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25 August 2021





Local lady Tasha Mentasti taking 1st place in the Open Woman's division of the SA Masters' Surfing Championships.

by Surf Reporter Slade West. Picture by Sadie Schalkwyk

Victoria Bay hosted some of the country's best surfers over the weekend at the SA Masters Championships, and the Bay rose to the challenge of delivering fantastic waves throughout the three day competition.

This was the first time the prestigious event has been held from across the country coming together to compete on this classic point break wave.

The Masters event brings the top surfers from their age divisions, those being over 35, over 40, over 45, over 50, over 55, over 60 and open woman's divisions.

Eden Surf Riders held their own at their local surf spot, with some impressive results across the 2nd place in the Over 40 division, with David Pfaff taking 4th place.

In the Over 45 age group Shane Pratt took 4th place. Patrick Cuthbert achieved a 4th place finish in the Over 55 division, and Stephen Hair finished with a 3rd place in the Over 60s.

Local lady Tasha Mentasti was the star of the day, taking 1st

place in the Open Woman's division with one of the highestscoring heat totals of the day, a 7 point ride and a 9 point ride giving her a total heat score of 16 points out of a possible 20.

Overall, a successful weekend of surfing with great conditions and a good vibe on the beach. We hope to see more events like this in the near future at our local

> assets and was provided with false and/or

misleading information

regarding their status. We

submitted a complaint to

Deputy Mayor Tsengwa

against Dr Vatala in

connection with this

matter, as well as in

connection with a tender

that should have been

awarded to a local

board. Sean Holmes achieved at Vic Bay, with seven teams SUSPENDED MUNICIPAL MANAGER RESIGNS

After 18 months of suspension, during which he received full pay, Knysna's Municipal Manager, Dr Sitembele Wiseman Vatala, has finally resigned, giving the local authority the opportunity to at last fill this important post on a permanent rather than acting

Said Christopher Bezuidenhoudt, spokesperson for Knysna Municipality, "We can confirm that the Executive Mayor received Dr Vatala's resignation on Saturday, 21 August 2021. Dr Vatala has taken up the position of Municipal Manager at the Central Karoo District Municipality. His resignation will serve before the Council at a Special Council Meeting on Wednesday 25 August for further deliberation on the disciplinary matter."

Dr Vatala's suspension has cost the local taxpayers a vast amount of money, with a monthly salary of R115 000+ paid in full for the 18 months (whilst an 'Acting' Municipal Manager has also had to be paid), plus hundreds of thousands of Rands in legal costs (unfortunately the Municipality were unable to provide the official figure at the time of going to press). Yet, still, questions are being asked as to whether or not Council should accept the Municipal Manager's resignation in Wednesday's meeting and move on, or continue taking appropriate legal steps against him.

Whilst a cut and dry departure of Dr Vatala might save further legal expenditure on the matter for Knysna; many believe that in the bigger picture, if Council believes he is guilty of any misconduct, allowing him to move on to another post in another municipality would be setting a dangerous precedent, adding another nail in the coffin of good governance.

Indeed, in March 2019, when it was first

announced that Dr Vatala had been appointed as Knysna's new Municipal Manager for a threeyear term, a quick online search revealed that the previous year he had left Emalahleni Municipality in Mpumalanga under a dark cloud. However, it seems that because the allegations raised against him (irregular appointments and nepotism reported in the Dispatch Live in December 2018) had not ultimately resulted in charges of misconduct, they did not affect his application for Knysna's top

Less than a year after his appointment in Knysna, Dr Vatala was placed on precautionary suspension following a Special Council Meeting on 13 February 2020 due to allegations levelled against him. At the same time it came to light that Knysna



Municipality had reportedly million cash surplus in November 2019 to a projected cash deficit of more than R200

The Knysna Ratepayers Association claim to have played a major part in Vatala's suspension. A statement made on their Facebook page at the time explained the reasons they were determined he should be brought

"We became aware that properties to a value exceeding R60 million, that had previously been disclosed as Contingent Assets, had inexplicably been omitted from (Knysna Municipality's) Annual Financial Statements by the CFO. The Municipal Manager, who is also the Accounting Officer, signed off on those statements. The Auditor General queried the removal of those

company, but was unlawfully awarded to a company from out of town that had tendered a price R3 million higher than the local company." When the Deputy

Executive Mayor Councillor Aubrey Tsengwa announced Dr Vatala's suspension at the Special Council Meeting of Feb 2020, he said that Council would appoint an independent investigator and the Municipal Manager would be on suspension for the duration of the investigation.

"The investigator must submit its findings to the Municipal Council within 30 days," Tsengwa promised.

The process has clearly taken a good deal longer than expected and indeed substantially drained the coffers of our already cashstrapped local authority. We look forward to bringing you details of Council's decision on the matter, and indeed to the future appointment of a new Municipal Manager.

Watch this space.



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Notes from T'Ed's Head

t's decision time.

Time for a change. A LIFE change.

Let me explain....

I listen to the radio on a daily basis, and a few minutes ago, they had this Famous Professor Fellow giving nutritional advice, as he does most weeks. A nice fellow. Indeed I always considered myself a fan of his because, well, pies.

You see, he is quite outspoken about eating correctly. HIS version of correctly.

For example, he says, "Natural fats are very, VERY good and healthy!"

This suits me because my mother always told me, back in the day when I wasn't, perhaps, the lean, mean, windsurfing machine that I am now, that I was ... um.... naturally fat. Admittedly, at the time, I didn't realise that it was a compliment and actually felt like I had gotten the bad end of a deal.

Because it wasn't as if I ENJOYED eating back then, I did it simply as a matter of survival. Being the youngest member of our family, I worked on a Grab 'n Gobble basis, my primaeval instinct instructing me to get calories in any form into my gullet before a big brother snatched it up and guzzled it down himself.

Survival of the fattest, you might say (and how witty of you if you did!).

All of us siblings did it - So we



never actually got to care about the taste of what we were eating.

But wait – please don't feel you have to rush out for bouquets of sympathetic flowers, bottles of wine (I do prefer a Merlot) or boxes of tasty pastries (savoury, if you insist) because it wasn't as if we were surrounded by Great Tasting Food.

Quite the contrary, Mary.

My mother, having taken the time to study, at great length, the Encyclopaedia of British Home Cooking (which was actually more like a pamphlet than an encyclopaedia), was a person who was adamant about sticking (like her pasta to the pot) to the lowly acclaimed standards of what was known as the BBC method of cooking.

In other words, BOILED and **BOILED CONTINUOUSLY**

She boiled everything edible.... until it wasn't.

And then boiled it again to make

Vegetables, pasta, rice, fish, meat, sausages, she banged EVERYTHING into the pot, added water, and let it boil.

And boil and boil and boil. So, whilst the food that (eventually) ended up on the table may have looked like meat and veg - albeit a greyish, rather limp version, the taste of this staple diet was not what one would hope for. In fact, the afore-mentioned staples would have tasted better...

....because everything tasted the

Yes. Though I have never had confirmation of my theory, I am convinced that the method my mother used to cope with any danger of palate variation in our relatively large (see what I did there?) family was to ensure that, as far as taste was concerned, there was no variation at all.

Sausages tasted like carrots which tasted like rice which tasted like ham which tasted like potatoes which tasted like cabbage which, possibly realising it had been ousted to the end of the taste line, didn't taste like cabbage at all, but rather something akin to tofu.... with the taste boiled out of it.

Ever had boiled bacon? Don't.

Of course, all of this was totally acceptable to us children at the time because we hadn't ever tasted anything else... Though, when I think back, my father often ended up missing dinner (we called it 'tea' back then, probably because it had been boiled with equal enthusiasm). He always apologised, claiming he had met with an unexpected delay which forced him to eat at the alehouse, which, incidentally, was literally fifteen feet away from our house. Forty if you staggered.

But I do remember him looking at us children with rather a sympathetic eye as he scraped his untouched meal off the plate into the long-suffering bin (the dog wouldn't touch it).

Indeed, one of the most ingrained memories of my childhood was the first time I had dinner at a friend's house, at the ripe old age of seven. Up until then, I had not been allowed to eat anywhere other than home

"WOW!" I exclaimed, "WHAT IS THIS?... It's BEAUTIFUL!" I was experiencing a wonderful new sensation. My tongue tingled deliriously as explosions of flavour filled every corner of my mouth and ricocheted off my palate into my primary gustatory cortex. A whole new sense had opened up before me, and I wanted to embrace that heavenly feeling with all that I had. I was in Utopia.... I was..

"Um.... it's a carrot," said my friend.

In the many years since then (because I must be almost forty by now), I have embraced the smorgasbord of tastes that emanate from different food. Unboiled food.

And loved every minute of it.

However, this joy was heartbreakingly interrupted when everyone tried to convince

The Garden Route is surrounded by mountains and sea everywhere else is Fidelity-ADT





me (and the rest of the world, I guess) that we all needed to adopt a Fat-Free lifestyle if we wanted to remain healthy - "FAT IS EVIL", they chanted over the cover of their Hip n Thigh diet books... and BAM - for a dreaded and seemingly endless period of time, everything was tasteless again.

It was the worst week of my life.

But then I pulled on my big boy pants and decided that I had a choice. I could live a longer life in misery, facing endless bowls of fat-free yoghurts and tofu sandwiches, or a shorter one, regularly enjoying the fruits of a huge plate of fried bacon and eggs, butter on my toast, and chips...deep-fried until golden brown. MMMMMMM.

At least I would slide into my early grave well-greased and smiling.

But then, just as I had come to terms with the idea that I might not live for an entire century, along came this famous professor, who turned it all on its head again.

He said bacon was good. Butter was good. Even CREAM was good. Better yet, he said we should eat WHOLE FOODS wherever possible.

"All this time, I have been eating healthily!" I told Mrs Ed, particularly proud that I had just managed to consume three WHOLE pies, a WHOLE cheeseburger, and a WHOLE jumbo portion of chips.

And so, I have continued with this very, very healthy lifestyle. Yes, I have perhaps got a little more portly around the waist. which Mrs Ed keeps pointing out, but it's good NATURAL fat.

And so, when I heard this

professor on the radio this morning, I listened intently (no, we weren't camping at the time).

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Plett & Knysna 044 533 3326

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AUDIOLOGY

High tide breaking on the beach

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is one of the wonders of sound.

"Perhaps," I mused generously, between mouthfuls of a WHOLE healthy Russian sausage I was enjoying for my elevenses, "Perhaps they will have a phone in, and I can describe my healthy lifestyle to help others.'

But he was saying something about measurements.

"Be sure to regularly check your waist to height ratio," he advised, "Because if your waist measurement is more than half your height, then chances are you are dangerously obese....'

Well.... I have just found a tape measure and checked three times..... Indeed, I wanted to check a fourth time, but I couldn't hold my breath any longer.

And it turns out, quite surprisingly, that my waist circumference isn't half my height - it's more like two thirds.... ok, a bit more....

And so, as I said... It's Decision time. I clearly cannot continue to live with the same daily routine anymore. I know it will be difficult, but I have to adopt a WHOLE new outlook on life.

I'm going to do it.

IKNOW I can do it.

I am going to change to another radio station.

I'd be mad if I didn't!



SEDGEFIELD PROPERTY PRACTITIONER





Roy's Forte

After a life time of experience in the field of architecture, a career move into the retail textile design set Roy on the path to becoming a full time artist. In 2013 he followed a course run by Cronje Lemmer in collagraphic etchwork. Roy was completely taken by this art form and excelled as an apprentice. Highlights for Roy at the time were various art exhibitions in and around Potchefstroom and Pretoria.

The attention to detail, patience and discipline that *Collagraphy demands is a perfect channel for Roy's creative energy. The subject of his artwork expresses his spiritual journey. Roy may be found every weekday at his studio at Forest Lodge or on Saturdays at



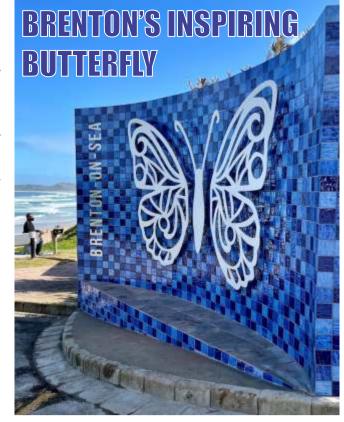
*Collagraphy is a graphic print making process. Materials are applied to a rigid substrate such as paperboard in order to make a template or block design. The template is then sealed and painted with oils. With the aid of an etch-press, the artwork is then embossed into dampened etching paper.

Page 2 THE EDGE ISSUE 622 25 August 2021 Visitors to Brenton-on-Sea, Knysna, won't be able to miss the creative transformation that's taking place in this small seaside hamlet - all at the hands of a small group of committed community members and the #knysnaartproject. Brentonon-Sea is home to the tiny Brenton Blue Butterfly, one of the rarest butterflies on earth and a National Treasure.

The newly unveiled Wall of Wings now reaffirms this rare resident's place at the heart of this community and is one of the "Knysna 5" truly unique, natural attractions, alongside the Knysna Loerie, Knysna Seahorse, Knysna Dwarf Chameleon and the Knysna Leaf-folding Frog. Mounted onto mottled blue tiles that mirror the fluid ocean backdrop and memorialise the distinctive hue of the male Brenton Blue, a giant stainless steel butterfly has its wings spread wide to welcome visitors.

The Wall of Wings is a collaboration between local artist Helena Gerber, Debbie Young and Dave McRae of Knysnabased LaserWorx and Neels Groesbeek of Knysna Steelworx. Helena, who acted as Creative Director on the Wall of Wings, explained the inspiration behind the installation: "We knew from the start that we wanted a giant butterfly for Brenton-on-Sea. As artists - painters, sculptors, poets, writers - we often draw our inspiration from nature. Butterflies are symbols of beauty, freedom, transformation, mystery and appear in art everywhere - our spirits as human beings are instantly uplifted in their presence. The world would be a much poorer place without them."

Debbie and Dave, whose laser



cutting business was built on the back of developing iconic Knysna gifts and merchandising for the tourist trade, developed the design for the butterfly installation. A contemporary, stylised interpretation of the Brenton Blue, the design will now become the basis for a whole new LaserWorx range. Neels, who volunteered the support of his steelwork services to the #knysnaartproject in response to the initial call for proposals, provided the experience and expertise needed to engineer the creative idea into a 2m-tall steel sculpture that will endure against the elements for years to come. Local independent contractors Desmond Makellie (DesMark Construction) and Phillip

Pieterse built and tiled the Wall, in itself a work of art. Together they have been working on projects in Brenton for more than 15 years.

The Brenton Blue Butterfly is close to the hearts of residents. More so since the Brenton Blue Butterfly Reserve was obliterated in the 2017 fires. This small area was the only home of the rare butterfly, and for a long time after the fires, there were fears that the species had become extinct. However, the discovery of dormant larvae deep in the soil led to an ongoing project, initiated by the Brenton Blue Trust, to rehabilitate the reserve and re-establish the Brenton Blue Butterfly in its natural habitat.





The Village



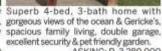
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The Village



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CANSA'S UNIQUE ROLE AND SERVICE DELIVERY

cancer in SA, the purpose of the Cancer Association of South Africa (CANSA) is to offer a unique, integrated service to the public and all people affected by cancer.

Its mission is to be the preferred non-profit leader that enables research regarding lowering cancer risk, educating the public regarding symptoms and risk reduction, and providing care and support to all people affected by cancer.

CANSA is a leading role-player in cancer research, and the scientific findings and knowledge gained from our research are used to realign our Health Programme and strengthen our Watchdog Role to the greater benefit of the

CANSA's Advocacy team performs an important Watchdog Role, striving to influence South African policymakers regarding important cancer control issues, to create public awareness of known cancer-causing factors, and also to give those affected by cancer a voice, protecting their right to healthcare.

Our CANSA Seal of Recognition (CSOR) is underpinned by research and is awarded to products that promote a balanced lifestyle and further contribute to cancer risk reduction by not containing any cancer-causing substances.

comprises health education campaigns around awareness of cancer symptoms, the importance of screening and lowering cancer risk. Our Mobile Health Clinics take this message to men and women in rural areas who would otherwise not have access.

Our CANSA Care Centres offer a wide range of care and support services to those affected by cancer: employee wellness, stoma support, wigs, prostheses, assistive devices and medical equipment hire, clinical support, including counselling (face-toface and Tele Counselling), support groups and home-based care.

We supply patient care and support in the form of 8 CANSA Care Homes in the main metropolitan areas for out-oftown cancer patients undergoing treatment and CANSA-TLC lodging for parents and guardians of children undergoing cancer treatment.

Our national toll-free Help Desk line (0800 22 66 22, or email: info@cansa.org.za) offers information, support and referrals to local CANSA Care Centres. We also offer multilingual support on WhatsApp: 0721979305 for English and Afrikaans, and 0718673530 for isiXhosa, isiZulu, Sesotho and Siswati. Furthermore, online support groups and platforms are available to help patients and

diagnosis or connect with others walking a similar path as they fight cancer.

Information is also made available to the public on www.cansa.org.za | Facebook | Twitter | Instagram | Pinterest and LinkedIn

CANSA Tele Counselling can be accessed via the CANSA Help Desk on 0800 22 66 22 toll-free to make an appointment with a CANSA counsellor. Or send an email to the Help Desk via counselling@cansa.org.za - this is a confidential, professional, cancer-related telephonic counselling service offered to cancer patients, caregivers and their families and parents or guardians of children living with cancer. Free counselling is available in seven languages (English, Afrikaans, isiXhosa, isiZulu, siSwati, Sesotho and Setswana).

CANSA is a volunteer-driven organisation, relying on trained volunteers to assist in delivering this service to local communities across SA. We welcome new volunteers so that we can reach more people affected by cancer. Public Benefit Organisation (PBO) number - Cancer Association of South Africa (CANSA): 130001397

Non Profit Organisation Registration number - Cancer Association of South Africa (CANSA): 000-524 NPO



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PUBLIC INVITATION FOR COMMENTS/INPUTS TO THE INTENDED LEASING AND ALIENATION OF MUNICIPAL LAND

Notice is hereby given in terms of the Asset Transfer Regulations that the Municipal Council intends to;

- Lease a portion of Erf 2731 Knysna for church parking purposes; Sell a portion of Northern Grunter Road adjacent to Erf 313 Lake Brenton for gardening purposes;
- Sell a portion of Northern Grunter Road adjacent to Erf 314 Lake Brenton for gardening purposes; Sell a portion of Northern Grunter Road adjacent to Erf 315 Lake Brenton for gardening purposes;
- Sell a portion of Northern Grunter Road adjacent to Erf 317 Lake Brenton for gardening purposes;
- Sell a portion of Northern Grunter Road adjacent to Erf 763 Lake Brenton for gardening purposes;
- Lease a portion of Erf 211 opposite Erf 567 Knysna for restaurant parking purposes; Sell a portion of 1692 Sedgefield (A portion of Gull Street Public Lane) abutting erven 995 & 1000 Sedgefield.
- Additional information can be obtained from Miss Nonhlanhla Mndebela at telephone number 044 302 6476 or e-mail

nmndebela@knysna.gov.za during normal business hours.

Any comments or objections regarding the proposed lease and disposals must be submitted in writing to the Municipal Manager, P.O. Box 21, Knysna, 6570, by no later than 12h00 on 24 September 2021.

MR D ADONIS ACTING MUNICIPAL MANAGER





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Leon & Elmarie Terblanche - 081 271 1551 Leon Elmarie - 082 446 4030

lptreborn@gmail.com. Andre - 072 341 7099

Sone - 081 271 1129

Amos 9:11 - Kyk die dae kom spreek die Here, dat Ek ñ honger in die land stuur, nie ñ honger na brood nie en nie ñ dors na water nie, maar om die woorde van die Here te hoor.

SKCF - Ons leef in ware Jesus Liefde



DO YOU WISH TO **WORK AS A COMMUNITY CHILD** AND YOUTH CARE **WORKER IN** SEDGEFIELD?



Masithandane invites applications from candidates, with a minimum of an NQF level 4 Qualification in Child and Youth Care Work with at least one year's work experience in child and youth care work. The language competency is English and Afrikaans or isiXhosa.

Applicants should have strong family and other support systems to allow flexible work including weekends and public holidays.

Successful applicants will be employed as a Community Child and Youth Carer.

Drop off your application marked Isibindi with Administrator Ms Esthi Poolman at the Masithandane Wellness Centre, Milkwood Road, Sedgefield or email to masithandane.office@gmail.com by 12 noon on Monday 6 September 2021

Your application should include

- a handwritten motivation letter for the position
- your curriculum vitae
- a certified copy of your ID
- certified copies your highest certificates/qualifications
- a declaration that you have no criminal convictions and
- two, character references, not older than 5 years with details of past work with children and/or youth from employers or church/community leaders

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KARATARA'S RISEN STAR

by Melanie Baumeister

Our little community boasts some incredible exports, including a Miss Universe, and to add to the feathers in our cap, a local young man, Shaun Oelf (35) of Karatara, is putting his best foot forward, so to speak. Born in 1986 to a hard-working and humble mother, Joan Oelf, this strong, graceful and successful young man has gone from strength to strength. From throwing 'karate kicks' to impress his mum to moving his body through time and space as a professional dancer, Shaun is a rising star who is only getting brighter.

Raised by a single mom and dedicated grandfather (Jonkie), Shaun and his younger brother, Miguel (26), were always encouraged to take any opportunities presented to them and make the best of every situation. Miguel has grown up to be a sportsman, and Shaun, who also started gathering up sports accolades in High school, has turned to another form of expression and creativity as a career. During his final year at Knysna High, it came down to two phone calls, one for the chance at a career in tourism and one for a chance at dance. The dance school phone call came first! Leaving for Cape Town at the age of 19, Shaun found himself at an audition for Jazzart Theatre; the bug had bitten! He was cast and taken up as a trainee dancer, and the rest is history. Jazzart provides a platform for all art forms to create sustainable performing arts careers in South Africa, and with his foot in the door and without missing a beat, Shaun absorbed it all. The opportunity to become an instructor at Jazzart led him to meet Grant van Ster, and the two formed an instant bond as best friends and brothers in movement. For both of them, the passion for this career is to move on stage for an audience and gather up the moments to tell a story without language, even if you only reach one person out beyond the lights. Both of these young men agreed that the way forward was to use dance to communicate and to be a part of greater things than the usual humdrum rat race.

Teaming up with van Ster for the last decade or so, the two dancers have created their own dance company, 'Figure Of Eight Dance Collective', giving performances and attending competitions in Sweden and the Far East. A little closer to home in George, The Grahamstown Arts Festival, the KKNK and of course, in their current home town of Cape Town, they have made quite the splash.

Shaun is incredibly inspired and 'lit from within' when he speaks of his journey to reach this point in his creative sphere. Thankful for a happy childhood and a supportive mother with her ability to allow her son to realize his potential, he admits that it wasn't always easy and that financially things were challenging. However, Due to the high standards he has always held himself to, Shaun qualified for a Jazzart bursary, which gave him the freedom to explore other avenues within the realms of contemporary movement. Through their ability to teach dance, both he and van Ster have managed to fund their work, and the results speak for themselves. With international trips under their belts, it's just a matter of time before we wave goodbye to the pandemic, and 'Figure of 8' will once again explode onto the scene to bring both us

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motion is valid until 31/08/3001. This offer is only exactable of the MTN enters in Woodhell Larre in Reynol. Cardine Rays had been placed by Secretary and Secretary and

and larger audiences more ways to think and feel through their depictions of life in dance. His mom, Joan, and aunties Pearl, Caroline, Johanna, cousins Adriano and Chloe, and his grandfather Jonkie Oelf have all had the opportunity to see this youngster in action at the Baxter, an experience that they will never forget and look forward to having again. There's even talk of renting a bus to take all the interested parties from Karatara to Oudtshoorn when the next live shows take place at the KKNK.

Currently, Shaun and Grant are both teaching dance either online or at smaller classes that are allowed during the pandemic restrictions - it's tough, but their spirits are not dampened. 'Figure of 8' operates from the Young Blood Gallery in Bree Street, Cape Town, a place for all who need to move and re-awaken the love of physical expression. When Shaun comes home for Christmas, maybe there'll be an opportunity to see him live - even if it is just a quick turn around an open aisle in the local supermarket. If you'd like to 'follow' this lad from Karatara, check out 'Figure of 8' on social media platforms and be a part of our supportive little town of Sedgefield.



OR MTN MEGA GIGS S

SEDGEFIELD PHARMACY

COVID-19 VACCINE UPDATE

Sedgefield pharmacy will be taking a break from administering Covid-19 vaccines when the current batch of vaccines runs out (most likely 26th of Aug). Our goal at Sedgefield pharmacy was to help get the broader Sedgefield community vaccinated as quickly as possible and we think we have done an exceptional job in getting closer to that goal with the help of the Sedgefield community.

By the 26th of August we will have completed:

- 1. 2400 Pfizer Covid vaccinations since the 12th of Aug.
- 2. Almost 40 home visits for patients unable to come to the church at no extra cost
- 3. +-500 vaccines for uninsured patients not on medical aid
- Vaccinations for patients from Mossel bay to Oudshoorn to Plettenberg bay as well as holiday makers visiting the area.



While there are still many more people that require vaccines we will be taking a break until a later date. Government has still not finalised the reimbursement model for private vaccination sites, meaning we have not yet been paid for providing those services. The vaccines have taken a toll on the pharmacy so we will be focusing on the pharmacy again for the time being while the third wave starts to taper off. We will also try to give the pharmacy staff some time off as most of the staff have not been able to take much leave since December. We would like to thank the Sedgefield community for all their support as it has been a very busy 6-weeks. We would not have been able to achieve what we have without the help of the community who all volunteered their time and skills to achieve our common goal. We will thank all the volunteers individually at a more appropriate time later on.

All the people that require their Second Pfizer vaccines will be directed with an SMS from Government on which site they need to receive their vaccine from. Sedgefield pharmacy will not be making contact with patients regarding their second Covid-19 vaccines. A list of Covid-19 vaccine sites will be put up at the pharmacy. Alternatively the public is encouraged to visit https://sacoronavirus.co.za/active-vaccination-sites/ for the full list of Covid vaccination sites which they can visit to receive their second vaccine.

PHARMACY GROUP

www.arrienel.co.za

WOODPECKER MALL MAIN ROAD SEDGEFIELD

044 343 1628

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DIARY DATELINE

Every 2nd Monday

2pm Art Society meets at the Catholic Church. New members are always welcome.

13:45pm Bowls. Contact 081 844 1808 to book your place. Booking to be sent prior to 17.00 the previous

Wednesdays

8 for 9am Golf Day @ The Links. All members welcome. 8am - 12. Midweek Village Market at Mosaic.

Thursdays

7:30am Eden Cycling Club Group Social outride departs Cycle Worx. All welcome.

8 for 9am Sedge Gentlemen's Golf @ The Links

13:45pm Bowls. Contact 081 844 1808 to book your place. Booking to be sent prior to 17.00 the previous day

Fridays

8am Ladies Golf @ Links Course

7:30am Eden Cycling Club Group Social outride departs Cycle Worx. All welcome

8am-12 Wild Oats Community Farmers' Market 8 for 9am Saturday Competition Golf @ Links Course 8am-2pm Mosaic Market 8am-1pm Scarab Craft Market 13:45pm Bowls, Contact 081 844 1808 to book your place. Booking to be sent prior to 17.00 the previous day

Sundays

8am Eden Cycling Club Group Social outride departs Cycle Worx.

Should your association, charity or group have any forthcoming events, please send us details so that we may publish them in our next issue!

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The editor has full discretion as to which letters are included or excluded and no argument, badgering, cajoling, bribery or heated conversation will be entered into. Opinions expressed in published letters and articles are not necessarily those of the management and staff of The

Open letter

SOOZI'S BABY & KIDZ SHOP

EDGE Community Newspaper.

I would like to extend my sincere thanks to all my clients, friends and the Sedgefield

community for all their support over the past 18 years.

The time has come to close Soozi's doors and move on to new beginnings. I will clearly miss the friendly faces, the regular chats sharing and caring,

and I appreciate the love bestowed on me over the years.

Thank you for everything. May you be well, happy and blessed

Mariana Whiteman

UPDATE ON THE CORONAVIRUS AND VACCINE

Premiere Alan Winde

As at 1pm on 23 August 2021, the Western Cape had 41 826 active COVID-19 infections, with a total number 474 104 COVID-19 cases to date, 414 743 recoveries and 17535

Tests conducted 2 218 842

Hospitalisations (private and public combined) 3511 of which 698 are in high care or ICU

By 5pm on 20 August 2021, the Western Cape Government had administered a cumulative total of 1 661 523 vaccines to healthcare workers, staff in the education sector and those within eligible age brackets.

The current 7-day moving average is 91 deaths per day.

Additional data is available on the Western Cape COVID-19 data dashboard which also features active cases per subdistrict, active cases per 100 000 and 7-day moving averages. To view the Dashboard, visit: https://coronavirus.westerncap e.gov.za/covid-19-dashboard

You can also view the Western

Cape Government's vaccine registration dashboard by visiting the website below. https://coronavirus.westerncape. gov.za/vaccine-dashboard

18+ age group continues to drive vaccination uptake over the weekend and beyond

On Friday 20 August 2021, we began vaccinating those in the 18 to 34-year-old age group and have since seen significant uptake from this age group over the weekend and today.

We have seen that:

- 224 926 people between 18-34 years had registered by 13:30
- On Saturday, a cumulative total of 15 000 vaccines had been administered in the province;
- · By 15h30 Monday, Mitchells Plain Hospital had administered 906 vaccines;
- By 16h00 Monday, Athlone Stadium Mass Vaccination Site had administered 1268 vaccines;
- By 16h00 Monday, the CTICC Mass Vaccination Site had administered 2886 vaccines; and
- We continue to see significant uptake across the province among this age group.

I thank the young people of this province for their enthusiasm and playing their part to protect themselves, and their loved ones so that we can keep on moving forward.

Dispelling **COVID Myths**

Myth: Vaccines are unsafe and normal safety protocols have been circumvented to fast track their authorisation for use

Fact: The fast development and approval of vaccines is a great human feat worthy of celebration. This has been possible because we have learnt over many decades how to make and test vaccines and we were able to take those lessons and challenge ourselves to produce a vaccine much quicker. No step in the development, testing or ratification of the COVID-19 vaccines has been skipped. The world was able to develop vaccines fast because Fact: Vaccines have no scientists and governments connection with any religious around the world collaborated in a organisations and cannot be manner that has never been infused with spirits, demons or achieved before and pooled other abstract ingredients. There resources and information to is no conspiracy to possess, ensure that everyone can bewitch or control anybody.

contribute to the knowledge.

Myth: The vaccine will change myDNA

Fact: Vaccines work by stimulating the body the same way the virus would if someone were infected. That means when you receive the vaccine the body then recognises that it looks like the coronavirus and then it releases certain chemicals that start a chain reaction to make immune cells that can fight the real virus. The vaccine does not work on the DNA of the body. Some people think that because some of the vaccines are made using RNA technology that means the RNA will interact with the DNA. That is not how it works. The technology is simply the way the vaccine is made - not what it will do to the body.

Myth: Vaccines contain a form of microchip that will be used to track and control an individual

Fact: There is no vaccine "microchip" and there is no evidence to support claims that such a move is planned. Receiving a vaccine will not allow people to be tracked and personal information would not be entered into a database.

Myth: Big businesses are pushing vaccines to improve profits

Fact: The COVID-19 crisis has caused massive upheaval across the globe and no nation has been spared. A vaccine represents the best hope to save lives and to restore our way of life, many governments have therefore entered into direct talks with vaccine makers to ensure a timeous supply of vaccines.

Myth: Government is complicit with big businesses in pushing vaccines despite the risks

Fact: Government is committed to saving lives and livelihoods. The fastest way to return to our way of life is through ensuring that the majority of the population are protected from the virus. Vaccines are the simplest and most effective way to do this.

Myth: The Vaccines have the mark of the Beast - 666



HOSPICE NEWS



The recent winner of the Sedgefield Hospice Pot Raffle, Dorette Godfrey of Sedgefield, receiving her prize from our Shop Coordinator Kim Naude.

Hospice takes the well-being of our shop's customers and volunteers very seriously during the pandemic, and the shop is sanitised regularly. In addition, all new donations are set aside for 72 hours before being put out for

We give a big thank you to Deon

Koekemoer from Gauteng, who arranged the donation of sanitising equipment and fogging products and had it all delivered by courier free of charge. Deon is the son-in-law of Rosalie Joubert, one of our Volunteers. Such generosity is much appreciated.

INVITATION

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#Your Tax Matters

In the past month, we had to deal with a lot of challenges. The recent social unrest, as well as the third wave of the Covid-19 pandemic, impacted SARS operations, and as the country went to Lockdown Level 4, SARS branches once again had to be closed for physical walkins. However, while the branches re-opened on 16 August, taxpayers should note that eFiling and the SARS MobiApp offer safe, easy and

convenient filing from wherever vou are. Just remember, if you do need to come to a branch, you first need to make a booking for an appointment (see our website www.sars.gov.za for more on how to make a booking).

Individual Filing Season opened on 1 July and is now in full swing. This month we are looking at your payment options. Currently, there are a number of options available to you if you

want to make a payment to SARS:

Via eFiling

eFiling credit push is a secure payment instruction functionality between SARS eFiling and the bank that puts the client in control when making a payment. An eFiling payment can be initiated by any eFiler, e.g. the taxpayer, tax practitioner, bookkeeper, representative, but this payment must be approved by the bank account holder. When making a payment to SARS, eFiling will send a payment request to the

Mercantile Bank, AlBaraka, Sasfin and HBZ.

An eFiling payment can also be made via the SARS MobiApp from your Statement of Account or your Notice of Assessment (ITA34). The principle of making a payment to SARS is the same on both accounts; however, amounts may differ. When you make a payment from your Statement of Account (SOA), you may pay an amount determined by you to SARS, whereas you must pay the full amount due by you to SARS when making a payment from your Notice of Assessment (ITA34).

Electronic Funds Transfer (EFT)

Payment may be made via the internet banking facilities by simply using the standard dropdown listing of pre-loaded beneficiary IDs provided by the bank. All SARS beneficiary IDs are prefixed with the naming convention "SARS-". All internet payments must be correctly referenced to ensure that SARS is able to identify your payment and correctly allocate it to your account. You will not be able to make a payment if your reference is incorrect. The following banks support this method: ABSA, AlBaraka, Access Bank (previously Grobank), Capitec, FNB, HSBC, Investec, JP Morgan, Mercantile Bank, Nedbank and Standard Bank.

You can make cash or EFT payments at branches of the following banks: Absa, FNB, Nedbank, Standard Bank and Capitec. correct SARS beneficiary ID and payment reference number (PRN).

account holder's bank, it will indicate the amount that needs to be approved, and it provides a payment reference number. The bank account holder must log on to his/her bank product and authorise this request, which acts as an instruction to the bank to make the payment to SARS. eFiling payments are irrevocable and cannot be recalled or reversed. The following banks participate in eFiling payments: Absa, Bidvest Bank, Capitec Bank, Citibank, FNB, HSBC, Investec, Nedbank, Standard Bank, Standard Chartered,

Via SARS MobiApp

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Why eat organic food and where to find it on the Garden Route

by Layla Staegemann

There are few things we share as a species globally, the need to breathe, the need to sleep and the need to EAT.

We all need food to fuel us, food that is now available in a myriad of colours, shapes and sizes. The last decade has seen a wave of information flooding the planet, with the latest generations clued up on whole foods and eating organic.

Organic!

This multi defined word is causing mayhem in supermarkets and arguments on the streets. It has chemist students clenching their fists and farmers begging consumers to listen. When we are talking about food, what does the word 'organic' actually mean, and how do we trust whoever hastily attributes it to their produce?

Contrary to what most people think, organic food is not unprocessed food alone! It is any food, which is produced – food, grains, vegetables, poultry, meat, dairy products, etc., by using inputs that are natural and nonartificial. In other words, any crop or food item that is grown, or produced, using chemical fertilisers, man-made pesticides, genetically modified organisms, or exposure to any sort of radiation is excluded from the organic food sector. Therefore, besides foraging for wild foods, organically produced food is the closest we can get to how nature intended us to derive nutrition!

We now have ample science backing the benefits of organic produce and the recognition of how detrimental to our society and planet non-organic food and commercial chemical agriculture

has been. Many studies have established that organically grown food offers denser nutrition as well as less chance of contamination by bacteria, heavy metals and pesticides, compared to chemically grown food. The latter can contain high levels of pesticide residues, which in South Africa remain haplessly unmonitored and controlled. The benefits of such organic food do not just add to your health and longevity but also positively affect the environment. By not using chemical products, soil and water pollution is prevented, which, in turn, reduces the overall environmental pollution by a significant proportion.

Organic farming preserves biodiversity, which in turn preserves beneficial insect life, and the soil, which is teeming with microbiology. The same microbiology that typically gets destroyed when crops are sprayed with pesticides, herbicides, fungicides, etc. Without these synthetic chemicals in the soil, organic crops (through biology) can extract the healthy minerals and nutrients they need from the



ground, leading to more vitamin-

But how do we know what to buy and where?

We are living in a time of conflicting information, clever marketing and hundreds of often empty buzzwords. Food companies can put a lot of words and imagery on their packaging to make them seem healthier. When buying packaged foods, we are easily swayed by sweet-sounding words such as "natural" or "made with real fruit" or "reduced sugar". Packaging in South Africa is often not monitored, especially in smaller towns like ours in the Garden Route, and so local food scrawled with the word 'organic' in black marker gets put on the shelves. Many small scale farmers and producers claim to be organic without any certification. This is often for good reason, as organic certification can be extremely costly. This cost is passed down to you and me, often

giving the impression that organic food is more expensive and exclusive. There is also a supply and demand issue. While sales of organic products are growing, they still represent a small sliver of total grocery sales. Smaller sales volume means less economies of scale for the producer and, therefore, higher prices for us. This compounds the perception that organic food is about niche produce for the elite, whereas healthy, chemical-free food should be available to all!

There are three ways in which trust is established between producer and consumer when it comes to ensuring that food is produced organically: face-toface (also known as self claim); participation guarantee systems (PGS) and third-party

1. "Face-to-face" is where the consumer has a personal relationship with the producer, typically built through friendship, word-of-mouth and satisfying experiences. The consumer is repared to pay the asking price based on this personal trust.

2. Participatory Guarantee Systems (PGS) were formalised by the IFOAM Organic

International as a recognised peer-review system whereby producers provide a formal guarantee to consumers that their products have been produced according to a recognised set of organic standards. This endorsement has low costs compared to third-party certification.

3. Third-party certification is for producers operating in a longvalue chain and especially those who are wanting to export their produce. The producer applies to a certification body (CB) for certification. These include stamps such as SGS, Ecocert and the British Soil Association.

Here in the Garden Route, we have the recently formally established Outeniqua PGS, which is steadily growing and in need of further support, and more producers and members joining its ranks. By looking out for the Outeniqua PGS seal and questioning your local producers on whether what they offer is organically grow. If they do claim to be organic, you can contribute to building a trustbased, localised organic certification body that is run by farmers for farmers. Supporting the PGS will help provide us with nutrient-dense, healthy food and contribute towards keeping our pristine Garden Route ecosystem synthetic chemical free! PGS is developed as a "short value chain", meaning it closely links farmers and consumers, thus ensuring a fair price for the farmer. Being a consumer member means you can join informative, fun farm tours and get to know your local producers.

Find out more by visiting the Outeniqua PGS website https://pgsouteniqua.wordpress.

https://www.saoso.org/about-

Also, keep an eye on their Facebook page for events and information.

It can be tricky to find organic food, don't fret over all the words and the understanding - try to eat local, eat wholefoods, grow your own where you can and be kind to your body!

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SANTA'S SHOEB

It's the time of the year when Santa's local elves gear up to gather parcels for boys and girls to be spoilt with over the festive season - no doubt the incredible community of Sedgefield will step up as they have in previous years and draw the names from a hat to create individual packages for the deserving children of our



Each year the Santa Shoebox Project collects and distributes personalised gifts containing

by Melanie Baumeister

essential items and treats for underprivileged children throughout South Africa and Namibia.

2021, and you can register by logging o n www.santashoebox.org.za. If you have been involved before, login using your username and password from previous years. Click on 'pledging' and choose 'Sedgefield' - this is very important – and then select the child/children you would like to send a Santa's Shoebox to. Don't forget to print out your labels so that these can be stuck on to the external packaging of your gift. Unfortunately, the sponsored shoeboxes are not available this year, so you'll have to buy yourself a new pair of shoes while you're out shopping or pop into a packaging place and buy a standard size box for R20. Pep, nationwide, are still heavily involved with providing the

necessary items on the list, and you will find the most amazing gifts and clothes at our local branch in Sedgefield, where the staff are always friendly and willing to assist.

Santa's team of elves and helpers are keen and raring to go. They can't wait to gather up and deliver gift boxes to our local educare centres. The drop off point is once again at Tiffany's, and Joy will dedicate their closed-off seating area for the helpers on Friday and Saturday, 5th and 6th November 2021, ensuring a safe environment where the parcels can be received. The gifts will be processed,transported and then delivered the following week well in time for Christmas!

Keep an eye on The Edge social media pages for more details, or send a message via The Santa Shoebox Facebook page if you have any queries.





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SLEEPBETTERSALE







Thesen House, cnr Long St & Waterfront Drive, 044 382 2835 I info@thebedroomshop.co.za

1 the bedroom shop

www.thebedroomshoponline.co.za

Sedgefield Crime Watch Report

26 July 2021 to 22 August 2021

Groenvallei Meedingsride 26 July Begonia approx

12h00: Attempted burglary. Security responded. 8 Aug Barracuda St past midnight: Attempted burglary. 9 Aug Mullet St: Burglary of unoccupied premises.

12 Aug Barracuda St: Attempted theft of roof sheets. Residents chased away the perpetrators.

12 Aug Lake Pleasant St: Attempted burglary. Window removed, but nothing taken. 12 /13 Aug Stingray St: Theft of pipes & attempted theft of geyser outside and forced entry into garage area.

14 Aug Fraser St: Perpetrator entered through unlocked door. Laptop stolen while residents at home.

20 Aug Upper Bleshoender 21h00 Theft of cellular phone & laptop.

21 Aug Begonia St between 04h00 to 05h00: Gas bottle stolen.

22 Aug Begonia St 17h00: Copper pipes & fence stolen. Perpetrator seen running away. ${\bf Sedgehill}$

28 July Patrys 21h08: Attempted burglary. Perpetrator pushed open top window. SAPS, Security & COP

Responded, but the perpetrator managed to slip away.

30 July Cycad: Sliding door smashed with brick. Nothing apparently stolen. 30 July Volstruis approx

12h00: Attempted burglary at premises.

31 July Cormorant 19h30: Perpetrator entered bathroom window & stole a watch and laptop. 7 Aug Bokmakerie 19h26: Attempted theft out of motor vehicle. Perpetrator chased by residents.

7 Aug Loerie 21h40: Perpetrator entered a house through a door. Stole handbag & brand new cellular phone. Identity document & cards found the following day at the end of Plumbago St.

14/15 Aug Fish Eagle: Vehicle broken into. Rear side window removed. Nothing stolen.

Village

22 July- 2 Aug Uil St: Large vehicle trailer stolen from premises.

30 July Service Rd 12h30: Shoplifting at hardware shop. Perpetrator was found a short while later walking in Fisant St. 2 Aug Service Rd 10h50: Theft of cellular phone from inside a business. Perpetrator was tracked down a few minutes later by COP. Victim dialled his phone, which then rang in the thief's pocket. Case opened.

7 Aug Pelican near Makou St 08h15: Attempted theft out of motor vehicle. Perpetrator identified.

10 Aug Main Rd 13h00: Attempted ATM card swap. Security officer managed to step in & perps then fled. 11 Aug Service Rd 04h45: Bicycle stolen from premises. 17 Aug Flamingo during night: Attempted theft of brand new water tank pump. 17 Aug Swallow / Mossie St 21h00: Intruder on premises. Attempted theft of gas bottle. Residents heard the noise & perpetrator fled.

Cloud 9 Area

29 July 17h44: Municipal Reservoir. Attempted theft of electrical cables. Perpetrator fled when discovered.

3 Aug Theft of copper wires. 4/5 Aug Early morning: Thieves returned to Municipal Reservoir. Stole electrical breakers & caused extensive damage to electrical equipment

No Bill Shock with Vox Vobi

Cost-conscious South Africans are forgoing traditional cellular calls in favour of mobile application-based alternatives in order to cut down on costs, but these solutions do not always provide a quality replacement, especially for professional use

While many users, locally and globally, have quickly taken to using a variety of instant messaging apps to keep in touch with family and friends, they are more reluctant to do so for businesses purposes, such as contacting service providers, suppliers and even prospective custom ers. This is all the more important during this lockdown period, when people are having to do their work from home.

A key issue here is that instant messen ger applications (also known as Over-The-Top applications) only let you reach out to people who are already your friends, have also signed up for the same service, and have the application installed on their mobile device. This makes it apparent that while these apps help in certain cases, they are not suited at all for high quality conversations and can be extremely frustrating.

Entrepreneurs and organisations need an alternative that gives them the credibility of having a traditional phone number, together with the mobility and afford ability that these consumer applications are offering.

Mobile app-based softphone services, such as Vox Vobi, uses Voice over Inter-

net Protocol (VoIP) to make calls to any number, at reduced rates across South African networks. Despite a monthly subscription, basic data usage - set at around 500KB per minute - and a flat-rate VoIP call cost, it still works out cheaper than using a traditional circuit switched cell phone call.

Uncapped calling subscription service offerings further help frequent callers save, as there is no additional call cost. Using locally-based servers and network infrastructure also means lower latency and higher quality voice calls, while calls between two people using the same application are free - with only their data being used.

With the Vox Vobi App you have the freedom of mobility. You can call any landline, mobile or international number on your mobile phone, from wherever you are, using mobile data or WiFi networks.

Enjoy the cheapest voice calls on a month-to-month contract with flexible terms and halve your monthly call costs.

For more information visit vox.co.za or contact 087 805 0016.



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TLC NEEDS LAUNDRY HELP

The Living Cornerstone home for those suffering from Alzheimer's Disease fund a small renovation job at one of their residences.

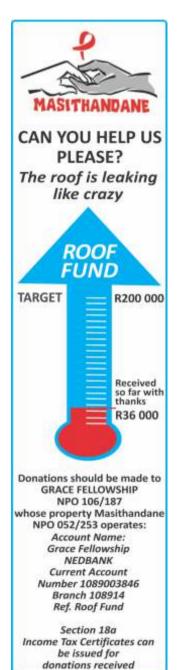
According to Gilda Scammell, who heads up the TLC Team, up until recently, their laundry was located at their Swallow House, but with the closure of that particular home, they need to relocate it to Blue Gill.

other half garage," she says. "This means we will have to desperately needs assistance to change the double door into two single doors. The garage one will be remote controlled while the laundry side will be manually operated."

The job has been costed out at R52000, including materials. The renovation is urgent because TLC has to vacate the Swallow home very soon, and need the "We need to convert the double laundry in ship-shape to comply

garage into one half laundry with Health Department specifications.

> Gilda's TLC colleague Marietjie Digue says that the NPO is so grateful for the continued help from the local community. "Thanks so much for supporting us - the management and residents are so appreciative of every little bit of help we receive, whether it be donated money, goods, or a helping hand – we are so blessed," she said.



Masithandane are in need of community assistance.

Way back in 2003, the large imposing building now housing Masithandane was known to the people of Sedgefield as "Grace Fellowship". It is here that three dauntless young families came to work with the poor. Financial constraints dampened their initial enthusiasm, and by 1995 only the Kossar family remained to uphold the values and the constitution of the registered non-profit organisation Grace Fellowship Sedgefield (Registration 106-187 NPO). In 2003 a huge storm ripped off the roof of the building, leaving absolute devastation. The mission had come to an abrupt end. Visions and values were wiped away as rain poured through the ceiling. Villagers rushed to assist. Drenched books, clothes, carpets and other belongings were dragged off to shelter.

Then a miracle happened. A businessman from Gauteng felt constrained to help. He sent down two of his master carpenters and provided finance for all the materials to replace the roof. Ten days later, Grace Fellowship had a new roof, and mop-up operations could begin. In 2006, Masithandane was started as a non-profit organisation to be the "hands and feet" of Grace Fellowship. The work has grown incredibly. Masithandane operates as a wellfunctioning non-medical centre

Grace Fellowship and as well as a preschool, mosaic workshop, counselling centre, after school activities centre and provides meals for about 240 people per day, parcels for at least 160 families per month etc.

Some years after the roof was replaced, it began to show signs of damage. The roof sheets used for the repair initiative proved to be heavier than the original aluminium roof, and they began to crack as strong winds caused movement in the trusses. At the moment, the leaks in the roof have increased at an alarming rate. A new roof is urgently needed.

We appeal to the community of Sedgefield to consider making donations towards the costs of this need. The cost of a new roof is R200,000. Fund-raising events and donors have raised R15,000 to date, so R185,000 is still needed.

If you would like to help the bank account details are

Account Name - Grace

Fellowship NEDBANK Current Account

No. 1089003846 Branch 108914

Ref. Roof Fund

Grace Fellowship Sedgefield is a registered Public Benefit Organisation and can issue a Tax Certificate in terms of Section 18A of the Income Tax Act for donations received.

If you require more information or would like to arrange a visit to Grace Fellowship, please call Celia Kossar 0723571279 or send an email to grace 7@xsinet.co.za

OUR VERY OWN BIRD ISLAND!

Great News Sedgefield will shortly have its very own **Bird Island!**

Locals will have noticed activity in the area of the causeway and the Perdespruit.

This project is in response to the ongoing problem of providing nesting sites for colonial birds. Over the past 20 years, over 200 mature trees have been removed from The Island due to conflict between residents and the birds. The Island Conservancy has always been at the forefront of seeking solutions to protect our flora and fauna. So the hunt was on to find a suitable site for a Bird Island. They have the support of SanParks, the Municipal Environmental department and Cape Nature.

The conservancy approached the landowner, Cliff Elion, and asked if he would consider a project to build the Bird Island in this area. Fortunately, being a member of the Island Conservancy, he readily agreed. He is including the entire wetland area of about 70 000m2 into a greater plan for conservation. The removal of alien vegetation has been ongoing, and the partially revived

this an ideal situation for the island.

The concept of a Bird Island is based on the highly successful Intaka Bird Island in Century City, Cape Town. This fascinating story of what was a degraded wetland began in 1997. Today it is home to over 120 bird species and more than 200 indigenous plant species. For more information, visit intaka.co.za . The word Intaka means bird in Xhosa

With the September breeding season fast approaching, SanParks and the Island Conservancy have assembled a short-term structure on which birds can start nesting. In the future, more substantial structures known as Weyers Islands will be built. These consist of poles jetted into the vlei to support an infrastructure over the water providing a safe haven for nesting colonial birds. Recently, the Black Crowned Night Heron, Squacco Heron and a Black Winged Stilt have Perdespruit wetland makes been spotted in the area, as well

as the usual Herons, Spoonbills, Egrets, Cormorants, Ducks and Lapwings.

It is worth remembering that mature trees formerly provided nesting sites for colonial birds. Apart from their intrinsic natural beauty, the indigenous trees in the Sedgefield Island Conservancy play an important conservation role. Please be aware that all trees (whether "protected" or not) growing on waterside embankments, street verges and in public open spaces are the property of the Knysna Municipality and may not be removed, pruned or in any way damaged.

Any indigenous vegetation may only be removed or pruned if the owner obtains a permit from DWAF (Department of Water Affairs and Forestry)

SEDGEFIELD ISLAND CONSERVANCE



AND COLLECTION OF EVENT PACKS.

TEAM BRIEFING WILL START AT 11:45 AND WE START THE RACE AT 12:00 FINISH AT OCTOPUS GARDEN. PRIZE GIVING 14:15

COST: R150 PER VEHICLE

EMAIL FOR ENTRY FORMS: PROJECTSCOMASITHANDANE@GMAIL.COM OR CALL TERTIA AT 082 046 0463

E-BOOKS ARE NOW AVAILABLE TO ALL PUBLIC LIBRARY USERS

services. Knysna Municipality Acting Municipal Manager demand for online reading has steadily increased over the last few years and that these types of services are catering to those needs.

"During a time where the safest place to be is at home, this initiative offers welcome relief to avid readers," said Adonis. "With the addition of audiobooks, the new virtual libraries are sure to offer something to everyone.'

Anyone with a registered library card can enjoy free access to the

Patrons can now borrow e- catalogue available through the a book title of your choice, a books and audiobooks from Western Cape Library Service. synopsis appears that patrons can public libraries throughout New members must first join read. In addition, a search the Western Cape as the their local library and will be able function allows the browser to province launches its to make use of the mobile service technologically enhanced after five working days. The services allow patrons to enjoy their books on a number of Dawid Adonis said that the mobile devices or desktop computers.

> One of the most popular platforms is the Libby app available on Apple and Android operating systems. Download the app from your store and follow the easy instructions. Patrons may also access the Overdrive website to borrow books. Overdrive is a global reading platform and distributor of digital content for libraries and schools, offering a large catalogue of ebooks and audiobooks that can be accessed and enjoyed at any time. This website contains material across all genres. By clicking on

search for a specific title or any other library material. E-books will be available in English, Afrikaans, and isiXhosa

"Being able to visit a virtual library during a pandemic is a wonderful example of how technology can enable humans to live better," said Adonis. "I urge all our library members to make use of this service. Feel free to contact your local library for assistance with navigating the platforms. Then simply sit back and enjoy your story.

You can access the Overdrive at https://www.youtube.com/watc h?v=nmdGluwszCY

For enquiries, please contact tell: 044 302 6519/ 044 302 6308 or $044\,302\,6311.$

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SPAR UHT Long Life Milk (Full Cream, 2% or Fat Free) 6 x 1 litre



Coffee Jar (Selected excl. Decaf) 200 g



NEW TWINSAVER TWIN PLY 18 Rolls Complete Confe Danie Fresh

Twinsaver Twin Ply Luxury Toilet Tissue Rolls



*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product featured.

Specials available at selected SPAR, SUPERSPAR and KWIKSPAR stores in the Eastern Cape from 26 August up to and including 29 August 2021, while stocks last. We reserve the right to limit quantities. Price and product availability may vary in certain areas. Products not available in Mthatha, Qumbu, Mount Frere, Mount Ayliff, Kokstad, Matatiele, Mount Fletcher, Maclear, Tsolo, Mthatha, Libode, Port St Johns, Lusikisiki, Flagstaff, Tabankulu and Bizana. Prices include VAT. No Traders please. Find us on f /myspar

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NB. Classified adverts for the next issue need to be in by Monday 6 September 2021. Emailed classies will not be placed without payment

3. Accommodation Holiday

Bird Cottage on the Island. Quality accommodation. Low rates. Spacious, DSTV, w/machine. Also stop over option in Guinea Room Suite. 044 3431261 www.birdcottage.co.za

Holiday Accommodation wanted for December 2021:

- 1. From 23 Dec 02 Jan 22 : 10 days: for 6 – 8 Adults & 4 small kids between 1 and 4 years.
- 2. From 24 Dec 01Jan 22; 8 days: 6 adults. 3 kids Aged 7,7, and 10 years Please call Verity on 076 619 3659 or email verityandken@worldonline.co.za

4. Announcements

ALCOHOLIC ANONYMOUS Sedgefield Acorn Group. If you have a problem with alcohol you are very welcome to join us for online (Zoom) weekly meeting Friday 7.30pm. Call 079 323 2085 for details.

BOOKS & COFFEE Delicious home baked eats & treats. Coffees, lattes & Milkshakes. Good quality 2nd hand books for sale (we also buy books). WiFi, printing, scanning & emailing generator during load-shedding. Pop in to Deo Gratia, next to Pick n Pay. 082

FRESHSTART SEDGEFIELD needs your pre-loved children's clothes, shoes & toys. Items will be traded in the Smutsville Recycle SwopShop by the children who collect recyclable material. Contact Schalk on 082 413 8363 or drop in the box at Dr Stander.

Garden refuse removal... your 14. Employment Offered Plett. Dial a Drum ... 082 808 5984

Midweek Village Market at Mosaic Every Wed from 8am till 12 noon. Shop local for all your fresh produce, eggs, flowers, baked goods, seedlings,



WANTED: Sedgefield Hospice Shoppe need your second hand goods. Have a clean out and help others with your unwanted items! Please give them a call 044 343 1722

6. Building & Related Services

All DIY Hardware and Tools available @ Sedgefield Hardware. Tel 044 343

Architectural Draughting Services. Phone Tracy 082 695 3119 / 044 343

BUILDERS... We source the best local products at the cheapest possible price. CX Tippers & Diggers - your one stop aggregate supplier. Tel 044 382 1645

Craftsman Homes - Quality building in Brick & Timber 082 812 1820

Demolition Excavation & Planthire. Contact CX Tippers & Diggers for all your plant hire requirements. Tel. 044 382

9. Clothing

Children's Clothes - Hooligan Range. Hooligan clothes 0/3m - 6/7 years still available at 30% off on price. Mariana 0827710694

Embroidered burpers & face cloths handmade. Mariana 082 7710694

11. Crafts & Home Industry

Handmade Ragdolls & Soft Toys. Mariana 082 771 0694

Midweek Village Market at Mosaic. Every Wed from 8am till 12 noon. Shop Fresh. Shop Local

Wooden toys (cars & bikes). Matyas 078 103 0323

12. Education & Tuition

MUSIC LESSONS - On line lessons also offered.- Piano, music theory and clarinet. From beginners to advanced, for all ages. Please contact Ann Carroll on 083 275 7576, adrcarroll@gmail.com. www.touchwoodmusic.co.za

Piglet's Pen Pre-School 076 737 3490

13. Electrical

Electrical Hardware @ Sedgefield

HANDS ON ELECTRICAL For service and repairs, installations, fridges, washing machines, dishwashers, microwaves, stoves, TV & audio. Quality workmanship. Reg on 083 297 1929

HEUNIS Plumbing & Electrical. All Maintenance & Construction Qualified in both trades COC Certificates. Call 082 972 3911 manie.heunis@gmail.com

Is your stove working properly & safe? If not call Hands on Electrical - 083 297

Cashier with experience required. Please send CV to filos@telkomsa.net

15. Employment Wanted

Lincy, a Malawian is looking for Domestic work. Hardworking and trustworthy. Refs. Call 078 494 3118

CHARTERED ACCOUNTANT & REGISTERED AUDITOR

CATHERINE ANNE MATHER

BCompt Hons CA(SA) (ACIS)

tel: 044 343 2202 cell: 083 779 7934 fax: 086 750 4629

email: cathy@camather.co.za

address: 20 Plum Tree Trading Post, 52 Main Road, Sedgefield

Amanda - 063 341 0821

Jane - 061 396 8591

Lizie - 078 064 5825

Mary - 073 697 7884

Alex - 083 774 0992

17. Food & Wine

compost, etc.

Babette 062 171 6980

R800. Ph 082 306 1713

19. Home & Garden

343 3237 / 072 704 2872

www.forestroots.co.za

072 022 5977

Fresh. Shop Local

www.dialadrumknysna.co.za

Nathan - 063 420 3160

Gardening

Emma - 084 031 5049 Zam

Kettie - 063 539 2542 Mlw

Maria - 060 336 9082 Exp

Lincy - 078 494 3118 Mlw Ref

Karim - 083 774 0992 Mlw Ref

Peter - 078 486 8684 + Maintenance

Midweek Village Market at Mosaic

Every Wed from 8am till 12 noon. Shop

local for all your fresh produce, eggs,

flowers, baked goods, seedlings,

HONEY - 1,3kg R160. 500gr jar R65.

Raw, Pure, Fynbos - NON-irradiated.

Dzzo Fridge R800. Microwave R600.

Lounge chair R700. 9 Fin Oil heater

R650. Washing Machine R500. Office

chair R600. Frick Sewing machine R600.

Slow cooker R450. Food processor

R200. Toaster R80. Canon Printer R250.

Single Bed R700. Single foam mattress

Hisense 32" TV R2000. Swimming

pool motor & pump. R300. Ph 082 494

Rust Stain Remover Fabric. Small

R45. Large R100 (100ml.) Available from

The Edge offices. Enq. Verity 076 619

AQUAMAN POOL CARE Service

Maintenance. Pump Repairs. Call 044

FOREST ROOTS - Organic veggie mix

ideal for raised beds and pots. 30L bag -

R120. Please call 079 910 5398

 $Garden\,Refuse\,Removal\,for\,as\,little\,as$

R80 per month, 082 808 5984.

KUBI HIRE - Digger Loader for Hire

Landscaping & hauling. Craig 082 715

LIVING LANDSCAPES

Professional garden make-over. Luke

Midweek Village Market at Mosaic.

Every Wed from 8am till 12 noon. Shop

MINERAL PACKS - Rejuvenate your

soil and boost the microbial life.

Available from Forest Roots. R199. 079

OUTENIQUA ORCHID NURSERY is

open Wednesdays from 10-1pm.

Blooming orchids and potting medium for

sale. We repot your plants. Now at 34

Napier Street, Blanco, George. 044-870

Aloe Ferox Products whole range in stock @ factory prices. The Aloe Lady: 044 343 2214 @ Wild Oats Market on

Sedgefield Pharmacy, Woodpecker

Silver Scissors Unisex Hairstylists -21 Tiptol Street, Sedge. Tel 044 343 2112

22. Home Improvements

BATHROOM GURU - All Bathroom

Carpentry & Tiling. Rene 084 617 0260

Cobble Paving, Sedgefield. For all types of paving, best prices, best paving, free quotes. Don't delay - Pave Today Call Norman or Antoinette: Tel: (044) 343

DAN THE HANDYMAN

General Repairs & Maintenance, Tiling,

JIMMY CATER Quality painting and decorating. Free quotes. 082 773 9782

Tiler & Plasterer. Philip - 082 350 1241

collect & deliver or will do on site services. Call P R Motor Services. Alan 083 792 5103 or Pauline 073 500 5883

Auto Mobile Diagnostics & Services -We collect, service, deliver to you. Call Cecil 083 701 3655

AUTO PEDIGREE GEORGE, late model, low km,FSH vehicles. Marcelle 068 032 2172

Motorcycle accessories, various used- Assault XS jacket, Assault pants size 30,calf height motorcycle boots EU size 44, Nitro crash helmet full face flip up XL, two kidney belts, Assault magnetic soft tank bag, Oxford soft topbox. For details contact Ian 0824436000.

PLOMS Auto Mobile personal service on your vehicle. Phone Peter 083 455 6224

Knysna Animal Welfare office 044 384 1603 or emergency call 073 461 9825.

Sedge Pets now @ 1 Gardenia St. Jock Dog Food. Gill 071 111 5605

28. Plumbing

20. Health & Beauty

Saturdays.

Mall. Tel 044 343 1628, Fax 343 1110. Mon-Fri 8am-6pm, Sat 8am-1pm, Sun & Pub Holidays 9:30am-12.

Alterations. Plumbing, tiling and all fittings, Walk in Showers, Specialised bathrooms for the aged and disabled. Call Anthony 074 708 4738

2404/083 305 0346

Painting, Glazing, Carpentry, Plumbing, Roofing & Soak Ways. No job too small. 084 400 5437. Luke 072 022 5977

25. Motor Cars/Bikes

All makes of vehicle services. We

27. Pets & Livestock

All pet food or other donations for Animal Welfare 044 384 1603 to be dropped off at Simply Vets or Knysna Vet

EDEN PLUMBERS AND HANDYMAN SERVICES for all general plumbing maintenance, renovations and

DO YOU HAVE A FEW HOURS A WEEK?

Masithandane NPO needs volunteers with the following skills to help out for 2 or 3 hours a week or 1 or 2 days a month:

- Mathematics/Science teacher Grade 8 Afrikaans and /or English teacher Grade 8

If materials are needed for the job, they will be supplied. Please call Jacky 0824142133 or email weaveriacky@gmail.com if you would like to help. We look forward to hearing from you.

Auto Mobile

Diagnostics

& Services

082 895 8743



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construction. I have over 30 years experience and take care and pride in my workmanship. Call Dale on 0835642425 for friendly and expert service.

Heunis Plumbing & Electrical. All Maintenance & Construction Qualified in both trades COC Certificates. Call 082 972 3911 manie.heunis@gmail.com

Klaus Schulz Plumbing. PIRB Registered. Does all work personally. 044 343 2114 / 073 345 6110 Smith Plumbing for personal service.

31. Security

Call Peet 084 889 2578

Alarm and Gate Batteries. Tel 3431960

JVM AUTOMATION - Alarm systems. Automated Garage Doors, Gates, Remotes & Batteries. Installations, replacements & repairs. Sedgefield based. Call Jaco Venter 072 083 1977

32. Services Offered

Affordable garden refuse removal Dial a Drum ... 082 808 5984 ... operating in Sedge, Knysna & Plett.

GARDEN ROUTE and KAROO. Call Anthony on 083 253 0838. Any problems with epilepsy or other disabilities? EPILEPSY SA on 044

382 2155 or visit Off Rio Road, Knysna

AIRPORT & CHARTER TRANSPORT,

We can help! CINDY'S CLEANING SERVICE Drop off maids, Supervised team cleans, Holiday homes. Competitive rates. For more info Cindy on 076 374 4945. Email:

flower@websurfer.co.za

Karen's Holiday Home Management while you are not at your holiday home, we will be! Regular monthly checks, reports on all aspect of your home Karefree Home Management. Call 072 586 1086.

Knysna Animal Welfare office 044 384 1603 or emergency call 073 461 9825. (24hrs)

NOTICE TO CREDITORS IN DECEASED ESTATE

Estate Number: 017745/2020 Estate Late: Raymonde de Oliviera Saporta Date of Birth: 1931-10-16 Identity Number: 3110165007083 Last Address: 18 Swallow Drive, Sedgefield, 6573 Western Cape Date of death: 2020-10-22

All persons having claims against the above-mentioned estate are required to lodge their claims with the undersigned within 30 days from the date of publication hereof.

Executor: Shaun Titus 3 Uil Street, Sedgefield 6573 Cellphone: 072 633 5632 Email: shaun@titustax.co.za

HP015057e 0 0 Helping those in need Any assistance is much

appreciated Jim: 044 343 1221 083 379 3737 Hands on Electrical

Installations Security Lighting Dishwashers • Microwaves Washing Machines • Stoves Refrigeration • TV & Audio

M J P HOME MAINTENANCE - Roof cleaning, painting, deck maintenance, gutter cleaning, wall extensions, window sanding & repairs and fencing. Call Martin 071 558 8581

Call Reg 083 297 1929

Sharpening Service @ Sedgefield Hardware.

Sylvia's Flowers - Local florist with a passion for flowers. We cater for weddings, funerals, functions, birthdays if it's flowers you need - we deliver! 081 824 7353

36. Wanted/Swop etc

Stamp collector wishing to buy old South African & Common-wealth collections. Also prepared to value your collection. Peter 082 567 6947



The First and Final Liquidation and Distribution Accounts in the Deceased Estate: Full name: Iris Margaret Wocke Identity No: 3105090012083 Last Address: Sedgemeer Park,

Sedgefield 6573 will be open for inspection at the office of the Master, Cape Town, and the Magistrate's Court Knysna, for a period of 23 days from the date of the publication of this advertisement.

If no objection is lodged with the Masters during this period, payments will be made in accordance with the accounts.

JORDAAN VAN WYK ATTORNEYS Inc 65 MAIN ROAD, SEDGEFIELD, 6573. Tel: 044 343 2126 Executor : Anton Jordaan



Peet Prinsloo

Property Consultant -Sedgefield, Garden Route Let's Chat: 084 811 9973



peet.prinsloo@pamgolding.co.za

Handyman Donations Co-ordinator - furniture, clothes, linen

ART SCHOOL

Opening in Sedgefield

"I have learnt that what I have not drawn, I have never really seen, and that when I start drawing an ordinary thing, I realize how extra-ordinary it is, sheer miracle." Frederick Franck

Introduce art into children's lives, and you give them the ability to see and appreciate the miracles around them. Put a paintbrush into children's hands, and you give them the opportunity to express this beauty in the way they interpret it.

Michelle Tinzmann moved to Sedgefield with her husband in December 2020. She has 25 years' experience as a teacher and has worked in prominent schools in Cape Town and George.

Michelle's Art studio is situated in her home, a spacious, child-friendly environment where they can explore, express, create and above all, have fun working with a variety of art mediums and colours.

Children will learn fundamentals elements of art theory while actively engaging in projects such as collage, acrylics, watercolours, oils (for senior class), tie-dye, weaving and batik.

Classes comprise only six learners. Please contact Michelle Tinzmann on 064 377 0410 or michelletinzmann@icloud.com to book for your child.



Opening 1 Sept 2021 in Sedgefield Junior class 6-9 years Senior class 10-14 years Contact Michelle Tinzmann to book your space 0643770410 | michelletinzmann@icloud.com Small classes | Covid compliant environment Structured and freestyle classes available

GETTING TO THE HEART OF THOSE HEARTS



Anyone living in the Western Cape may have noticed the red heart signs along the highways and wondered about their origin. Indeed in the bigger centres, one may have spotted a giant heart painted on the side of a building or a metal heart hanging from a structure. They are all around the Mother City and recently as far up the coast as Plettenberg Bay..... And there's a meaning to these love symbols – they are not just the result of some hooligan running around putting hearts on blank surfaces.

Meet the Secret Love Project is, an NPO that aims to support the homeless, by helping them make an income. Through the sale of heart stickers (you may have seen one or two brightly coloured heart-shaped stickers on passing cars passing by); these homeless folks are able to earn some money for food and shelter.

The works, created by South African artist Michael Elion, have been scattered around the Cape to remind onlookers that they are loved and should share the love with others.

The Secret Love Project is a social engineering experiment that explores how symbols and signs that the community see in their daily

lives influence their behaviour and collective consciousness. "We provide anyone in need with a way to make money, become self-sufficient, and enjoy acceptance by the community. Using love as our currency, we invite anyone and everyone to join us in our mission to make the world a better place".

Each month, the project provides over 10,000 free heart sticker packs to the homeless to sell to motorists at R20 each. They keep 100% of their sales, and the project impacts around 150 registered sellers - with an exponential demand in stickers seen since the launch of the project and new sellers joining every week. Most of whom, for the very first time, feel like they have been given an opportunity to go straight to work and immediately feel welcomed by society.

So next time you drive past a heart sign on the highway, and take a moment to think about how we can all collectively make this world a better place. And if you spot someone selling the trademark heart stickers, spread the love - because a little goes a long way.



Are prescribed assets bad for the country?

By Ronald King, Head of Public Policy and Regulatory Affairs at PSG Wealth

The short answer is yes, but it is a little more complicated than that, as there could be benefits too. Contrary to popular perception, prescribed assets are not a process by which Government takes a portion of your retirement funds and the fund value drops. Instead, it is a requirement by Government for an institution (most notably retirement funds, but the scope could be wider) to invest a stated percentage of their funds into specific assets. In most cases, these prescribed assets are likely to be loans to Government and state-owned enterprises (SOEs). The institution will still receive a return on its investment in the prescribed asset, and the investor could well receive a higher return than the return on any other asset. However, the risk is that Government or the SOE may be unable to repay the loan when it matures, and then the investment is lost.

The benefit for Government and SOEs is that more money will be available for investment and, as a result, the interest rate they will have to pay will be lower. This frees up funds for other projects that could increase the profitability of the SOE and, in the case of Government, decreases the need to increase tax rates.

And since prescribed assets are still earning a return, prescribed assets will be much less detrimental than increases in tax rates at this stage. Any increase in tax rates will result in less employment and economic development, which in turn will decrease future tax collection.

The risks associated with prescribed assets, however, outweigh their benefit. If Government and SOEs know there is a guaranteed source of funding, there is little incentive to improve their operations and the risk of maladministration continues. The main concern, however, is that available funds are not unlimited. If specific investments are prescribed, funds will have to be withdrawn from other investments that could have provided a better future for South Africa. It therefore prevents the optimal allocation of funds and reduces the potential economic growth the country can achieve.

What is Government and the ruling party's stance?

Currently, there is no project on the go from either Government or the ANC to force prescribed assets. While many statements have been made by members of the tri-partite alliance, Government itself has not provided a clear policy stance on the matter to date, On 17 August 2020, Mr Enoch Godongwana, chairperson of the ANC's subcommittee on economic transformation, stated that the ANC is not proposing that pension funds be used to bail out state-owned enterprises or to create a state-owned bank, but it wants pension funds to be used to fund profitable infrastructure projects.

Over the past few months, the ANC and National Treasury have been in discussion with the private pensions industry on the best way forward to allow pension funds to invest directly in infrastructure projects. Due to the size, liquidity and long-term nature of infrastructure projects, it is currently impossible for pension funds to invest in such projects.

The current discussion is therefore focused on how to change Regulation 28 under the Pension Funds Act and how best to structure the projects to access the funding available in pension fund schemes for these projects. If this can be achieved and profitable infrastructure projects are identified, this could provide pension funds with a great growth opportunity and increase the future GDP of the country. This process is nearing finality as announced during the MTBPS, and we will only be in a position to analyse the proposed changes in more detail once published.

It is, however, also very clear that the total funds required by infrastructure projects are significantly higher than the funds available within South African pension funds. Regulation 28 will therefore not be a silver bullet for our economy. A strong focus on persuading offshore investors to provide fixed investments to South Africa will be needed.

This is part of a series of columns on financial planning, brought to you by **Greg Kilmartin from PSG Wealth** who primarily assist clients with Investment Planning, Health Care, Employee Benefits, Estate Planning and Wills. Greg services the Garden Route, predominantly in the Wilderness, Sedgefield, Knysna and Plettenberg Bay areas, PSG Wealth is part of PSG Konsult – the largest independent adviser network in South Africa and Namibia.



Greg Kilmartin Wealth Adviser C +27 (83) 359 6169 E kilmartin@psg.co.za

Garden Route, Wilderness, Sedgefield, Knysna, Plettenberg Bay | psg.co.za

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The EDGE on Health

Eucalyptus is not only for koala bears!

Australia, really do enjoy munching on eucalyptus leaves. However, we are certainly not koala bears, so what happens if we 'gobble' up eucalyptus leaves? Actually, for humans, excessive intake of this plant can cause confusion and possible fatality. Perhaps we should realise that although these leaves bring us medicinal effects, they are certainly not meant to be eaten as a staple food!

Interestingly, the first original Australians believed that the native Eucalyptus tree was holy and could cleanse negative energy. This insight was taught through multiple generations, as was how to use the plant for its healing power.

Indeed, as years have gone by, the Eucalyptus plant has been used medicinally for coughs, asthma, and many upper and lower respiratory ailments. Further, it has also been recognised as a disinfectant and protector from mould, and the leaves have been used as an antiseptic for wounds and as a traditional fever remedy.

This plant's oil (among many other plant oils) holds high acclaim as a natural antibiotic, antiviral and anti-fungal remedy.

Koala bears, native to vapour for inhaling to clear your sinuses and chest complaints. Always test yourself first with a little oil, as some people are sensitive to some aromatherapy oils! During exams or studying, try applying some of the oil to help you stay alert and awake. Applying the oil topically may have a desirable drying effect for oily and pimple prone skin.

> What else could this tree do for supporting a more comfortable home life? Well, not all, but many homes include pets, and these furry friends of ours do well with eucalyptus oil too! When dogs and cats wear eucalyptus-infused collars, they may repel fleas. Horses with the flu have been known to be given eucalyptus oil too - though perhaps check that with your vet first! So the oil, extracted from the aromatic leaves, can truly bring about a more enjoyable home space for

> Is this tree magical? Reportedly, miniscule traces of gold have been found in its leaves. The explanation for this is that if there is gold in the soil around this tree's roots, the tree finds it toxic and tries to get rid of it through its

In some parts of the world, Eucalyptus trees have been planted to help combat malaria.

Eucalyptus is fabulous as a Now happily growing in South



Africa, the Eucalyptus is found in fast-growing plantations with each tree often growing over two metres per year. They provide steady supplies of hardwood used to build homes and furniture. There are now over 600 species and varieties of this prolific tree.

So - even though you are not living in Australia, the Eucalyptus tree's special properties can help you, your

home and perhaps even your pet. Until next time

Anastacia

Anastacia qualified in Nutritional Medicine and has written for newspapers and specialised publications for over ten years. Currently, Anastacia is completing her counselling psychology degree. You can contact her for more personal advice and consultations on 0793530393.

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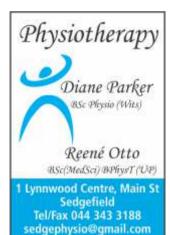
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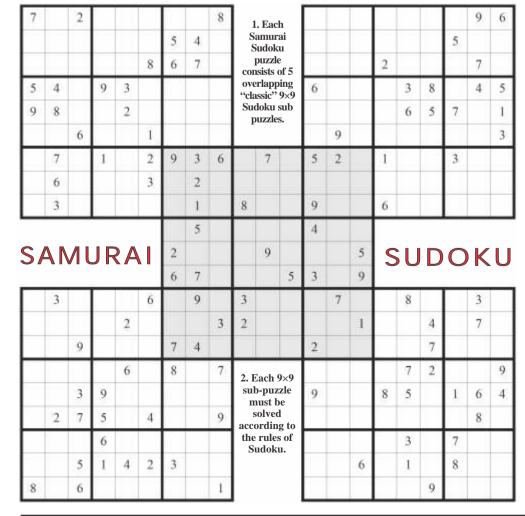


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Across

10. South Africa's naughtiest

11. To start here, twice,

12. Buy replacement winter

19. After a pen, our friend

Eastern Province," Tony

21. Silly to have married one who you impressed? (7) 22. A little bit at the end of the

24. Someone who consumes pairs in a sports car?(3-6)

medals we understand. (5) 28. Are you a a mouse in a

29. Such an organisation has been said to have no-one that

Down.

1. Have business situated in the road from Glasgow. (4) 2. Sometimes high, the religious fellow makes uninvited inquiries into the shirt type. (6) 3. Criminal has that element of

- 4. Those army insects are exceptionally large! (6)
- 5. That 'whites only' party might

9. Flower found in the country after a sort of drive. (9)

creature? (5)

sympathetically. (5)

apparel if yours is in a state. 13. Injure the girl with

something old and sharp. (7) 14. The grain in Sedgefield may not be for you? (7) 17. Something legal inside the relic, it seems. (5)

went round and passed me. (3) 20. "It's awkward in the

began. (5)

BLM social protest? (7)

26. Go onwards – but miss the house? (5)

can provide a future outlook. (3-

boyishness. (10)

just continue to grow. (8)

6. I will hear of the Man. (4) 7. Nothing mixed with seven points? Ridiculous! (8) 8. Hang about for support? (4) 13. Phone one water arum. (5) 15. Was the nutty mail-man far from being brought to book for politics? (6,4)

16. Gallery has the right to sound like an American veg. (5) 18. Consolidate staff accommodation. (9) 19. Ratio judging is illegal on

the high seas? (8) 22. Release given on 1 September to bounce on fresh water. (6)

23. The shorter divide due to miserly tendencies. (6) 24. The exact second the thread begins, I am on point.

25. Is there a bit of money in the urological industry? (4) 27. Smacks are at the top of the charts. (4)

Last issues solutions: Across: 1.wildcat 5.Call up 9.Enormous 10.Shiver 12 Poet Laureate 15.Alienation 17.Fit 19.Dad 20. Gainsaying 22. Refrigerator 26. Arrest 27. Appalled 28.Hayday 29.Cayenne **Down** 1.Whey 2.Loon 3.Compound 4. Taunt 6. Ashore 7. Love Affair 8. Percentage 11. Baboon 13.Balderdash 14.Bird of prey 16.Travel 18.Mahogany 21.Siesta 23.Aspic 24.Plan 25.Edge

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Sedge Scouts A very big thank you to Sedgefield Fire & Rescue for taking the time to come and teach the 1st Sedgefield Cub Pack about fire safety. The Cubs learnt so much from Uncle Sydney, and they can now sign off **Say Thankyou** this important part of their Outdoor Awareness Challenge.



NEWS

Congratulations to William Rhodes and Jandre Groenewald on being chosen to play for the Province as well as Wendy Crowther in her age group.

Our Ladies 190 team had a solid win against Hartenbos B, whilst the Men's 190 Team lost against a very strong team from Oudtshoorn. The ladies had a truly tough game ending at three matches each but finally won on a game count. Well

From Left: Ladies 190 Team Geraldine Thompson, Anita Flockhart, Eleanor Booth and Tracy Kreuger







What have your local LIONS been up to?

Lions would like to thank Teacher Dina Lourens, Hoekwil Primary School, and her Prefects of 2021 for their incredible generosity in support of the Lions Love Bags.

Dina, a regular at Café Vienna, saw the Love Bag posters and asked our Lion and Vice President Bonnita for additional information regarding this project. She then rallied her Prefects to take this on as their charity project. Twenty bags were collected with enough goodies to make up additional bags. We are so proud of these pupils who embraced this project with such compassion and enthusiasm. For those who aren't familiar with the "Love Bag" project, these bags are made up and given to rape and sexual assault victims as and when reported to our Police or the angel in Smutsville, Martie Rooi. Bags contain new underwear, toiletries, a soft toy, some colouring or reading matter and edible treats. Thank you, Hoekwil Primary!

Heritage Day - 24 September, we have a first for Sedgefield - a "Battle of the Buskers" - 5 buskers, but only one title of Busker of the Year 2021. Come and listen to some lekker local talent battle it out from 12 Midday till 4pm, after which the finals will take place. Lions will be braaing, so please come hungry. All this will be happening on the grass in front of the Lions Clubhouse, next to the Clinic and Police Station. Limited tables under the marquee will be available, and these can be booked at Café Vienna. Tickets are R25 pp. A HUGE thank you to Pick n Pay Sedgefield for your kind sponsorship and to Karen Kretschmer for her input on the musicians. COVID-19 regulations will apply.

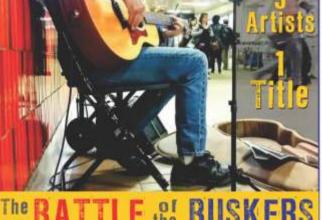
Time is running out for our raffle! So get your ticket before the draw on the 10 September. All proceeds go to Lions, who will in turn

plough it back into the community as needed. Raffle sheets for this beautiful quilt are available at The Pharmacy, Sedgefield Hardware, Wool & Things, Café Vienna and Tiffanys.





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BATTLE the BUSKERS

Saturday 24 Sept. 12 midday till 4pm at Sedgefield Lions Club Food and refreshments on sale.

Table bookings for under the marquee R150 for 6 pax. Tickets at Cale Vienna



Most of the district's clubs have postponed their Invitation Days until later in the year, hoping things will improve; check the notice board for various playing days, especially the ladies.

Sedge Bowling Club News

Off the Mat

WELCOME BACK; It was fantastic to see lots of the missing bowlers back on Saturday, especially the ladies, Jean recovered from a hip operation, Janet, Joy, Gloria, Allanah and many more, even those doing pub duty for a laugh. In these trying times, we need some laughter on the green.

Pieter & Rose Potgieter popped in on Saturday, Pieter is looking good, and hopefully, they will soon be back playing.

COMPETITIONS: The mixed pairs is being played on Wednesday and the final on the 1st of September. Good luck and good bowling.

EDEN DISTRICT: Good luck to the players selected to play in the trials for the squad.

CONDOLENCES:- LEN HUTTON - Unfortunately, Len never recovered from his fall and passed away peacefully on Friday. He was a founder member of the club, served on the committee for many years and was involved in many activities. He was part of the committee that updated our constitution, and the list goes on. Len, Basil, Steve, Bill and Bob were very much the old guard, and I bet they are up there having a good laugh at what they got up to. Very proud of a club they were involved in.

Condolences to the family of Julius de Kok, a past member. Many will remember Julius as he was such fun on the bowling green, "last bowl" was always the winning shot.

REMEMBER - Vanessa and Martie (moer and soek)? Well, Vanessa's daughter (also Vanessa) came and played on Saturday from Bella Bella. At 93, Vanessa Snr, is still doing well. It was a lovely surprise

All for this week. Stay safe, and see you on the green. NEAREST THE KITTY

TIDE TABLE Next Full Moon: 21 September 2021 25 August - 08 September 2021 O Full Moon New Moon low tides 11:10 23:36 high tides 05:13 17:34 sunrise 06:56 sunset moonrise 21:10 moonset 08:47 low tide sunrise 11:36 sunset high tides 05:42 18:04 moonrise 22:07 moonset 09:15 low tides 00:05 12:02 high tides 06:10 18:33 moonrise 23:05 moonset 09:42 sunrise 06:54 sunset 18:07 low tides 00:36 12:28 sunrise 06:52 sunset high tides 06:39 19:03 low tides 01:11 12:59 sunrise 06:51 sunset moonrise 00:02 moonset 10:41 high tides 07:50 20:37 moonrise 00:59 moonset 11:16 low tides 01:54 13:39 sunrise 06:50 sunset Mon 30 high tides 09:08 22:30 low tides 03:00 15:21 moonrise 01:56 moonset 11:55 sunrise 06:48 sunset low tides 05:25 18:32 sunrise 06:47 sunset high tide 12:29 moonrise 02:52 moonset 12:40 Thur 02 low tides 07:00 19:26 sunrise 06:46 sunset high tides 00:29 13:27 moonrise 03:46 moonset 13:33 low tides 07:45 20:03 high tides 01:27 14:01 06:44 sunset low tides 08:19 20:36 high tides 02:07 14:31 sunrise 06:43 sunset moonrise 05:21 moonset 15:32 low tides 08:50 21:07 sunrise 06:42 sunset moonrise 06:01 moonset 16:35 Mon 06 low tides 09:20 21:39 high tides 03:15 15:31 sunrise 06:40 sunset moonrise 06:37 moonset 17:41 low tides 09:51 22:13 sunrise 06:39 sunset high tides 03:48 16:03 moonrise 07:10 moonset 18:46 low tides 10:22 22:47 high tides 04:22 16:37 Wed 08 sunrise 06:38 sunset 18:15 moonrise 07:42 moonset 19:53

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NEXT EDGE: Wed. 08 September 2021 - 623 PLEASE NOTE OUR DEADLINES

(Careful, they tend to fly by VERY quickly)

DISPLAY ADS: Email to editor@edgenews.co.za by Thursday 2nd Sept. 2101

CLASSIFIEDS: (stuff for sale, jobs, get-rich-quick schemes, secret treasure hints)

Email to accounts@edgenews.co.za by Monday 6th Sept. 2101

KINDLY NOTE: Due to the epic craziness of life as we currently know it, The EDGE offices may not always be open. Please call 072 516 4701 if

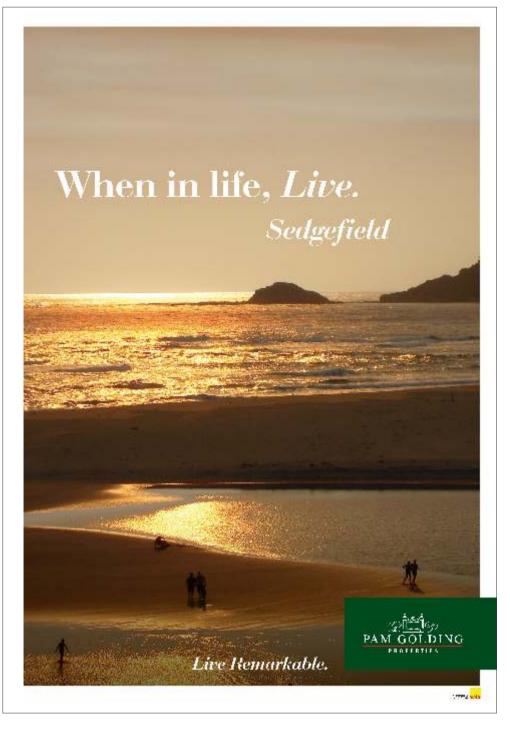
Cricket SA visits George

Cricket SA Director and former Protea Graeme Smith visited George on Wednesday 11 August 2021to meet with Mayor Leon Van Wyk and Dr Michele Gratz, Acting Municipal Manager, concerning the possible move of SWD Cricket to George. The outcome of the engagement is that a Multi-Disciplinary Task team with be established together with representatives of SWD Cricket to look at the scope, feasibility and deliverables of such a move, including the financial requirements. A report on the task team's findings will be presented to Council for consideration in due course.



Back Row: Dr Michele Gratz (Acting Municipal Manager), Alderman van Wyk (Executive Mayor), Graeme Smith (Director of Cricket; Cricket South Africa), Mr Pholetsi Moseki (Interim CEO; Cricket SA), Mr Allen Paulse (Director Community Services; George Municipality) Front Row: Albertus Kennedy (CEO; SWD Cricket), Mr Maurice Ellis (Independent Director; SWD Cricket)





PINELAKE TO ASSIST TWO FOR JOY FC

Manelisi Phike contacted Pine Lake Marina management to ask for assistance with the development of his local soccer team, "Two for Joy F.C.", an initiative he started in Smutsville to keep young kids occupied so that they do not see a need to associate themselves with crime.

He has encountered a lot of challenges in making this project efficient and sustainable.

In order to help Manelisi, Pine Lake Marina have sponsored soccer balls and water bottles. Old Mutual also helped out by sponsoring T-Shirts, sanitiser bottles and masks.

Tata Madiba once said, "Sport has the power to change the world. It has the power to inspire. It has the power to unite people in a way that little else does. It speaks to youth in a language they understand."

If anyone else would like to help with this great initiative, they can contact the following people:



Team Manager - Mr Henene 0 60 998 7067 Assistant Team Manager - Mr Phike 071 985 5399 Team Treasurer - Ms Noma 078 792 0241 Head Coach 072 349 1708

