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26 October 2022

## MELODRAMA KICKS OFF

... and thousands of rands roll in for Sedgefield charities



Melodrama 2022 kicked off with a bang, with the first and second shows sold out.

Producer Margie Van Rensburg reports:

"Backstage, with five minutes to curtain open, the atmosphere was absolutely electric. After a one-week delay, we were literally champing at the bit to get going.

Both nights saw our audience in fits of laughter as some very recognisable locals gave it their all on stage.

And the proof was in the pudding - On the first night, the American Auction raised the amazing total of R10 325.00, setting the bar for the rest of the shows. The second night's audience rose to the challenge, seemingly determined to beat the previous night's contributions. Their auction bids raised R18 773.00!

And we have no doubt upcoming audiences will want to be the ones to boast, "I was there the night

the most money was raised!"

Challenge accepted?

Though we are not accepting IOUs this year, we do have a card machine on stand-by so you'll be able to ensure your favourite song is performed as one of the three encores.

Tickets are limited for the final two shows, but we are more than prepared to squeeze in additional tables for anyone not wanting to miss this year's production. Whether it is just one extra seat required at a table or an entirely new table, the ticket sales ladies at Café Vienna will assist as best they can.

We have some great news this year for those wanting to share the Sedgefield Melodrama with loved ones near and far. Our video production will be available this year on a pay-to-download website. Details will be released in due time.

The cast and crew look forward to welcoming you to the last two shows!"

## ACTING MM RESIGNS AS COURT PAPERS ARE SERVED

Knysna Executive Mayor Aubrey Tsengwa has confirmed that, at close of business on Monday, 24 October, he received a letter of resignation from Acting Municipal Manager Johannes Jonkers.

Though Mr. Jonkers did not cite any reasons for his resignation except that it is with immediate effect, it was handed in on the same day that he and others in the Municipality were served court papers by the Knysna Sheriff.

Others served papers by the Sheriff were the Executive Mayor, Deputy Mayor, and Speaker of the Knysna Municipality, as well as the Council as a whole and those filling the seven new 'political appointments' that had been controversially approved by Knysna Council on 16 September.

The official court documents were served as a result of the Democratic Alliance approaching the Western Cape High Court on Friday, 21 October for urgent relief to

to page 3

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# Notes from T'Ed's Head

Have (British) Passport – will travel.

Dear Charles,

I hope this finds you well and not buckling under the pressure of your new position or, indeed, the weight of the crown.

I also hope you received the condolence card I sent after the passing of your dear mom. I haven't received an official 'thank you' letter yet, but I imagine one will be despatched when your plate is not quite so full with sorting out your current government crisis.

Which you will be happy to hear, brings me to the reason for this letter.

It has come to my notice that the Prime Minister position is open again, and I feel it is my patriotic duty to make myself available if the... er... price is right, of course.

I am fully qualified, having a valid British passport (though regrettably, it is one of those dreadful 'European Union' red ones, but hey-ho, what can one do?) and no police record, in Britain at least. (I won't go into detail except to say that here in SA, we don't have to be quite so careful, as such a record does not prevent one from entering the realm of politics).

I also have several O levels, including English Language, so I would easily cope with any speech-making that might be necessary. Indeed, when compared to the last two PMs, I would probably be considered a refreshing change when it comes to addressing the adoring members of the public, especially once I delve into my extensive repertoire of hilarious 'British Subject Living Abroad' anecdotes (see exercise book enclosed).

My (Zimbabwean) driver's license is valid, too, though I can't remember ever seeing a carport or garage at No 10, so that might be inconsequential. Is there a company car that goes with the position? Or perhaps, on



second thoughts, we should go with the full cavalcade of motorbikes and police vehicles – far more impressive for the PM to be seen chauffeur-driven with an entourage than reversing out in his own faded blue Hyundai Getz, I suppose.

As for any other qualifications you may be concerned about, I tried Googling 'certificates needed to be Prime Minister of Britain' and, to be honest, there's very little information out there. Perhaps that's something to consider working on? It may be why you have had such a bad run of contenders over the last year or so? (As you can see, I'm already thinking like a true leader.)

But that being said, I still believe I am exceptionally well-qualified for the post. I am sure your mother (bless her heart) will have mentioned to you at those regular family get-togethers in Balmoral that she and I frequently exchanged correspondence and shared ideas about how that little mud island that is your kingdom should be governed. Obviously, being Queen and the leader of the Commonwealth, she had to be quite careful how she answered my missives, but I do have a drawer full of officially stamped letters clearly stating that 'Her Royal Highness thanks you (me!) for the correspondence.'

Such a pity it wasn't considered correct Royal Etiquette for her to hold on to the photographs I sent (I know how she loved dogs), but I'm sure she studied them intently before sending them back by return of post.

Come to think of it, something that she was remiss in returning was the A1-sized map with

details of how, with some careful strategising, Britain could regain its leadership over the rest of the world powers and, after getting rid of that nasty little Putin fellow, annex Russia as its latest colony.

I imagine your mom may have popped that over to the War Office for Field Marshal Lord Inge to study at his leisure.

Perhaps you could check if he still has it? Being King and all that, I'm sure he will take your call.

If he hasn't still got it, don't worry, I'll bring a copy with me and, once I am ensconced in the PM position, will happily sit with him and go through any of the finer details of the 'World Dominance Campaign' he may not have fully grasped.

But look at me getting ahead of myself! Before I throw my hat into the PM ring, as it were, I feel that I should get a bit of information up front just so that we are all on the same page. As I'm sure you will agree, there's nothing worse than starting a job and finding out that the 'perks' aren't quite what one expected.

My biggest concern is the salary. From my understanding, the monthly income for a British Prime Minister is 13 450 Great British Pounds. Whilst this is indeed generous, especially if there's a chance of a thirteenth cheque (?), if I may be blunt (we are both men of the world), I would like to know if this amount is bribe-inclusive. It's just that, from what I have seen recently, there is no guarantee of long-term job security in that particular position, so one would have to build up a sizeable fortune as swiftly as possible, just in case you end up 'out on your ear' sooner than expected.

I gather the norm is to invest it all offshore to avoid paying any tax.

Secondly, I am a little worried about the 'First Lady' position. Whilst Mrs Ed (photo enclosed) is indeed sturdy, can lift heavy things, and may well be just the ticket to scare the living daylights out of Mr Putin, I'll be the first to admit that she is no Melania Trump, and so might play havoc with the more friendly international relations.

As a sign of good faith, I am willing to make the sacrifice and leave her behind in South Africa, even if it does mean a slight reduction in her salary. Perhaps we can call it 'working remotely'?

Of course, there will be occasions when a PM needs to have an impressive-looking 'partner' on his arm – you know – dinners at the palace, award ceremonies, that sort of thing – so I have enclosed a list of suitable candidates I believe would fit perfectly.

Indeed, perhaps you might be so kind as to check in advance that the top one, Ms Katie Melua, might make herself available to accompany me to your

coronation early next year. Considering what being seen in the 'right company' will probably mean for her record sales, I'm sure she will jump at the chance.

Incidentally, if she agrees, please ask if she would consider wearing that lovely leather outfit from her 'Closest Thing to Crazy' video ...

She'd be mad if she didn't

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**SCARAB NEWS**

**Claire's Creations**

After two brutal pandemic years, Knysna Nursing Sister Claire Vegter decided to take a break and turn her love for art into the 'Stormpebbles Design Studio.'

Combining wood, epoxy art, decoupage and natural beach-themed materials, she created a range of dazzling objets d'art, from striking mixed-media paintings on wood, to elegant candle holders and gorgeous epoxy art coasters.

She found true enjoyment and freedom not only in the art itself, but also in finding and working the wood for her projects, and mastering the complex chemistry of the high-quality epoxy, inks and paints she employs in her art.

Come and visit Claire on Saturdays at Scarab Market

[jeangeni scarab@gmail.com](mailto:jeangeni scarab@gmail.com)



# ACTING MM RESIGNS

(Continued from front page)

overturn this council decision and terminate the employment contracts which they deemed illegal.

"The additional posts were created without any consideration of whether they were required or affordable, rendering the process unlawful. When the cadres were employed, no due process was followed. No advertisements for the "vacancies" were published, and no shortlisting of multiple candidates occurred. The Coalition of Corruption didn't even try to hide the blatant nepotism in employing their cronies," said Dion George, DA Constituency Head for Knysna.

As reported in our last edition of The EDGE, before the DA proceeded to court, they had written to the Acting Municipal Manager to demand that the illegal contracts be terminated.

"He replied that he had taken legal advice and had informed the political office bearers. He did not commit to terminating the contracts, and the DA proceeded to court," said George, adding that despite his resignation, Jonkers would still be held to account.

"The money earmarked to pay for the illegal appointments was to be sourced from the temporary employment budget, which should pay for the employment of unemployed Knysna youth during the high season," George stated.

Asked for comment about the serving of papers, Municipal spokesperson Christopher Bezuidenhout confirmed they had officially received a notice of motion from the Democratic Alliance on Monday, 24 October.

"Matters of litigation are dealt with under delegated authority. In the absence of an acting Municipal Manager, we cannot, at this point in time, respond to what actions the Council will take. An ordinary meeting of the Council is scheduled for Thursday, 27 October, whereafter more information may become available."

Acting Municipal Manager Johannes Jonkers tendered his resignation on Monday this week.



# SRRA WEIGHS IN ON MUNICIPAL MAYHEM

*The Committee of Sedgefield Ratepayers & Residents Association issued the following statement on the current goings on in Knysna Municipality's upper echelons.*

**The SR&RA is deeply concerned by the news of Monday's resignation of the Acting Municipal Manager, coming shortly after the announcement of pending legal action against the Knysna Municipality.**


Decisions Knysna Municipality took in creating and filling seven new posts strongly suggest abuse of power on the part of the council. Although the SR&RA was initially assured that the need to change the organogram and the process followed was compliant, it now seems that it will be up to a high court judge to rule on the entire saga.

What is apparent is that no corresponding value-added service to the Sedgefield and Greater Knysna communities has been identified through the addition of these posts. This is despite an associated cost of approximately R3 million for zero additional service delivery to residents. These costs need to be viewed in light of the current financial year's deficit and the municipality's already stressed cash position. This is an extremely wasteful use of ratepayers' and residents' funds. Given the current Garden Route economic situation, the Knysna Municipality should be doing everything in its power to defer all unnecessary costs and create efficiencies that will directly support service delivery.


The SR&RA is dismayed at the flagrant attitude displayed by Knysna Municipality and the lack of transparency and respect for mandated procedures. Without a doubt, such behaviour flies in the face of the Municipality's work ethic of being: \*Inclusive, Innovative, and Inspired\* for all its residents and ratepayers. The SR&RA intends to raise these serious concerns with the Knysna Municipality.

We expect SERVICE DELIVERY to be at the forefront of municipal decision-making, and the direct and indirect effects on these services should always guide the process.

Council should conduct business transparently and participatively, with all views considered and evaluated. SR&RA expects Knysna Municipality to act in the best interest of all Greater Knysna's citizens.




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## MELODRAMATIC SPONSORSHIP




The owners and management of Pick n Pay Sedgefield are so glad to hear that the 2022 MELODRAMA is going so well, and raising so much money for local charities. With two performances done and another two to go the cast and crew have expressed how very grateful they are to the supermarket for sponsoring their meals on show-nights.

Pick n Pay also sponsored the printing of the programs for each night.

Well done to everyone involved and we wish you well for Thursday and Friday.

Those who have booked tickets - why not save yourself the trouble of preparing your picnic dinner for the evening and order a delicious Pick n Pay snack platter to take with you when you watch this amazing show?

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# WHEELS OF FIRE - AN INCREDIBLE LIFE STORY

by Pixie Emslie

Ari Seirlis, who recently moved to Sedgfield, has spent nearly two-thirds of his life in a wheelchair as a quadriplegic. He tells his story in his autobiography, *Wheels of Fire*. It is a story of courage, triumph over adversity and civil action.

Ari recounts his life as a schoolboy, then as a university student, and later as a soldier fighting in the Angolan war. His life changed in a second when he broke his neck after diving down a waterslide for a film shoot in Durban. Describing his long period of clinical rehabilitation, he reveals how he came to terms with his situation. A key turning point was when he embraced the Disability Rights Movement locally and internationally. He led the QuadPara Association of South Africa (QASA) for years, making it an extremely successful organisation, helping hundreds of people.

In this intensely moving book, he takes readers through the wonderful highs and desperate lows of his life, which he describes with great honesty, humour, and self-reflection.

The book is available direct from Ari. Simply email him at [aris@iafrica.com](mailto:aris@iafrica.com) or send him an SMS or Whatsapp 082 901 4150.



# MOBILE FREEZER TRANSFORMS A GOOD IDEA INTO A BRILLIANT ONE

Clearing a Garden Route lake of tons of alien fish was a good idea. Providing the fish to feed nearby disadvantaged communities made it a great idea, and now a trailer-mounted freezer will exponentially increase its impact.

As many will know, Johnny Snyman and his tireless compadres on the Invasive Fish Species Management (IFSM) team have been 'harvesting' the invasive carp from Groenvlei for some years now, using a combination of bow-hunting and gill nets. More recently, thanks to the assistance of the Gift of the Givers NGO, the 'catch' has been distributed to needy communities in and around Sedgfield.

But of course, logistics have always limited delivery, especially considering the strict health criteria for transporting fish, which is why the new mobile freezer unit is sure to be a game-changer.

It was presented to the IFSM team and Gift of the Givers on the banks of Groenvlei on Friday, 30 September, by Zodwa Velleman on behalf of the Oceana Group, Africa's largest fishing company and one of the most empowered food companies on the JSE. Indeed, on the day of the ceremonial hand-over, an impressive 1,1 tons of carp could be delivered to local soup kitchens.

However, the story goes back much further. During the first COVID lockdown in April 2020, this innovative



collaboration began after Snyman approached Barend le Roux of Cape Nature with a community feeding concept. At the time, there was a desperate need for assistance in poorer communities, and a number of local soup kitchen initiatives were being rolled out. Under lockdown regulations, IFSM's carp management activities had been halted, and as with any alien invasive species left unmanaged, the carp population had proliferated. "I placed the concept across the table whereby the harvested invasive carp could be provided to communities," said Snyman, adding that Cape Nature had already done this on a much smaller level during their gillnetting attempts. "The concept could serve both conservation aspects and at the same time provide much-needed food security during the lockdown," reasoned Snyman.

Le Roux ran the concept past his superiors, and approval was granted. "Knowing that a large-scale community feeding program would require much more than just logistics, I contacted Pam Booth of CX Municipality and shared the logistical challenges with her. We looked at various possibilities for processing and

packaging carp, especially considering the various health regulation aspects in the cold storage and handling of fish – a highly perishable commodity.

The CX Municipality wasn't geared for the above. It was eventually decided that whole carp could be provided to communities, on condition that it first had to be chilled in cold storage to 4 degrees Celsius before being handed out to communities.

With the above logistics in place, Snyman then contacted the regional manager of Gift of the Givers, Mario Ferreira, and asked whether they would be able to run with the collection of the carp, the cold storage, and the distribution. "As a humanitarian NGO, Gift of the Givers jumped at the opportunity and accepted, and on 22 May 2020, the first trials of the Groenvlei Carp Community Feeding Program kicked off."

And the win-win situation of managing the invasive species in Groenvlei and feeding those in need has continued at an impressive rate. Between 22 May 2020 and 30 September 2022, IFSM captured a total of 7856 kg of carp, which they have provided to the GOTG for distribution.

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## The Painted Reed Frog

*Hyperolius marmoratus subsp. verrucosus*

by Ludwig M uller

The painted reed frog that occurs in the Garden Route belongs to the subspecies *verrucosus*, meaning warty.

The name is something of a misnomer, as they are hardly more warty than the other subspecies and hardly warty at all when compared to toads or sand frogs. This species is, without doubt, more common than any other frog in the Garden Route. During winter, they creep into tiny cracks, crevices, slits and aloe leaves.

In spring, they emerge and start calling, often even before leaving their hibernation quarters. Despite the frog's small size (<4cm), its call is piercingly loud at close range, a high-pitched "piep" that leaves the ears ringing. Although males call mainly from waterside positions at night, it is not unusual to hear their call coming from trees and buildings during the day. This frog is unusual among our local frogs in that it can change colour, sometimes in very striking ways.

In summer, they are often found hiding in Arum lilies, but they should not be confused with the similar and closely related arum lily frog (*Hyperolius horstockii*), which is much rarer in this area. The two species are very difficult to separate, but the painted reed frog has a slightly pear-shaped body and a small hump on the lower back. Their calls are very different. To hear the call of this colourful species, visit



[frogbook.co.za/frog-calls.php](http://frogbook.co.za/frog-calls.php)

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# TOURISM OFFICE TO OPEN SOON

November will see the opening of an independent tourism office - 'Sedgefield Info' - by the dynamic duo Belinda Hobson and Bronwyn Lloyd. The two well-known locals will operate this welcome addition to Sedgefield's CBD from a newly created shop on the main service road between Blue Bottle Liquors and Cycleworx Sedgefield.

"We want to make the info office the central hub of the village as it used to be," said Belinda, who many will remember as 'the face of local tourism' when she ran the Sedgefield branch of Knysna Tourism from 2014 to 2018.

Belinda is very excited to be getting behind the marketing of her home town again. She is reconnecting with all her old contacts who work in tourism around the Garden Route and beyond and forming new relationships with role-players in the industry.

"With Sedgefield being a central point, it's the ideal base from which to explore the Garden Route, so it's important that we have information on nearby attractions at our fingertips," she explained.

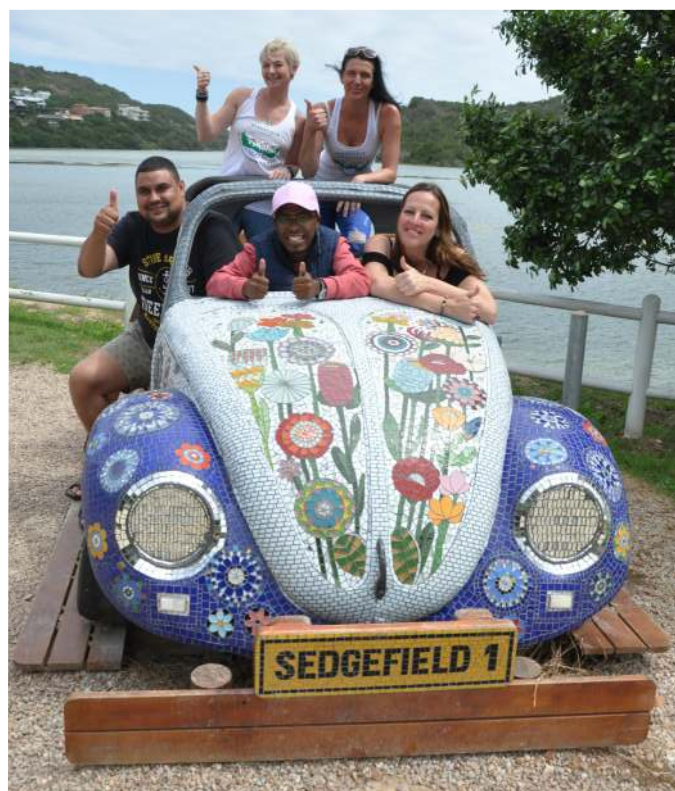
But of course, the main aim of 'Sedgefield Info' will be to promote Sedgefield, in person, in print, via a website and on social media.

"It's not only about getting visitors here, but also about keeping them entertained whilst they are here, showing them what our village has to offer, and making sure they feel welcome enough to want to come back!" both ladies enthused.

To this end, they are calling on all tourism-related businesses to register with them.

"Our offices will cover the area from Timberlake to Rheenendal, including Rheenendal and the Seven Passes area," said Bronwyn.

The Info office will fill a void that



*Tourism duo Bronwyn and Belinda (back) celebrating plans for Sedgefield's new tourism office, along with councillors Levael Davis (Ward 1 - Sedgefield), Hilton Stroebe (Ward 5 - Rheenendal) and Cleone Vanston (Ward 2 - Sedgefield).*

has been open far too long in Sedgefield, particularly as a large part of the village's economy is income brought in by visitors. The previous office was closed in 2018 when it was under the management of 'Visit Knysna', the destination marketing organisation for the Greater Knysna area funded by Knysna Municipality through WESGRO (the official tourism, trade and investment promotion agency for the Western Cape).

When it closed, there was a furore amongst Sedgefield residents and businesses. Local entrepreneurs attempted to keep it open in the hope that WESGRO would agree to cover a reasonable amount of the running costs. But in the end, only a small budget was allocated, and Sedgefield Tourism was reduced to a brochure stand in a coffee shop.

Earlier this year, Knysna Municipality discontinued its service level agreement with

WESGRO, and Council decided to handle tourism in-house. But hopes of this bringing any tourism funding to Sedgefield are yet to be realised.

"We are having ongoing meetings with Knysna Municipality but have as yet received no solid commitment regarding funding," Belinda explained.

Asked for comment Knysna Deputy Mayor and Portfolio Chairperson for Tourism Alberto Marbi said, "I would like to commend Ms Hobson and Ms Lloyd for their initiative. The tourism industry has long been the driving force of our local economy. It brings value to multiple industry sectors and is the cornerstone of socioeconomic development within the Greater Knysna municipal area."

He said the Constitution of South Africa identifies local tourism as a municipal competency but also as a concurrent responsibility between national and provincial

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governments. A recent council workshop looked at the municipality's main function in terms of local tourism, and a review of our tourism destination strategy, outsourcing certain functions and the establishment of a municipal tourism unit were discussed.

"Local industry buy-in is vital, and further engagement by local role-players will take place in due course," Marbi added, "Of course, we cannot pledge any monetary support to Sedgefield Information since it would be against supply chain procedures, but they do have our moral support. Our commitment to the further development of tourism will present unmatched opportunities for investment and the economic development of our area."

Belinda and Bronwyn are convinced, however, that with the community's support, the

office will not only survive but grow from strength to strength. They believe that it will be in the interest of every Sedgefield business to take up membership and become part of the growth of local tourism. This, along with commission on bookings, brochure management, and lightbox advertising, will cover a large part of the running costs of Sedgefield Info.

And it seems that they are already receiving assistance in kind from members of the local business community - they have their office space rent-free for three months, thanks to Cycleworx Sedgefield, a promotional video compliments of LekkaLocal TV, their website and logo design by Marius Britz and all their shop-fitting materials were donated by Lloyd's Maintenance.

The 'B & B' duo have worked together before in organising the highly acclaimed Knysna Wine Festival and several Urban X

sporting events. Their skills in event management will certainly come to the fore in organising local festivals.

"We are keen to relaunch the Beach Festival in December and will be looking at a larger event sometime next year," Bronwyn enthused.

Whilst the exact opening date of Sedgefield Info is still to be finalised, they are looking forward to welcoming locals and visitors and receiving input on how they can best serve Sedgefield's tourism industry.

"Please pop in for a chat," they say, "It's all about combining our efforts to promote our favourite town!"

Meanwhile, the Dynamic (Tourism) Duo may be contacted by email at [admin@sedgefieldinfo.com](mailto:admin@sedgefieldinfo.com) or on Bronwyn's cell number, 082 3060 509.

## 2022 LEISURE ISLE FESTIVAL

The ever-popular Leisure Isle Festival will take place on 5 & 6 November in the 'village-green' atmosphere of Kingsway Park on Leisure Isle.

The organisers tell us; "This is the 18th festival which has raised more than R2.0M for charities since its small beginnings in 2003.

On offer will be a mouth-watering array of food and drink, as well as art and crafts, toys, a vast array of books, indigenous and other plants, and many other delights. Take the whole family and relax in idyllic surroundings in the tea and beer gardens or under the trees in the food section.

The event, organised by a group of volunteers, aims to provide opportunities for local charities to participate and raise funds to benefit the wider Knysna community and to provide local crafters and small businesses with a marketplace for their high-quality products. Once again, special efforts will be made to provide local emerging crafters with an opportunity to showcase their products.

We would like to recognise Sotheby's International Realty Knysna for continuing its vital support and wish to thank them and all our other sponsors and supporters.

So much has changed during the last two years.



We know many people have started new ventures, and we look forward to seeing what the community has created.

Please like our Facebook page, Leisure Isle Festival, and follow us on Instagram @leisure\_isle\_festival for more information. We look forward to celebrating with all of you!"

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## DIARY DATELINE

Every 2nd Monday

**2pm** Sedgefield Art Society meets at the Catholic Church. New members welcome. Colin Burgess 082 852 2586

**Wednesdays**

**8 for 9am** Golf Day @ The Links. All members welcome.  
**8am - 12.** Midweek Village Market at Mosaic.

**Thursdays**

**6:30am** Eden Cycling Club Group Social outside departs Cycle Worx. All welcome.  
**8 for 9am** Sedgefield Gentlemen's Golf @ The Links  
**13:15pm** Bowls. Tabs in

**Fridays**

**8am** Ladies Golf @ Links Course

**Saturdays**

**6:30am** Eden Cycling Club Group Social outside departs Cycle Worx. All welcome.  
**8am-12** Wild Oats Community Farmers' Market  
**8 for 9am** Saturday Competition Golf @ Links Course  
**8am-2pm** Mosaic Market  
**8am-1pm** Scarab Craft Market  
**13:15pm** Bowls. Tabs in

**Sundays**

**7am** Eden Cycling Club Group Social outside departs Cycle Worx. All welcome.

**Sunday 6 November**

**8am - 12** Gardeners & Art Market at Steam Whistle Stop. 044 343 1052

**Sunday 13 November**

**8am - 12** Car Boot Sale at Steam Whistle Stop. 044 343 1052

Should your association, charity or group have any forthcoming events, please send us details so that we may publish them in our next issue!

**Knysna Sedgefield HOSPICE**  
**Sedge Charity Shop**

All donations donated and sold in aid of Palliative Care & Support for our area.

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PLEASE NOTE: If you would like to write a letter to the editor, it must be submitted with the author's full name, address and phone number. If a writer does not wish his or her name to appear in print, a 'pen name' (nom de plume) may be included. Email letters to: editor@edgenews.co.za  
The editor has full discretion as to which letters are included or excluded and no argument, badgering, cajoling, bribery or heated conversation will be entered into. Opinions expressed in published letters and articles are not necessarily those of the management and staff of The EDGE Community Newspaper.

Dear Editor

### Knysna traffic fines show – an example of municipal strategic municipality failure.

Traffic fines are a compliance and enforcement tool meant to stop motorists from speeding. South Africa's high road death toll has largely been attributed to speeding. We should therefore welcome attempts to enforce reasonable speed limits. Not So? One cannot travel on the N2 without noticing the ever-present and intimidating number of plate recognition equipment designed to alert enforcement officers of your outstanding traffic fines. In addition to this, and if you do have outstanding fines, I am sure you have received a call from the municipality asking you to pay these without delay. This unprecedented emphasis being placed on recovering traffic fines by the Knysna Municipality prompted me to have a closer look. I found the following interesting bits of information.

“The Knysna Municipality's budget reflects its key policy decisions and priorities ...” Extract from the Knysna Municipality budget and related documents. Digging deeper, I found that Knysna expects about 10% or R 105 000 000 of its revenue for the Annual Budget 2022/2023 to come from speeding fines. It also expects this revenue to increase by 4,5% every year. (Ref: Annual 2022/2023 MTREF Budget Report MAY 2022). In the variance report of actual revenue vs budget revenue, a negative 99,8% variance is noted. In other words, no one is paying speeding fines. (Ref: Annexure D - Annual 2022\_2023 MTREF Budget

Report). And then, in the monthly budget statement in June 2022 and repeated in July 2022, it is noted that the fine collection rate has been steadily decreasing from 16% in 2017 to 10% in 2021. The statement goes on to say that the collection rate will increase to 20% over the next two years. How, I wonder? It also notes that “additional cameras have been installed” as a means of rectifying the poor collection rate. “The definition of ‘insanity’ is doing the same thing over and over again and expecting different results.”

This reliance on speeding fines as a major source of revenue tells me that Knysna municipality has no interest in reducing speeding and thereby making our roads safer. After all, imagine if everyone stopped speeding. Ten percent of the revenue, or shall I say budgeted revenue, would disappear. This is further confirmed by the municipality budgeting an increase in speeding fine revenue. This behaviour backs up my belief that the municipality chooses speed restrictions and camera positions strategically to increase speeding fines and in so doing, increasing municipal revenue. It follows that a strategy to increase speeding fines must surely result in more drivers speeding, reducing road safety. A clear “key policy and priority” of the municipality?

Installing additional cameras will, presumably, increase the number of fines issued, increasing the number of fines not paid, increase apathy towards paying fines, and reduce the collection rate. Exactly the opposite outcome to that intended. Add to this the increased cost of issuing additional traffic fines, and the

the purchase of supplies used to prepare meals. We have two paid employees working in the kitchen who assist us in serving meals to those living in Sedgefield and the immediate surrounds.

Our two “man” kitchen team consists of our cook Melissa and support guy Duane. They produce great meals, receive many compliments on the final product and are always looking to change the menu to avoid “oh, it's Wednesday – it must be...” Always adapting to change, we are now operating a “soup kitchen” to cater for the many homeless who are attracted to our village.

Then there is the prep team that assists on Mondays, Wednesdays & Fridays, preparing food, vegetables etc, ready for the cooking process. Once the food is prepared, 150 meals are handled by the serving team, who take care of the dishing up and packing according to two delivery lists.

The delivery team consists of about 40 people who collect the food from the kitchen and deliver it to our “clients” three times a week. Many have been with us for a number of years, and although there is a “staff”

turnover, we have others ready to step in and fill any vacancies. Last but not least, we have our Committee, who help to ensure that our charity is run as smoothly as possible. My grateful thanks go to these members who have enthusiastically adopted their portfolios and do sterling work. We have a Non-Profit Organisation number, 150-516NPO and a Public Benefit Organisation number, PBO 930056344, enabling us to issue donation receipts in terms of section 18A of the Income Tax Act 1962. Any requests for this document may be sent to the writer.

We are making a difference in the lives of the less fortunate in Sedgefield, and with your help, we will be able to continue with this worthy cause.

**Jim Mitchell**  
Cell: 08 379 3737, E mail: patmitchellza@gmail.com



## BUYING OR SELLING?

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result is increasing the budget deficit rather than reducing it. This just gets worse.

Being a scholar of systems thinking and phenomenology, I am left wondering why this clearly deficient strategy continues to be implemented. Is relying on revenue from speeding just one of the phenomena that shows up when municipal priorities focus on the wrong things and that these things ultimately lead them to fail? Or is it simply a result of poor skills? Or is it a result of a greater systemic problem coming from, say, big business or central government? The need to collect as much revenue to ensure salaries are paid, especially for those in power, while not caring about the people they are supposed to serve.

If I were to see the non-alignment of strategic imperatives, key focus areas and metrics in any of the businesses I assist, I would question the integrity and sincerity of its leaders. On one occasion, while being marched off to the caravan, I spoke to a woman cowering behind her car, crying for fear of being arrested. A man was so nervous, shaking uncontrollably, that he dropped his wallet. Intimidation, or bullying, is one of the lowest forms of persuasion a leader can adopt. It creates an us and them environment, an environment of conflict, an environment of defiance, a passive-aggressive environment where no one complies, and no one pays their speeding fines. Bullying, a lack of integrity and the resultant absence of trust, from my experience, are some of the major causes of poor performance and failure of an organisation. Steinhoff anyone? If we really want to fix the speeding and road safety in the municipality, a completely different and counterintuitive approach needs to be taken. This

would involve ensuring that leaders are united, that they are aligned with the stated goals, that correct focus areas are identified, and that appropriate metrics are put in place to ensure improvement in performance. We, after all, don't look at the fuel gauge in our car to regulate our speed. Work of this nature would have a knock-on effect on improving other areas in the municipality and even show the way to repairing parastatals such as Eskom. It starts, however, with us appointing integrous leaders who share the desired goals of the organisation. Something coalition governments, the way they are currently structured, cannot achieve.

I am left wondering how we can help our municipality rather than continually bitch about them. Any thoughts?

Lastly, I am in no way suggesting anyone should break the law, exceed the speed limit, or not pay their speeding fines.

#### Ant Page

Business Transformation and Improvement Specialist

#### Response to traffic camera letter

*We welcome the reader's letter – it is fortunate that it arrives just as the Council commences with its IDP review process.*

*The purpose of traffic fines is first and foremost to ensure road regulations are adhered to. Too many lives are lost on South African roads due to speeding. The Council must make provision for traffic fine income in its annual budget; however, it is not a primary source of income nor used to balance the budget. It accounts to less than 10% of its annual revenue budget.*

*The state of local government across South Africa is*

# LESSER- KNOWN STORIES OF THE KNYSNA INDIGENOUS FORESTS

**On Thursday, 27 October Georg von dem Bussche will enthral you with stories you might have imagined while wandering in the magnificent indigenous forests surrounding us.**

Georg trained in Germany and emigrated to South Africa in 1967. He has been with the Department of Forestry in the Knysna Indigenous Forest, Commercial forest plantations and Conservation Forestry. Georg has an intimate knowledge of these forests which have been his stamping ground for many years. His talk will deal with the origin of all these trees and some of the characters involved in their care and future. He will also give us an

insight into the impact we have on these forests and advise us about how we can play our part in ensuring their future despite climate change and over population!!

Georg is now a Forestry & Environmental Consultant: and does Tree management and identification, Environmental audits, Ecological & Silvicultural aspects of indigenous forests and commercial forestry plantations and environmental walks in the forest.

His hobbies include trees, forest walks and history.

**This talk is the penultimate presentation to the Knysna U3A for 2022 and will take**

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*concerning. The finances of many local governments (including Knysna) are under stress due to increased community needs, decline in economic growth and lower debt collection due to socio-economic challenges.*

*We have always welcomed the knowledge and input of experts living in our area and considering the writer's closing statement of "I am left wondering how we can help our municipality rather than continually bitch about them", we would most certainly welcome her input during this IDP process in suggesting ways to sustainably improve local government finances. Input can be submitted in writing to idp@knysna.gov.za*

#### Dear Editor

We are first-time visitors to your beautiful towns, stunning countryside, and pristine coastlines. But then we did the Goukamma Nature Reserve buffalo hiking trail! The notice on the self-pull ferry - 4 passengers allowed - mandates life jackets for the trip. Only one was available. Crossing the lagoon, we found we were unable to follow hiking signposts as there were few (two I think) to guide us - for the whole hike - and the map is insufficient and misleading in that it mentions your journey partly through forest! Parks Board is not guilty of this one, but we each had picked up about 20 ticks by the time we reached the beach.

I have seldom seen a beach -and a nature reserve- so littered with plastic and debris as I did on the long walk to the lagoon. Not finding any hiking signs coming off the beach we walked along the main road back to the Goukamma parking area.

It seems the exception to your beautiful coast line - a little blemish on a beautiful area. Just saying.

Regards  
**Ian**



**place in the Dutch Reform Church Hall in Knysna in Fichat Street on 27 October at 10am, the doors opening at 9am to serve tea, coffee and biscuits. There is an entrance fee of R20 for U3A members and R30 for visitors. For more information contact Judy Dixon 0723906667**

# MOBILE MEALS CHAIRMAN'S REPORT

September 2022

Another year has passed and thanks to the generosity of the people of Sedgefield, we are still preparing and delivering approximately 1 500 meals a month to people less fortunate than ourselves. I seem to have used this opening line in my last eight Chairman's Reports, but it is always uppermost in my mind when I give my annual feedback.

Funding is essential to enable us to “provide & deliver meals to the aged, frail and disabled or needy people, regardless of race, colour or creed”. Our income comes from three main sources, our regular committed monthly supporters, donations from charity organisations, including various churches, and fund-raising activities such as raffles, Boerie Bashes and can collections at Wild Oats. We are also grateful for the contributions of a variety of food and vegetables received, sometimes anonymously, at the kitchen in the Municipal offices.

Our charity is mainly run by volunteers, and there is no “management charge” reducing our income. The majority of all donations go to





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Opening 9 November

Starting 9 November, Mosaic Village and Outdoor Market are very excited and proud to present the MOSAIC 'FOOD FARE' to be held EVERY Wednesday evening from 4 pm to 8 pm. "With such a wonderful venue, and incredible traders, we want everyone to be able to enjoy our facilities and have another opportunity to gather with friends and family under our big palm tree, giving the home chef the night off", says market manager Elaine Hannah. "So, this is different from our normal Saturday market, in that the idea is just to come together around good food, something to drink, and enjoy some live music!" she continues.

"There will be 12 food stalls to start – Slow Schurra & Holy Crumb with their Greek fare, famous schurra and deep fried menu, Wally's Kitchen with his Pork Belly and other wholesome meat dishes, Bowtie's delicious Chinese food and Sushi, The Mexican Bite with their flavourful menu, The Thai Canteen with yummy dumplings and more, our Wunderbar German Sausage stall, always a hit, Mosaic Table with their fabulous flatbreads, pizzas and salads, Natal Curries with their range of fragrant curries and samoosas, Vilago's grilled chicken Prego rolls and ever popular chips, Gourmet Burger with their enormously fab burgers and sliders, and the Dutch Pancake and Mayan Chocolate stalls for decadent desserts. With

Mosaic Cafe will be open for all your beverage requirements, from coffee brewed from the famous locally roasted Slow Roasted Coffee beans to the equally renowned Sedge Craft Brewery beers and ales, an array of fine South African wines, and everything else in between.

And, as every good meal deserves to be accompanied by equally good music, guest artists will entertain us with live music every week. It's fantastic to be able to provide talented Garden Route musos with another opportunity for a gig. Besides receiving a small fee, they will be busking, so please place your donations into their hat/case/etc. to show your appreciation and support.

Most importantly, the Mosaic 'Food Fare' will provide a safe and entertaining space where you can bring the kids for a mid-week break from routine. Our newly "grassed" playground is kid heaven, and we will also have face painters and other fun craft activities to keep them busy while mom & dad can enjoy a relaxed meal al fresco. What more do you need?

Bring your family and friends and come and take a load off."

**EVERY Wednesday from 4 pm to 8 pm**  
**MOSAIC 'FOOD FARE' @ Mosaic Market**

## RE/MAX Art Initiative THE LANDSCAPE

Nicholas Leonard



Brian Stewart

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### Advertorial

## Artist Brian Stewart

The medium I prefer is oil on canvas. I mainly do landscapes, drawing my inspiration from current and historic South African Masters such as Tinus and Gabriel de Jongh and others. I am particularly fond of painting landscapes and living in picturesque Sedgefield on the South African Garden Route, surrounded by beautiful mountains, lakes, rivers, nature, and seascapes; my inspiration is endless. Once I start a picture, I become totally immersed in the subject, and nothing else enters my mind.

Many of my ideas are derived from simply observing the subject. I do no plein air painting. Other sources of subject matter comprise photographs or recollections of scenes, some of which are imagined. Gabriel told me that an artist's objective "should be to capture light and colour."

Finally, I would like to conclude this statement by reiterating that I am a landscape artist choosing oil on canvas as my preferred medium to depict the surrounding beautiful countryside in which I reside.

## STEPHEN LANGLANDS RETIRES

One of Knysna Municipality's longest-serving employees, Stephen Langlands, is retiring. Mr Langlands joined the Municipality as a Senior Environmental Health Officer on 1 April 1989 and leaves it as Manager of Public Safety at the end of October 2022.

His career in civil service began as a health inspector at the Paarl Division Council and has spanned 40 years, 33 of which were spent at Knysna Municipality. During his tenure in Knysna, he also held the position of Deputy Chief of Health and Housing.

Well-known for the valuable contributions he has made during his career, Langlands and his teams can be credited with establishing a municipal law enforcement section, a 24-hour operational fire department in both Knysna and Sedgefield and the completion of the White Location Multipurpose Centre.

Some of the difficulties he faced included dealing with irate communities regarding housing issues and ensuring that contractors remained on-site and continued with work. "The ability of various communities to work together has, however, left a great impression on me," he says.

Acting Municipal Manager Johannes Jonkers thanked Langlands for his long-time service. "An exemplary employee who has shown

himself time and again to be a leader with exceptional qualities, Stephen Langlands deserves our recognition and gratitude for the value he has brought to this organisation."

Executive Mayor Aubrey Tsengwa congratulated Langlands on his impressive career. "Stephen has been a consistent contributor to this institution," he said. "His tenure has seen changes in the national and local political landscape, but he has never wavered in serving his community with a sense of duty and dedication. We wish him well in his future endeavours."

His parting advice to his successor and members of his department underlines the values that guided Langlands' work at Knysna Municipality. "Deal with all members of the political leadership in the same manner," he said. "Continue to grow the department and carry on improving on service delivery to all members of the community."

Although visits to his children in our northern provinces and his sisters in the United Kingdom are on the cards, Langlands plans on staying in Knysna.



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# CLASSI-ADS

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NB. Classified adverts for the next issue need to be in by Monday 7th November 2022. Emailed classies will not be placed without proof of payment

### 1. Rental

60m<sup>2</sup> SHOP TO LET in 'REMAX building' Main Road, Sedgfield. Email for more information. bashewa1@hotmail.com Whatsapp 0828580424

### 3. Accommodation Holiday

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### 4. Announcements

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Calling All Sedgfield Business Owners Please remember to send your updated contact number, email address and physical address changes through to Joy at The EDGE. We are currently updating our 2023 Where To Find It Business Directory. Every Sedgfield business qualifies for a FREE listing in our highly sought after annual Directory.

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# VACANCY

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**Sedgfield Mosaic Tours**  
Masithandane hosts mosaic art tours on Tuesdays and Thursdays. You can hear the stories that inspired the pieces that make up a magical outdoor gallery alongside a water wonderland. Come meet the talented mosaic team, learn about the town's history, people and 'slow town' character. Please call or WhatsApp Jacky 0824142133 to book your place.

**WANTED : Sedgfield Hospice Shoppe** need your second hand goods. Have a clean out and help others with your unwanted items! Please give them a call 044 343 1722

### 6. Building & Related Services

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### 7. Businesses

If you would like to book a display ad in our 2023 Where to Find It Business Directory, kindly call Joy on 044 343 2415 or 082 389 2024 to book your space. Space is filling up fast. The 2023 Directory will be distributed in December 2022.

**PASTEL SALES, setup and training.**  
Call C A Mather Accounting. 044 343 2202 or 083 779 7934

### 9. Clothing

**Children's Clothes - Hooligan Range.**  
Hooligan clothes 0/3m - 6/7 years still available at 30% off on price. Mariana 082 771 0694

**Embroidered burpers & face cloths -** handmade. Mariana 082 771 0694

### 10. Computers

**Fast, affordable and reliable computer support and services.** Call Derick at 40TWOBIT on 082 041 8660 / theconsultant@outlook.com

### 11. Crafts & Home Industry

**Handmade Ragdolls & Soft Toys.**  
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# VACANCY

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- a. Preferably has his/her own vehicle
- b. Work any required hours
- c. Can cold-call
- d. Media Marketing
- e. Work from office
- f. Measure sites
- g. Arrange for the deliveries etc.
- h. Arrange entrance permits
- i. Produce quotes and invoices
- j. Be in close communication with the rest of management
- k. Work on commission basis

Email CV to  
kingfynbos@mweb.co.za

CHARTERED ACCOUNTANT & REGISTERED AUDITOR



CATHERINE ANNE MATHER  
BCompt Hons CA(SA) (ACIS)

tel: 044 343 2202 cell: 083 779 7934  
email: cathy@camather.co.za  
address: 14 Swallow Drive, Sedgfield

### 12. Education & Tuition

**Jolly Juniors Child Care & Development Centre.** Pre-school from ages 1+ Contact Anzelle @ 082 058 2988 or 99juniorcare@gmail.com

**MUSIC LESSONS - On line lessons also offered.** Piano, music theory and clarinet. From beginners to advanced, for all ages. Please contact Ann Carroll on 083 275 7576, adrcarrol@gmail.com. www.touchwoodmusic.co.za

**SINGING LESSONS** from classical to contemporary, and musical theatre. All welcome. Contact Lynne Brown. 083 660 4749

### 13. Electrical

**Electrical Hardware @ Sedgfield H/Ware**

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**HEUNIS Plumbing, Electrical and PV Solar.** All Maintenance & Construction Qualified in both trades COC Certificates. Call 082 972 3911 manie.heunis@gmail.com

### 15. Employment Wanted

**Andy - Gardening 4 days.** 065 503 0503

**John - Gardener 3 days.** 065 503 0503

**Domestic**  
Anneh - 083 774 0992  
Grace - 063 253 9603  
Jane - 061 396 8591  
Lincey - 078 494 3118 Ref

**Gardening**  
Andy - 065 503 0503  
Gilharzi - 078 168 3672  
John - 065 503 0523  
Karim - 083 774 0992  
Simon - 073 446 0026 Painting

**Waiter / Barman**  
Fredrick - 062 295 5326

### 18. For Sale

**Honda 4,5kva. Petrol generator.** Hardly ever used. R7500.00 Call 079 085 3577

**Rust Stain Remover Fabric.** Various sizes available from Edge offices. Enq. Verity 076 619 3659

### 19. Home & Garden

**AQUAMAN POOL CARE Service**  
Maintenance. Pump Repairs. Call 044 343 3237 / 072 704 2872

## Position for the following available:

Full time Manager for a small events company based in Sedgfield.

### Requirements:

1. Transport to and From the Office, based in Sedgfield.
2. Proficient in English, Reading and Writing
3. Capable of using a basic Microsoft Office, Word, Outlook, Excel(basic)
4. Must have good communications skills, must be able to cold call customers about the business to connect new leads.
5. Responsible to find clients and promote the business

### Payment;

1. Basic transport costs (to be discussed with Management ) (please indicate on CV requirement)
  2. Basic Salary ( R4000.00)
  3. Commission based on 30% of Net income of each Month
- Send CV or Email regarding the requirements above to  
info@dancingleaf.co.za

**BEKARU TREE SERVICE.** 072 239 9067 Insured.

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**FOREST ROOTS - Organic veggie mix** ideal for raised beds and pots. 30L bag - R180. Please call 079 910 5398 www.forestroots.co.za

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**OUTENIQUA ORCHID NURSERY is open Wednesdays from 10-1pm.** Blooming orchids and potting medium for sale. We repot your plants. Now at 34 Napier Street, Blanco, George. 044-870 8150

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**TREE WHISPERER** Forest gardening, rehabilitation, tree planting, pruning, felling, clearing, chipping, pest control, protected tree permits, fire breaks, management plans and on site environmentalist. Contact : Hanno on 084 622 5654 or visit www.treewhisperer.co.za

### 20. Health & Beauty

**Aloe Ferox Products whole range** in stock @ factory prices. The Aloe Lady : 044 343 2214/ 071 362 0433 @ Wild Oats Market on Saturdays.

**Any problems with epilepsy or other disabilities?** EPILEPSY SA on 044 382 2155 or visit Off Rio Road, Knysna We can help!

**MMK Beauty, Aesthetic & Tattoo Studio.** Sedgfield house calls - many treatments on offer from micro needling/specialized facials. Tattoos, micro-blading, pedicure, lash lifts, tints, waxing (male & females). Please get in touch to find out what more we offer. Maryke 073 107 5523

**Sedgfield Pharmacy, Woodpecker Mail.** Tel 044 343 1628, Fax 343 1110. Mon-Fri 8am-6pm, Sat 8am-1pm, Sun & Pub Holidays 9:30am-12.

**Silver Scissors Unisex Hairstylists -** 21 Tiptol Street, Sedge. Tel 044 343 2112

### 22. Home Improvements

**BATHROOM GURU - All Bathroom Alterations.** Plumbing, tiling and all fittings, Walk in Showers, Specialised bathrooms for the aged and disabled. Call Anthony 074 708 4738

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### 27. Pets & Livestock

**All pet food or donations for Animal Welfare** 044 384 1603 to be dropped off at Simply Vets or Knysna Vet Clinic.

**Knysna Animal Welfare office** 044 384 1603 or emergency call 073 461 9825. (24hrs)

### 28. Plumbing

**Heunis Plumbing & Electrical.** All Maintenance & Construction Qualified in both trades COC Certificates. **Solar Geysers.** Call 082 972 3911 manie.heunis@gmail.com

**Klaus Schulz Plumbing.** PIRB Registered. Does all work personally. 044 343 2114/073 345 6110

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**Smith Plumbing** for personal service. Call Peet 084 889 2578

### 31. Security

**Alarm and Gate Batteries.** Tel 3431960

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### 32. Services Offered

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**COP- Community Orientated Policing.** Fighting Crime in Sedgfield. 074 506 7242

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**HUBBY'S FOR HIRE - Plumbing,** Refridgeration & Electrical. No job too small or big, from household appliances & plumbing to industrial appliances & plumbing. We cover the whole Garden Route discount given to big establishments - more than 6 units. Tyron & Michel 063 428 8862

**Karen's Holiday Home Management** while you are not at your holiday home, we will be! Regular monthly checks, reports on all aspects of your home Karefree Home Management. Call 072 586 1086.

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**SEBO Dry Carpet Cleaning.** Upholstery, Mattress, Car seats. Call Peter Hall on 061 560 8242. George to Knysna cleaning the Garden Route for 4 years plus.

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**SYLVIA'S FLOWERS** fabulous flowers for weddings, birthdays, special occasions, funerals. If it's flowers you need, we deliver! Call 081 824 7353

**TRANSPORT available** in Sedgfield and various areas around the Garden Route - Airports, schools, shops, clinics. Contact Barry - 072 507 5407

**We do Tree Felling, Trimming, Fire belts, Plot clearing.** Fully insured. Call Jack 4 quote @ 073 987 3701

## ESTATE NOTICE

In the Estate of the late  
**JOHN ROBERTON  
MCGREGOR**  
ID NO: 350225 5049 084  
who died on 7 May 2021

**Estate Reference:  
0161863/2021**

Creditors and Debtors are hereby requested to submit their claims and pay their debts within 30 (Thirty) days from Friday, **28 OCTOBER 2022**

**THE EXECUTOR  
C/O HAYCOCK ATTORNEYS  
P O BOX 879  
GEORGE 6530**



Attorneys, Conveyancers  
& Deceased Estates

**ESTATE NOTICE**  
Estate no 005845/2022

The First and Final Liquidation and Distribution Accounts in the Deceased Estate:

Full name: **Dorothy Dunbar**  
Surname: **Thomas**  
Identity No: **300524 0047 080**  
Last Address: **5 Sedgemoor Park, Flamingo Avenue, Sedgfield 6573 Western Cape**

will be open for inspection at the office of the Master, Cape Town, and the Magistrate's Court Knysna, for a period of **23 days** from the date of the publication of this advertisement.

If no objection is lodged with the Masters during this period, payments will be made in accordance with the accounts.

JORDAAN, VAN WYK ATTORNEYS INC.  
65 MAIN ROAD, SEDGFIELD, 6573.  
Email: estates@jvwlaw.co.za  
Tel: 044 343 2126  
Authorised Agent: Anton Jordaan



# PINK WALK for Breast Cancer



October month is Breast cancer awareness month around the world and it was no different right here in Sedgfield!

On Saturday morning over 200 amazing ladies, husbands, sons boyfriends and children came together at the Wild Oats market in support of this wonderful cause.

I'm sure for many of us there has been someone you know affected by Breast cancer and this walk was in support of those who didn't make the fight, those who are still going through the battle and those that are standing victorious today!

It was a very festive and colourful 4.5km walk around the Island and gave the Island an

extra shot of pink to brighten it up even more!?

Thank you to every person that came to support that special lady in their life who is battling breast cancer.

This day would not have been possible if it wasn't for some incredible people...

Firstly, Adele van Zyl... Adele has been through the breast cancer journey herself and every year she walks 300km in the month of October to raise awareness. The Pink Walk is her brain child, which we hope you will come and support every year as it gets bigger and better!

We also want to say a huge thank you to all the sponsors on the day...

Sedgfield Wimpy for the coffee vouchers, Herotel for making the halfway mark amazing, Oasis Water for keeping everyone hydrated, Sweet Mama for the yummy biscuits, The Cake Boutique for the delicious cake at the end, The Zumba Ladies for all your help and support setting up the venue and helping throughout, Wild Oats Market for providing our start and finish point and Tuchten Agencies Sedgfield... thank you for all the support- we appreciate it so much?



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# 2022 MATRIC FAREWELL



Matric Farewell 2022 - Emma Nyenge Pacaltsdorp High School.



Matric Farewell - Danelle Koen, Knysna High School on 14th October 2022.



Matric Farewell - Amorette Strydom Outeniqua High School on 8th October 2022



Matric Farewell - Suelene August, Knysna High School 14th October 2022.



Matric Farewell - Newtoné Jantjies, Outeniqua High School on 8th October 2022.

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### Applications are hereby invited by Knysna Municipality to apply for Seasonal Informal Trade Permits

The following sites are available for informal trading during the festive season from 1<sup>st</sup> December 2022 to 31<sup>st</sup> January 2023:

1. Sedgfield: The Mouth
2. Sedgfield: Myoli Beach
3. Sedgfield: Boat Launch
4. Sedgfield: Taxi Rank
5. Buffalo Bay: Beach Area (Only non-food items)
6. Buffalo Bay: Upper Parking Area
7. Buffalo Bay: Old Backpackers Parking Area
8. Leisure Isle - Green Hole
9. Leisure Isle - Bollard Bay
10. Brenton On Sea
11. Main Street Market
12. Cathy's Park

A limited number of trade sites are available at each of these areas and applications will be considered based on the merit of each individual application in line with the Municipality's By-law on Informal Trade. Seasonal Trade Permits cost R420 in accordance with Knysna Municipality's Tariff Policy.

APPLICATIONS MUST BE MARKED:

**"APPLICATION FOR 2022 SEASONAL INFORMAL TRADING PERMIT 2022"**

CLOSING DATE: 11 November 2022 CLOSING TIME: 13h30

**The successful applicants will be required to enter into a written contract and sign a code of conduct with the Municipality.**

APPLICATIONS MUST BE DEPOSITED IN THE APPLICATION BOX SITUATED AT:

**Knysna Municipality  
Economic Development Department  
2nd Floor  
3 Church Street  
Main Road  
Knysna  
6570**

Applicants should ensure that applications are delivered timeously to the correct address. No late submissions will be considered. The application box is open from 07h30 to 16h30 during weekdays Monday to Thursday and 07h30-13h30 on Fridays.

Application forms and maps with the Council approved trade bays at each of the areas can be obtained from the Economic Development Department at 3 Church Street or via e-mail to [spieterse@knysna.gov.za](mailto:spieterse@knysna.gov.za)

Applicants and members of the public are advised to peruse the Council's By-law on Informal Trade, which is accessible on the Municipal Website at <https://www.knysna.gov.za/wp-content/uploads/2019/08/Informal-Trading-By-law-8-Dec-2017.pdf> before submitting applications.

Applicants are at liberty, at any time during office hours, to obtain further details with regard to the procedure and Conditions for Application from the office of Mrs Sherylene Boonzaaier at 044 302 6360 or email [spieterse@knysna.gov.za](mailto:spieterse@knysna.gov.za)

**J JONKERS  
ACTING MUNICIPAL MANAGER**

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# THE EDGE ON HEALTH

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## HOW TO SPEED UP YOUR METABOLISM

There are several easy and effective ways to increase your metabolism, many of which involve making simple changes to your diet and lifestyle.

### How does metabolism affect your health?

Metabolism is a term that describes all the chemical reactions in your body that keep your body alive and functioning. Your metabolism is also responsible for converting nutrients from the foods you eat into fuel, providing your body with the energy it needs to breathe, move, digest food, circulate blood, and repair damaged tissues and cells.

However, the word "metabolism" is often used to describe your basal metabolic rate or the number of calories you burn at rest.

The higher your metabolic rate, the more calories you burn at rest. Many factors can affect your metabolism, including age, diet, sex, body size, and health status.

Several evidence-based strategies can help increase your metabolism to support weight management and overall health.

### Nine easy ways to increase your metabolism.

1. Eat plenty of protein at every meal.

Eating food can temporarily increase your metabolism for a few hours. The thermic effect of food (TEF) is caused by the extra calories required to digest, absorb, and process the nutrients in your meal.

Protein causes the largest rise in TEF. This is because dietary protein requires that 20 to 30 per cent of its usable energy is expended for metabolism,

compared to 5 to 10 per cent for carbs and 0 to 3 per cent for fats.

Eating protein has also been shown to give a greater sense of fullness and prevent overeating. Eating more protein can also reduce the drop in metabolism often associated with losing fat because protein helps prevent muscle loss, a common side effect of dieting.

### 2. Drink more water

People who drink water instead of sugary drinks are often more successful at losing weight and keeping it off because sugary drinks contain calories, so replacing them with water automatically reduces your calorie intake.

However, drinking water may also temporarily speed up your metabolism. Water can also help fill you up if you want to lose weight. Studies show that drinking water half an hour before eating can help you to eat less.

### 3. Do a high-intensity workout

High-intensity interval training (HIIT) involves quick and very intense bursts of activity.

If this type of exercise is safe for you, it can help you burn fat by increasing your metabolic rate, even after you've finished your workout.

To get started, choose a modality that you are already familiar with, such as biking or running.

### 4. Lift heavy things

Muscle is more metabolically active than fat. So, building muscle can help increase your metabolism to help you burn more calories each day, even at rest.

Lifting weights can also help you

retain muscle and counter the drop in metabolism that can occur during weight loss.

### 5. Stand up more

Sitting too much can negatively affect your health, partly because long periods of sitting burn fewer calories leading to weight gain.

If you have a desk job, try standing up for short periods to break up the length of time you spend sitting down. Try going for walks during the day or invest in a standing desk.

### 6. Drink Green Tea or Oolong Tea

Green Tea and Oolong Tea have been shown to increase metabolism and fat burning. These teas help convert some of the fat stored in your body into free fatty acids, which may increase fat burning when combined with exercise.

As they are low in calories, drinking these teas may be good for both weight loss and weight maintenance. It's thought their metabolism-boosting properties may help prevent a weight loss plateau in people who are losing weight that occurs due to a decrease in metabolism.

### 7. Eat spicy foods

Peppers contain capsaicin, a compound that can boost your metabolism.

Alone, the effects of adding spices to your food may be quite small, but it may give a slight advantage when combined with other metabolism-boosting strategies.

### 8. Get a good night's sleep

Lack of sleep is linked to a major increase in the risk of obesity, partly caused by the negative effects of sleep deprivation on

metabolism.

Lack of sleep has also been linked to increased blood sugar levels and insulin resistance, both of which can lead to a higher risk of developing Type 2 Diabetes.

It's also been shown to affect levels of ghrelin, the hunger hormone, and leptin, a hormone that controls fullness (satiety) which may explain why many sleep-deprived people feel hungry and may have difficulty losing weight when weight loss is their goal.

### 9. Drink coffee

Studies have shown that the caffeine in coffee can help temporarily boost metabolism. Like Green Tea, it may also promote fat burning.

If your goal is weight loss, several studies have found that coffee's effects on metabolism and fat burning may contribute to successful weight loss and maintenance.

### Does dieting affect metabolism?

Moderate weight loss can lower your metabolism and decrease the number of calories you burn at rest.

Resistance training and eating an adequate amount of protein can help preserve lean body mass during weight loss, which may be beneficial for maintaining your metabolism

### How long does it take to speed up metabolism?

The amount of time it takes to speed up your metabolism can vary based on many factors, including your diet, activity level and health status.

While it's not possible to "reset" your metabolism, there are plenty of ways you can increase your metabolic rate naturally.

Following a nutritious, well-rounded eating plan and getting plenty of physical activity is the best way to support a metabolism with health-promoting benefits. Other tips listed above may also be beneficial, such as staying hydrated, enjoying coffee or tea in moderation, and getting plenty of sleep.

Having a higher metabolism can help you lose weight and keep it off, if that is your goal, while also giving you more energy.

Source: We Care September.

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**1. Each Samurai Sudoku puzzle consists of 5 overlapping "classic" 9x9 Sudoku sub-puzzles.**

	8							3
3					8			
		1	9	7		6		
		7		1			5	
9	3	4			5			
8	1		2		9			
	6							

## SAMURAI SUDOKU

**2. Each 9x9 sub-puzzle must be solved according to the rules of Sudoku.**

						6		
		6	2				3	2
			3					9
1					6			
	4		5		3			1
	2	7	4	1				8
8					5	4		
		4	1			3	5	9
3			9					



## CHURCH SERVICES

**Afrikaanse Protastante Kerk**  
Cearn Saal, Leisure Isle, Knysna  
10am Service  
Christo Matthee 083 769 9313

**AGS Lighuis**  
Kontak : Kerkkantoor 044 382 6551  
Sekretaresse 072 189 0215

**Anglican Chapelry of St. Aidan's, Wilderness**  
Peter Mundell 060 985 9113  
or Paul McMillan 083 273 2601

**Anglican Sedgefield :**  
See St Francis and  
Church of the Resurrection

**Church of Christ**  
Lynn van der Walt.  
Tel: 076 068 2900

**Church of the Resurrection**  
Service 9am  
Petronella Buis 084 252 1698  
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**Elohim gemeente**  
Kerkkantoor: 082 896 6387  
Pastoor: Hansie Strydom

**Evangelisch-Lutherische  
Gemeinde Südkap**  
**Southern Cape Evangelical  
Lutheran Congregation**  
Rondeveihoopte  
Peter Lor 076 649 3050

**Knysna Presbyterian Church**  
Office 044 382 7722  
Rev Tim Hawkridge  
083 324 3562

**Lakeside Baptist Church**  
3 Duiwe Laan  
J D - 066 160 7029  
Sunday 9am

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DETAILS WE HAVE ON FILE.  
PLEASE SEND UPDATED  
DETAILS. THERE IS LIMITED  
SPACE SO PLEASE ONLY LIST  
THE TIME AND CONTACT No.

**Ned. Herv. Kerk Outeniqua**  
Telefoon: 044 - 8712125  
  
**New Apostolic Church**  
Enq: Anthony Davis - 083 641 5027

**NG Kerk**  
Sedgefield: 08.45am  
Karata: 10.30am  
Ds. Marius Coetzee 079 873 3832  
Kerkkantoor (044) 343 2033

**NG Kerk Die Vleie, Hoekwil**  
Ds. Dawie le Roux 084 532 9958  
Kantoor : 078 965 3651

**Pinkster Protestantse Kerk**  
Ouderling Jakobus Grootboom  
078 158 2042  
Chris Solomons 071 617 5630

**Sedgefield Christian Church**  
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Pastor Juan & Tammy Pienaar  
081 749 2534  
info@sedgefieldchurch.co.za

**Sedgefield Seventh-day  
Adventist Church**  
Ph 081 270 7212

**St Anthony's Catholic Church**  
Cnr Sysie / Flamingo Streets  
079 840 3383

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Sunday School - 09h30  
- every Sunday during school term.  
Cnr Swallow Drive / Pelican Lane  
All welcome! 044 3431702

**Suid-Kaap Christen Familie**  
Pastor: Leon & Elmarie Terblanche  
081 271 1551.  
Assist Pastor: André & Soné Rossouw  
072 341 7099

**Truth Centre Church**  
Dr Levaal and Ps Alicia Davis  
084 804 6558 or 078 992 4723

**Wilderness Christian Fellowship**  
Pastors: Chris & Trudie Smit  
044 877 0307 or 084 240 5414

## GOLDEN MOVEMENT SERVICE CENTRE

The Golden Movement Service Centre is a Karatara-based NGO geared towards helping the vulnerable in that community.

It started way back in 2006 when, through the Golden Games sports event for senior citizens, the Department of Social Development (DSD) gave young people the opportunity to work with elderly members of the Karatara Community. When Sandalina Africa realised this needed to be an ongoing effort, she created the Golden Movement Service Centre.

Since then, the organisation's vision has been to focus on the needs of the elderly and disabled and to assist with the creation of a safe and healthy environment for older and disabled persons. "Our mission is to promote the rights of the elderly so that they can, as far as possible, live an independent life, making informed decisions regarding their welfare and function for as long as possible within their community," says Sandalina.

In the beginning, she and other young people involved in Golden Movement had been given an intern contract for a year by the DSD, but when this contract ended, Sandalina decided to continue working with the elderly.

"For me, it was a calling from God. Not about making money, but about making a difference for the most vulnerable people in our community," she told us.

Sandalina says one of the key purposes of the service centre is to keep elderly people in the community busy. "DSD's vision is for the elderly not to have to go to retirement homes when they



*Sandalina dishing up meals for the elderly.*

are still capable of doing something for themselves," she explains, adding that thanks to the DSD, she had received the necessary training to become a leader and manager, with all the qualifications needed to run an NGO.

"I am a qualified early learning teacher, too," she enthuses.

And now, under the guidance of a full board, Golden Movement is taking its community involvement to another level, adding other vulnerable groups to the elderly they are already caring for.

"We are working to

accommodate everyone in need," Sandalina said. This includes providing food security and social activities for senior citizens, an Early Childhood Development program, counselling, testing and care for those infected and affected by HIV and TB, working with the disabled, and disaster management for the poorer areas.

The organisation already has a registered preschool, 'Fairyland', and provides three meals a day to a number of elderly folk.

## SEDFIELD BRIDGE CLUB

10 OCTOBER :

1 Bernard + Paddy 53.1%  
1 Jeannie + Mark 53.1%  
3 Irene + Linda 51.0%

17 OCTOBER :

1 Annette + Terry 57.6%  
1 Irene + Linda 57.6%  
3 Gail + Koos 55.5%

## Celebration & Novelty Cakes



WhatsApp message 0795173254 • kelstastycakes@gmail.com

## SEDFIELD LADIES' GOLF

Friday 14th October

Seventeen eager ladies arrived at Sedge Links to play a format we call "Evens". A game played using the normal individual Stableford point system but only counting the "even" numbered holes for the final score (holes 2,4,6,8 etc). - 1st Joclyn Fearon Marshall (23 points) 2nd Eda Greenway (22 points) 3rd Elize Mackenzie-Blom Nearest the pin 0-16 handicaps - Wendy Mack 17-23 handicaps - Clare Garner Birdies - Eda Greenway (5) Elize Mackenzie-Blom (6) Clare Garner (2) Daleen Schooling (11) Eleanor Sparks (14,15) Wendy Mack (11) Charlene Blacker (5)



Marina van der Westhuizen (12)

But the name in lights today has to go to Martha Smith for her fabulous hole in one on the 14th.

**CONGRATULATIONS** Martha, great shot and one to remember!

Golf reporting: Linda Evans

## T'ED'S BRAIN CRUNCHER

Across

1. Why give someone a scolding? (4,3)

5. Wealth a road offers one with the heart of a lion. (7)

9. Liquid assets stored for such a day. (5)

10. (see 26 across)

11. (See 23 down)

12. One inside 'vibe' chorused repeatedly, we heard. (4)

14. Could a collator be reassigned to work with us? (11)

18. Begging for caps! (2,4,5)

21. Right an imperial measure of one's float. (4)

22. Consuming coffee could make a fat cat feel bad. (10)

25. Does not stick to plans after chocolate is ejected from ice cream. (6,3)

26 & 10. Close to being criminally stupid? (5,2,7)

27. Revolutionary returned to despise an African hunter. (7)

28. Sheila's Agnes cuts out carb-loaded food. (7)

Down

1. Where Europeans had a post-battle vision. (6)

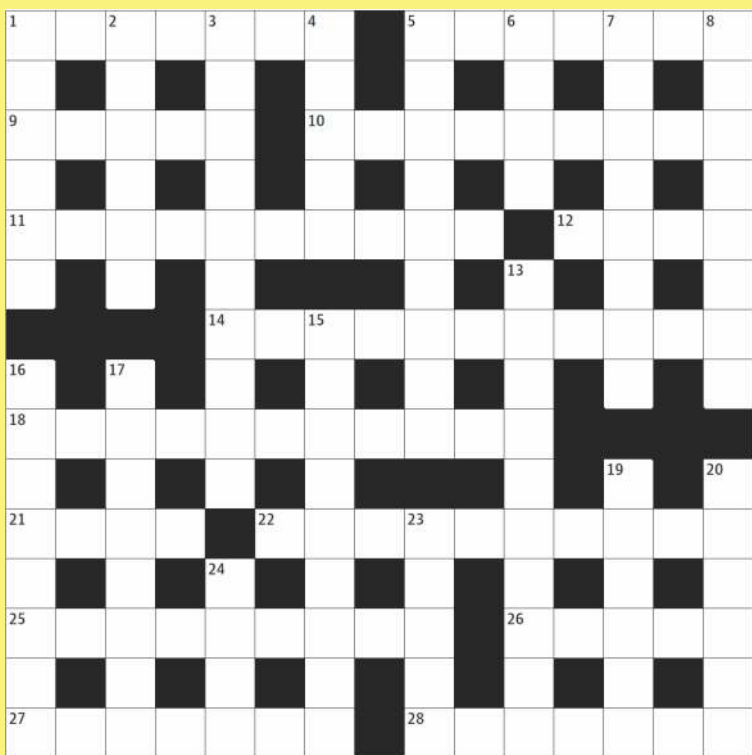
2. Lord Vadar is to cut membership of the elite. (6)

3. Zippy sort of bird wings it in baseball. (10)

4. Burn or turn onto a street. (5)

5. Justification behind the control of beer-flow. (9)

6. Note cheeky response from the one holding the paper. (4)



7. Take nothing from the avocado recipe at after dinner drinks. (8)

8. Chance upon the lady's secret identity. (8)

13. Terrible sales count against international offices. (10)

15 & 17. Prefer an old military man to a lover? Beware of burning desire! (4,1,4,2,1,5)

16. Have a bit of a laugh over a

Rolls Royce. If I can't start it - that's terrible. (8)

17 (see 15)

19. Tie up with part of the orchestra. (6)

20. Internally check level of negative audience response. (6)

23 & 11 across. A film depicting murderous magnetism? (5,10)

24. Five established in clothing. (4)

**Across:** 1. Raindrop 5. Shut up 9. Bemused 10. Invader 11. Swish 12. Gateshead 13. Preparations 17. Ash Wednesday 20. Lingering 22. Sense 23. Walloon 24. On a roll 25. Darken 26. Appendix **Down:** 1. Robust 2. Iambic 3. Discharge 4. Old Age Pension 6. Hives 7. To die for 8. Paradise 10. Interest Group 14. Translate 15. Wallowed 16. Chandler 18. Untold 19. Reflex 21. Erode



# THE SPORTS EDGE

NEXT EDGE: Wednesday 9 November 2022 - Issue 652

**PLEASE NOTE OUR DEADLINES**

(Careful, they tend to fly by VERY quickly)

**DISPLAY ADS:** Email to [editor@edgenews.co.za](mailto:editor@edgenews.co.za) by **3 November 2022**

**CLASSIFIEDS:** (stuff for sale, jobs, get-rich-quick schemes, secret treasure hints)

[accounts@edgenews.co.za](mailto:accounts@edgenews.co.za) by **Monday 7 November 2022**

**KINDLY NOTE:** Due to the epic craziness of life as we currently know it, The EDGE offices may not always be open. Please call 072 516 4701 if you would like to a) make sure we are here, or b) wake the guard-crocodile.

## Off the Mat

Sedge Bowling Club News



We have good and bad news – it's been a very eventful two weeks. Let's start with the good news.

We have two new Singles Champions.

Men – Winner Dan and runner-up Doug.

Ladies – Winner Rosalie and runner-up Sue.

Congratulations and well bowled to all four of you; it was fantastic to watch, and the spectators had a great time. (see photos)

And the bad news, oh dear! The Ryder Cup – Sedgefield & Plett played against Knysna & Leisure Isle (I must say it was a loaded side). The final score was 20/32.

Congratulations and well bowled to the winning sides (no sour grapes!)

### EDEN COMPETITIONS

The district fours is on the notice board; please enter your teams, closing date 2 November.



## LOCAL LAD EXCELS AT SOCCER TRIALS

Sedgefield was buzzing earlier this month, especially the fans and players of the Two for Joy Football Club. This when their up-and-coming soccer star Ayanda “Ronaldo” Mbem, zoomed off to Johannesburg to attend soccer trials which were part of an FNB Tournament. He was one of four youngsters selected to represent the Southern Cape in the tournament.

Ayanda's talents were further recognised when he was made team captain of the Eden Boys, and he certainly didn't disappoint. His team beat Thohoyandou Boys 3-1, then Maritzburg Boys 4-0. Overall they won four games and lost only two.

Though they lost to Kimberly in the semi-finals, Ayanda was the tournament's top goal scorer, his penetrating shots found the back of the net three times, and he was instrumental in the scoring of a further three goals.

Reports say that most of the scouts present made a point of chatting to Ayanda and making

a note of his details. They told him that they were very impressed with his performance and would be communicating with him in the near future through his team management.

Results from the trials will be officially posted at the end of November 2022 as the organisers want to give participants a chance to concentrate on their school exams.



“This is such a glorious opportunity for Ayanda and the other local boys,” said Maka Bukho, Development Secretary of Two For Joy FC. “They enjoyed themselves and gave their best performances.” Two For Joy Management wishes to send a warm word of

appreciation to the ‘Supporters motorcade’ and Sedgefield community for their contributions in terms of donations.

Contact Persons: CC K – 063 016 3899 (Development Chairperson)



### OTHER STUFF

A big thanks to Jan and Tim for our super new solid wood tables for outside our braai area; they look great and the members will certainly enjoy using them - no more rickety plastic table.

**PROTEA CUP – 10 November** – Still looking for teams; the list is on the notice board.

### WILDERNESS BOWLING CLUB VISIT

Jerry has organised a visit from them on Sunday, starting time 9:00 for a 15-end game followed by a bring and braai. It's a long time since we had visitors - so please support the day.

All for this week – stay safe - Covid is still around.

Nearest the kitty

## SEDFIELD GENTS' GOLF

13/10/22

It's amazing to see how a change in the colour of a golf ball can dramatically change the behaviour of golfers on a course. The day's competition was a pink ball alliance, with the pink ball counting double points. Usually, when a player has hit a bad shot and cannot immediately find his ball, his playing partners will sidle up and make a perfunctory attempt at helping him find it. Not so in this competition. If the pink ball goes missing, there is a frantic team effort to relocate it for fear of the team missing out during the wine allocation at the end of the day's play. This, however, does not always take place. For instance, nobody went to Steve Blom's aid when he was waist-deep in water, feeling for the ball with his feet or when Len Moulton climbed through the fence and caused a traffic jam on the N2 as he went in search of his errant strike. And then there was Ian Wright castigating his playing partners for not playing as well as he did, even though the pink ball was handed in after the day's play.

For interest' sake, the winners were Mike Hubberstey, Trevor Pahl and Wynand du Preez, with a total of 129 points. They were followed by Jan Potgieter, Koot Viljoen and Malcolm Goldhill with 127.

20/10/22

It is rumoured that the dinosaur replicas at the western entrance to Sedgefield are symbolic of an average fourball from the Gentlemen's Club. This is hotly disputed as no dinosaur could be as slow as some fourballs in this group, and many are certainly better looking.

It was beautiful weather for the day's Individual Stableford competition, and the winning dinosaur, sorry, golfer, was Bill Craig, who, happily, has improved his putting ability, with 39 points. He was followed by Terry Savage, who admitted that his handicap needs to be cut by at least four, with 38. The third person to happily collect wine was Des Munro, with 36. This after his attempt, which narrowly failed two weeks previously, to play the most shots on a hole. A great recovery. Hans Anema and Koot Viljoen closely followed with 35 points each.

**PLEASE SEND YOUR SPORTING RESULTS OR ACHIEVEMENTS TO [editor@edgenews](mailto:editor@edgenews) for publication before 07 November 2022.**

**Please keep sporting editorial brief in order to enable us to include everyone**

## LOCAL TENNIS NEWS

### SEDFIELD TENNIS CHAMPIONSHIPS

**Play will commence at 10.00am on Saturday 29 October, with men's and ladies singles finals, followed by the men's and ladies doubles.**

Mens Singles : William Rhodes vs. Hennie Louw  
Ladies Singles : Carol Elion vs. Anita Flockhart

After a short lunch break the mixed doubles will commence. Boerie Rolls will be available for all members after the prize giving. Visitors are most welcome to join us on Saturday in what is expected to be a fun day of tennis of the highest standard

**Fresh Local Oysters**  
**Seafood Steaks**  
**Pizzas & Pasta**  
**Gourmet Burgers**



**Weekly Specials**  
**Lagoon View**  
**Cozy Fireplace**  
**Fully Licenced**

**071 433 6354**  
**7 Flamingo Avenue, Sedgefield**  
**(opposite the Library)**

## TIDE TABLE

26 Oct - 08 Nov 2022

● Full Moon 8 November 2022

Wed Oct 26 2022  
low tides 09:46 22:17  
high tides 03:54 16:01  
sunrise 05:35 sunset 18:52  
moonrise 06:07 moonset 20:10

Thu Oct 27 2022  
low tides 10:18 22:51  
high tides 04:28 16:36  
sunrise 05:34 sunset 18:53  
moonrise 06:44 moonset 21:21

Fri Oct 28 2022  
low tides 10:54 23:28  
high tides 05:04 17:14  
sunrise 05:33 sunset 18:53  
moonrise 07:28 moonset 22:32

Sat Oct 29 2022  
low tide 11:34  
high tides 05:44 17:56  
sunrise 05:32 sunset 18:54  
moonrise 08:20 moonset 23:40

Sun Oct 30 2022  
low tides 00:09 12:23  
high tides 06:30 18:47  
sunrise 05:31 sunset 18:55  
moonrise 09:22 moonset -

Mon Oct 31 2022  
low tides 00:58 13:33  
high tides 07:32 19:58  
sunrise 05:30 sunset 18:56  
moonrise 10:29 moonset 00:40

Tue Nov 01 2022  
low tides 02:15 16:02  
high tides 09:19 21:57  
sunrise 05:29 sunset 18:57  
moonrise 11:40 moonset 01:31

Wed Nov 02 2022  
low tides 04:51 17:53  
high tides 11:20 23:45  
sunrise 05:28 sunset 18:58  
moonrise 12:50 moonset 02:13

Thu Nov 03 2022  
low tides 06:16 18:51  
high tide 12:25  
sunrise 05:27 sunset 18:59  
moonrise 13:58 moonset 02:49

Fri Nov 04 2022  
low tides 07:04 19:33  
high tides 00:48 13:11  
sunrise 05:26 sunset 19:00  
moonrise 15:04 moonset 03:21


Sat Nov 05 2022  
low tides 07:42 20:09  
high tides 01:33 13:50  
sunrise 05:25 sunset 19:01  
moonrise 16:07 moonset 03:49

Sun Nov 06 2022  
low tides 08:15 20:41  
high tides 02:11 14:24  
sunrise 05:24 sunset 19:02  
moonrise 17:10 moonset 04:17

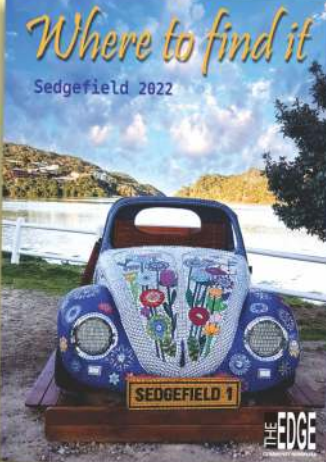
Mon Nov 07 2022  
low tides 08:44 21:11  
high tides 02:46 14:58  
sunrise 05:23 sunset 19:03  
moonrise 18:13 moonset 04:45

Tue Nov 08 2022  
low tides 09:13 21:40  
high tides 03:20 15:30  
sunrise 05:22 sunset 19:04  
moonrise 19:16 moonset 05:14

**ISN'T IT TIME YOUR BUSINESS GOT ITS PIECE OF THE PIE?**



**Where to find it**  
Sedgefield 2022



The EDGE Team is currently working on the 2023 "Where To Find It" Business Directory, due for distribution in early December this year.

All businesses are listed **FOR FREE**

Every home and business gets a copy **FOR FREE**

Accommodation establishments get one for each room **FOR FREE**

For display advertising options please call Joy 082 389 2024  
Booking deadline 14 October.

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