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LLEWELLYN FLYING HIGH!

Our local acting protégé Llewellyn Bond has done it again – winning ‘Best Actor’ at the annual DCAS (Department of Cultural Affairs and Sport) Theatre Competition held at the Baxter Theatre, Cape Town, on 25 February. Furthermore, his Knysna drama group ‘Art Attack’ scooped ‘Best Production’ for their show, ‘Delwersdorp’.

For the first time since 2020, this theatre competition was a combined event for the districts of Eden and The Winelands.

Llewellyn (22) has won the Best Actor accolade no less than five times in a row and is over the moon to share his glory with long-time mentor, friend and fellow actor Samuel Jamut, who has gone on to shine in the realm of theatre direction.

The young men say that special mention must also be made of Michaela Whaites, the scriptwriter of ‘Delwersdorp’, who is another Garden Route success story in the world of theatre.

The trio started out together, and each one of them looks set to move on to greater things.

The play, ‘Delwersdorp’, is based in the 1930s. It is a fictional story of two brothers who grow up to be miners, following in their father’s footsteps. Bond’s lively depiction of the older brother stands as a catalyst for the events that unfold within the home of a family with an absent father.

This award-winning show will go on to participate in the Zabalaza Festival on the 25 March – also at The Baxter.

Bond is now a well-rehearsed, professional actor who rose to TV fame in the television series ‘Suidooster’. Indeed the grapevine hints that he has creative projects in the pipeline for both stage and screen, so be sure to watch this space as we follow the upward trajectory of this incredibly talented and focused young man.



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SONGLINES SCORE ANOTHER VICTORY

Local adventure racing legend John Collins and his Songline teammates Kelvin Trautman (Captain), Tim Chambers and Tracey Campbell have not lost any momentum as they head towards the Adventure Racing World Champs in Cape St Francis later this year. On 26 February, they took first place in the Expedition Africa 200km Mnweni (Drakensburg) event.

Here is their team’s race feedback.

It took 28 hours for the team to trek, ride and paddle the 200km course through the lush valleys and lofty peaks of the Mweni area in the Northern Drakensberg.

“It was lovely to be reunited with the South African Adventure Race community again this weekend, and so good to clear the race cobwebs. Our navigation was a little rusty, and the long treks in the big mountains definitely tested the early season legs. We also tested a new team combo this race, with Tim Chambers filling in for Lance, who is currently on an overseas work stint. Tim is a pedigree athlete and champion orienteer, so it was real added value having him join the team. We now look forward to the next 200km race in Hermanus in March and the exciting prospect of racing an expedition race in Croatia in May against some of the top AR teams in the world.”



Picture by team photographer @mattbouch

John and Tracey ford a fast-flowing rapid in the Expedition Africa 200km Mnweni AR event.

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Notes from T'Ed's

Is this going to be the full argument? Or is this merely a preliminary argument, a curtain-raiser, if you will, to the main event?" I asked Mrs Ed ... telepathically... from a safe distance.



Yes. I do tend to ensure there is a fair number of metres between Mrs Ed and myself before I allow anything she might consider offensive to cross my mind, simply because she has that unique ability to not only know what I am thinking but also determine that whatever it is, I am wrong, and furthermore, what on Earth was I thinking, thinking I could even think about having such thoughts?

Yes. I think I need to lie down too.

As I may have mentioned before, Mrs Ed and I tend to have the occasional heated tête-à-tête. Not many because, well, quite frankly, I am not very good at it.

Not good at all.

Indeed you would think that by the time I became *Of Grandpa Age*, I would have got so much better at the art of arguing – having had so much practise over the years. But sadly, that hasn't happened.

Because the rules keep changing.

And before you form an orderly queue outside The EDGE offices to register a complaint about the unforgivable crime of 'Subject Repetition' (please write your grievances down on the back of a blank R200 note and slip it in the box marked 'Complaints'), I do realise that I have touched on this topic before. However, it is worthy of that extra touch because it still baffles my embattled brain to bewilderment.

Just when I think I have the hang of *"How to Survive An Argument With Your Wife"*, the rule book is rewritten, and once again, I find myself back at the very beginning of Chapter 1. Which, if you must know, simply reads, "Just don't."

You see, those of you who were concentrating may be able to recall that when I last covered the subject some years ago (though I still have the bruises), one of the

most effective winning methods found in *Mrs Ed's Compendium of Successful Argument Tactics* was *'The Switch'*. Invented even before Mrs Ed was born (which was sometime between the Ice Age and The Rinderpest), this has been honed to perfection over the centuries as it is passed down from mother to daughter.

It was originally concocted by one Elizabeth (Betty) Loozes, who decided that the first decree listed in the Queensbury Rules of Argument – To wit, *"The person who is right wins, and the person who is wrong doesn't"* – was unfair.

"This flies in the face of Standard Marital Practices," she told the suddenly somewhat befuddled headman of the Queensbury Village, "The person who is wrong," she argued, "Should be able to change the subject until she is right."

In all fairness, the old fellow did not actually rule on this. Instead, he refused to make a decision and, claiming Beethoven's fifth, rode back to his primitively thatched cottage to watch sport, so nobody knows who won the case.

An example of *The Switch*, you suggest. Well, that is rather forward of you, but don't worry, I can pull a few out without even thinking very hard:-

She:- "SLOW DOWN! You are driving too fast! We are going to get a fine!"

Me:- "Huh? What do you mean? Look – that sign says 100. And that's how fast I am going...."

She:- "Well, if you had gotten the air conditioner fixed when I told you, I would be able to

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concentrate."

How cunning is that? I would say brilliant if it weren't so nefarious.

And then there's....

Me:- "You left all the house lights on again, and the tumble dryer, and the heater, and the fan, and the heated rollers, and the hot blanket! Why do you always do that?"

She:- "Well, do you know how often Frank takes Agatha out for dinner? More than once a decade, that's for sure...."

The Switch – so brilliant that it will catch you at the finish line and cut you off at the knees before you can even cross it, never mind the 'lap of victory' you were considering.

And now, just when I thought this was as cunning as it could get, I find I am faced with a new release from the argument-winning arsenal.

I call it *The Escalation!*

This argumentally (that's a word I just made up – but it works) lethal method is the latest upgrade of *The Switch*, adding to it two more members of Mrs Ed's winning weaponry:- *The Memory-Bank Withdrawal* and *The Argument Agility Factor*.

It is devastating – the recall of arguments past, present (and sometimes even future) with pinpoint accuracy combines with the agility to flit hither and thither between them all with such nimblidity (sorry – the word factory is busy today) the 'arguee' does not know whether he's Arthur, Martha or Andre de Ruyter.

Me:- "Sooooo ... you do realise you were in the supermarket for ... like ... three gazillion hours ... while I was sitting in the car ... in the sun ... without my book ... or my phone...?"

(Ladies and gentlemen, it looks like T'Ed is on a definite strong run here, heading for the try line with no real opposition from the other team)

She:- "Well, I had a lot to get. And there's a sale on the clothing side ... and it's not THAT hot."

Me:- "It's midday, mid-February, and you said two minutes. TWO MINUTES. You said ALL YOU HAD TO GET WAS MILK?"

(Yes, T'Ed is definitely on target to get enough points on the board for an out-and-out win, folks. Nothing to stop him now. There are only seconds left in this match, and victory is in sight. Mrs Ed obviously has nothing....)

She:- "Well, this is just perfect! I can't believe you can say that! Remember what I said in Harare, at that fete we went to just before your 27th birthday, when I bought that hat? And YOU told ME it was ABSOLUTELY FINE that time. You even APOLOGISED in the end. REMEMBER THAT?"

(Well, folks, that was an impressive surprise manoeuvre right from out-of-play, and suddenly Mrs Ed seems to be gaining some traction ... I see T'Ed has developed a slight limp and ... yes, the ref has signalled five minutes of extra injury time....)

She (again) :- "You are just so typical! There's Frank taking Francine on their THIRD holiday overseas, their THIRD, and you haven't even phoned the municipality about the septic tank!"

(Well, this is a really clever play, folks – a whole new style, and boy, is it paying dividends for Mrs Ed. Are we seeing a complete turnaround of this game? I gotta say it - T'Ed is looking somewhat dazed, and someone has added another 20 minutes of extra injury time onto the board.)

She (oh my goodness, a third time):- "And after all those beers you drank at our son's

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graduation, you would think you would cut me a little slack. But no, it's like the 2003 preschool fender-bender all over again. I just wanna cry!"

(That's it, viewers! Amazing play from Mrs Ed, and the final whistle is blown as she pulls victory from the jaws of defeat. We'll play that last move again, in slow motion, as T'Ed walks off the field, shaking his head in disappointment. He must realise he's not playing in any namby-pamby argument league here. He needs to take his game plan back to the drawing board.

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In fact, I would go as far as saying,

He'd be mad if he didn't!

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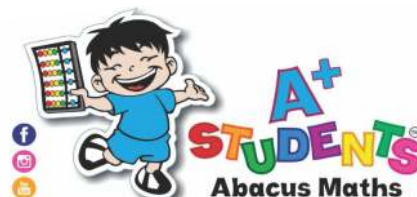
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This extra-curricular programme is led by Ms. Debbie Weideman, whose expertise and enthusiasm ensure that our students in Sedgefield will be excited to learn maths like never before!

To support our students' learning and help them develop their maths skills, we encourage you to have a chat with Debbie today to find out more about how the A+ Students Abacus Maths can help your child achieve their full potential. You can contact Debbie directly at 072 720 7706.

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REVIVE SEDGEFIELD OUT & ABOUT



...even in the pouring rain!

REVIVE SEDGEFIELD was officially launched in August 2022, and since then, their team has revived many spots in and around town. Projects include the renovation of numerous pillars, restoring the gardens at the Library, Community Hall and various other public spaces, landscaping areas for local businesses, a Beach Spring Clean, a tree planting ceremony at Sedgfield Primary School in Smutsville, a Festive Spirit initiative, cleaning up around the trees that line the main road and a Pavement Proud Project.

The most recent project is the restoration of the local Police Station, which will be completed in three phases, the gardens, the fencing and the actual building. Permission has been obtained to

Nothing could dampen the spirits of the dedicated REVIVE SEDGEFIELD team as they recently met for an inspection visit at the circle! Plans are afoot to transform the circle into a magnificent landmark for Sedgfield.

restore the Post Office, which desperately needs a fresh new look and a lick of paint. The Sedgfield Lions will be partnering with Revive Sedgfield on this project.

The community of Sedgfield have been extremely supportive, and numerous residents have committed to helping with watering and maintaining gardens. "The Revive Sedgfield team has plenty of fun, and they thoroughly enjoy seeing the difference their efforts are making to our town. Anyone is welcome to join in. The more, the merrier!" says Christopher, who oversees the branding and social

media on behalf of the team.

They are excited about transforming The Circle, a central landmark in the village. This project has required plenty of careful planning and the assistance of various departments and authorities. Revive Sedgfield is entirely dependent on donations and sponsorships, so a few fundraising events have been held; these include a wine-pairing evening, a golf day and a collection at Wild Oats Market. Anyone wanting to assist can send an email requesting information to revivesedgfield@gmail.com

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Any way the wind blows.....

Bowling is the favourite pastime of many local sportsfolk, and the Pick n Pay team were more than happy to provide Sedgfield Bowling Club with two branded windsocks for the local greens. Here, a delighted Charles Fontini of the Bowling Club receives the sponsored windsocks from Store Manager Tjaart van Aswegen.

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BREEDING COLONIAL WATERBIRDS CAUSING HUMAN-WILDLIFE CONFLICT



The recent illegal cutting of Blue Gum tree branches housing a heronry of breeding birds has again highlighted this situation. The birds were disturbed and stressed, and many chicks which fell to the ground are unlikely to survive. The birds have been roosting and nesting over the past few months and are now well into the breeding season.

All trees on pavements are the property of the Municipality, whether a resident planted them or not. Alien species over 20 years old are also protected by law. Residents may approach the local authority for advice and to request their trimming or removal. Breeding sites are often located in urban environments close to human habitation and can result in conflicts between residents,

land owners and managing authorities, with often inappropriate interventions being undertaken.

In South Africa, wildlife is protected by national and provincial nature conservation ordinances or acts.

Across all provinces, it is against the law to disturb any breeding species (i.e. have eggs or chicks). Should intervention be necessary, this should take place under a permit issued by the provincial conservation authority and follow any explicit conditions laid down in the permit. Any unlawful activities are subject to a fine or prosecution. All the birds nesting in this heronry are protected by law.

Residents should report any



Goliath Heron by Mary Hunter

problems relating to nesting birds to the relevant conservation authorities. The Environmental Officer at Knysna Municipality will then coordinate any further action. The Municipality will mitigate any smell of guano by spreading fresh bark and regularly spraying with pine-scented gel under the trees.

The sight of a flock of herons coming in to roost at sunset is wonderful. This year we had the magnificent Goliath Heron visiting. Put into perspective, the breeding season is not that long. What would our island look like denuded of trees and birds?

The Bird Island, at the causeway, continues to attract birds, albeit slowly. This was erected to try and alleviate this conflict and provide a haven for the birds.

Seahorse Rescue in Swartvlei Estuary

By Mark Dixon

Following the breaching of the Swartvlei Estuary mouth on 20 February, the citizen science Seahorse Rescue and collection project organised by SANParks - Garden Route (Tsitsikamma, Knysna & Wilderness) National Park provides the perfect opportunity to gather data not only about the Seahorse population in the estuary but of other species too.

Seahorses and pipefish get stranded when the water level drops after the mouth is breached



because they retreat into the algal growth and get trapped.

While searching for seahorses and pipefish, it was encouraging to see the abundance of fingerlings and recently hatched fish in the shallows and the remaining algal mats, demonstrating the ecological value of the estuary as a nursery for fish stocks in the region.

The seahorses and pipefish collected were separated into live

and dead samples. The live seahorses and pipe fish were returned to deeper waters in the estuary. The dead samples will be used for growth analysis and population dynamics to assess the state of the populations of the individual species and formulate conservation strategies for the future.

Thanks to the volunteers who took part in this important project.

POOCHES, PURRERS AND PRIZES

by Melanie Baumeister

On Friday, 3 March, Pooch ‘n Purrers groomers held a little competition, for furkids, at the Night Market.

The lucky winners in the draw were Shannon and Bullet! The prize included a wash, cut and blow at Pooch & Purrers, a voucher for Jayne’s Dog Treats and cake and cappuccino from Etc.

The proceeds generated by this fun event were donated to SAM.



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TENDER NO: T 46/2022/23:
PROCUREMENT OF TRANSACTIONAL ADVISORY SERVICES FOR KNYSNA LOCAL MUNICIPALITY FOR A PERIOD OF THREE YEARS (3)

Knysna Municipality invites tenders for the PROCUREMENT OF TRANSACTIONAL ADVISORY SERVICES FOR KNYSNA LOCAL MUNICIPALITY FOR A PERIOD OF THREE YEARS (3).

Tender documents must be downloaded from the Knysna Municipality website: www.knysna.gov.za at no cost. Website navigation is as follow: Do Business – Bidding Opportunities - Tenders – Current Tenders.

Technical enquiries relating to the tender documents may be addressed to: Mr. Mpumelelo Nzuzo, email: mnzuzo@knysna.gov.za

The closing time for submission of bids is **12h00 on Wednesday, 26 April 2023**. Bids must be sealed in an envelope clearly marked with the bid number and title given above, and placed in the **bid box at the Supply Chain Management Unit, Finance Building, Queen Street, Knysna**, on or before the mentioned time and latest date. Telephonic, facsimile and late bids will not be accepted. Bids must remain valid for a period of ninety (90) days after the closing date of the bid.

Bids will be opened on the same day at the Supply Chain Management Section at 12h05. Late or unmarked bids will not be considered.

Bids may only be submitted on the bid documentation that is issued.

Bids will be evaluated according to the **80/20 and 90/10** preference points system. The bids are subject to the Council Supply Chain Management Policy, Preferential Procurement Policy Framework Act, 2000, and the Preferential Procurement Regulations 2022.

A maximum of three (3) advisors will be appointed and only responsive bidders will be considered. Further information on the evaluation process is detailed in the tender documents.

The Municipality reserves the right to withdraw any invitation to bid and/or re-advertise or to reject any bid or to accept a part of it. The Municipality does not bind itself to accept the lowest bid or to award a contract to the Bidder scoring the highest number of points.

NO BIDS WILL BE CONSIDERED FROM PERSONS IN THE SERVICE OF THE STATE AS DEFINED IN THE MUNICIPAL SUPPLY CHAIN MANAGEMENT REGULATIONS (GOVERNMENT GAZETTE NO 40553 DATED 20 JANUARY 2017).

Further requirements for sealing, addressing, delivery, opening and assessment of bids are stated in the Tender Document.

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TENDER NO: T 44/2022/23:
SUPPLY AND DELIVERY OF STATIONERY & OFFICE SUPPLIES FOR A PERIOD OF 18 MONTHS

Knysna Municipality invites tenders for Supply and Delivery of Stationary & Office Supplies for a period of 18 months.

Tender documents must be downloaded from the Knysna Municipality website: www.knysna.gov.za at no cost. Website navigation is as follow: Do Business – Bidding Opportunities - Tenders – Current Tenders.

Technical enquiries relating to the tender documents may be addressed to: N. Khonzani, email: nkhonzani@knysna.gov.za

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Bids will be opened on the same day at the Supply Chain Management Section at 12h05. Late or unmarked bids will not be considered.

Bids may only be submitted on the bid documentation that is issued.

The evaluation of this bid will be subjected to functionality scoring. Tenderers must achieve a minimum qualification score of **20 out of a possible 30** for further evaluation. The qualifying criteria and weighting is set out in the tender document.

Bids will be evaluated according to the **80/20** preference points system. The bids are subject to the Council Supply Chain Management Policy, Preferential Procurement Policy Framework Act, 2000, and the Preferential Procurement Regulations 2022.

The Municipality reserves the right to withdraw any invitation to bid and/or re-advertise or to reject any bid or to accept a part of it. The Municipality does not bind itself to accept the lowest bid or to award a contract to the Bidder scoring the highest number of points.

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With the opening of the Sedgefield branch of Spec-Savers Optometry & Audiology at the Spar Centre, Audiologist Michelle Ash is delighted to offer this combined service to locals, young and old.

"It has been my long-time desire for hearing health care to enjoy the same widespread acceptance as the field of optometry. Spec-Savers has been a trusted South African-owned brand for over 30

years and now offers holistic health care to the public by providing both hearing and optical health care."

"I'm excited to partner with Spec-Savers and believe the 'EYE-EAR' partnership will help lift the stigma of hearing loss and hearing aids, making hearing health care accessible to all South Africans and growing the profession of Audiology in our country. Hear! Hear!"



Meet the Team above from left to right: Priscilla Meine, Michelle Ash, Marilugh Minnie and Lize-Mari Bergstrom.

TURTLEY AWESOME!

by Melanie Baumeister

On Tuesday, 28 February, Fynbos on Sea hosted the turtle rescue awareness team from Two Oceans Aquarium in Cape Town. Mention must be made of Mark Dixon and the Strandloper project as they are the networking point and the people facilitating talks to inform.

Talitha and Tracy spoke to almost 100 wrapt attendees, who undoubtedly left better informed. We learned, for example, that there are only seven turtle species in the world, and five of them occur along our South African shores. Only two of them nest on our coastlines, not here on the Southern Coast, though, as it is too cold. However, they wash ashore here, specifically the Loggerhead and Leatherback turtles.

The crux of the matter is, should you come across a stranded baby turtle whilst walking on the beach, whether it is dead or alive, please take note and report it to this number: The Rescue Hotline 083 300 1663.

If the little turtle is still alive, please scoop it up in a two-litre ice cream container lined with something soft and take it to your closest networking point: Mossel Bay, Wilderness, Sedgefield, Knysna and Plettenberg Bay all have people on standby that will get the tiny herpetoidal patient to Two Oceans Aquarium in short order ensuring the survival of the species.

By reporting each sighting, we can also contribute to data gathering and information that will greatly help in the future if we want to preserve our marine life intelligently.

Baby turtles belong in the ocean, and if they do end up on the beach, know that they are most likely severely dehydrated, malnourished and compromised by plastic pollution. As 'scientist citizens', we can all work as part of this global network solution.



Rosie Niemand and Nathan Colloty representing the Seabridge students who make our environment and local coastlines a priority in their quest for academic knowledge.

Founder's Day parade in Sedge

by Melanie Baumeister

On Saturday, 25 February, 1st Sedgefield Scouts hosted the Outeniqua and Eden District Scout's annual Founder's Day Parade. The circular route took the scouts from the Lions Clubhouse to the Main Road, along Swallow Drive and Kingfisher Drive and back to the clubhouse, where they continued their celebrations in honour of Lord Baden Powell, the man who established the movement over 100 years ago.

More than 100 Meerkats, Cubs, Rangers, Scouts and their leaders came from Mossel Bay, George, Oudtshoorn, and Knysna to parade through Sedgefield. Bearing flags and looking dapper in their uniforms, woggles straightened, and scarves expertly folded to best effect, those taking part were heralded by a cadre of police vehicles, twenty junior law enforcement cadets, and our local fire engines.

Congratulations must go to all involved, especially the amazing little troupe of 1st Sedgefield Scouts, who make us proud to be a part of a community that serves and helps in every way it can.



CHOOSE PROPERTIES

Wilderness - Nature Estate
Pieter Griessel

EXCLUSIVE MANDATE

Cola Beach
Almarie Mead 078 223 1393

SOLE MANDATE

Groenvlei
Peter Hall 061 560 8242 / Peter Ballan 083 870 7665

OPEN MANDATE

Cola Beach
Peter Ballan 083 870 7665

DUAL MANDATE

The Island
Bryan Eatwell 083 449 5980

Web ref: 1112007731

R7 800 000
3 Beds | 3 Baths en suite | 2 Garage

Web ref: 110192212

R6 345 000
5 Beds | 4 Baths

Web ref: 1112322034

R2 800 000
3 Beds | 2 Baths | 1 Garage

Web ref: 111240729

R5 100 000
4 Beds | 3 Baths | 2 Garages

Web ref: 112369135

R4 850 000
Waterfront Property

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www.chooseproperties.co.za

PICK N PAY EAGLE STARS MODELLING SHOW

On Friday, 3 February 2023, Sedgefield Pick n Pay Eagle Stars Rugby Football Club held their Mr & Miss Eagle Stars modelling show in Smutsville. The show was held to raise funds for the club for the upcoming season.

The rugby season officially starts on 18 March 2023. Sedgefield Pick n Pay Eagle Stars will participate in the First League A competition under SWD and face Spring Roses from Oudtshoorn in Sedgefield.

The modelling show's contestants included nine ladies and six gentlemen vying for the crowns of Mr & Miss Eagle Stars 2023. The event was held in Smutsville Community hall, which was packed with all who came to support the club and participants.

The participants were brilliant and gave their all. It was, however, young Waiden Jacobs, aka Brother, a surprise contestant for the crown of Mr

Eagle Stars, who got the crowd on their feet.

The winners were:
Mr Eagle Stars 2023
- Junaid Ruiters
1st Prince - Almer Jones
2nd Prince - Gerswin Dirk

Miss Eagle Stars 2023
- Verne van Rooyen
1st Princess - Gavedene Louw
2nd Princess - Mandy Saaiman

The club wants to express its heartfelt thanks to the following sponsors who made the show possible by donating prizes: Back2Gas, Biltong Warehouse Sedgefield, La Gracia Beauty, Wilderness Hydro Spa & New Attitude Hair Salon.

The club is still open and welcomes all who want to be part of it in any form. Please contact the chairperson, Renwill Hardnick, 082 340 8010, or the secretary at clem.vanwyk@gmail.com.

Sedgefield Eagle Stars

DIARY DATELINE

Every 2nd Monday

2pm Sedgfield Art Society meets at the Catholic Church. New members welcome. Colin Burgess 082 852 2586

Every Monday

1:30pm Duplicate Bridge at Catholic Church hall. Enquiries (Whatsapp) to Toni 0722465024.

Wednesdays

8 for 9am Golf Day @ The Links. All members welcome.

8am - 12. Midweek Village Market at Mosaic.

5:30pm Sedgfield Striders Walking / Running time trials on road adjacent to Bowls Club. Beginners welcome.

Thursdays

6:30am Eden Cycling Club Group Social outside departs Cycle Worx. All welcome.

8 for 9am Sedge Gentlemen's Golf @ The Links

12:30pm Social Bridge School at Tiffany's. All levels welcome.

Lessons 12:30, Play from 13:45. Enquiries: Gail 0834577647.

13:15pm Bowls. Tabs in

Fridays

8am Ladies Golf @ Links Course

Saturdays

6:30am Eden Cycling Club Group Social outside departs Cycle Worx. All welcome.

8am-12 Wild Oats Community Farmers' Market

8 for 9am Saturday Competition Golf @ Links Course

8am-2pm Mosaic Market

8am-1pm Scarab Craft Market

13:15pm Bowls. Tabs in

Sundays

7am Eden Cycling Club Group Social outside departs Cycle Worx. All welcome.

Sunday 12 March

8am-12 Car Boot Sale at Steam Whistle Stop. 072 487 0395

Should your association, charity or group have any forthcoming events, please send us details so that we may publish them in our next issue!

JOURNALIST PUBLISHES BOOK ON GRIEF

George-based journalist, editor and communication specialist Athane Scholtz has just published her first book, Peace in Grief.

Athane was married to well-known media photographer Desmond Scholtz who died of COVID-19 in July 2021. Their daughter, Emma, was 17 and in matric, and their son, Nathan, was 14 and in Grade 8 at the time of Desmond's death.

The book is a brutally honest account of the surreal world of sudden death, the wide-ranging impacts of trauma on her and her teenage children, and the peace beyond understanding that sustained her throughout. She also offers advice for the grieving and those wanting to support them.

Athane said the book was meant to assure the grieving that the strange myriad of effects they were experiencing was 'normal', to translate some of the complexities of grief to those who have not yet experienced loss, and to share her perspective on new beginnings and the reason why the bereaved were still here.

"Desmond died of the very aggressive Delta strain of the

virus, which had claimed many relatively young and healthy individuals. There were so many people dying at the time, from COVID and other diseases such as cancer and heart attacks, and I spoke to many people about the disorientating effects of loss.

"I realised people were finding it difficult to put into words the muddle of emotions and experiences following the death of a loved one. Most were afraid to be too honest with their friends and families about the implications so as not to shock, offend, burden or concern them. "So, I decided to be honest and vulnerable about my own experiences in the hope that it would help as many people as possible affected by loss. I also included advice from others who have lost loved ones.

"My approach is Christian, but the book is not condemning to non-believers, and I think it will help many people navigate the strange world of grief," she said.

Athane also presents encouraging talks about the grief experience and is currently developing a two-day Peace in Grief workshop for people wanting to take the first steps towards healing and a new life. "I believe there is a bigger plan

for our lives and that moving forward is important. It doesn't mean we shouldn't mourn, but it should be a season, not an identity."

Peace in Grief has been endorsed by counsellors, including Cape Town-based trauma counsellor Trish Wiese, George-based counsellor and intercessor Anna-Marie Roux and HeartbeatFM presenter and counsellor Veronica Stephens.

The book is available in paperback from Takealot for R229.00.

On Amazon for £9.99 at [amazon.co.uk](https://www.amazon.co.uk)

On Kindle for £5.99 at [amazon.co.uk](https://www.amazon.co.uk)

It will be available in selected shops from March 2023. Watch social media and the website for details.

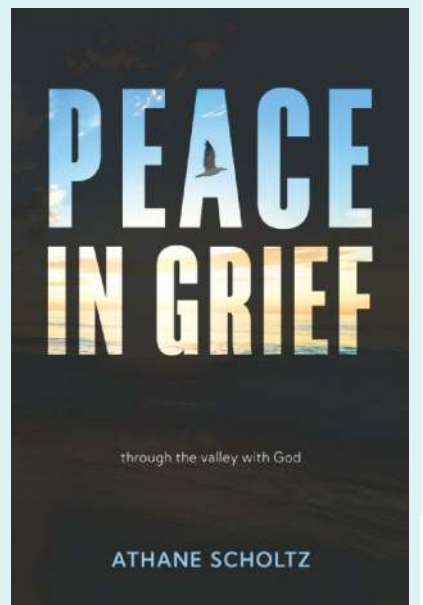
Retailers, churches, support organisations and counsellors are invited to contact the author regarding direct orders and bulk buys on hello@peacethroughthevalley.com

Athane Scholtz is the former editor of SOUTH Magazine, has been Municipal Spokesman for George and Knysna Municipalities and started the Garden Route bureau of The (Eastern Province) Herald. She and Desmond operated as freelancers on the Garden Route for media organisations across South Africa for more than ten years before taking up permanent employment at the

Nelson Mandela University George Campus (Desmond) and Knysna Municipality / SOUTH/George Municipality (Athane).

Athane resigned from the George Municipality in November 2021 to address the impacts of their loss and support her children. She wrote Peace in Grief in 2022. The title, published by UK-based PublishU, became available on Amazon on 1 January 2023 and Takealot on 1 February 2023.

She runs a media and communications business from home and is a regular contributor to blogs and other media. Her public speaking engagements include topics around personal and corporate communication, womanhood, grief and Bible-based faith. She committed her life to Jesus Christ in 1982 at the age of eight and has been involved in children's church, youth ministry and course facilitation, as a church volunteer and group leader.



More information about the book is available on her website, peacethroughthevalley.com/

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FEBRUARY ADJUSTMENT BUDGET 2022/2023

Notice is hereby given in terms of Section 28(2) of the Municipal Finance Management Act and Regulation 23(5) of the Municipal Budget Reporting Regulations that the Adjustment Budget of Knysna Municipality for 2022/2023 was approved in a meeting of Council on 28 February 2023 and is available for viewing by following the link to the Municipality's website: <https://www.knysna.gov.za/government/important-documents/budget-and-related-documents/> as well as at the Municipal Offices and Libraries at Sedgfield, Rheenendal, Karatara and Knysna.

Mr OP Sebola
Municipal Manager

Clyde Street
Knysna
6570
(044) 302 6300

www.knysna.gov.za



GOOD NEWS FOR SAM & THE SEDGE COMMUNITY!

The SAM team is beyond thrilled to introduce to our community the fully qualified and experienced young lady who has joined our team as Animal Welfare Officer.

Colleen Thyse who hails from George, has more than 10 years of experience in Animal Welfare, and has all the relevant qualifications. We consider ourselves fortunate that KAWS was able to recruit her to work on secondment to SAM. Colleen has already started and shown herself competent in her ability to deal with both animals and people.

We are delighted to have Colleen on board, as our workload is more than a handful of volunteers can manage. She will continue to focus on sterilisations as our primary objective.

When she is not working, Colleen enjoys soccer, singing and dancing.

We know that we can rely on the continued support of our pawsome community, allowing Colleen to make a positive contribution, and we



look forward to a long and mutually rewarding relationship.

Welcome to SAM and Sedgfield, Colleen!



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TENDER NO: T 45 of 2022/23: APPOINTMENT OF A TRAVEL AGENCY FOR A PERIOD OF THREE YEARS

Knysna Municipality hereby invites tenders for the Appointment of a Travel Agency for a period of three years.

Tender documents must be downloaded from the Knysna Municipality website: www.knysna.gov.za at no cost. Website navigation is as follow: Do Business – Bidding Opportunities – Tenders – Current Tenders.

Technical enquiries relating to the tender documents may be addressed to: Mrs. Charmorne Bezuidenhout, email: cybezuidehout@knysna.gov.za

The closing time for submission of bids is **12h00 on Wednesday 10 May 2023**. Bids must be sealed in an envelope clearly marked with the bid number and title given above and placed in the **bid box at the Supply Chain Management Unit, Finance Building, Queen Street, Knysna**, on or before the mentioned time and latest date. Telephonic, facsimile, e-mail and late bids will not be accepted. Bids must remain valid for a period of 90 days after the closing date of the bid.

Bids will be opened on the same day at the Supply Chain Management Offices at 12h00. Late or unmarked bids will not be considered.

Bids may only be submitted on the bid documentation that is issued online.

Bids will be evaluated according to the **80/20** preference points system and functionality scoring, set out in the bid document. The bids are subject to the Council Supply Chain Management Policy, Preferential Procurement Policy Framework Act, 2000, and the Preferential Procurement Regulations 2022.

The Municipality reserves the right to withdraw any invitation to bid and/or re-advertise or to reject any bid or to accept a part of it. The Municipality does not bind itself to accept the lowest bid or to award a contract to the Bidder scoring the highest number of points.

NO BIDS WILL BE CONSIDERED FROM PERSONS IN THE SERVICE OF THE STATE AS DEFINED IN THE MUNICIPAL SUPPLY CHAIN MANAGEMENT REGULATIONS (GOVERNMENT GAZETTE NO 40553 DATED 20 JANUARY 2022).

Further requirements for sealing, addressing, delivery, opening and assessment of bids are stated in the Tender Document.

**MR. OP SEBOLA
MUNICIPAL MANAGER
Clyde Street
KNYSNA, 6570**



www.knysna.gov.za

WALEAF CHALLENGES GDRM

by Melissa Dalton

KEEPING AN EYE ON THE ENVIRONMENTAL PRIZE!

The environmental watchdog WALEAF (Wilderness and Lakes Environmental Action Forum) is currently focused on a proposed high-density exclusive development on Erf 1297 in Kleinkranz. WALEAF has been battling with the Garden Route District Municipality since June 2022 to get the relevant information and documentation with respect to the tender process and the ninety-nine-year lease agreement development plans.

In addition, we believe the George Municipality has been stalling regarding providing information on the current zoning of the property, which is under question. The WALEAF committee is currently engaging with environmental lawyers in respect of the above. It will continue to ensure the best conservation and environmental outcome for this important piece of property. It is for the benefit of all living in Wilderness that we are aware, remain informed and keep an eye on ongoing activities that have the potential to undermine the natural beauty and sense of place that Wilderness offers. These two

primary attractions that pull us to come and live in the Wilderness area are the very attractions that will be threatened if left unchecked and a blind eye turned.

Five residents started WALEAF in 2002 as an “environmental watchdog” in response to a proposed residential development in the Lakes Area, Wilderness - the Eco Lakes Resort and Golfing Estate. The objections by the group acting under the banner of WALEAF came in the context of the numerous golfing estates being approved by the George Municipality at the time and in recognition of the hugely detrimental impacts on the natural environment associated with these massive developments in the Garden Route, particularly in the Greater Wilderness, an area especially noticeable for its rich biodiversity and the presence of a large variety of bird, insect and wildlife.

The outcome of WALEAF’s efforts to prevent the Eco Lakes development was a successful one. Since then, they have continued to monitor activities as an Independent and Affected Party (I&AP) in the Greater Wilderness region by commenting on land use

applications, OSCA applications and any illegal BUILDING activities posing a threat to the natural environment that are brought to their attention.

Why is there a need for an environmental watchdog? It is important for Wilderness for numerous reasons:

- No one else is enforcing environmental rights as enshrined in the Bill of Rights in the Constitution (Act No.108 of 1996).

- Unchecked and rapid development over the past 15 years in the Greater Wilderness area is a continual threat to the Afromontane forest and fynbos biome and the high level of biodiversity associated with it.

- Ongoing approvals of property boundary relaxations and subdivisions are leading to higher population densities resulting in an increased loss of biodiversity in the area. As houses with big walls and solid fences are erected, they block the free and safe passage of wildlife in the area.

- A lack of enforcement of town planning and environmental legislation by George Municipality and its town planning department to ensure sustainable development and legal building activities.

- Left unattended, there will be accumulated losses of forest and fynbos to development eradication with every approved development ... a thousand little cuts!

SUCCESS STORIES

While most of our comments and objections regarding activities in the area geared towards promoting sustainable development and ensuring adherence to environmental and building legislation fall through the cracks, WALEAF has made some headway over the years.

While our ongoing efforts to protect are overridden/thwarted/ ignored and our input often overruled, they have not been in vain. Over the years, there have been several successful attempts.

- A wall was built illegally in Wilderness Heights, preventing the free passage of wildlife, especially tortoises, across the area. It took two years of pressure from WALEAF to declare the height of the wall illegal and GM to tell the owner to lower the height of the wall.

- A Tree Offset policy has been established in collaboration with the Environmental Department and DFFE to address the accumulated loss of protected indigenous trees in Wilderness.

waleaf@langvlei.co.za

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CENTRAL

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SEDFIELD LIONS' NEWS

Calling on 'Men in heels' to strut it out for abused women. Lions will again host the Walking in Heels event to raise awareness about Gender Based Violence, a problem that unfortunately runs deep within our South African Society.



This is a very real and very serious issue, and statistics regarding the abuse of women are high. Lions are bringing this initiative to Sedgefield to highlight that any violence towards women and children is unacceptable. The walk will take place on 11 March at 13:00, starting at Cycleworx and walking as far as Cafe Vienna. The entry fee is R50pp.

Whilst we want as many men as possible to participate and don their heels, we call on women from all walks of life, backgrounds and communities to participate and make a bold statement for change, to break the cycle of abuse through awareness and activism.

Sedgefield Lions had a really

“feel-good Saturday” when we hosted our monthly Shisa Nyama with the added hoopla and privilege of inducting three new members to our club. We also received recognition from Lions International in the form of a “Club Excellence Award”, which was handed to our past President, Ali Watson. This award is for excelling in the areas of membership, service, leadership, marketing, and organisational excellence.

Our newest Lions are Mike and Joy Pickering and Kyla Kruger, pictured with their sponsors and our District Governor, Charlie Flanagan. Welcome Lions! We wish you well on your journey of service and fellowship.



RE/MAX Art Initiative Tribute Exhibition PAUL ROUMANOFF



Where the sun or moon are not shown, the tinting provides a mere hint of colour. In the sun and moon works colour provides a strong signifier. This is done to create areas of maximum interest in the overall linear framework of the works.



On examination the works are an abstract arrangement of line, which on viewing as a whole takes on the illusionary appearance of reality. He worked in this way so that each piece of art was a technical challenge.



Please join us for the Exhibition **Thursday 9 - 31 March - @18h00**
at the RE/MAX Sedgefield Office

RE/MAX LAKES Curated by Nicholas Leonard

CLASSI-ADS

Index

- 1 To Rent
- 2 Accom. Wanted
- 3 Accom. - Holiday
- 4 Announcements
- 5 Boats & Acc
- 6 Building Services
- 7 Businesses
- 8 Cellular, Electronics & TV
- 9 Clothing
- 10 Computers
- 11 Crafts & Home Industry
- 12 Education & Tuition
- 13 Electrical
- 14 Employment Offered
- 15 Employment Wanted
- 16 Fabric & Haberdashery
- 17 Food & Wine
- 18 For Sale
- 19 Home & Garden
- 20 Health & Beauty
- 21 Hobbies
- 22 Home Improvements
- 23 Lost & Found
- 24 Miscellaneous
- 25 Motor Cars/Bikes
- 26 Personal
- 27 Pets & Livestock
- 28 Plumbing
- 29 Property
- 30 Restaurants & Pubs
- 31 Security
- 32 Services Offered
- 33 Sport & Leisure
- 34 Tea/Coffee & Take-Aways
- 35 Heavy Vehicles & Mach.
- 36 Wanted / Swop etc

NB. Classified adverts for the next issue need to be in by Monday 20th March 2023. Emailed classies will not be placed without proof of payment

2. Accommodation Wanted

Responsible, mature, professional, female urgently seeking a 1 bedroom cottage or flat to rent asap. Contact Astrid on 083 447 7174

Single responsible lady seeks rented shared accommodation with like minded person. Contact 083 447 7174.

3. Accommodation Holiday

Bird Cottage on the Island. Quality accommodation. Low rates. Spacious, DSTV, w/machine. Also stop over option in Guinea Room Suite. 044 3431261 www.birdcottage.co.za

4. Announcements

ALCOHOLIC ANONYMOUS Sedgfield Acorn Group. Call 079 323 085 for details.

BOOKS & COFFEE Delicious home baked eats & treats. Coffees, lattes & milkshakes. Good quality 2nd hand books for sale (we also buy books). WiFi, printing, scanning & emailing - generator during load-shedding. Pop in to Deo Gratia, next to Pick n Pay. 082 9020 649

Garden refuse removal... your affordable solution in Sedg, Knysna & Plett. Dial a Drum ... 082 808 5984

Sedgfield Mosaic Tours Masithandane hosts mosaic art tours on Tuesdays and Thursdays. You can hear the stories that inspired the pieces that make up a magical outdoor gallery alongside a water wonderland. Come meet the talented mosaic team, learn about the town's history, people and 'slow town' character. Please call or WhatsApp Jacky 0824142133 to book your place.

WANTED: Sedgfield Hospice Shoppe need your second hand goods. Have a clean out and help others with your unwanted items! Please give them a call 044 343 1722



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7. Businesses

PASTEL SALES, setup and training. Call C A Mather Accounting. 044 343 2202 or 083 779 7934

9. Clothing

Children's Clothes - Hooligan Range. Hooligan clothes 0/3m - 6/7 years still available at 30% off on price. Mariana 082 771 0694

Embroidered burpers & face cloths - handmade. Mariana 082 771 0694

11. Crafts & Home Industry

Handmade Ragdolls & Soft Toys. Mariana 082 771 0694

12. Education & Tuition

FUN MATHS Tuition Grades 3-9. Extension or consolidation with experienced retired teacher. 082 799 2222

MUSIC LESSONS - On line lessons also offered. - Piano, music theory and clarinet. From beginners to advanced, for all ages. Please contact Ann Carroll on 083 275 7576, adrcarrol@gmail.com. www.touchwoodmusic.co.za

SINGING LESSONS from classical to contemporary, and musical theatre. All welcome. Contact Lynne Brown. 083 660 4749

13. Electrical

Electrical Hardware @ Sedgfield H/Ware

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15. Employment Wanted

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Noriss - 060 387 4247

Gardening

Alex - 083 774 0992 Refs
Karim - 083 774 0992
Richard - 063 365 7400 Painting

17. Food & Wine

Mosaic Food Fare - Food stalls, Wine/Craft Beer/Coffee and more **EVERY Wednesday, 4pm-8pm** at Mosaic Market.

18. For Sale

Complete Set of Golf Clubs. Golden Bear medium firm graphite shafts. **Dunlop bag golf cart.** Excellent condition. All incl. R2600. 072 231 4320

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19. Home & Garden

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20. Health & Beauty

Aloe Ferox Products whole range in stock @ factory prices. The Aloe Lady : 071 362 0433 @ Wild Oats Market on Saturdays.

Any problems with epilepsy or other disabilities? EPILEPSY SA on 044 382 2155 or visit Off Rio Road, Knysna We can help!

Sedgfield Pharmacy, Woodpecker Mall. Tel 044 343 1628, Fax 343 1110. Mon-Fri 8am-6pm, Sat 8am-1pm, Sun & Pub Holidays 9:30am-12.

Silver Scissors Unisex Hairstylists - 21 Tiptol Street, Sedg. 072 205 7985

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22. Home Improvements

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25. Motor Cars/Bikes

Auto Mobile Diagnostics & Services - We collect, service, deliver to you. Call Cecil 083 701 3655

27. Pets & Livestock

All pet food or donations for Animal Welfare 044 384 1603 to be dropped off at Simply Vets or Knysna Vet Clinic.

Knysna Animal Welfare office 044 384 1603, emergency 073 461 9825. (24hrs)

28. Plumbing

Heunis Plumbing & Electrical. All Maintenance & Construction Qualified in both trades COC Certificates. **Solar Geysers.** Call 082 972 3911 manie.heunis@gmail.com

Klaus Schulz Plumbing. PIRB Registered. Does all work personally. 044 343 2114 / 073 345 6110

Smith Plumbing for personal service. Call Peet 084 889 2578

30. Restaurants & Taverns

Breakfast with Louisa @ Station now open on Saturdays!

Mosaic Food Fare - Food stalls, Licensed Venue, Live Music & Kids' entertainment. **EVERY Wed between 4pm and 8pm** @ Mosaic Market.

31. Security

Alarm and Gate Batteries. Tel 3431960

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Bridge School Results

23 February:
1st: Koos & Thinus
2nd: Clive & Brian
3rd: Shirley & Gail F Christel & Willem

16 February:
1st: Gail F & Jeannie
2nd: Mary & Ann
3rd: Clive & Brian




JORDAAN VAN WYK INC.
Attorneys, Conveyancers & Deceased Estates
ESTATE NOTICE
Estate no 016285/2022

The First and Final Liquidation and Distribution Accounts in the Deceased Estate:
Surname: **Speed-Andrews**
Full name: **Anthony John**
Identity No: **440620 5154 185**
Last Address: **23 De La Rey Street, Sedgfield 6573**

will be open for inspection at the office of the Master, Cape Town, and the Magistrate's Court Knysna, for a period of **23 days** from the date of the publication of this advertisement.

If no objection is lodged with the Masters during this period, payments will be made in accordance with the accounts.

JORDAAN, VAN WYK ATTORNEYS INC. 65 MAIN ROAD, SEDGEFIELD, 6573. Email: estates@jvwlaw.co.za Tel: 044 343 2126 Executor: Anton Jordaan



JORDAAN VAN WYK INC.
Attorneys, Conveyancers & Deceased Estates
NOTICE OF CURATOR AND TUTOR

Estate Number: **CR191/2020**
Surname: **HOGAN**
First Names: **HILDEGARD ERIKA URSULA**
Address: **Studio 12, Berg n See Sedgfield, 6573 W Cape.**

In terms of section 75 of the Administration of Estates Act, No.66 of 1965 (as amended), notice is hereby given of termination of such appointment of a person as Curator or Tutor by Masters of the High Court, Cape Town, as from 2022-01-21.

JORDAAN, VAN WYK ATTORNEYS INC. 65 MAIN ROAD, SEDGEFIELD, 6573. Email: estates@jvwlaw.co.za Tel: 044 343 2126 Curator: Anton Jordaan



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GEORGE MUNICIPALITY REPLIES TO KLEINKRANTZ RESIDENTS

In last edition The EDGE featured an article covering the dissatisfaction of residents living in the Kleinkrantz informal settlement known as Nature's valley. The residents stated that they are being ignored by their ward councillor and the George Municipality. Asked for comment, the Municipality reverted, but unfortunately too late to be included in the same edition. Their response, from **Lauren Waring, Director of Planning at George Municipality** is as follows.

Kleinkrantz is recognised as a rural settlement within the Municipal Spatial Development Framework. It is a nodal point characterised by limited functions but has a state of permanence as there is a settled population. Kleinkrantz falls outside the urban edge, and growth beyond the existing urban edge is not supported at this stage. Extension of the urban edge to incorporate densification will only be supported if the required socio-economic and bulk infrastructure can be demonstrated to be funded, needed and have long-term resilience.

The MSDF indicates that should the area be developed, it must be in a manner that is dignified, ecologically sensitive and sustainable, minimising operational costs whilst discouraging any further growth in the area. Therefore, the viability of any in-situ development needs to be carefully considered, and feasibility studies will be required to provide guidance on the way forward before any recommendations can be made for inclusion into the housing pipeline. There are no current plans to relocate any persons in the Kleinkrantz area.

George Municipality will continue to roll out interim

basic services to the community, using the national norms and standards. At the last count, there were 100 structures, with 27 flush toilets and 38 standpipes. Hence the ratios of 1:5 and 1:25, as per the national norm, have been met. We have taken pains to inform the community that should there be broken or malfunctioning toilets, this should be reported to the Area Office or their Ward Committee representative immediately. At a meeting with the Kleinkrantz Community Circle, it was indicated that a complete list of all faulty toilets, together with photos, would be provided. This has not been received. It was also agreed that a list of persons who have asked for electricity boxes be made available to the Municipality. The Municipality only allows one connection per house. An amount of R15 000 has been allocated to erect a jungle gym in the informal settlement. Unfortunately, the equipment recently repaired at the playpark on the corner of Amaryllis and Fluweeltje Streets has since been vandalised.

Jannie Koegelenberg, Director: Civil Engineering, recently responded to a resident of Kleinkrantz about the roads:

From the photo below, it's clear that the gravel strip referred to has

no formal servitude/road reserve, and as such, we treat it as part of the property and not as a road. Its purpose is to provide access to our Bulk Infrastructure.

Our maintenance of roads is limited to the formalised municipal road reserve in George Municipality. This particular "informal road" is not on any of our formal maintenance plans. We only give attention to it on an ad-hoc basis, per request of the Senior Managers from the Wastewater and Potable Water Treatment Works.

Presently there are no immediate plans for these properties; thus, until an approved Site Development Plan (with an associated budget) is in place, no upgrading of the gravel strip or verge is foreseen.

Editor's note: Since the publishing of last edition's article, Brian Mushfieldt of the Kleinkrantz Action Group has said that they have received permission to fix the playpark at cnr of Fluweeltje and Amyrillis Streets, and the toilets have been repaired by a subcontractor appointed by George Municipality. Furthermore the 'adopt a spot' initiative for the Village Garden has been welcomed.



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SEDGE GENTS' GOLF

A report from the club – 23/2/23

The A division winner was Derek van Zyl with a net 55. He was followed by Willem de Villiers, Trevor Pahl and Ian Wright on 58. We are delighted to announce that Mike Goodwin won the B division with 36 points. He has been through some trying times recently, so it is great to see him back on the podium. Second was Tony Hunter (who needs to have his handicap put under scrutiny), with Warren Geyer in third spot after a countout with Garth Schooling.

Nearest the Pin went to Willem de Villiers on the 8th and Steve Blom on the 15th.

2/3/23

Any golfer will tell you that in golf competitions, happiness is the agreeable sensation of contemplating the misery of others. With March already upon us, the competition was Individual Stableford, and there was some joy when the wind picked up as the day was a scorcher. Also having a scorcher (and we know that this will dismay many people) was Len Moulton winning with 38 points. We aren't questioning his education, but it was only recently that he discovered that a Caesarean section was not a district in Rome. In a close

second spot was Des Munro with 36. He was followed by Tony Hunter on 35 after a countout with Jan Lotter. The latter's handicap is correct. Also sharing the wine were Steve Blom and Theo Pelsner, with 34 points.

The captain welcomed a swallow, Derek Woodward, who was rather shocked to hear that he was to play off a nine handicap when in the U.K., he's a 27. Also welcomed with rapturous applause from his golfing mates was Henry Crowther, who has had some ongoing health problems.

It was announced that the following week's play would be Combined Stableford.

SEDGE LADIES' GOLF

24/02/23

It was a cool, grey morning, there were 18 in the bed, and the little one said, "roll over, roll over,"...so they all rolled over and...and...until there were 8 in the bed, and this writer said, "I wish I had stayed in bed!"

That was today's golfing story; only eight ladies played the course. It was a quick and easy morning, four x two balls with scoring of individual Stableford. Chiff choff and we were done!

The results of the day were:

Almarie Mead and Elize Mackenzie-Blom, both had 35 points and, even on a countout, ended up as equals. So, they decided to share the first and second prizes.

Brenda Howden and Martha Smith both scored 33 points and, on a countout, Brenda took 3rd prize.

Elize Mackenzie-Blom won Nearest the Pin for the 0-16 handicappers, and the higher handicaps couldn't find the greens again this week.

Although players were few, birdies were plentiful: Linda Evans (14), Martha Smith (14), Brenda Howden (3,11), Almarie Mead (7, 13), Elize Mackenzie-Blom (5,10)

3/03/23

Sixteen ladies enjoyed almost perfect golfing weather for our Monthly Medal and Putt competition, sponsored by Pick n Pay Sedgefield & Wimpy Sedgefield.

There were some amazing scores! The competition winners are based on NETT scores.

Gold Division winner: Linda Evans 52

Runner-up: Elize Mackenzie-Blom 62



Silver division winner: Michelle J Gilchrist 56

Runner-up: Charlene Blacker 58

Bronze division winner: Clare Garner 54

Runner-up: Martha Smith 73

Least Putts Trophy winner: Linda Evans (25 putts)

Well done, to Linda Evans, Michelle J Gilchrist and Clare Garner, our three winners, for playing under your handicaps, -6, -2 and -4, respectively.

Birdies for the day were shot by:

Wendy Mack 15
Linda Evans 5, 9, 16
Almarie Mead 11
Joy Herbst 14
Sam Bowen 3, 12, 14
Elize Mackenzie-Blom 3, 11, 12
Well played, all!

Sedge Links Ladies is proudly sponsored by Pick n Pay Sedgefield and Wimpy Sedgefield.

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TENDER NO: T 43/2022/23 : SUPPLY AND DELIVERY OF CLEANING AND MAINTENANCE PRODUCTS (HIGHLY CONCENTRATED & CONCENTRATED) FOR A PERIOD OF 18 MONTHS

Knysna Municipality invites tenders for Supply and Delivery of Cleaning and Maintenance Products (Highly Concentrated & Concentrated) for a period of 18 months.

Tender documents must be downloaded from the Knysna Municipality website: www.knysna.gov.za at no cost. Website navigation is as follow: Do Business – Bidding Opportunities - Tenders – Current Tenders.

Technical enquiries relating to the tender documents may be addressed to: N. Khonzani, email: nkhonzani@knysna.gov.za

The closing time for submission of bids is **12h00 on Wednesday, 26 April 2023**. Bids must be sealed in an envelope clearly marked with the bid number and title given above, and placed in the **bid box at the Supply Chain Management Unit, Finance Building, Queen Street, Knysna**, on or before the mentioned time and latest date. Telephonic, facsimile and late bids will not be accepted. Bids must remain valid for a period of ninety (90) days after the closing date of the bid.

Bids will be opened on the same day at the Supply Chain Management Section at 12h05. Late or unmarked bids will **NOT** be considered.

Bids will be evaluated according to the **80/20** preference points system and functionality scoring, set out in the tender document. The bids are subject to the Council Supply Chain Management Policy, Preferential Procurement Policy Framework Act, 2000, and the Preferential Procurement Regulations 2022.

The Municipality reserves the right to withdraw any invitation to bid and/or re-advertise or to reject any bid or to accept a part of it. The Municipality does not bind itself to accept the lowest bid or to award a contract to the Bidder scoring the highest number of points.

NO BIDS WILL BE CONSIDERED FROM PERSONS IN THE SERVICE OF THE STATE AS DEFINED IN THE MUNICIPAL SUPPLY CHAIN MANAGEMENT REGULATIONS (GOVERNMENT GAZETTE NO 40553 DATED 20 JANUARY 2017).

Further requirements for sealing, addressing, delivery, opening and assessment of bids are stated in the Tender Document.

MR. OP SEBOLA
MUNICIPAL MANAGER
Clyde Street
KNYSNA, 6570



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Hydration may be a key to Healthy Ageing

Researchers say staying hydrated by drinking water throughout the day can improve healthy ageing and reduce the risk of chronic diseases.

Hydration is effective mainly because it helps lower serum sodium levels and is particularly important for older adults. Staying hydrated could lead to healthy ageing, reduce your risk of developing chronic disease and help you to live longer, according to a new study published in eBioMedicine.

Specifically, the scientists looked at serum sodium levels, which rise when fluid levels in the body go down. The serum sodium levels indicate the amount of sodium in your blood, according to the National Library of Medicine.

Sodium is an electrolyte that helps to control fluids and balance acids and bases in your blood. You get sodium from your diet, and your kidneys flush it out when you have too much. High serum sodium levels could signal dehydration or a problem with your kidneys.

What is dehydration?

"Dehydration, just as the name

implies, is a condition that occurs from either inadequate water intake, excessive water loss, or most commonly, both," says Dr M. Ramin Modabber, an orthopaedic surgeon at Cedars-Sinai Kerlan-Jobe Institute in Los Angeles and the medical director and chief medical officer at Amgen Tour of California.

There are various degrees of dehydration, ranging from mild to severe. Signs and symptoms vary based on the degree of water loss.

Common signs of mild dehydration include thirst and dry mouth, which can progress to moderate dehydration, characterised by decreased or darker urine, headaches, and muscle cramps.

Severe dehydration symptoms include the inability to sweat or urinate and can be accompanied by dizziness, confusion, or fainting. This can be dangerous as vital organs can lose the ability to function normally.

"Whether it's a cycling race or other strenuous activity you're engaging in, being aware of the ways dehydration can strike and heading it off at the pass are some of your best tools to stay healthy and active any time of year,"

Modabber told Healthline.

There isn't a "one size fits all" answer to how much fluid you should drink daily. Activity levels, medications, sweat production, health status, and temperature, especially when exercising, all affect how much fluid your body needs.

What older adults should know about hydration

Older adults should be aware of other factors affecting water consumption:

Some medications, such as laxatives, some diabetic medications, chemotherapy, and some diuretics, can cause dehydration.

The water in your body decreases with age. The thirst response weakens as you get older, meaning you don't feel as thirsty.

Some health conditions, such as diabetes and excessive sweating, can cause dehydration.

It is essential to drink water and other fluids throughout the day, know the signs of dehydration, and start drinking water when symptoms first appear, experts say.

Preventing dehydration

The most common reason for high sodium levels is a lack of fluids or dehydration.

The researchers noted that about half of the world's population does not meet the recommendation for daily water intake. They recommend 6 to 9 cups for women, and for men, 8 to 12 cups per day.

The best way to prevent dehydration is to stay hydrated, which means drinking fluids throughout the day. However,

sometimes that isn't enough.

"Not all liquids are created equal," says Patel. "For example, coffee is a diuretic, making you urinate out the water you consume. Juices high in sugar and alcoholic drinks are also more likely to make you urinate out more of your total water amount and increase your chance of dehydration."

"I tell my patients that for every cup of coffee, you lose about a half-cup of water, and for every shot of hard liquor beverage they drink, you lose about 1 cup of water," he added. "Therefore, my patients need to calculate their net water intake. Milk overall is not dehydrating and is neutral. Therefore, the amount of milk does not offset the water amount. I am not opposed to my patients drinking other beverages. Still, they should be mindful of how many cups of plain water they drink versus other drinks throughout the day." Another part of preventing dehydration is replacing the electrolytes lost through activity and exercise. Eating a well-balanced diet replenishes your electrolytes.

However, some foods are better for that than others, such as watermelon, strawberries, beans, and avocados. Many people use sports drinks to boost electrolytes lost through exercise, but knowing which ones are best can be challenging. "To help you decide which electrolyte replenisher is right for you," Modabber said, "we've ranked them below in order of those which get the job done on boosting electrolytes without including too much more of what you don't necessarily need – especially added sugars."

Electrolyte-infused waters or electrolyte tablets

They can provide a low-calorie and low-sugar alternative to higher-calorie and higher-sugar drinks like juices or traditional sports drinks. However, many marketed electrolyte drinks will throw in added sugars for carbohydrate rehydration, just like in sports drinks. So, be sure to read the labels.

Pedialyte

Pedialyte is a common fluid hydration source used in medicine to fight dehydration from illness and is often associated with children. But it works just as well for adults and provides hydration and electrolytes, with more sodium and less sugar than sports drinks.

Homemade electrolyte drinks

It is possible to create an electrolyte concoction without buying something from the store or drinking lots of added sugar. Feel free to mix in water (regular or coconut), fruit juices, ginger, lemon, and sea salt. Including electrolyte tablets or powders provides additional benefits. Smoothies – Smoothies are an excellent post-workout electrolyte replenishment source, drawing nutrition from

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fruits, vegetables, dairy, and nuts. However, they are heavy and filling, making them difficult to take in during an intense workout.

Fruit juices

Depending on the type of fruit juice, there are varying degrees of electrolyte benefits from different fruit sources. For example, watermelon juice is a good source of magnesium, potassium, and the amino acid L-citrulline. Orange juice and tart cherry juice provide potassium, magnesium, and phosphorus. However, most are low in sodium for electrolyte replenishment and high in sugar content, so it is essential to consider this when considering your replenishment needs.

Sports drinks

Besides replenishing electrolytes and hydrating with fluids, sports drinks are meant to replenish carbohydrates quickly. They do this in the form of added sugars for quick absorption. This type of nutrient depletion generally only occurs with high-intensity exercise that lasts for an hour or more. So, if you're exercising less intensely than this, sports drinks may be considered healthier sources of electrolyte replenishment.

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			8		5
1	8		5	2	6
	3	4	7		6
	7		8		
	4			2	5
			6	1	
					3
			1		
6					
				2	3
				9	
			4		1
					2

SAMURAI

1. Each Samurai Sudoku puzzle consists of 5 overlapping "classic" 9x9 Sudoku sub puzzles.

			6	8				9
					9	3		
	5	8						2
			5					3
					7	5		9
						8		6
1								
								7
5				4				6

SUDOKU

2. Each 9x9 sub-puzzle must be solved according to the rules of Sudoku.

	1	8		2		6		8
			2	1		7		4
3				7	5		1	4
	4		1					5
		9	5					
5					7			
6			9			7		
				3	8			2
	5		7				3	

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On Saturday 18 March, Sedgefield Lions will be hosting the CANSA SHAVATHON at Engen Garage near Mosaic Market from 9am till 1pm.

Their Leos and the local Scouts and Cubs will also be in attendance. All donations received will go to CANSA.

"Shave or colour, we would appreciate your support!" says Lions Chair Shelley Van Eden Vorster.

CHURCH SERVICES

Afrikaanse Protatante Kerk
Cearn Saal, Leisure Isle, Knysna
10am Service
Christo Matthee 083 769 9313

AGS Lighuis
Kontak : Kerkkantoor 044 382 6551
Sekretaresse 072 189 0215

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Wilderness

Peter Mundell 060 985 9113
or Paul McMillan 083 273 2601

Anglican Sedgefield :
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Church of the Resurrection

Church of Christ
Lynn van der Walt.
Tel: 076 068 2900

Church of the Resurrection
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Petronella Buis 082 896 6387
Priest: Rev : Charlton Daries
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Kerkkantoor: 082 896 6387
Pastoor: Hansie Strydom

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Peter Lor 076 649 3050

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Karatara: 10.30am
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Kerkkantoor (044) 343 2033

NG Kerk Die Vleie, Hoekwil
Ds. Dawie le Roux 084 532 9958
Kantoor : 078 965 3651

Pinkster Protestante Kerk
Ouderling Jakobus Grootboom
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Chris Solomons 071 617 5630

Sedgefield Christian Church
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Kairos Jnr & Snr Youth Fri 6pm-8pm
Pastor Juan & Tammy Pienaar
081 749 2534
info@sedgefieldchurch.co.za

Sedgefield Seventh-day
Adventist Church
Ph 081 270 7212

St Anthony's Catholic Church
Cnr Sysie / Flamingo Streets
079 840 3383

St Francis United Church
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Every 4th Sunday -
09h30 - Communion Service
Sunday School - 09h30
- every Sunday during school term.
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Assist Pastor: André & Soné Rossouw
072 341 7099

Wilderness Christian Fellowship
Pastors: Chris & Trudie Smit
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CARPE MUSICAM!



Boy! Do we have good news for you? It is almost Carpe Musicam! Concert time again. And what a programme this next one has.

It is entitled "Memorable Movie Music" and is a collection of pieces from movies that have left a lasting impression on our collective and social culture. Films that have told stories that touched our innermost beings. Movies whose characters we have never forgotten and are

considered to have been some of the best of the last sixty-or-so years.

Conveniently, these movies have sported theme music that complements their greatness and is considered some of the greatest film music of its era. Most of the music comes from war films or unashamed romances and is filled with passion, excitement, a good few moments of exquisite tenderness and a hearty chuckle here and

there.

Join your favourite orchestra and choir for 90 minutes of music which we guarantee will touch you to the core.

NGK/DRC SEDGEFIELD:
Sunday 19 March at 15:30
City Hall GEORGE: Friday 24 March at 19:00
City Hall MOSSEL BAY: Sunday 26 March at 15:30

As usual, the demand for tickets is high, so buy yours online early. Tickets and more info at carpemusicam.co.za

The concert will not be performed at Laminin Agora (near Hartenbos) as it is being renovated and upgraded. It should, however, be ready for the Winter concert season. The Mossel Bay Town Hall will be used for the "Memorable Movie Music" performance, which would normally have taken place at Laminin Agora. There will be no cash bar and snack facilities, but you are welcome to bring your own and turn the atmosphere into something of a promenade concert, i.e., where you may let your hair down. This also applies to the George concert but, sadly, not to the Sedgefield performance.

See you at the Music!

Off the Mat

Sedge Bowling Club News



We are certainly keeping up our reputation as "Darkest Africa." Fortunately for the bowlers, our games are played during the day, "aren't we the lucky ones?"

Weaving Tour Group

The group visited us last Friday. Unfortunately, this was the last time they will visit South Africa. Thank you for taking the time to come and play at the various clubs in our district. We thoroughly enjoyed having you.

Club News

Novice Singles Competition
Congratulations to the winners and runners-up. It was a learning curve for the players, playing in their first competition.

Men's Novice Champion – Tielie Runner Up – Jan.

Ladies Champion - Kris Runner Up - Sally.

Well bowled, the four of you. The runners-up get a chance to play again next year.

Handicap Singles – 7 March.

Check the board for playing times and dates.

Barefoot Bowls

Congratulations to Ros and her team for organising this event,

which is proving to be a "MUST PLAY" in the Sedgefield fun calendar. The tournament is played over four weeks.

The club would like to welcome all the new members, bowlers and social. May you have many years of enjoying the game and the social side of the club.

Last thought

Confucius he say – When the lights go out – find someone to cuddle.

NEAREST THE KITTY



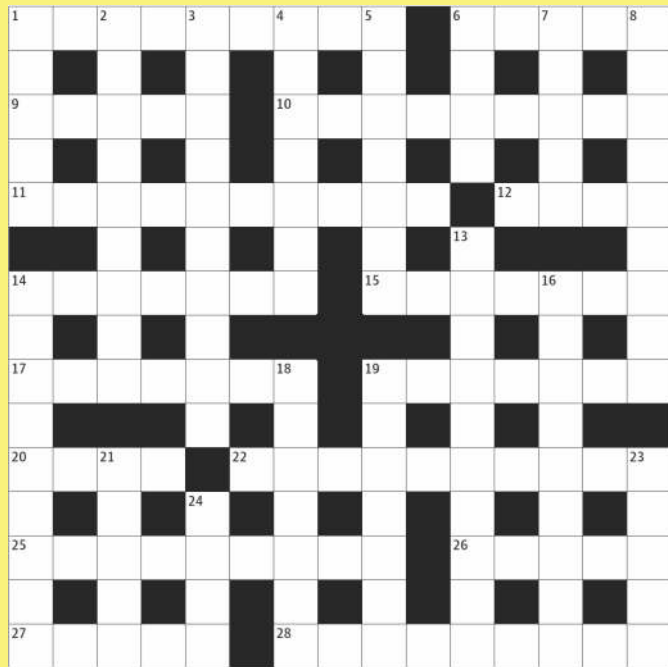
TED'S BRAIN CRUNCHER

Across

1. Get out of here! Did you just disembark? (4,3,2)
6. After the beast with a weapon, got cut off at the lake, sort of. (2,3)
9. A bit of a COVID alternative for the Spanish boy. (5)
10. I am in a country watching cartoons. (9)
11. The specs that changed the look of the flower power era. (4-6)
12. When the cat's crying sounds inspirational. (4)
14. Large turnout added points to the common leader. (7)
15. Point is, courage without a place inside is just a terrible situation. (7)
17. Someone who gambles on helping. (7)
19. Awake, drunk and annoyed. (7)
20. You are jealous of the capital allocated to New Vehicles, we hear. (4)
22. They both clearly see those making fools of themselves. (10)
25. Storing details of each successful golf shot is a difficult road. (4,5)
26. A little bit it leaves on the front. (5)
27. Storage unit one would certainly treasure. (5)
28. Cross over to a UK town with weighty overheads. (9)

Down.

1. Cut backs on company's version of insurance. (5)
2. It was logically said to have brought in a little cash. (4,5)
3. Bob, for the most part, could read, but it tended to wipe him out totally. (10)
4. After a false start, the princess positioned herself between the two students, mopping their brows with a cloth. (7)



5. Did some eat rice? PS: it develops muscles threefold. (7)
6. Nothing to do with the fellow in the Middle East. (4)
7. You should give her a ring about the second class transport. (5)
8. The gusts howled in sadness, leaving us looking somewhat dishevelled. (9)
13. Fool the one who ploughs in exchange for money. (10)
14. Make sure the fruit is boiled for cluster ammunition. (9)
16. Reginald, Ula and Theodore will get together shortly in uniform. (9)
18. The salesman isn't keen to try another coat. (7)
19. Is dad's boet Ian short on capital? Or is that just dirty talk? (7)
21. In Rome, right after six, go look for the sign. (5)
23. We were told the setting had been checked. (5)
24. Lets run without being lazy. (4)

Across: 1. Back up 4. Ambush 9. Sweep second hand 10. Bitter 11. Abattoir 12. Menswear 14. Exhort 15. As it is 18. Snapshot 21. Demister 22. Combed 24. Electric guitars 25. Resist 26. Stolen

Down: 1. Bowline 2. Cleft 3. Upsurge 5. Mandate 6. Unhitches 7. Hunkier 8. Eclair 13. Setpieces 16. Stellar 17. Sutures 18. Struck 19. Account 20. Over run



Knysna
Municipality || Munisipaliteit || uMasipala
inclusive || innovative || inspired

TENDER NO: T 47 of 2022/23:

APPOINTMENT OF A SUITABLE QUALIFIED AND EXPERIENCED PANEL OF SERVICE PROVIDERS AS AUCTIONEERS TO CONDUCT THE AUCTIONS OF MUNICIPAL OWNED FIXED ASSETS, MOVEABLE PROPERTY AND IMPOUNDED VEHICLES ON BEHALF OF THE MUNICIPALITY

Knysna Municipality hereby invites tenders for appointment of a suitable qualified and experienced panel of service providers as auctioneers to conduct the auctions of municipal owned fixed assets, moveable property and impounded vehicles on behalf of the municipality.

Tender documents must be downloaded from the Knysna Municipality website: www.knysna.gov.za at no cost. Website navigation is as follow: Do Business – Bidding Opportunities - Tenders – Current Tenders.

Technical enquiries relating to the tender documents may be addressed to: Mrs. Landia van Huyssteen, email: lvanhuysteen@knysna.gov.za

The closing time for submission of bids is **12h00 on Wednesday, 03 May 2023**. Bids must be sealed in an envelope clearly marked with the bid number and title given above and placed in the **bid box at the Supply Chain Management Unit, Finance Building, Queen Street, Knysna**, on or before the mentioned time and latest date. Telephonic, facsimile, e-mail and late bids will not be accepted. Bids must remain valid for a period of 90 days after the closing date of the bid.

Bids will be opened on the same day at the Supply Chain Management Offices at 12h00. Late or unmarked bids will not be considered. Bids may only be submitted on the bid documentation that is issued online.

The evaluation of this bid will be subjected to functionality scoring. Tenderers must achieve a minimum functionality score of **30 out of 40** points for functionality in order to be evaluated further. The functionality criteria and weighting is set out in the tender document.

Bids will be evaluated according to the **80/20** preference points system. The bids are subject to the Council Supply Chain Management Policy, Preferential Procurement Policy Framework Act, 2000, and the Preferential Procurement Regulations 2022.

The Municipality reserves the right to withdraw any invitation to bid and/or re-advertise or to reject any bid or to accept a part of it. The Municipality does not bind itself to accept the lowest bid or to award a contract to the Bidder scoring the highest number of points.

NO BIDS WILL BE CONSIDERED FROM PERSONS IN THE SERVICE OF THE STATE AS DEFINED IN THE MUNICIPAL SUPPLY CHAIN MANAGEMENT REGULATIONS (GOVERNMENT GAZETTE NO 40553 DATED 20 JANUARY 2017).

Further requirements for sealing, addressing, delivery, opening and assessment of bids are stated in the Tender Document.

Mr OP SEBOLA
Municipal Manager
Clyde Street, KNYSNA, 6570



THE SPORTS EDGE

Carla takes the bronze!

On Sunday 26 February, local sportswoman Carla Lidstone not only represented her district in the SA Sprint Championships, but managed also a podium position!

We asked Carla to tell us about her experience, and she kindly provided us with this report back.

"When I was told that I had been chosen to represent Eden in my age group at the Championships in Bloemfontein, I immediately thought somebody had made a mistake, but they hadn't, so I decided to go along to see what it was all about. The morning of the race dawned, and I felt both excited and nervous in the pit of my stomach. We lined up, the gun went off, and we started the 750m swim in the muddy waters of the aptly named 'Modder River'.

My husband stood proudly on the banks, cheering me on as I finished and came running out of the water, pulling off goggles and mask, dripping into cycling shoes which were hastily shoved on over grassy, wet feet. Then, donning my helmet and grabbing my bike, I rushed out of the transition to the start of a very windy 20km cycle my heart pounding so loudly, I thought it would pop out of my chest!

With that discipline done, it was time for the 5km run, and by then, the hot Free State sun was beating down on all the triathletes. I threw down my helmet and ripped off my gloves as I parked the bike. Once my takkies were on, I hit the pavement as fat, black ants scurried out of my way in terror. When the 5km run was over, I puffed my way through the finish



chute and poured a cold Energade down my parched throat while my beaming husband snapped photos of my red, sweaty face.

The whole experience, despite

the way it sounds, was wonderful – I loved representing our area; making new friends and the post-race high is always a rush; plus a bronze medal for third place in a finishing time of 1hr56min was a welcome surprise!

Local junior surfers make the Eden Grom team

Sedgefield locals Jua Swanepoel, Iano Thomson and Lazaro de Bruyn excelled at the Eden surf team trials. As a result, they have been selected to represent Eden at the national Grom Games surfing event held at Muizenberg in Cape Town, along with the rest of their Eden Grom teammates.

The annual Grommet Games is a national junior surfing event that has been running since 1992. It is one of the largest junior national surf events in South Africa with such a focus on development surfing, bringing together juniors surfers from many different backgrounds and walks of life

To make the team cut, our local surfers took part in two trial events held at Buffels Bay and Diaz beach, Mossel



Local surfer Jua Swanepoel

The last day of selection brought the best ocean conditions of the trial events, with head-high glassy waves coming in all day. Many waves were surfed, with the young surfers going through three rounds for each age division.

At the end of the day, points were tallied up, and the team was selected based on their performance throughout the day.

Jua will be surfing in the Under-16 girls division, Iano in the Under-14 boys and Lazaro in the Under-10 boys.

Iano Thomson has worked his way up in the ranks of the Slow Town Surfers, Sedgefield's local non-profit surf crew. He is now one of the top surfers that have learnt to surf through our programme, and we are very happy that he will be part of the Eden Grom Team this year. The Slow Town Surfers is a non-profit surf group that relies entirely on sponsorship, fundraisers and donations from the community, especially for costly events such as these.

The Grommet Games will be held in Muizenberg, Cape Town, from 25 to 26 March. Due to the reality of travelling, accommodation, and food expenses, this is a costly event to attend. There will be various fundraising projects to cover costs, so please look out for them and support our young surfers.

For more information on this event and how you can help, please get in touch with Slade (Project coordinator at the Slow Town Surfers) 060 907 3845 or sladecw@gmail.com.



Above: Iano Thomson is part of the Slow Town Surfers.

Below: Lazaro de Bruyn will compete in the U10 boys.



TIDE TABLE

08 Mar - 22 Mar 2023

● Full Moon 06 April 2023

Wed Mar 08 2023
low tides 10:24 22:30
high tides 04:18 16:32
sunrise 06:22 sunset 18:57
moonrise 19:40 moonset 06:59

Thu Mar 09 2023
low tides 10:51 22:56
high tides 04:44 16:59
sunrise 06:23 sunset 18:55
moonrise 20:05 moonset 07:57

Fri Mar 10 2023
low tides 11:18 23:22
high tides 05:11 17:27
sunrise 06:24 sunset 18:54
moonrise 20:31 moonset 08:56

Sat Mar 11 2023
low tides 11:47 23:49
high tides 05:39 17:56
sunrise 06:24 sunset 18:53
moonrise 21:00 moonset 09:57

Sun Mar 12 2023
low tide 12:18
high tides 06:10 18:28
sunrise 06:25 sunset 18:51
moonrise 21:34 moonset 11:00

Mon Mar 13 2023
low tides 00:19 12:55
high tides 06:45 19:06
sunrise 06:26 sunset 18:50
moonrise 22:13 moonset 12:06

Tue Mar 14 2023
low tides 00:58 13:40
high tides 07:30 19:59
sunrise 06:27 sunset 18:49
moonrise 23:01 moonset 13:14

Wed Mar 15 2023
low tides 01:53 14:57
high tides 08:38 21:46
sunrise 06:28 sunset 18:47
moonrise 23:59 moonset 14:20

Thu Mar 16 2023
low tides 04:05 18:13
high tide 10:47
sunrise 06:28 sunset 18:46
moonrise - moonset 15:22

Fri Mar 17 2023
low tides 06:39 19:27
high tides 00:26 12:46
sunrise 06:29 sunset 18:44
moonrise 01:06 moonset 16:15

Sat Mar 18 2023
low tides 07:39 20:11
high tides 01:30 13:47
sunrise 06:30 sunset 18:43
moonrise 02:18 moonset 17:02

Sun Mar 19 2023
low tides 08:24 20:47
high tides 02:15 14:33
sunrise 06:31 sunset 18:42
moonrise 03:33 moonset 17:41

Mon Mar 20 2023
low tides 09:04 21:20
high tides 02:54 15:12
sunrise 06:31 sunset 18:40
moonrise 04:46 moonset 18:14

Tue Mar 21 2023
low tides 09:41 21:52
high tides 03:31 15:48
sunrise 06:32 sunset 18:39
moonrise 05:58 moonset 18:45

Wed Mar 22 2023
low tides 10:16 22:23
high tides 04:07 16:23
sunrise 06:33 sunset 18:38
moonrise 07:07 moonset 19:15

NEXT EDGE: Wednesday 22 March 2023 - Issue 661

PLEASE NOTE OUR DEADLINES

(Careful, they tend to fly by VERY quickly)

DISPLAY ADS: Email to editor@edgenews.co.za by 17 March 2023

CLASSIFIEDS: (stuff for sale, jobs, get-rich-quick schemes, secret treasure hints)

accounts@edgenews.co.za by Monday 20 March 2023

KINDLY NOTE: Due to the epic craziness of life as we currently know it, The EDGE offices may not always be open. Please call 072 516 4701 if you would like to a) make sure we are here, or b) wake the guard-crocodile.

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SOLD Avimore • R 2.385 million	SOLD Avimore • R 650,000
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TENNIS NEWS

On the 25th of February the Tennis Club held their AGM and the new committee is as follows:

Chairperson - Phil Marais Secretary - Michelle Lutener
 Treasurer - Anita Flockhart Additional committee members: Cherie Bester, Tracy Krueger and Mike v d Marel.

The men's February Tuesday Challenge was won by Len Dekker and the Ladies Challenge was won by Carrie Bateman.



Carrie Bateman holding the award

Sedgefield Striders TIME TRIAL Every Wednesday 5.30pm
 Road adjacent to Sedgefield Bowls Club
 Beginner runners/walkers welcome
 For more info call 072 275 6894

PLEASE SEND YOUR SPORTING RESULTS OR ACHIEVEMENTS TO editor@edgenews for publication before 2 March 2023. Please keep sporting editorial brief in order to enable us to include everyone.

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