia."

3. Micronutrients - Omega 3 and Co-enzyme Q10
"We typically in the West ... have far too much Omega 6 and far too little Omega 3 fatty acids. The excess Omega 6 stops the conversion of Omega 3 to DHA, which is good for the brain and EPA which is anti-inflammatory. You can take a good quality fish oil. Vegetarians you get a DHA supplement which is straight from plankton.

Co-enzyme Q10 "is a very strong anti-oxidant in the body and is depleted by statin drugs Without Co-enzyme Q10 your mitochondria (cell powerhouses) will not work optimally. No matter how much glucose or food you put into your body, you won't increase the energy you need.

4. Stimulus
Neuro-plasticity means that the

neurons in your brain that fire together, wire together.

"Whatever we spend a lot of time thinking and feeling, we become more and more efficient at it. Whatever we don't spend our time thinking about, we become less and less efficient at that. This is absolutely fantastic because it means we use our mind to change our brain to change our mind. It's a circle. There's a lot of value in keeping focussed on wholesome, positive, life-affirming thoughts and emotions."

Four factors which stop the Brain functioning optimally by interfering with the above.

1. Inflammation - "At the end of last year, they discovered that the brain has a lymphatic system!

The lymphatic system drains all the lymph in the body and it is also where all your immune cells are concentrated. Now they know your brain has a direct link to the rest of your body in terms of your immune system.

"What this means is that inflammation in any part of your body causes inflammation in your brain. And inflammation in brain causes inflammation in other parts of your body."

2. Toxins - The average



Dr Lize de la Rouviere, gave a brilliant and inspiring talk on Brain Health

modern woman comes into contact with about 500 toxins a day through her makeup and various cleaning products.

3. Trauma - Head injury can affect a person for many years to come.

4. Stress - We need anti-stress techniques to combat the daily stress in our modern lives like enough sleep and good exercise.

If anyone would like to download the mp3 recording of Dr Lize's whole presentation, please email [plantpowered.karen@gmail.com](mailto:karen@gmail.com)

In Memory of Frieda Plummer
(21 May 1945 - 08 July 2016)

It is with sadness that we say goodbye to Frieda Plummer, our dear sister, who passed away 8 July 2016 after a long battle with cancer.

Frieda regularly sold clothes at Mosaic Market in Sedgfield.

We want to thank everybody that made a positive contribution to her: whether it was a close friendship, a lift to town, a cup of coffee, or just a smile or anything else to uplift her life.

A special thank you to the doctors and nurses and other medical staff that cared for her during her illness, as well as to the household where she spent the last few months of her life.

She will be sorely missed.
Elize, Frek, Louwraïne, Rina

PS: We had some problems recovering info from her mobile and were not able to access who her close friends and associates were. If there are any outstanding issues, please email Elize at leopoortrose@gmail.com.



Lindsay Page exhibit at UCT Irma Stern Museum

The works of Sedgfield artist LINDSAY PAGE will be shown in an exhibition entitled **The Purple Cloak** at the UCT Irma Stern Museum along with a small celebratory show of the silk embroideries of Constance Little, her mother. The exhibition will be curated by Lindsay's daughter, international Artist, Diana Page, who currently lives in Istanbul, Turkey.

As a painter of some four decades Lindsay Page's work consists of oil paintings as well as large scale charcoal and pastel drawings. Page grew up on a farm in the Drakensberg where she developed a deep love of this mountainous region, and walked alongside her father as he tended his cattle. She subsequently moved to the Eastern Cape where she responded to the more arid landscape initially teaching herself drawing and water colour. Later as a Masters Graduate of Rhodes University, Page left her mark with the Grahamstown Group and cites Tom Matthews



and Neil Rogers as inspirational friends and fellow painters. Since then Page has exhibited extensively in South Africa and in the UK.

In this latest exhibition by Page, the landscapes become more mysterious and otherworldly as Page pushes her paint and colour far beyond the initial impetus of

her observed world.

Page's most recent body of work, mostly large scale landscapes, grew out of an appreciation and close study of a particular intimately known landscape, the mountains, fynbos, and water ways of the Garden Route.

Page desires to scrape back the superficial appearance, the perceived "prettiness" of the landscape. Her work shows a close appreciation of the surface and the structure of the land but also an understanding of the materiality of oil paint as developed over a lifetime.

As Page immerses herself in the landscape walking, sensing and drawing she is also able to discover the less hospitable aspects of the landscape. In these encounters any preconceptions about nature, the landscape or indeed landscape painting, as it has been observed and understood are set aside encouraging an entirely fresh response to take place.

Back in the studio the search becomes more philosophical, an investigation of self and the land, human nature and wild nature.

New Bikes for Freshstart

In aid of Mandela Day Cycleworx donated 2 kiddies bicycles to Fresh Start.

These will be kept in the Fresh Start exchange shop and there is no doubt the youngster who gets enough molah points for recycling will get great enjoyment from receiving a new bicycle.



Schalk from Fresh Start receiving the bicycles from Bronwyn and Norman.

VILLAGE PEOPLE - Eugene Roux

by Ginny Viner

During the Knysna Oyster Festival I popped in to what must have been the busiest business establishment in Sedgfield Cycleworx, the friendly place for every people powered thing on two wheels, and all the equipment which appears to be necessary these days in order to ride a bicycle.

Eugene the personable owner of Cycleworx was up to his helmet in riders desperate to have their machines in top performance gear for the big event. Not being a cyclist, I exited quickly, and returned the next week when I found Eugene in a quieter environment happily playing 'Oupa' with Steffy-Lea and Lexi. So, on your bike and lets go and meet, Eugene 'Cycleworx' Roux.

1) Where were you born, and where did you grow up?
Port Elizabeth

2) How do you relax?
By riding my bicycle and spending time with my family

3) Are you a globe-trotting adventurer, a jet-setter or when you travel do you prefer local attractions?
I have globe trotted before, but prefer local touring like Baviaanskloof, Karoo and Cape Town.

4) What is the most interesting place you have ever been, what made it so interesting?
France on the seat of a bicycle and the greatest bike ride of all, Le Tour de France.

5) If you knew this was to be

your last meal, what would you order?
Well I make a pretty good toasted sandwich!!

6) Do you have a 'Bucket List' and if so what's on the 'top'?
I think I ticked that off last July.....

7) Please complete this sentence; Not many people know that I...used to smoke.

8) Are you competitive, or is it more about playing the game?
At this stage it is playing the game maybe a teeny bit competitively still!!

9) Do you like to dance? And if so what's your style?
Is what I do a style? ...I dance as if no one is watching.

10) What constitutes a 'real treat' for you?
Being able to step away from my store and spend time with my grand daughter's: Steffy-Lea, Lexi and Rachel Emily

11) In your working life, what line or profession have you been, or still are, mainly involved with?
People management was what I most enjoyed, with degrees and master of none. I fell in love with cycling at a young age then fifteen years ago started Cycleworx in Sedgfield and haven't worked a day since then.

12) Does music play an important role in your life, if so what are your preferences?
Classical music particularly and



of course oldies to spin to on the indoor trainers.

13) Who inspires you?
My inspiration is that I'm blessed with everything I need and work hard towards everything I want. Most of all I appreciate and thank God for what I have.

14) If I were a cartoon character I think I would be ... hehe.... undoubtedly the Pink Panther

15) What do you read?
A little fiction but mostly history and biographies.

16) Please try and describe your attitude to life in a few words... Just a few.....
May the road rise up to meet you,
May the wind be always at your back,
May the sun shine warm upon your face,
The rains fall softly on your fields
and until we meet again,
May God keep you in the palm of His hand.

17) Please complete this sentence; I think Sedgfield ...is my home !!

CLASSI-ADS

Index

- 1 To Rent
- 2 Accom. Wanted
- 3 Accom. - Holiday
- 4 Announcements
- 5 Boats & Acc
- 6 Building Services
- 7 Businesses
- 8 Cellular, Electronics & TV
- 9 Clothing
- 10 Computers
- 11 Crafts & Home Industry
- 12 Education & Tuition
- 13 Electrical
- 14 Employment Offered
- 15 Employment Wanted
- 16 Fabric & Haberdashery
- 17 Food & Wine
- 18 For Sale
- 19 Home & Garden
- 20 Health & Beauty
- 21 Hobbies
- 22 Home Improvements
- 23 Lost & Found
- 24 Miscellaneous
- 25 Motor Cars/Bikes
- 26 Personal
- 27 Pets & Livestock
- 28 Plumbing
- 29 Property
- 30 Restaurants & Pubs
- 31 Security
- 32 Services Offered
- 33 Sport & Leisure
- 34 Tea/Coffee & Take-Aways
- 35 Heavy Vehicles & Mach.
- 36 Wanted / Swap etc

NB. Classified adverts for the next issue need to be in by Monday 10th August 2016. Faxed or emailed classies will not be placed without proof of

1. To Rent

1 bed Garden Flat, central. Preferably a mature lady. R3300pm. Please call Barbara a/h 079 029 5457

3. Accommodation Holiday

Bird Cottage on the Island. Quality accommodation. Low rates. Spacious, DSTV, w/machine. Also stop over option in Guinea Room Suite. 044 3431261 www.birdcottage.co.za

Rent your home to pay for your holiday. Thousands of Homeowners rent their properties to holiday-makers successfully. If you are exploring the idea of renting your home, we're here to make it happen. Seeff Sedgefield 044 343 1151 Melinda 072 380 4595

4. Announcements

Alcoholics Anonymous Meeting @ St Anthony's Church Hall, Cnr Flamingo & Sysie - Fridays @ 7:30pm Info 083 928 5126/083 458 4444

Amazing SLOW ROASTED COFFEE, international foods, arts, crafts, fashion all available @ Mosaic Market. Open Every Saturday 8am - 2pm

A must visit SLOW ROASTED COFFEE, Artisanal Baked Items, Redespreso Teas @ The Shed Mosaic Village. Open Mon-Fri, 7h30-16h00. Sat 08h00-14h00.



Tortoise Car Hire
082 874 6245
044 343 2991
Based in Sedgfield
Deliver between Mosselbay and Pieter

AUTO ELECTRICIAN Dolf Putter recommended by a very satisfied customer. 076 921 7339

BEST COFFEE in Sedge at Slow Roast Mosaic Market. Mon to Sat. 072 227 6365

DAMP CLOTHING? Tumble drier no good? Call Hands on Electrical on 083 297 1929.

FRESHSTART SEDGFIELD needs your pre-loved children's clothes, shoes & toys. Items will be traded in the Smutsville Recycle SwapShop by the children who collect recyclable material. Contact Schalk on 082 413 8363 or drop in the box at Dr Slander.

Heart Health Talk by lifelong health enthusiast, retired businessman, teacher and farmer Roy Valentine. Sunday 7th August at 2.30pm @ Catholic Church Hall in Sysie St. R10 fee to cover hire of hall + tea/coffee afterwards. RSVP by Whatsapp - Karen James of Tsitsikama Health Enthusiasts. 079 302 3242 or email plantpowered.karen@gmail.com

Lift needed from George Mall to Sedge daily from 5pm. Please call Princess 078 479 6856

SLOW ROASTED COFFEE now full stockists of Redespreso Tea Products & Aeropress Coffee Makers @ The Shed. Mosaic Village. Mon-Fri 07h30-16h00. Sat 08h00-14h00.

SPECIAL on Hearing Aid Batteries. No 13 hearing aid batteries free (1 card (10) per customer (while stocks last). Avail @ 15 Flamingo Ave, Sedgefield Practice.

WANTED : Sedgefield Hospice Shoppe need your second hand goods. Have a clean out and help others with your unwanted items! Please drop off or give them a call 044 343 1722

WINTER SPECIAL - Wash & dry R65 per load until end Sept. Laundry on Sea. 081 819 2421. Open Mon-Fri - 7am-5pm. Sat: 8am-1pm.

6. Building & Related Services

Architectural Draughting Services. Phone Tracy 082 695 3119 / 044 343 1421

CXTIPPERS & DIGGERS - Quality products & service at your doorstep. Tel 044 382 1645

Cornerstone Renovations - quality work. 074 708 4738

Craftsman Homes - Quality building in Brick & Timber 044 343 1601 / 082 812 1820

Sedge Construction - 082 781 6413

Site clearing, excavations, compaction and road building - contact us today for a free quotation. CX Tippers & Diggers. Tel. 044 382 1645

Timberframe & Masonry Alterations, Additions, New buildings & Swimming pools; Structural Carpentry; Staircases; Balustrades; Decks & Pergolas; Custom furniture. Full joinery workshop 20 years experience in timber & masonry construction in Knysna. Refs & portfolio available Terry: 081 381 4402

PRIVATE SALE SEDGFIELD
AVIEMORE SECURITY VILLAGE Vacant Erf.
Contact Owner
076 619 3659

Tools, tiling, paint, varnish, electrical, plumbing, hardware Sedge Hardware 343 1960

7. Businesses

PASTEL SALES, setup and training. Call C A Mather Accounting. 044 343 2202 or 083 779 7934

9. Clothing

SOOZI'S Baby & Kidz (Birth to ±8 years old) Hand crafted and other popular labels. Also, Swimsuits, Ragdolls, Wooden Toys & much more! Spar Centre. Ph (044) 3431813 / 082 771 0694

10. Computers

Computer Help & Support - Martin - 082 576 5038

HP Printer for Sale. OfficeJet PRO 8500A WiFi printing etc. Call Clifford on 072 454 8447

11. Crafts & Home Industry

A passion for fashion, arts, crafts fabulous food, SLOW ROASTED COFFEE @ Mosaic Village, Sedgefield 8am - 2pm every Saturday.

Artisanal Baked Items, Redespreso teas, SLOW ROASTED COFFEE @ The Shed, Mosaic Village. Mon-Fri. 7h30-16h00. Sat 08h00-14h00.

13. Education

Piglet's Pen Pre-school. Tel : 076 737 3490

13. Electrical

Faulty Microwave? Phone Hands on Electrical for free quote. Call 083 297 1929

HEUNIS Plumbing & Electrical. All Maintenance & Construction Qualified in both trades COC Certificates. Call 082 972 3911

Is your stove working properly & safe? If not call Hands on Electrical - 083 297 1929

We Repair All Electrical Appliances No job is too small, no job is too large. Very very best rates in town. Watts Electrical Phone 044 343 1365

15. Employment Offered

Stall holder for Wild Oats Market. Mature, honest work under pressure. 074 699 4877

15. Employment Wanted

Lincy, hardworking Malawi domestic. Good refs. looking for work on Mon and Wed. Call 078 494 3118

Lindsay domestic work wanted, any day. 078 213 9423

Building Austin - 078 213 9423 Tiling, Paint, Weld John - 078 213 9423 Paint, Tiler Domestic Agnes - 083 774 0992 Doreen - 078 064 5825 Mlw Ellen - 078 503 3117 Emily - 078 503 3117 Lincy - 078 494 3118 Refs Sylvia - 083 509 2303 Shop Yolandi - 078 080 7042

Gardening Alex - 083 774 0992 Mlw Refs Bester - 063 414 4816 Farm Karim - 083 774 0992 Reuben - 078 494 3118 Mlw Stanley - 071 815 0207 Mlw Painting

17. Food & Wine

A large variety of food from all around the globe, Asian, British, German, Italian - plus a great selection of home industry, arts & crafts. Fun for the whole family @ Mosaic Village. Open every Sat 8 - 2pm.

CHARTERED ACCOUNTANT & REGISTERED AUDITOR



CATHERINE ANNE MATHER
BCompt Hons CA(SA) (ACIS)

tel: 044 343 2202 cell: 083 779 7934 fax: 086 750 4629
email: cathy@camather.co.za
address: 20 Plum Tree Trading Post, 52 Main Road, Sedgfield

18. For Sale

Galvanized sliding gate, 4m x 1.8m high. Including wheels and brackets. R4400 neg. Tel 081 315 8256

Light Boat trailer make an offer or free with Indian Canoe. R2800. Ph 082 687 3794

Set Canoe paddles R350 each. Life jackets R330 each. Ph 082 687 3794 Wally

19. Home & Garden

AQUAMAN Pool care Service & Maintenance. Free Advice. Call 044 343 3237 / 083 631 0154

Compost, pot soil, seeds, fertilisers, irrigation, tools @ Sedge Hardware

GARDEN CLEAN-UPS, Pruning and Garden refuse removal in Knysna & Sedgefield. Hennie Barnard 082 876 0693.

GREEN GARDENS

Complete Garden Service. Planting, pruning & cutting. Garden refuse removal. Luke 072 022 5977

GARDEN REFUSE Removal including branches, good rates. Call George 060 489 2483

LAWN AND AUTO - Sedgefield Spares and sales. Repairs to L/Mowers, Trimmers, C/Saws, Pumps, Generators, Con/Mixers, Grinder, Drills. Also: welding, light engineering. Quality workman- ship guaranteed. Card facilities now avail. Ph 044 343 2406.

LIVING LANDSCAPES Complete garden make-over. From start to finish. Original and unique. Qualified Permaculturist & Horticulturist. Patricia 076 324 8960 / Luke 072 022 5977

20. Health & Beauty

Adult Incontinence Nappies available at Soozie's Baby & Kidz PicknPay Centre 044 343 1813 / 082 771 0694

Aloe Ferox Products whole range in stock @ factory prices. The Aloe Lady: 044 343 2214 @ Wild Oats Market on Saturdays.

Annie Baby and Skincare products at Soozie's Baby & Kidz Shop, PicknPay Centre. Mariana 044 343 1813 / 082 771 0694.

Any problems with epilepsy or other disabilities? Enige probleme met epilepsie? Phone EPILEPSY SA on 044 382 2155 or visit Off Rio Road, Knysna We can help!

Avroy Shlain Cosmetics. Call Verity on 081 270 8008 or email verityj@telkomsa.net

Ozone Spa Treatment - Come & enjoy a relaxing experience in our Ozone Sauna Cabinet. Benefits of Ozone Oxygen are vast - includes improved energy levels, boosts immune system & more. For more info or to book an appointment phone 083 415 0449



ZAK'S LATTE
SUPPLY & INSTALLATION
3m De-barked & Treated Gum Latte
Support job creation, alien eradication & giving back to rural communities.
Call for prices per treated stick.
1.8m, 2.4m and 3m
ZAK 082 410 9939
zakslatte@gmail.com

The Greenmere Studio Gym ... offers a variety of exercise classes, including Ageless Grace, Tai Chi and "Dance!" All classes are personally supervised by owner/manager, Briony Lidstone, who has more than 22 years experience in the fitness industry. Briony is a qualified eta instructor and a certified Ageless Grace educator. 044 343 2327 / 084 487 7140

Sedgefield Health Enthusiasts have expanded to become Tsitsikama Health Enthusiasts & welcomes health enthusiasts from all over the Garden Route. *Tsitsikama in Khoisan means place of abundant sparkling water*.

Sedgefield Pharmacy, Woodpecker Mall. Tel 044 343 1628, Fax 3431110. Mon-Fri 8am-6pm, Sat 8am-1pm, Sun & Pub Holidays 9am-12.

Silver Scissors Unisex Hairstylists 21 Tiptol Street, Sedge. Tel: (044) 343 2112

Total Foot Care by app and home visits. Sr Gillian 071 877 2638 / 072 672 4162

22. Home Improvements

Cornerstone Renovations for home improvements. 074 708 4738

Cobble Paving, Sedgefield. For all types of paving, best prices, best paving, free quotes. Don't delay - Pave Today! Call Norman or Antoinette: Tel: (044) 343 2404 / 083 305 0346

DAN THE HANDYMAN,

All work personally & professionally undertaken. No job too small. We care. Call 084 400 5437

Day beds, day benches, refectory tables, coffee tables, book cases - beautifully made to your specifications. Shepherd's Tree Carpentry. Please call Terry on 081 381 4402

JIMMY CATER Quality painting and decorating. Free quotes. 082 773 9782

Home Renovations, Repairs & Maintenance by P&R of Wilderness. 30 years exp. Free quotes & assessments. All work guaranteed. Call Richard 076 616 3695 Peter 072 724 1246

Shepherd's Tree Carpentry - Beautiful woodwork made to your specs or pictures. Call Terry on 081 381 4402

TREE FELLING, PRUNING & Garden Refuse Removals in Sedge & Knysna. Hennie 082 876 0693

27. Pets & Livestock

All pet food or other donations for Animal Welfare to be dropped off at Simply Pets or Knysna Vet Clinic. 044 384 1603

CATTERY Karen's Indoor, for TLC while you are away. Tel. 044-8831199 / 0835977749.

VACANCY
Qualified Experienced Confectioner required to start ASAP. Reliable, Responsible.
Drop CV off at Pick n Pay Sedgefield. 044 343 1055



Come in and view our exciting range of WOOLS to keep you busy this winter



6 Kingfisher Bldg Main Rd Sedge. 044 343 1028

PRIVATE SALE KNYSNA
Home in secure, well-managed complex. 2 bedrooms, 2 bathrooms. Close to amenities.
R1 150 000
Contact 076 619 3659



TOUCHWOOD MUSIC STUDIO
MUSIC LESSONS
PIANO, CLARINET & MUSIC THEORY



ANN CARROLL
044 343 2687 / 083 275 7576
Email: adrcarroll@gmail.com
www.touchwoodmusic.co.za

VACANT POSITION
Jolly Kids Preschool - Ruigtevlei is looking for a Teacher's assistant
Requirements, Grade 12 or equivalent Experience working with children Must be able to start immediately Salary dependent on experience
Please send CV and contact details to
ERALD MITCHELL emitchell@pbgison.co.za Or hand-deliver at Ruigtevlei Office (041) 1010899

VACANT POSITION
Jolly Kids Preschool - Ruigtevlei is looking for a Teacher / Principal.
The candidate should have an ECD qualification, preferably Level 5.
Experience working with children. Able to manage a class of ±20 learners.
Must be able to start immediately. Salary dependent on experience and qualifications.
Please send CV and contact details to.
ERALD MITCHELL emitchell@pbgison.co.za Or hand-deliver at Ruigtevlei Office (041) 1010899

NOTICE TO CREDITORS IN DECEASED ESTATE

Estate Late: **PETRONELLA EATWELL**
Identity Number: 2409250083087
Estate Number: 0095712016
Last Address: Sedgemoor Park, 8 Kingfisher Drive, Sedgemoor, 6573
Date of death: 10 May 2016

All persons having claims against the abovementioned Estate are required to lodge their claims with the undersigned within **32 days** from the date of the publication of this advertisement.

BRYAN EATWELL
P O Box 117, Sedgemoor, 6573
Fax: 044 343 1727 / 083 4495980
property@mweb.co.za

Going away? Sue will lovingly care for your small dogs. Tel 044 343 1611 or 082 902 0613

Knysna Animal Welfare office 044 384 1603 or emergency call 073 461 9825. (24hrs)

PSDA - People's Dispensary for Sick Animals 11:30am-1pm on Mondays near Police Station. Norma 044343 1371

SEDGE PETS - Suppliers of Jock Dog foodplus much more. Forest Lodge Complex. Gill on 071 111 5605

SNOW WHITE AND THE DOGS offers walks, talks, help with problem behaviour and all things dog. Call Susan 073 784 3317 or visit www.snowwhiteandthedogs.co.za.

28. Plumbing

Heunis Plumbing & Electrical. All Maintenance & Construction Qualified in both trades COC Certificates. Call 0829723911

Klaus Schulz Plumbing. PIRB Registered. Does all work personally. 044 343 2114/073 345 6110

Plumbing Hardware @ Sedgemoor Hardware.

Smith Plumbing & Home Maintenance for personal service. Call Peel 084 889 2578

29. Property

FOR SALE. Sedgemoor Aviemore Security Village. Vacant Erf. Contact Owner 076 619 3659.

REALNET Sedgemoor urgently seeking properties for qualified buyers. Call Toni, Area Rep. 072 383 6532 or tonie@realnet.co.za

30. Restaurants & Pubs

Montecello Restaurant. Open Monday-Saturday Closed Sundays. Tel 044 343 1780

Nibbles Bistro New Winter openings Monday - Thursday 9.00 to 17.00. Friday, Saturday and Sunday 9.00 to 21.00. Come for an Evening Nibble!!

32. Services Offered

Algae Problems? We have the solution to clean your roof and walkways like new. Phone John 044 343 1365

Anti-Slip Chemical Treatment for Tiles & High Quality Non-Slip for Wooden Decks. 044 343 1359/076 172 6772

CINDY'S CLEANING SERVICE Drop off maids, Supervised team cleans, Holiday homes. Competitive rates. For more info Cindy on 076 374 4945. Email : flower@websurfer.co.za

I MAKE DOGS HAPPY Pet & House Sitting. Dog walking. References available. Gaynor 063 355 3984

DROWNING IN DEBT? Debtsolve offers safe and sure relief. No upfront or hidden costs. For professional and personal advice call 0443431993 or email us at admin@debtsolvesa.co.za

FENCING - PICKET, POLES & SECURITY FENCING in Knysna & Sedgemoor. Hennie - 082876 0693

**Estate Notice**
Estate No. 5521/2015

The First and Final Liquidation and Distribution Account in the Estate of the late **DOREEN ELAINE WILKINSON (ID 3403260042083)**, who died on 21 February 2015

will be open for inspection at the office of the Master, Cape Town, and the Magistrate's Court, Knysna, for a period of 23 days from Wednesday, 27 July 2016

If no objection is lodged with the Masters during this period, the Executor will proceed to make payments in accordance with the accounts.

JORDAAN VAN WYK ATTORNEYS Inc
65 Main Road, Sedgemoor, 6573. Tel: 044 343 2126
Agent: Anton Jordaan

Karen's Holiday Home Management while you are not at your holiday home, we will be! Regular monthly checks, reports on all aspect of your home Karefree Home Management. Call 072 586 1086. karefree.management@gmail.com

MR PRESSURE RENTALS Carpet, vacuum and pressure cleaners. Car Wash - Pensioners discount every Tues. Gas Shop - new cylinders & refills. Deon 044 343 2154

PLOT CLEARING, GARDEN Revamp & Maintenance in Knysna & Sedgemoor. Call Hennie Barnard 082 876 0693

CARPET CLEANING - Provac Professional Cleaning of carpets, mats & rugs, upholstery, mattresses, windows, decks & roofs. - Call for free Quotations Mike 083 681 6654 Business; 082 894 4255 - Mike; 082 738 6312 Kate.

SHUTTLE TRAVEL & EVENTS Airport, Local transfers. Day tours. Call 082 702 3092

Smutsville, Sizamile Youth Advisory Centre, Mon- Friday 7:30am-4:30pm. Enquiries Edna Thompson 079 749 5181

TAX RETURNS BY CHARTERED ACCOUNTANT.

www.yatesassociates.co.za Email: info@yatesassociates.co.za for price list or call 073 264 4252

34. Tea/Coffee/Take Aways

Deo Gratia Coffee & Book Lounge Coffees & Cakes *Toasties & Shakes* Books & Wifi. Come in - Relax - Enjoy. Takeaways also available. Next to Pick n Pay. 044 343 1795

36. Wanted/Swop etc

BOOKS WANTED. Bookshelf under pressure? Downscaling, moving, clearing out, packing up, decluttering? Call 044 343 1795

MOVING ON - Wanted Household Contents. Relocating, scaling down, wanting to get rid of unwanted furniture/ household contents. We can relieve your stress & get the best prices. Call 083 415 0449. Email sedge2plettmovingon.co.za www.movingon.co.za. Subscribe to our newsletter to see what's on sale along the Garden Route.

Stamp collector wishing to buy old South African & Common-wealth collections. Also prepared to value your collection. Peter 082 567 6947



ERRATUM TENDER NOTICE

Notice is hereby given of amendments to tenders already advertised in respect of the following tenders:

- **T 20/2016:** Supply, Delivery, Fitment, Wheel Alignment and Puncture Repairs of Tyres for a Period of Three Years.
- **T 21/2016:** For the Supply and Delivery of Plumbing Material for 165 Housing Units in Concordia, Dam-Se-Bos and Oupad, Knysna.

The closing date for the above mentioned tenders is the **5th of August 2016 at 12:00** and not the 3rd of August 2016 as previously advertised.

G Easton
Municipal Manager
Clyde Street
KNYSNA
6570



APPLICATIONS FOR APPOINTMENT OF AUDIT COMMITTEE MEMBERS

Applications are hereby invited from suitable candidates to be appointed as members of the Audit Committee for the period ending on 30 June 2019.

In terms of the MFMA and the Audit Committee Charter adopted by Council, the Audit Committee should meet as often as is required to perform its functions, but at least four times a year, and must, amongst other tasks, advise Council, office bearers and officials on -

1. Financial control and internal audits,
2. Risk management,
3. Accounting policies,
4. The adequacy, reliability and accuracy of financial reporting and information,
5. Performance management,
6. Effective governance,
7. Compliance with the MFMA, the Annual Division of Revenue Act and any other applicable legislation;
8. Performance evaluation; and
9. Any other issues referred to the Committee by the Municipal Council.

The Audit Committee further reviews the Council's annual financial statements, responds to issues raised in the Auditor-General's annual audit report, carries out certain investigations and perform other functions commissioned by Council.

The Audit Committee also carries out the functions of a Performance Audit Committee.

To qualify as a member, a person should be financially literate and available to attend Committee meetings and meetings with the Council, portfolio committees, officials and other persons during office hours.

The Audit Committee will consist of five members, respectively with the following expertise/qualifications:

- Legal (Must have a legal background and preferably practiced in the legal profession)
- Financial (Qualified as a Chartered Accountant)
- Risk Management (Appropriate qualifications and experience)
- Performance Management (Appropriate qualifications and experience)
- Community Understanding (Have experience in community involvement)

Proof of qualifications and experience must be provided with applications and substantiated.

Applicants must reside or own property in the Knysna Municipal Area. Preference will be given to members of previously disadvantaged groups.

A monthly remuneration is payable to members of the Audit Committee for the rendering of their services.

Applications must be submitted to the Municipal Manager in writing, describing the suitability of the applicant for appointment to the position, based on the qualifications required and the contribution that the applicant can make towards the exercising of the functions of the Audit Committee and accompanied by a copy of the curriculum vitae of the applicant.

Closing date: Friday, 26 August 2016, at 16:00.

Enquiries may be directed to the Manager: Performance, Internal Audit and Risk Management, Mr Walter McCartney, during office hours on telephone number 044-302 6425, fax number 086 629 5087 or by e-mail at wmccartney@knysna.gov.za.

G EASTON
MUNICIPAL MANAGER

Municipal Offices
Clyde Street
KNYSNA

Hands on Electrical
Service Repairs Installations
Refrigeration • Washing Machines
Dishwashers
Microwaves • Stoves • TV & Audio
Quality Workmanship Excellent Service
Reg 083 297 1929

A new book from local author Pixie Emslie

Rondevelei writer, **Pixie Emslie**, has a new book out. **His Precious Diamond**, is a love story set in and around Cape Town and the Garden Route.

It is the story of Natasha, a girl who has everything. She is a world-famous model and the proud mother of young Jenna. She doesn't need this modelling assignment but it is a chance to visit her beloved country – and to see her parents and her daughter who is in their care. It is all just perfect – all she has to do is model the most dazzling pieces of jewellery in the world. Perfect that is, until she meets the man who owns them.

Pixie is a former journalist who worked on newspapers such as The Daily News in Durban and The Star in Johannesburg. She also worked on various magazines including the motoring publication, Automobil and she edited Soweto Today. She later ran her own communication consultancy where she had some major corporates

including BHP Billiton on her client list. She is also a Fellow of the International Association of Business Communicators (IABC), a global organisation headquartered in San Francisco.

She said her first book, Cry of the Rocks, is a totally different kind of story as it is a thriller based on the mines.

Pixie said this book grew over a long time. She wrote a version of it a few years ago but had no success trying to find a publisher. 'It is very difficult for a new author to get published,' she said. 'Most publishers will not accept unsolicited manuscripts and many of them will only deal through an agent, but the agents don't look at new writers. They want to deal with established authors.'

She tackled the story again last year, modernising it and virtually re-writing the book. She was thrilled when Pegasus Publishing in the UK decided to 'take a chance on me', she said. 'They have been amazing really, guiding me through the whole



process and getting me involved all along the way, from page proofs to the final product.'

His Precious Diamond will be marketed through bookstores and Pixie is also happy to talk to book clubs and writing groups. 'I do have a website (www.PixieEmslie.com) where extracts of the book will be posted, but mostly it is through talking to people that one builds awareness.'

She added that she would now put in some serious time towards polishing her next book and hopefully getting that off to the publishers before the end of this year.

CHURCH SERVICES

AGS Lighuis
H/v Waterfront Dr & Tide Str
Knysna (Oorkant Fruit & Veg)
Dienste : Sonda: Erediens 9h30
Sondagskool (Snr & Jnr) 8h45
Woensdae : Selbyeenkoms 19h00
Donderdae : Bybelskool 18h30
Kontak : Kerkkantoor 044 382 6551
Sekretaresse 072 189 0215

Anglican Chapelry of St. Aidan's,
Wilderness
(JUST ABOVE THE WILDERNESS HOTEL)
Sundays until the end of August: 8.30
a.m.: Holy Communion Service.
Sunday 31st July 2016: 5.30 p.m.
Evensong, and no 8.30 a.m. Holy
Communion Service.
Sunday 28th August 2016: St. Aidan's
Patronal Festival: 5.30 p.m. Evensong
and no 8.30 a.m.
Holy Communion Service.
Phone: Nic Hanekom 044 850 1925 or
Hercules Keyser 044 850 1009

Anglican Sedgfield : See St Francis

Church of Christ
Maartin & Lynn van der Walt.
Meeting 10am & 6pm
Tel: 044 343 2919

Church of the Resurrection
(CPSA - Anglican)
David Curry Ave, Smutsville
9.00am - Holy Communion
David Hardnick 078 860 2825

Deo Gloria
Paradise Lake 09h30 Afrikaans.
KINDERKERK.
Aand dienste : 18h00 English.
Woensdagaande : 19h00 LERING
Navrae: Past Danie & Karin de Bruyn
044 343 1301 or 084 714 7023
Br Aintree 044 343 2690

Elohim Gemeente
Protea gemeenskapsaal – Karatara
Sonda: 09:00, Kinderkerk tydens diens
Prediker: Hansie Strydom
Kerkkantoor: 044 - 343 1165

Knysna Presbyterian Church
Sundays 9.00am, 14 Clyde Street,
Office 044 382 7722
Rev Wayne van Heerden
083 633 9777, 044 384 2109
wayne.vanheerden15@gmail.com

Lakeside Baptist Church
Sedgfield Primary School
Sunday morning : 9:00 a.m.
Sunday School and crèche
Pastor Lee Peterson 071 485 8013

Methodist Sedgfield : See St Francis

Ned. Herv. Kerk Outeniqua
Eredienste: George 9.00vm
11.00vm @ The Old Chapel
(Buffelsbaai pad,
agter Riverdeck padstal)
Telefoon: 044-8712125

New Apostolic Church
Sedgfield Congregation
Plumbago Street, Sedgfield
Wednesday 19h30pm - 20h30pm
Sunday 9.00am to 10am
Enq: Anthony Davis - 083 641 5027

NG Kerk
Dienste Sonda: Sedgfield - 8.30
Ds. Francois van Tonder
Tel: (044) 343 2020
Karatara - Skoolvakansies - 10.30
Ds. Marius Coetzee Tel: (044) 356 2651
Kerkkantoor Tel: (044) 343 2033

NG Kerk Die Vleie, Hoekwil
Kerkstraat.
Kerkkantoor 044 850 1610

Sondag Eredienste:
April – September: 09:30
Oktober – Maart: 09:00
Leraar: Ds. Dawie le Roux
Tel. 044 850 1640; Sel: 084 532 9958

Pinkster Protestante Kerk
Pentecostal Church
Masedonië Gemeente Smutsville
Sonda: 9 - 10vm Sondag Skool;
10 - 12nm Ere Diens
Herderspaar : Pastoor Joseph en
Sust Oosthuizen 073 668 0995

Presbyterian Sedgfield : See St Francis

Sedgfield Christian Church
Sunday @ 9.30am
Friday Youth Meeting 6.00-7.30pm
Pastor Noel & Susan v d Merwe
044 343 1279

Pastor David & Leonie Christie
Praise, Worship & Youth, 072 292 9020

Sedgfield Seventh-day
Adventist Church
Saturday mornings:
9:15 Song Service and Bible Study,
11am Divine Service in
Sedgfield Municipal Boardroom.
Ph 081 270 7212

St Anthony's Church
Mass 8am Sundays
Cnr Sysie / Flamingo Streets
044 382 1391

St Francis United Church
Communion Service 8.00am
Family Service & Sunday School 9.30am
Communion Service 9.30am -
(4th Sunday of month)
Cnr Swallow Drive / Pelican Lane
044 343 1702

Entertainment & Leisure

Montecello Seafood & Grill
Famous for our 'ESPETADA'
**BEST Prawns, Mussels, Calamari,
Calamari Steaks, Schnitzels, Paella,
Steaks & Pizza**
(Please phone for Bookings) 044 3431780 • 082 373 2738

WILDERNESS BRIDGE CLUB
13 July 2016 -- 3 Table Howell
1st Meg Isherwood / Jean Taylor 64.0%
2nd Hanneke Nieman / Tony Colman
55.0%
3rd Marcia Kriek / Ann Lamprecht 54.0%

20 July 2016 -- 4 Table Howell
1st Iain Campbell / Shannon Woodruffe
67.7%
2nd Marcia Kriek / Hanneke Nieman 53.1%
3rd Leslie Farnaby / Johan Steyl 49.0%

We meet every Wednesday at the Wilderness Hotel.
Registration at 1.15 pm, play starts 1.30 pm. Visitors and new members
most welcome. Contact Johan 044 343 2158 or Margaret 082 856 6804.

Suid-Kaap Christen Familie
Laerskool Sedgfield Primary School
Sunday: 11am, Wednesday: 7pm
Pastor: Leon & Elmarie Terblanche
081 271 1551. admin@skcf.co.za
Assist Pastor: André & Soné Rossouw
072 341 7099

Truth Centre Church
Sedgfield Town Hall
Sunday 9.30am
General Overseers:
Dr Levael and Ps Alicia Davis
084 804 6558 or 078 992 4723

Wilderness Christian Fellowship
Sunday Service & Children's
Church 9.30am.
Evening service (last Sunday) 6.00pm
Wilderness Hotel, (Old Karos Hotel)
George Road, Wilderness
Pastors: Chris & Trudie Smit
044 877 0307 or 084 240 5414

SEDFIELD BRIDGE CLUB
11th July 2016
1st Annette v Wezel / Terry Quirk
71.53%
2nd Jeannie & Mark Taljard
54.17%
3rd Paddy & Bernard Sheridan
51.39%

18th July 2016
1st Annette v Wezel / Terry Quirk
59.72%
2nd Meg Isherwood / Johan Steyl
56.25%
& Leslie Farnaby / Pam Day
56.25%

We meet at the Roman Catholic Church Hall in Flamingo St every Monday
evening at 18:45 and start at 19:00.
For more information contact Johan Steyl on 044 343 2158 / 082 855 5590

Tiffany's
Join Us for Our
**Women's Day
High Tea**
Tuesday 9 August
@ 10h30
Theme
'BEAUTIFUL'
Be-You-To-The-Full
Theme Dress Up Prize for
the Best Dressed
Plus a Prize for the
Most Original
Guest Speaker
Bronwyn Lloyd of
Misfit Training
R75 per person
Booking essential
for catering purposes.
Please book before 2nd Aug
Licensed
Tel 044 343 2649
tiffanys.sedgfield@telkomsa.net
N2/Egret Street

Poor Spending Habits Hamper Consumers' Saving

26 July 2016: At least once in the last year, 57% of South Africans found that their income did not cover their living expenses.

Recently released in the 2016 Old Mutual Savings and Investment Monitor, this statistic highlights that consumers are understandably struggling to stretch their household budgets, and that many South Africans are not being as financially astute with their spending as they could be. This is according to Derick Ferreira, head of product management at Old Mutual Personal Finance, who says that the monitor recorded an increase in the proportion of household income used to service debt, increasing from 12% in 2015 to 16% in 2016. "This suggests that when expenses exceed income, households are increasingly taking up loan offers and accessing credit lines, rather than curbing their spending. This shift was particularly noticeable among middle-income households, seriously hindering their ability to save and thus diminishing the potential for medium to long-term wealth creation."

In light of savings month, Ferreira says that the behavioural science behind an increased propensity for debt is key for consumers to understand, and emphasises the importance of developing better spending habits. Consumer behavioural science plays a key role when South Africans want to avoid overspending and important to consider the next time you shop in-store or online says Ferreira, a speaker at the annual Old Mutual Advice Matters Roadshow. According to a report conducted on behalf of Old Mutual on consumer behaviour, South

Africans should be aware of retail tactics that may lure you to spend more.

So what are some of the retail tactics affecting consumer behaviour?

- A psychological trick called the 'left-digit effect' that makes you think you're paying less for something is important to be aware of. In a test, up to 44% of participants were taken in by this 1 cent trick e.g. R3.99 vs R4.
- Buy 3 Get 1 Free. Do you really need four? What you are more than likely doing is overspending. Retailers call it the 'open the wallet' concept, this tactic is also behind those 50% off specials on things you don't need.
- Retailers play on your five senses to make you spend more for example playing love songs when you grocery shop to get you to buy more for your loved ones.

Researcher Martin Lindstrom pumped the smell of apple pie into an appliance store – sales went up by 23%.

- Stores deliberately place essentials such as bread and milk at the back to increase impulse buying as you walk through the aisles.
- Be aware of the temptation corridor. Checkout aisles have been designed to tempt you and your kids with treats and sweets while you're bored and waiting to pay – this is an impulse sales tactic.

- Shopping centres and retailers encourage you to bring the kids along, as research proves that parents spend 29% more when the kids are around. This is according to a study of nearly 3 000 consumers carried out by researcher Martin Lindstrom.
- Limited edition tactic is often used to create a sense of urgency and make you buy on impulse.
- Stores use layout science and 'line of sight' to push you to buy selected products. The (often more

expensive) stock they're trying to move will be displayed at eye level. Ferreira says that, with rising interest rates, the cost of debt is continuously growing, making high-interest short-term debt such as credit cards and store accounts particularly expensive. "With the prime lending rate having increased by a further 0.25% in March 2016 to 10.50%, consumers relying on credit may struggle to stay on top of their growing repayment responsibilities."

This rings true to the Monitor finding that only 13% of South African households are paying their credit card off in full at the end of the month. "There has been a decrease noticed in the proportion of people who pay more than the minimum amount required on their credit cards. Looking at store card repayments, as has historically been the case, the incidence of accounts being cleared monthly is even poorer than for credit cards – sitting at a dismal 6%.

"During tough times, the temptation to get further into debt is a challenge, but it's during times like these that minimising debt and maximising savings should be made a priority," Ferreira adds.

So how can you beat the retail strategy to lure you into overspending?

- Save 29% by not taking the kids along when you go shopping.
- Leave your credit cards behind. Avoid temptation at all costs, especially impulse buys.
- Avoid just popping into the shopping mall that can easily get you into overspending. Avoid the temptation by planning better.
- Wait 48 hours before buying. On larger purchases, give yourself time to think about whether you really need it.
- Do not meet up at the mall. Instead of meeting friends at the mall, rather meet at the park/ beach or outside. It's healthier and cheaper.

expensive) stock they're trying to move will be displayed at eye level. Ferreira says that, with rising interest rates, the cost of debt is continuously growing, making high-interest short-term debt such as credit cards and store accounts particularly expensive. "With the prime lending rate having increased by a further 0.25% in March 2016 to 10.50%, consumers relying on credit may struggle to stay on top of their growing repayment responsibilities."

This rings true to the Monitor finding that only 13% of South African households are paying their credit card off in full at the end of the month. "There has been a decrease noticed in the proportion of people who pay more than the minimum amount required on their credit cards. Looking at store card repayments, as has historically been the case, the incidence of accounts being cleared monthly is even poorer than for credit cards – sitting at a dismal 6%.

"During tough times, the temptation to get further into debt is a challenge, but it's during times like these that minimising debt and maximising savings should be made a priority," Ferreira adds.

So how can you beat the retail strategy to lure you into overspending?

- Save 29% by not taking the kids along when you go shopping.
- Leave your credit cards behind. Avoid temptation at all costs, especially impulse buys.
- Avoid just popping into the shopping mall that can easily get you into overspending. Avoid the temptation by planning better.
- Wait 48 hours before buying. On larger purchases, give yourself time to think about whether you really need it.
- Do not meet up at the mall. Instead of meeting friends at the mall, rather meet at the park/ beach or outside. It's healthier and cheaper.

- Shop wisely by writing a shopping list and stick to it, avoid going from aisle to aisle and buying on impulse.
- Buy needs not wants.

The Old Mutual Savings and Investment Monitor also reveals that South African consumers do, however, admit that they may not always be making the most informed financial decisions. "There has been a decline in consumer confidence when it comes to financial decision making. While just under half of working metro dwellers claim that they have to forego 'pleasure spending' a lot of the time, incidence of sticking to a budget is rare – especially among younger and lower-income households."

Ferreira says that one of the most significant definers of differences in attitude and behaviour is income. "There is often an unfortunate perception that only wealthy people can afford to see a financial adviser. This is not true and forms a barrier for the people who most need advice on how to begin saving effectively. A financial adviser is able to help these consumers to understand their unique needs and circumstances in order to formulate a plan based on their goals and priorities."

In conclusion, Ferreira confirms that the secret to a stable financial future lies in consumers' everyday spending decisions and financial habits. "It's a fact that goals give us direction and remind us to stay on track and can help us turn our spending habits into savings habits. Once you know your goal, sit with your adviser and create a dynamic financial plan that's tailor-made for your current life stage and lifestyle"

Happy 90th Birthday

Congratulations to Elizabeth van Rooyen who turned 90 on Tuesday 26 July 2016. Elizabeth, who has lived in this area her whole life, stays with her family in Bitou Street, Smutsville, and is still up and about and as talkative as ever!



TIDE TABLE		Next Full Moon: 18 August 2016	
27 July - 10 August 2016		● Full Moon ● New Moon	
Wed 27	Low 03:02 15:11 Sunrise 07:24 Sunset 17:45	Hi 09:14 22:07 Moonrise 00:46 Moonset 12:15	
Thur 28	Low 04:24 16:52 Sunrise 07:24 Sunset 17:46	Hi 10:43 23:38 Moonrise 01:52 Moonset 12:59	
Fri 29	Low 06:10 18:44 Sunrise 07:23 Sunset 17:46	Hi 12:31 Moonrise 02:56 Moonset 13:48	
Sat 30	Low 07:25 19:50 Sunrise 07:22 Sunset 17:47	Hi 00:59 13:43 Moonrise 03:59 Moonset 14:40	
Sun 31	Low 08:19 20:40 Sunrise 07:21 Sunset 17:48	Hi 02:01 14:36 Moonrise 04:58 Moonset 15:37	
Mon 01	Low 09:03 21:23 Sunrise 07:20 Sunset 17:49	Hi 02:53 15:21 Moonrise 05:54 Moonset 16:36	
Tue 02	Low 09:41 22:02 Sunrise 07:20 Sunset 17:49	Hi 03:38 16:02 Moonrise 06:43 Moonset 17:37	
Wed 03	Low 10:15 22:37 Sunrise 07:19 Sunset 17:50	Hi 04:18 16:39 Moonrise 07:28 Moonset 18:37	
Thu 04	Low 10:47 23:09 Sunrise 07:18 Sunset 17:51	Hi 04:54 17:13 Moonrise 08:08 Moonset 19:36	
Fri 05	Low 11:17 23:40 Sunrise 07:17 Sunset 17:51	Hi 05:28 17:44 Moonrise 08:45 Moonset 20:33	
Sat 06	Low 11:46 Sunrise 07:16 Sunset 17:52	Hi 05:58 18:14 Moonrise 09:19 Moonset 21:29	
Sun 07	Low 00:11 12:15 Sunrise 07:15 Sunset 17:53	Hi 06:27 18:43 Moonrise 09:52 Moonset 22:23	
Mon 08	Low 00:42 12:45 Sunrise 07:14 Sunset 17:53	Hi 06:57 19:14 Moonrise 10:24 Moonset 23:17	
Tue 09	Low 01:16 13:19 Sunrise 07:13 Sunset 17:54	Hi 07:29 19:49 Moonrise 10:57 Moonset -	
Wed 10	Low 01:57 14:02 Sunrise 07:12 Sunset 17:55	Hi 08:08 20:36 Moonrise 11:32 Moonset 00:10	

Disclaimer: The views expressed in this publication are not necessarily those of the members of The Edge Community Paper and no liability therefore is accepted. Letters to the Editor will, on request, be published under nom de plumes provided that the names and addresses of authors are supplied. Whilst every care is taken with the reproduction of photographs and other submitted formats and/or articles, no liability is accepted by The Edge Community Paper or its members for any loss or damage that may occur.

THE SPORTS EDGE

PLEASE NOTE OUR DEADLINES
 NEXT EDGE: Wednesday 10 August 2016 - Issue 494
 DEADLINES: - Display: Thursday 04 August 2016
 CLASSIFIEDS: Monday 08 August 2016 @ 5.00pm
 Classifieds Ads can be emailed to account.edge@mweb.co.za
 or placed @ The Edge, 63 Main Road, Sedgefield

Jade's Gymnastic Achievements at Nationals

In her final gymnastic competition for the season the Nationals held in Pinetown on the 1st July, Jade was placed 14th overall in the top twenty in lev. 7 High Performance gymnastics.

Coach Theuns Botes of the Dolphins Gymnastics Club in George, where Jade practices, was very pleased with her results. "Jade had a very good clean competition and competed with a very good attitude towards other gymnasts and coaches. I am very proud of her."

Jade is a matric learner at York High in George and will now have more time to concentrate on



the coaching aspect of gymnastics in which she qualified a year ago.

Jade's best apparatus at the Nationals was the beam where

she was placed 6th.

Jade's ranking for lev.7 in 2016 is as follows: 1st in Eden, 5th in the Western Cape, and 14th in South Africa. Well done Jade.

PAM GOLDING PROPERTIES **SEDFIELD**
 OFFICE 044 343 1287
 EMAIL sedgefield@pamgolding.co.za

SOLE MANDATE



The Island | R2.9 million Ref# 1SH1275243
 Bedrooms 5 / Bathrooms 4 / Garages 3 / Island living at its best. Spacious 3 bedroom family home with separate 1 bedroom flatlet and a separate 1 bedroom teen pad. Large open plan living areas, undercover braai area. Lovely garden.
 Hilna 082 722 4611

DUAL MANDATE



ON SHOW Sat 30th July 10am - 2pm
The Island | R 2.45 million Ref# 1SH1270101
 Bedrooms 4 / Bathrooms 2 / Garages 4 / Incredible value, must be viewed. Spacious face brick home, a beautiful sun room overlooking the lovely established garden, ideal for a large family. Plus an extra large garage.
 Shirley 072 447 2114

www.pamgolding.co.za/sedgefield

SEDFIELD LIONS DONATE SOCCER BALLS

A big thank you . . .



The Slow Town Football Club want to say a big thank you to Cool Care for their sponsored soccer jerseys.



Slow Town Soccer team members, Brandell and Wayden Jansen smile proudly with their new soccer balls sponsored by Sedgefield Lions.


THE POSTURE CLINIC
 Melanie Baumeister
REHABILITATION PILATES
 Think • Breathe • Move
STUDIO 42 Forest Lodge
 084 567 9809
melaniebaumeister@gmail.com

Sedge's Gentlemen's Club

The 14th July was a perfect day for golf and it must be said that the course is looking in mint condition, as is the revamped clubhouse.

The day's competition was a betterball stableford, drawing for partners. The eventual winners were Mike Newbery and Roger Stainforth with 47 points. They were followed by Dolf Botha and Albert Rowe with 45 and in third place, after a countout with Henry Growther and Des Munro, were Peter Heath and

Buks Triegaardt, both couples on 44.

The 21st July was to be the inaugural competition between the Mammoths (the under 70's known for being long in tooth and carrying excess weight) vs the over 70's, aka as the Dinosaurs because of their strength and beauty. Unfortunately not many of the Mammoths turned up because of the inclement weather and the competition has been moved to the 28th July. It will be followed by a bring and braai.

Instead the format was an individual stableford which was won by Philip Hendrickse with 38 points followed by Willie Erasmus on 37 and Brian Stewart on 36.



FIRST PLACE FOR ERNST

Ernst Grobbelaar competed in the International Federation of Bodybuilding and Fitness (IFBB) Friendly City Challenge 2016 held on the 25th June 2016 at the NMMU Campus in Port Elizabeth.

Ernst once again did extremely well finishing in first place in his division in the Classical Body Building Competition.

Ernst continues to prepare himself for competitions in the months ahead and will keep us updated.

CUT YOUR COSTS!
 Call us for a **FREE** assessment of your portfolio
 Insurance and Medical Aid Specialist
WORLDWIDE WEALTH
 044 343 1659
 Authorised FSP No. 15860

- Personal Training
- Group Training
- Fitness Events


082 306 0509

LLOYDS

Home Maintenance & Alterations

Jody Lloyd 072 727 4438


BUS BOOKINGS
 Intercape • Translux
 City to City • Greyhound
 CityLiner
 Main Road, Sedgefield
 044 343 1710

SEDFIELD 4th ANNUAL SOCCER TOURNAMENT
 23 September - 15 October 2016
SMUTSVILLE SPORTS GROUNDS
Entry:- R15 per person
ORGANISER BONGANI DYANI