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Sedgefield's Atlantic Spurs were the ecstatic winners of the Knysna Oyster Festival Netball Tournament.

TRIPLE TRIUMPH FOR SEDGE



Smuts United FC - Winners of the Oyster Cup for the second year running - celebrate their victory on Sunday.

The last weekend of the Knysna Oyster Festival saw a triple whammy for Sedgefield, with three big sporting tournament trophies coming this way. Congratulations to the ladies from Atlantic Spurs (pictured top), the gents from Smuts United (pictured above) and the lads from Young Boys FC (see story on back page) for their respective victories in the Netball and Soccer competitions.

On Friday, 7 July and Saturday, 8 July, the Atlantic Spurs Netball squad took on other teams from the Greater Knysna area in the Knysna Oyster Festival Tournament. Playing what has been described as 'beautiful netball', they won all their matches in the group stages to go through to the semi-finals. Then a convincing 20-7 win against the Sky Blue squad saw them making the finals, where they played a brilliant match against the Jaguars from Knysna. An exciting game resulted in the

final score of 12-6 in their favour, and the gold medals and trophy were theirs. Well done, ladies!

The following day, Sunday, 9 July, saw our talented local soccer champs from Smuts United defending the Oyster Cup in a final against FC United at Loerie Park in Knysna. Having brought the cup home in the 2022 tournament, the lads were no longer the underdogs, and everything was at stake to prove they were still champion material.

The rain made the going difficult for both teams but certainly didn't keep their fans from filling the stands. It goes without saying that the Sedgefield team made their supporters' journey worthwhile.

The one and only goal of the match came in the middle of the 2nd half; this, after some brilliant ball play from the Smuts team's front pair, gave Ashley Melite the opportunity to take a crack at the net. And score he did!

The home team retaliated swiftly, attacking with force in an attempt to find the equalizer. However, outstanding work by the Smuts United defense, in particular, goalkeeper Ashwell van Rooyen (who had earlier promised that no ball would pass his 'golden gloves' that day) kept the gates of the Sedgefielders goal mouth firmly locked against a barrage of opposition shots.

Smuts United's captain of the day was Corne Melite, who was more than happy with his team's performance and the invaluable work of those behind the scenes. He said the players could focus on coach Peter Hardnick's simple instruction:- **KEEP YOUR EYES ON THE PRIZE - WE ARE IN IT TO WIN IT.**

"We would like to say special thanks to all Sedgefield fans who drove through to offer their support," says Smuts assistant coach Gavin Campher, "The stadium was packed!"

"From the team side, we would

like to thank the coaches, management and supporters for pushing us to the limit" added Captain Corne.

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Notes from T'Ed's Head

It's just been so cold.

Seriously – it's so cold I have even granted Mrs Ed temporary privileges on the WMCC (World's Most Comfortable Couch). A most generous move, considering she's hardly a month into her banning after the cold feet episode of early June (I have realised that body heat is more valuable than stretching room). Now we spend our evenings sitting so close to one another we're beside ourselves.

As I have mentioned before, I don't like the cold.

In fact, I hate it.

I miss Zimbabwe, where most people think 'putting on a Jersey' means impersonating a cow.

Yes, I know. It HAS been twenty-five years, and yes, we are still living in the same place, but I STILL feel it is necessary to have my annual groan.

Why? Because I STILL feel it is unfair that nobody mentioned to us that Sedgfield reached such arctic temperatures when we were considering it as a new hometown all those years ago.

If I wanted to be this cold, I would have moved to Alaska, or Canada, or the deep freeze.

Not that I am the sort that would stoop so low as to (polar) bear a grudge or anything, but I am inclined to shake a fist at my in-laws during June, July, and August ... and sometimes even September. Not to their faces, of course; my mother-in-law is far too good a cook to jeopardise our relationship.

But still. It is their fault.

Mrs Ed's siblings and their parents upped sticks from Zim and moved to this area well before we did, so you would have thought they would have warned us. But they didn't. Indeed, when our small family sojourned southwards from our home in 'Hot Harare' to visit them here every Christmas, they all but promised that the Garden Route's wonderful December weather was a constant factor throughout the year.

Indeed, it seems December was their 'Marketing month'.



"Come," they would shamelessly beckon, "Move to Sedgfield where you can bask in the warmth of sun-filled days and balmy nights. Slip into your summer speedo, sip cocktails, and never set your feet in non-sandal shoes again."

So, we moved, and every day I thank the good Lord we made that decision.

Except for the winter of my discontent. That's when I start complaining about the cold. EVERY NIGHT. EVERY WINTER. EVERY YEAR.

Mrs Ed blames me. Of course, she does because I am responsible for our house.

Did I say house? Perhaps that should be 'igloo'.

You see, I built it. Me.

Not on my own – no, I had a construction team on site. Still, I was definitely the one in charge (of rushing backwards and forwards to the hardware emporium 27 times a day to buy nails, screws, cement, sand, sandpaper, wheelbarrows, cold drinks, polyfiller, tobacco and anything else that might be necessary to prevent construction work from grinding to a halt.) (Yes, grinding discs, too!).

And one area where, in hindsight, I may have been a little lax is weatherproofing. (PLEASE don't tell anyone, I may have to sell the place one day)

But even for this, the fault certainly shouldn't sit on my broad (though exceptionally well-proportioned) shoulders. No. Once again, it lies solely with my in-laws. You see, we stayed with them during the entire nine months it took to build our home. And as their

DAWID MALAN OPTOMETRIST

PrSciNat BSc HonsBSc BOptom MPhil

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house tended to have a big fire burning in the grate, hordes of heated blankets and hot water bottles making sure our beds were as toasty-warm as – well – toast, I didn't really notice winter so much.

So when, in late October, the foreman on our building site mentioned that as he was about to install the interior ceiling boards below the (wafer-thin but bargain-priced) corrugated iron roof sheets of our new home, perhaps it would be a good time for me to go and purchase insulation material, I merely chuckled and told him that we rough, tough, iron-hearted Zimbabweans certainly wouldn't be wasting money on such wimpish extravagances.

You should understand that, at the time, I was feeling particularly macho. Wearing just a vest and baggy shorts, my new tool belt (which I discovered had perfect pockets for lunchbars, cheese wedges and dry wors sticks – especially if you haven't got any tools), a Bruce Springsteen sort of bandana, and even steel-toed work boots, I was living every man's dream. Indeed I had just climbed a ladder unassisted and, with minimal supervision, hammered a nail into something they called a joist. So I was practically brimming with testosterone (I probably could have parallel-parked if anyone had asked me).

So, when the foreman fellow asked for rolls of something called 'Think Pink', there was no way I was going to ask the hardware store assistant for such an obviously namby-pamby product – especially considering he and his workmates were still probably chuckling behind their fists about the 'long weight' I had been sent for earlier.

Of course, the very next winter, and every winter since, we have suffered accordingly.

If only I had been more in touch with my feminine side and did just a smidgen of Pink thinking.

Instead, we freeze.

This year, Mrs Ed (bless her industrial strength socks) has been trying to counteract the cold by continuously incinerating 'body-warmer' beanbags in the microwave. The result, apart from feeling like someone has spilt a pot of piping hot curry into your lap – which is quite pleasant when it's minus three, is that for the last two months, the house has smelled like a boarding school dinner (also good in comparison to the noxious odour of Mrs Ed's usual attempts at cooking.)

And, like every other year, she throws in a continuous barrage of heated complaints about my questionable building ability – to anyone who will listen.

"We can't even plug in a heater without being plunged into darkness," she grumbles to the children on the phone (they don't visit from Mid-May to late August) through her winter beard, "Because somebody," and this is when she rolls her good eye in my direction, "Somebody used an under-qualified electrician to wire our house." (In my defense, his quote was 60% less than all the others) "Perhaps," she continues as if our poor offspring haven't heard it every year since they were knee high to a knee rug, "That's why the bathroom light goes off when I put the geyser on? And the useless fireplace chimney? Let's not even go there" (Once she's warmed up there's no stopping her) "I swear that thing pushes so much smoke into the lounge the geckos have all developed bronchitis!"

Year in, year out, every winter is the same. Complain, complain, complain!

At least the smoke gives me a chance to escape without her noticing. I usually go to her parent's house. It's so much cosier there ...

I'd be mad if I didn't!

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BODY FOUND IN CAVE ABOVE BEACH

The Sedgefield community was filled with alarm and concern on Monday, 10 July, when news broke of a body being discovered at around 8 am near the beach at Swartvlei River Mouth.

Details from SAPS are still understandably minimal whilst their investigation proceeds. However, reliable reports suggest the body, discovered in a cave by a passer-by out on a morning walk, was of a homeless male. It is presumed the unknown person had entered the cave for shelter and that the severity

of recent winter weather may have been a factor in his demise.

The Knysna police were called and dispatched members to the scene, where they reported the body to be in an early stage of decomposition.

SAPS has since opened an inquest docket, and an autopsy will be conducted later this week to ascertain an official cause of death. At this time, no foul play is suspected. The identity of the deceased is still unknown.

FIRES LEAVE ONE DEAD & HOMES DESTROYED

A pregnant local lady (name not available at time of going to press) lost her life in hospital last week after a fire engulfed her home and three other informal structures between Luthango and Makonkwana streets in Smutsville on 6 July 2023.

According to Knysna Municipal Communications, the Fire Services Department received a call to the fire incident at approximately 17:21.

“Three fully staffed fire engines promptly responded to the scene. The fire spread rapidly due to the presence of flammable materials in the structure, generating intense heat. Unfortunately, this resulted in three adjacent

structures catching fire and, ultimately, four structures being completely destroyed. The fire crew successfully extinguished the flames and returned to their base at 18:53,” their statement read, adding that the cause of the fire remains unknown.

At approximately 8 am the following morning, another fire broke out – this time in Karatara. Municipality Communications reports that residents observed smoke emanating from one of their bedrooms while they were seated on the outdoor “stoep.” Immediately recognizing the danger, they promptly alerted the Karatara fire crew and the Sedgefield Fire Department. Three manned fire engines were swiftly dispatched to the location.

Regrettably, one individual suffered from smoke inhalation, while the remaining three residents had to be relocated due to smoke damage to their properties. The fire department ventilated the entire building before concluding their operations and returning to their base at 10:42.

The cause of this fire also remains undetermined.

Masithandane keeps a container for donated clothing, bedding and other household goods that may be needed by fire victims. Should you wish to assist, please drop donations off at The EDGE offices (63 Main Road, Sedgefield) or Masithandane (Milkwood Street, Sedgefield).

KAWS FUNDING ISSUE TO BE TABLED BY COUNCIL

What seems to be a misunderstanding between Knysna Animal Welfare Society (KAWS) and Knysna Municipality regarding funding will hopefully be resolved - at least in some way - when the matter is tabled before Council.

It seems that whilst KAWS believed they would be receiving a R268 058 Grant in Aid as recorded in the 2022/2023 MTREF Budget Report, the Municipality was awaiting an official application

from the NPO so that a Service Level Agreement could be entered into.

“While provision was made in the budget, without an application and subsequent agreement, we are unable to proceed with the disbursement of funds,” explained the Municipal Communications Office.

“An item will be tabled before Council to discuss a way forward to address issues around this matter.”

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Revive Sedgefield celebrates its 1st birthday!

Can you believe it is a year since six enterprising individuals lit the flame and created Revive Sedgefield? Linda Bowman, Steve Patton, Dianne Johnston, Louise Barnard, Christopher Miles, and Nicola Arend took a leaf out of the book of Revive Knysna, who were already running a very successful team, restoring areas in and around Knysna.

A work group was quickly formed, and they were away with spades, forks, and brooms in hand. A group of very energetic, keen ladies took to the gardens in and around the village centre.

Their first project, the library and municipal gardens, soon took shape. Since then, there has been no stopping them. The amount of hard work put into completing each project is astounding. It may surprise you when you hear the long list of projects already completed: The library gardens, municipal building and surrounding gardens and pots, the renovation of all five white pillars in and around Sedgefield and gardens created around them, the Police station and Clinic both have newly created gardens, there has been a beach clean-up, a tree planting ceremony in Smutsville, painting of the yellow and white

poles in Flamingo street, various smaller garden beds have been revamped around the village centre, as have a number of the black pots along the service road. The garden at Engen has been reclaimed, and of course, the pride and joy of Revive the Main Circle and surrounding pavement areas are all now gleaming!

The residents of Sedgefield donated most of the plants used in these projects, while sponsors assisted with compost, mulch, and labour. Fundraising is vital, and throughout the past year, Revive held very successful events such as a Wine tasting evening, golf day, and a collection at Wild Oats. All of which helped keep them going and sustainable.

The first AGM was held on 29th June, and a new committee was duly appointed. Linda Evans as chairperson and social media, Antoinette Brinkmann as Treasurer and Secretary, and Sally Smith Theron and Adele van Zyl as fundraisers.

This team of ladies, usually found "in the thick" of things on the streets of Sedgefield, spades in hand, have now accepted the challenge to take up the reins

and continue to "revive." Sedgefield. Their pledge is "We will endeavour to continue reviving, restoring and beautifying Sedgefield for the benefit of all who live, visit and pass through our town".

To celebrate their first birthday, there will be a "rock drop" in and around the various sites the team has worked on. Approx 50 black rocks of different sizes, all emblazoned with the RS logo, will be dropped in the various garden areas, with only six being slightly different. If you are lucky enough to find one of the six special rocks, you will be eligible to claim a prize. Keep an eye on the Revive Sedgefield Facebook page (<https://www.facebook.com/SedgefieldLocals>) or the Sedgefield Locals Facebook page for more upcoming details.

What's next, you may ask? RS will be reviving the area around the one and only set of robots in Sedgefield and will also tidy up the service road area along the parking side. If you would like to offer your help, get involved, or sponsor in any way, please contact Linda Evans on 083 5906681.

The RS team is a force of nature,



The Revive Team who are working their magic around Sedgefield.

keep an eye out for them in and around Sedgefield and show your support with a hoot or wave when you do. CONGRATULATIONS, Revive Sedgefield, for reaching your 1st birthday and reclaiming the streets of Sedgefield!

ENVIRONMENTAL PAWPRINT

By Mike Young

The above is the title of an article which appeared in Daily Maverick 168 a week ago. It was written by a lecturer from Edinburgh University, and his starting point is that the environmental impact of pets is often overlooked.



Cats and dogs can harm wild animal populations by hunting and killing, chasing and harassing. However, the most concerning aspect of owning pets is the climate impact of their food. Choosing nutritionally balanced food with lower meat content will typically reduce emissions. Much pet food is dried pellets, but "wet" pet food is also available. Dry pet food usually contains animal by-products, such as lungs, hearts, livers or kidneys, because of their low cost and ability to provide appropriate nutrition. A study published last year suggested that feeding a dachshund with wet food produced 6 500kg of CO2 a year. By contrast, a dry food diet reduced emissions to 830kg a year.

The article included much more information and ended

with a paragraph titled "Reducing the environmental burden". This starts by noting that the bigger the dog, the more food it will need, and this will increase the environmental impact. The writer suggests you don't feed your pet too much, thus avoiding obesity. Choose very carefully the type of food you give your pets. Increasing quantities of sustainable pet food are available and have a reduced meat content, and can incorporate environmentally friendly ingredients such as insects!

The bottom line is that we must choose what our pets eat and carefully check the ingredients. We feed our dog with minced chicken carcasses, which would otherwise be thrown away.

unheard-of profession. People laughed at me and told me I was crazy. Coaching life, not sport? But a few of us 'crazies' continued, and I ended up with an International Coaching and Training Institute, which trained and helped many. Coaching has now truly taken off and is a powerful tool for transformation and success.

It is beautiful how a simple act of starting something can grow and grow if it speaks to people. Who knows what the simple act of starting a holistic library in our area could become for all of us? I love this idea! It opens my heart, and I trust many great books, inspiring talks and good like-minded connections. I hope it will do the same for you. Let's get together!

YES TO LIFE holistic library is open during the week. Our social meetup will take place monthly. DATE: 22nd July from 13.30 to around 16.30 VENUE: Forest



YES TO LIFE Holistic Library

By Jenny Des-Fountain

We now have our own YES TO LIFE Holistic Library in Sedgefield and a monthly meetup for like-minded people.

Anyone with mind, body, spirit and holistic interests is welcome to join us for our first Monthly Meetup!

The inspiration for the library

and meetup started in 2017. I was helping with trauma counselling during the Knysna fires and became aware that many people wanted more alternative healing and treatment and did not know

where to go for this. I have since discovered we have a large, vibrant, interesting alternative community and many complimentary therapists. Our beautiful area and slow-town lifestyle have attracted many diverse and fascinating people wanting a better quality of life. Most of whom don't know each other.

This got me thinking about how to change this. Imagine if we all knew each other and had a regular event/place to meet and socialise, a non-business space to share and support each other in our self-growth journeys.

I know how valuable and rewarding this journey can be. Mine started at age 18 when personal healing ignited in me a lifelong passion. I discovered the heart & mind awakening potential we all have. Over the last 45 years, I have delved into learning more, culminating in a successful coaching and training career, an 18-month silent meditation retreat and many qualifications/certifications in human development and healing modalities. How many of us have been or are on a similarly interesting and deep journey that we seldom share? I know I don't, and yet I would love to. We also have many outstanding complimentary therapists, inspiring healers and coaches we do not know.

The above inspired me to open the YES TO LIFE Holistic Library as a meeting, resource and gathering place. Starting this month, this will be a place for us to find some great books and meet each other for a monthly get-together. The range of subjects is vast, from self-growth, religion, healing, science, psychology and philosophy, spiritual, meditation etc. You can borrow from over 1000 books collected and donated, come to the meetup and chat over a cuppa and snack, and learn from a related talk and sharing.

It was BOOKS... BOOKS... and more BOOKS that, at 18 years old, ignited the spark of growth and study in me. Subsequently, I was one of the first to bring Life Coaching to South Africa – an

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ZUMBATHON: ZUMBA MOVE TO GIVE

By Pam Victor

It takes a village to raise a child, but when you add the Zumba dancing girls, get ready for a whole new level of excitement and support! Together, we made a difference and showed the world how the power of dance can transform lives.

On Saturday, 8 July 2023, the Sedgefield Town Hall buzzed to the sizzling sexy sounds of Latin American Zumba dancing. Sedgefield's local Zumbini's and Zumba clubs from George, Plettenberg Bay and Knysna moved to give for a very worthy cause: Cherished, community-based projects and initiatives incorporating an Early Child Development Centre, Community Kitchen and Sports Academy in the Community Centre Smutsville. The Zumbathon raised R21 700 for these much-needed community-based projects.



Picture by Andre Victor

Dianne Johnston, Project Co-ordinator, would like to express her sincere appreciation to all local businesses who donated prizes and funds for this worthy project with a shoutout to her fellow Zumbini's without whom this would not have been possible.

Ocean Odyssey; Upstairs at Rosie's; Mirror Mirror; B Beautiful Beauty Salon; Changes Hair Salon; Arrigato Boutique; The Cake Boutique; Body Stress Release; Liola Vegetarian Restaurant; Lumin

Hair Salon; L'Nail; Wax Worx; The Woodshack & Wine; Biltong Warehouse and Nuts, Pili Pili, Simple & Delicious and Prince of Tarts. Let's go, Zumba!

LIONS' NEWS

by Debbie Olivier

Sedgefield Lions recently inducted Peter Hall as their new President! Peter takes over from outgoing President Shelley van Eden. The club also officially welcomed their newest member, Danie Hitge, into the club fold. Danie has been involved in numerous projects for the Sedgefield Lions and has also attended our meetings. Welcome Lion Danie and Suzette.

The Knysna Oyster Festival had the Sedgefield Lions on the hop as they marshalled the cycle race and manned water tables for the marathon. This was character-building stuff as let's face it, it has been a cold and wet week!

On July 18, the Lions will be at Sedgefield Pick n Pay for a dog and cat food collection. This will be our Mandela Day project, and we hope to collect 67 dog or cat food items on behalf of Sedgefield Animal Matters. In this very cold winter, every animal deserves a full tummy and we are truly grateful for the work SAM does in their Smutsville outreach programme. Please see us outside Sedgefield Pick n Pay and help us help SAM!



Lion Alison inducts incoming president Peter Hall, whilst outgoing president Shelley Van Eden Vorster looks on. Congratulations to Peter, and congratulations are also in order for Lion Shelley, who has the new role of Zone Chairman for our district.



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DIARY DATELINE

Every 2nd Monday
2pm Sedgefield Art Society meets at the Catholic Church. New members welcome. Colin Burgess 082 852 2586

Every Monday
1:30pm Duplicate Bridge at Catholic Church hall. Enquiries (Whatsapp) to Toni 0722465024.

Wednesdays
8 for 9am Golf Day @ The Links. All members welcome.
5:30pm Sedgefield Striders Walking / Running time trials on road adjacent to Bowls Club. Beginners welcome.

Thursdays
6:30am Eden Cycling Club Group Social outide departs Cycle Worx. All welcome.
8 for 9am Sedge Gentlemen's Golf @ The Links
12:30pm Social Bridge School at St Anthony's Catholic Church hall. All levels welcome. Lessons 12:30, Play from 13:45. Enquiries: Gail 0834577647.
13:15pm Bowls. Tabs in

Fridays
8am Ladies Golf @ Links Course

Saturdays
6:30am Eden Cycling Club Group Social outide departs Cycle Worx. All welcome.
8am-12 Wild Oats Community Farmers' Market
8 for 9am Saturday Competition Golf @ Links Course
8am-2pm Mosaic Market
8am-2pm Scarab Craft Market
13:15pm Bowls. Tabs in.

Every 4th Saturday
3pm or 4pm Garden Route Centre of the Astronomical Society of Southern Africa. At Catholic Church, C/o Sysie & Flamingo St. Visitors welcome. Please call Peter 083 445 4634 to check meeting time and for more info.

Sundays
7am Eden Cycling Club Group Social outide departs Cycle Worx. All welcome.

Should your association, charity or group have any forthcoming events, please send us details so that we may publish them in our next issue!

PLEASE NOTE: If you would like to write a letter to the editor, it must be submitted with the author's full name, address and phone number. If a writer does not wish his or her name to appear in print, a 'pen name' (nom de plume) may be included.

Email letters to: editor@edgenews.co.za The editor has full discretion as to which letters are included or excluded and no argument, badgering, cajoling, bribery or heated conversation will be entered into. Opinions expressed in published letters and articles are not necessarily those of the management and staff of The EDGE Community Newspaper.



I've learned ...
 That a smile is an inexpensive way to improve your looks.
 by Andy Fooney

Dear Editor,
 On Mon 10th of July, a loskop went into town to collect something she had ordered. She picked up the item (some shelves), paid for them, and went back to her car, carrying the shelves and her wallet. But her hands were full, so she needed to put something down to open the car door. She chose to put her wallet on the car's roof (obvious choice), put the shelves in the boot (also an obvious choice), and drive off (bad choice!). The wallet hung on for dear life until she took a corner (at the robots), where it flew off.

Mervin Kennedy, who witnessed this ridiculous event, picked up the wallet and ran after the loskop but could not catch up with her (she is a fast-driving loskop). He then found a phone number in the wallet (on a SCUBA diving qualification card). He phoned the number and spoke to the head of the diving organisation, who then tracked the loskop down to give her Mervin's number. Mervin had the wallet safely in his care (with all the bank cards, driver's licence and dive cards that all sensible people keep in their wallets).

This note is to say thank you to Mervin Kennedy - you are a fantastic person, and you restore my faith in humanity. With warm regards,
The loskop.

WHERE IN THE WORLD WAS YOUR EDGE?



Saskia Verschoor took her Edge all the way to Murano Island, Italy!

Afrikaanse boeke benodig

Die Gemeenskapsbiblioteek wat opgerig is vir die mense van Kleinkrantz informele nedersetting, bekend as 'Nature's Valley', tussen Wildernis en Sedgefield, wat reeds vele uitdagings die hoof moet bied, doen 'n beroep vir Afrikaanse boeke - veral dié wat geskik is vir kinders.

Die Natures Valley Hand Up- en die Kleinkrantz Community Circle-spanne wat die biblioteekprojek fasiliteer het, is baie dankbaar dat hulle oor baie Engelse boeke beskik, maar wil graag meer Afrikaanse boeke vir lesers beskikbaar stel, veral as in ag geneem word dat die biblioteek in 'n oorwegend Afrikaanssprekende gemeenskap gesetel is.

Indien iemand kan help moet hulle asseblief vir brian.mushfieldt@gmail.com of 73 221 0184 kontak.

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In Loving Memory Gordon Legg

16 October 1932 - 6 July 2023

Gordon, a well known Cape artist passed away on 6th July 2023.

He leaves his wife and three children. Gordon was a loving husband, father and grandfather and he will be sadly missed.



Widerness Heights tackling substance abuse

By Shelley Epstein

There is an informal settlement in Widerness Heights, on the corner of Remskoek and Whites Roads, near the Hope Church buildings (once the primary school attended by Dr Chris Barnard - or so legend has it). The settlement is called interchangeably The Camp, Donkerhoek and Heights Village. In this article, we will call it by its most optimistic name, Heights Village.

The occupants of the settlement are mainly Afrikaans-speaking descendants of farm workers removed from farms in the area over 30 years ago. The homes are mostly built from scavenged building materials with floors of bare earth. Pit latrines and



electrical supply points have been provided by the George municipality.

Substance abuse is rife in the settlement, especially alcohol, tobacco and dagga, and also dangerous drugs such as tik. Children as young as 10 begin experimenting with these substances since this is the norm which they observe their elders and peers doing.

Heights Village has visionary leaders, one of whom is Collin Wildeman, who has seen the importance of sport to save the at-risk youth of his settlement. He set up senior and junior soccer and netball teams. He found a donor who found other donors who provided soccer and netball uniforms and shoes. The donors also funded the regular mowing of a field which was probably the sports field of the defunct primary school. This allowed Collin to have his teams join regional soccer and netball leagues and

invite other teams to play on the home field. This led to the need for the funding of taxis to take players to away games in surrounding areas such as Touwsrante, Pacaltsdorp and Smutsville.

The sports teams of Heights Village now play a game almost every weekend. They win some, and they lose some, but the important thing is that they are provided with an interest, an activity and a social group away from those involved in substance abuse.

Another significant player in Heights Village in the fight against substance abuse is an organisation called SAHARA - Smoking and Alcohol Harms Alleviation & Rehabilitation Association. Founded by Dr Hermann Reuter in George, SAHARA aims to provide free help and care for people with substance use disorder.

A SAHARA facilitator joins Collin at his home once a week to hold meetings that assist people in reducing or stopping alcohol, tobacco or drug use, thereby limiting harm within their community. About twenty people attend this meeting every week. They themselves suffer from substance abuse, or their children or parents are sufferers. For the first time, people of the Heights Village community are talking about all aspects of the problem and how it affects their lives instead of treating substance abuse as normal and expected.

The facilitator will train Collin to facilitate the meetings and, in time, leave him and move off to work with other communities in need.

You can find more information about SAHARA and ways to support their work on their website.

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SPECIAL ADJUSTMENT BUDGET 2022/2023

Notice is hereby given in terms of Section 28(2) of the Municipal Finance Management Act and Regulation 23(5) of the Municipal Budget Reporting Regulations that the Adjustment Budget of Knysna Municipality for 2022/2023 was approved in a meeting of Council on 29 June 2023 and is available for viewing by following the link to the Municipality's website:

<https://www.knysna.gov.za/government/important-documents/budget-and-related-documents/> as well as at the Municipal Offices and Libraries at Sedgefield, Rheenendal, Karatara and Knysna.

Mr OP Sebola
 Municipal Manager
 Clyde Street
 Knysna
 6570

(044) 302 6300



www.knysna.gov.za

SEDFIELD ROADS ARE A MESS!

by Terry Cockcroft,
Pr. Eng., B. Sc. (Civil)

While it is appreciated that the roads have really suffered from the recent and ongoing rains, resulting in more and bigger potholes, one wonders what has happened to our "Roads Repair Gang"?

We do not see them repairing our roads regularly, as we used to. I believe that Knysna Municipality has "hijacked" our

team to also look after roads in Knysna. One wonders why the Municipality does not train their own gang to do this work. But I have strayed from the main point of this letter. It is clear that the normal way of filling potholes with premix will not work when the roads are wet. I had an SRG Roads Dept. Bursary & had to work for them for a number of years, after qualification, to discharge my financial obligations to them. I

was very happy to do this as I got fantastic training during that time in all aspects of road construction and maintenance. I then spent a considerable time in my early career maintaining roads in what is now Zimbabwe. During that time, I learnt a lot from one of the foremen I had on my construction unit, Ivan Webber. Specifically, he taught me that after rain, there was only one way to patch potholes, and that was to do gravel patching, using damp gravel with a bit of cement added so that the gravel did not splash out of the pothole due to traffic using the road.

It is a great pity that our Roads Gang do not use Gravel Patching, as a matter of course, when the roads are wet.

Knysna Municipality responds

We have recently completed the resealing of the two main service roads that run parallel to the N2 in Sedgfield. The deterioration of the roads can be attributed to the significant amount of rainfall we have experienced over the

past few months, accumulating to a total of 409mm until the end of June 2023.

The primary goal of our road maintenance team is to ensure long-lasting repairs to the potholes. To achieve this, we have adopted a cost-effective approach, wherein we first fill the potholes with stabilised gravel and subsequently apply an asphalt overlay. This method minimises the need for repetitive repairs and maximises the durability of the road surfaces.

With the anticipation of more sunny days ahead, we are optimistic that our dedicated team will be able to carry out the pothole repairs in a more efficient and productive manner. By capitalising on favourable weather conditions, we aim to accelerate the pace of repairs and enhance the overall quality of the road network in Sedgfield.

We remain committed to ensuring safe and smooth travel for all residents and visitors.

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Tickets can be bought at the gate or in advance at Cafe Vienna.

"Oh, and here's a heads up," adds Vinessa, "If the rain decides to crash our party on 15 July, don't you worry! We'll just shimmy our way over to 22 July. Can't wait to see you there!"

For further information please call Vinessa on 084 443 2872.

INVITATION MASITHANDANE 17TH AGM

NOTICE OF AGM

TO BE HELD ON THURSDAY 20 JULY 2023
AT 16:00

AT GRACELAND, MILKWOOD ROAD, SEDGFIELD

ALL ARE WELCOME
NOMINATIONS TO THE MANAGEMENT BOARD ARE ALSO WELCOME

For more information please call Jacky Weaver
0824142133 or Joanne Scholtz 0834616850

REGISTERED NPO NO. 052-253 & PBO NO. 930025275
www.masithandane.org

If you would like to join the meeting virtually on Google Video Conferencing Services, please send your email address to weaverjacky@gmail.com by 13 July 2023 and we will provide you with the documents and the link.

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NB. Classified adverts for the next issue need to be in by Monday 24th July 2023. Emailed classies will not be placed without proof of payment

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3 Slaapkamer, 2 Badkamer Huis, 1 Garage + laundry in Fraser St. Rent R15,000pm + deposit. Call 083 589 6973

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Sedgfield Mosaic Tours Masithandane hosts mosaic art tours on Tuesdays and Thursdays. You can hear the stories that inspired the pieces that make up a magical outdoor gallery alongside a water wonderland. Come meet the talented mosaic team, learn about the town's history, people and 'slow town' character. Please call or WhatsApp Jacky 0824142133 to book your place.

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Jane - 078 494 3118
Lincy - 078 494 3118 Refs
Siya - 063 134 6718
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17. Food & Wine

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19. Home & Garden

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27. Pets & Livestock

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Knysna Animal Welfare office 044 384 1603, emergency 073 461 9825. (24hrs)

The Groomer - Mobile Pet Grooming. 064 607 6472

28. Plumbing

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- Fully bilingual (Afrikaans and English).
- Manage and maintain excellent client relationships.
- Take responsibility for a client portfolio.
- Must be accurate.

Please email your CV to cathy@camather.co.za



In association with Garden Route Life and Investment Brokers cc
Garden Route Health Care Consultants cc

Leigh Skelton

sedgefield@sbsbrokers.co.za
Tel 044 343 1968 Fax 086 660 1425
67 Main Road, Sedgfield

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JW JORDAAN VAN WYK INC.
Attorneys, Conveyancers & Deceased Estates
ESTATE NOTICE
Estate no 022528/2021
The First and Final Liquidation and Distribution Accounts in the Deceased Estate:
Full name: John Richard
Surname: Allan
Identity No: 390529 5013 087
Last Address: Sedgmeer Park, Sedgfield 6573 Western Cape
will be open for inspection at the office of the Master, Cape Town, and the Magistrate's Court Knysna, for a period of 23 days from the date of the publication of this advertisement.
If no objection is lodged with the Masters during this period, payments will be made in accordance with the accounts.
JORDAAN, VAN WYK ATTORNEYS INC. 65 MAIN ROAD, SEDGFIELD, 6573. Email: estates@jvwlaw.co.za Tel: 044 343 2126 Authorised Executor: Anton Jordaan

JW JORDAAN VAN WYK INC.
Attorneys, Conveyancers & Deceased Estates
NOTICE TO CREDITORS IN DECEASED ESTATES
Estate Number: 008364/2023
Surname: WHYMAN
First Names: DEBRA
Date of Birth: 1964-01-22
Identity Number: 6401220078087
Last Address: 14 Heron Walk, Sedgfield 6573
Date of Death: 2023-03-20
Masters Office : Cape Town
All persons having claims against the abovementioned Estate are required to lodge their claims with the undersigned within 32 days from the date of the publication of this advertisement.
JORDAAN, VAN WYK ATTORNEYS INC. 65 MAIN ROAD, SEDGFIELD, 6573. Email: estates@jvwlaw.co.za Tel: 044 343 2126 Name of Executor: Anton Jordaan

NOTICE TO CREDITORS IN DECEASED ESTATES
Estate Number: 005562/2021
Surname: ROOS
First Names: ANNA MAGRIETHA
Date of Birth: 1938-02-12
Identity Number: 3802120038084
Last Address: 2 PLUMBAGO STREET, SEDGEHILL, SEDGFIELD, WESTERN CAPE 6573
Date of Death: 2020-12-21
Master's Office: CAPE TOWN
All persons having claims against the abovementioned estate are required to lodge their claims with the Executor concerned within 32 days from the date of the publication of this advertisement.
Executor Name: MC VAN DER BERG INC
Address: 1050 FREDERIK AVENUE, ELDORAIN, CENTURION, 0157
Email: estateplanning@mcvdberg.co.za
Telephone no : 012 660 6000

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Why should you legally register your alternative energy installations?

Municipal Manager Ombali Sebola explained why alternative energy installations must be legally registered with local municipalities. "Municipal distributors are legally obliged to ensure that the distribution grid power is maintained and that safety standards are maintained to protect municipal staff working on the network, the public in general, and the municipal infrastructure."

"With load-shedding wreaking havoc on businesses and our personal lives, we know that many people are considering installing alternative energy sources or have already done so," said Sebola. "If you can install such alternative power sources, we will not penalise you for doing so. But you must do so legally and register your system with the Municipality beforehand."

"Users who have installed small-scale embedded generators (SSEG) without following the prescribed procedures must follow the

same steps as those applying for a new installation. No retrospective application will be exempt from any municipal or other legal requirements," he continued. "These users have a grace period of nine months to complete the application and registration process. The grace period begins on 1 July 2023 and ends on 31 March 2024. I reiterate that the Municipality will not penalise users who register their systems. But those who fail to do so will face a maximum penalty of R10 300.00 and may have their systems dismantled and removed at their cost."

Knysna Municipality is not alone in setting policies regarding the installation of SSEGs. Local municipalities must develop a regulatory environment which ensures the safe and proper functioning of their electricity grid in terms of the Municipal Structures Act No 117 of 1998. Adhering to legislation, Council has adopted its Embedded Generation Policy, which contains the conditions and application

processes to install a small-scale embedded generator within the Greater Knysna municipal area.

SSEGs include any generator, including solar photovoltaic, wind, hydro or diesel-powered generators, that can connect to and operate in parallel with the electrical distribution grid and has a maximum power generation of up to 1MVA/MW peak output capacity. These are most commonly installed on residential, commercial or industrial sites.

The application and registration process follows eight simple steps:

- 1) Obtain the application form/s from <https://www.knysna.gov.za/live-here/utility-services/electricity/> or request the documents from the electricity department;
- 2) Complete the forms accurately and in full;
- 3) Obtain permission from other municipal departments (if applicable);
- 4) Submit completed form/s and all required documentation as attachments;
- 5) Commence installation upon receiving approval to do so;
- 6) Submit the commissioning of the system, with relevant documentation, to the electricity department;
- 7) Inspection of installation (if applicable);
- 8) Final approval to connect to the network and use the SSEG.

As users with SSEGs are still connected to the network, they

are not exempt from paying specific electricity tariffs. The approved monthly tariffs for residential single-phase SSEG customers consist of a fixed or basic charge of R593.64, an energy charge of R1.82 per kWh and an export energy credit of R0.85 per kWh.

"The fixed charge includes a network charge relating to fixed costs associated with maintaining and operating the municipal electrical network and a service charge that covers the fixed costs related to providing a retail service network," Sebola explained. "The energy charge is the variable cost associated with the volume of energy consumed, and the export credit is the compensation payable to the customer for energy fed back into the network."

"The electricity crisis is challenging all of us in ways we never would have thought possible," he concluded. "National legislation requires us to regulate the installation of these alternative power sources to ensure your safety and that of our infrastructure. I believe that the Embedded Generation Policy, and its stipulations, will make these processes easier for everyone."

For more information on the Embedded Generation Policy or to apply to install and register your SSEG, please contact Tholi Biyela, Manager Electrical & Mechanical Services, at tbiyela@knysna.gov.za or tel 044 302 6409.

Colour My World
Woman's High Tea R120 p/p

Fundraiser for
The Living Cornerstone, Sedgfield
09 August 2023
11H00/11h30
Sedgfield Town Hall

Guest Speakers
Lucky draw Prizes
Auction
Raffle

Dress Code: Hats or High Heels
Colour: All colour of purple

Tickets are available at:
Deo Gratia Coffee shop or Marietjie & 082 428 0639

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Great opportunities exist as we are expanding and require the services of additional EN / ENA who will be responsible to provide quality nursing care to our Residents.

Minimum requirements:

- SANC registration as an EN / ENA
- Experience with geriatric residents
- Strong knowledge of medication management
- Computer proficiency essential
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We can offer successful applicants:

- World-class working environments
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- Long-term career advancement opportunities

Please send full CV with contactable references, your contact details as well as copy of ID and practice licence to: reception@berg-n-see.co.za

Off the Mat Friday 30th

Sedge Bowling Club News 

"OH, WHAT A NIGHT" Absolutely "Awesome" – starting with the Open Singles Final between Neel & Luke (more about that in the club competition news).

First on the agenda was the "Jokers Wild Draw" Everyone had bought tickets and lined them up not to miss out when the number was called

"Drum roll" 1st round winner was Dawid Malan; everyone made sure his "eyes" read the number right (get the pun). Then, onto the board, where he picked the winning Joker card, a clean sweep! Well done, and congratulations to a worthy winner.

2nd – The Braai Raffle – Winner – Kobus Nel hope you have many happy braai times.

3rd – The "Piece de Resistance" of the evening was the Soup & Gluhwein supper. Many thanks to Patsy and Tommy and their helpers, the soup and gluhwein makers and everyone involved in a fantastic evening; we haven't had so much fun for ages. The Gluhwein did the trick (thanks, Dawid!).

CLUB COMPETITIONS
Final of the Open Singles played between Neels Theron and Luke Hugill – Winner Neels Theron. Congratulations, and very well bowled to both players. (See photo.)
Mixed Pairs – 11 July - List of playing times on the board.
Pick n Pay Ladies Day – 10 August. Every lady in the club should get a game if she can play.

EDEN COMPETITIONS
Ladies & Men's Trips – On the notice board. All for this very cold week – have a glass or two! Keep warm, Nearest the kitty.



Hearing loss:
Early intervention is key

Hearing loss can affect anyone and often progresses so gradually, it can be difficult to notice until you experience symptoms. The purpose of a test for hearing loss is to determine not only if you have a hearing loss, but how mild or severe it is.

Early signs of hearing loss

- 1 Asking people to repeat themselves
- 2 People complaining that you talk too loud
- 3 Feeling pain or pressure in your ears
- 4 Feeling a ringing sensation in your ear
- 5 Not able to hear conversations well





SPEC-SAVERS SEDGFIELD 044 312 0974
Shop 3A, The Sedge Centre, corner Vink & Main Service Road

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CHURCH SERVICES

Afrikaanse Protostante Kerk
Cearn Saal, Leisure Isle, Knysna
10am Service
Christo Matthee 083 769 9313

AGS Lighuis
Kontak : Kerkkantoor 044 382 6551
Sekretaresse 072 189 0215

Anglican Chapelry of St. Aidan's,
Wilderness
Peter Mundell 060 985 9113
or Paul McMillan 083 273 2601

Anglican Sedgfield :
See St Francis and
Church of the Resurrection

Church of Christ
Lynn van der Walt.
Tel: 076 068 2900

Church of the Resurrection
Service 9am
Petronella Buis 084 252 1698
Priest: Rev : Charlton Daries
082 387 7149 / 044 343 1491

Church Without Walls
Red Shed, Scarab Market
Sunday 9:30am
Schalk van As - 082 413 8363
(Please bring a chair)

Deo Gloria
Past Danie & Karin de Bruyn
044 343 1301 or 084 714 7023

Elohim gemeente
Kerkkantoor: 082 896 6387
Pastoor: Hansie Strydom

Evangelisch-Lutherische
Gemeinde SüdKap
Southern Cape Evangelical
Lutheran Congregation
Rondevelehoogte
Peter Lor 076 649 3050

Knysna Presbyterian Church
Office 044 382 7722
Rev Tim Hawkrige
083 324 3562

Lakeside Baptist Church
3 Duiwe Laan
J D - 066 160 7029
Sunday 9am

THESE ARE THE CHURCH
DETAILS WE HAVE ON FILE.
PLEASE SEND UPDATED
DETAILS. THERE IS LIMITED
SPACE. PLEASE ONLY LIST
THE TIME AND CONTACT No.

Ned. Herv. Kerk Outeniqua
Telefoon: 044 - 8712125

New Apostolic Church
Enq: Anthony Davis - 083 641 5027

NG Kerk
Sedgfield: 08.45am
Karatar: 10.30am
Ds. Marius Coetzee 079 873 3832
Kerkkantoor (044) 343 2033

NG Kerk Die Vleie, Hoekwil
Ds. Dawie le Roux 084 532 9958
Kantoor: 078 965 3651

Pinkster Protestant Kerk
Ouderling Jakobus Grootboom
078 158 2042
Chris Solomons 071 617 5630

Sedgfield Christian Church
Sunday services @ 09h00
Kairos Jnr & Snr Youth SAT 6pm-8pm
Pastor Juan & Tammy Pienaar
081 749 2534
info@sedgfieldchurch.co.za

Sedgfield Seventh-day
Adventist Church
Ph 081 270 7212

St Anthony's Catholic Church
Cnr Sysie / Flamingo Streets
Rod - 082 411 7683

St Francis United Church
Sunday - 09h30 - Family Service
Every 4th Sunday -
09h30 - Communion Service
Sunday School - 09h30
- every Sunday during school term.
Cnr Swallow Drive / Pelican Lane
All welcome! 044 3431702

Suid-Kaap Christen Familie
Pastor: Leon & Elmarie Terblanche
081 271 1551.
Assist Pastor: André & Soné Rossouw
072 341 7099

Wilderness Christian Fellowship
Pastors: Chris & Trudie Smit
044 877 0307 or 084 240 5414

Ladies' Golf

Friday 30th June 2023

Eighteen ladies played in the Medal and Putt competition for June.

Results as follows:
GOLD DIVISION
Winner: Brenda Howden (nett 63)

Runner up: Elize Mackenzie-Blom (nett 65)

SILVER DIVISION
Winner: Sylvia de Moor (nett 64)

Runner up: Eda Greenway (nett 65)

BRONZE DIVISION
Winner: Sandra van't Sandra van 't Slot (nett 58)

Runner up: Kandy Grieve (nett 59)

LEAST PUTTS TROPHY
Kandy Grieve (28 putts) count out with Sandra van 't Slot

BIRDIES
Brenda Howden (2nd)

Wendy Mak (11th)
Eleanor Sparks (3rd)
Sylvia de Moor (9th)
Prizes and lunch sponsored by Wimpy SA (Sedgfield Engen 1 Stop) and Sedgfield Pick n Pay

Friday 7th July 2023

Individual Stableford was the format for the day's ladies' match, always a firm favourite!

Results:
1st Place Elize Mackenzie-Blom (34 points)

2nd Place Eleanor Sparks (31 points) count out with Eda Greenway

3rd Place Eda Greenway (31 points)

Nearest the pin 0-15 handicaps - will roll over to next week

16 upwards handicaps - Sandra van 't Slot

Birdies
Elize Mackenzie-Blom (hole 10)

Sandra van 't Slot (hole 13)

Well done to the winners, and thank you to the ladies who played.

DUPLICATE BRIDGE CLUB

12 JUNE :

- 1 Pam + Colin 58.3%
- 2 Paddy + Bernard 56.9%
- 3= Judy + Toni / Clive + Thinus 51.8%

19 JUNE :

- 1 Annette + Terry 64.5%
- 2 Clive + Thinus 55.5%
- 3 Ina + Glenda 51.3%

26 JUNE :

- 1 Annette + Terry 60.4%
- 2 Irene + Linda / Pam + Colin 57.6%

3 JULY :

- 1 Paddy + Bernard 69.9%
- 2 Pam + Colin 62.0%
- 3 Irene + Linda 51.3%

SOCIAL BRIDGE SCHOOL

29 June

- 1st: Thinus & Koos
- 2nd: Sheila & Fiona
- 3rd: Willem & Rosalie/Clive & Brian

6 July

- 1st: Gail F & Gail B
- 2nd: Clive & Brian
- 3rd: Mark & Jeannie

SEdge GENTS' GOLF

30/06/23

A splattering of rain accompanied the Monthly Mug competition, but the day soon changed into a beautiful one for golf, as the following stats will show.

Some really good, if somewhat surprising, scores. In the A division, Steve Blom continued his run of good play with a net score of 55. He was closely followed by Bill Craig on 56. In third spot was Neville Large with 59; he was also nearest the pin on the 17th hole.

Dave Herbst followed with 61. In the B division, playing Stableford, Mike Hubberstey ran away with the first prize on 42 points. He is adamant that if this score does not get him into the A division, heads will roll. In second spot was Jan Potgieter with 36 after a count out with Len Moul. Jan also shot nearest the pin on the 13th hole. Martin Gilchrist followed with 35. Ongoing sponsorship by Engen and Pick 'n Pay is certainly having a positive effect on the numbers of competing golfers as well as improving the general standard of play.

However, when it comes to the worst player of the day, the "Duck" quacked for Rudy Bosch. A rude individual commented that his score reflected his age, but this person was reminded that when Rudy's age is compared to that of the nearby mountains, he is but a child. However, Rudy remains positive. He maintains that golf brings him closer to Mother Nature. Closer to muddy waters, closer to impenetrable grass and

closer to sandy bunkers. In fact, on the 17th, he discovered how to get extra length on his drive from the tee. Hitting the adjacent tar road, his ball was last seen flying past Lake Pleasant, where it caused some panic as locals thought it was a wayward Russian nuclear missile. There is one thing that Rudy will be remembered for, and that is no matter how many of golf's foibles have hindered him, this thorough gentleman has never been heard to mutter any of those dreadful words that golfers sometimes use to relieve their emotions, no names mentioned, not even Guy Maingard's.

6/07/23

The day kicked off colder than blue eyes that don't love you anymore. In fact, it was the coldest ever experienced in the history of the Gentlemen's Club, raising once again the question of why the start time should not be at 09h00. The competition was three clubs plus a putter, which did not help the situation.

There was more competition between the worst players than with those at the other end of the scale, a competition that included even a low handicapper like Paul Spencer, who only barely scraped 22 points together.

The eventual winner was Jan Potgieter with 34 points, followed by Bill Craig, who was extremely excited to be playing once again on a typical Scottish summer's day, with 33. In third spot was Ian Wright with 32, followed by Glen Mauchline with 30.

Captain Brian Gerard reminded everyone that the first round of the Knockout Competition would commence the following week with partners to be drawn randomly.

TED'S BRAIN CRUNCHER

Across

9. Chess fans may comment when they are going. (2,3,4)

10. Though half of them have nothing but a little jingle, we'll post one for a smile, for example. (5)

11. Yes! We agree it's a winning score. (3,4)

12. When you reach the 'D' you can't go on. (4,3)

13. Broadcasters live... as such. (2,3)

14. Garden tool could be part of his car, if I eradicate the rest. (9)

16. What the nation's largest folk live on with little effort. (3,3,2,3,4)

19. Threat from maniac milliner. (3,6)

21. Simply start an ice cream - have one for tea! (5)

22. Perhaps Jack is half a chatterbox, if you follow? (7)

23. Initially Karen has more tattoos - and more weird physical preferences too! (7)

24. Bet everything on everyone being at home. (3,2)

25. A line cued mistakenly is of the geometric sort. (9)

Down

1. Such investigative surgery is clearly not life-saving. (4,6)

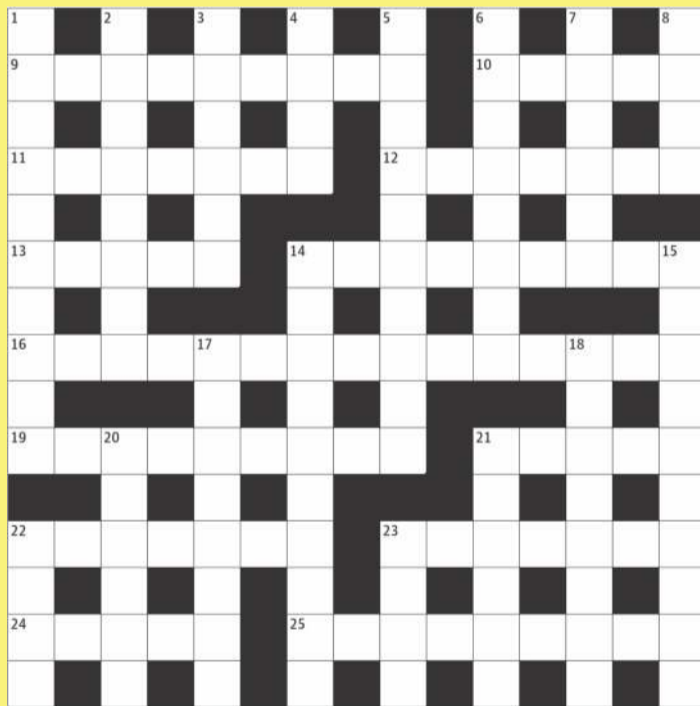
2. Sage about the sort of sound from the earliest time. (5,3)

3. Is there no irrelevant artist within? (6)

4. Note belonging to us makes one morose. (4)

5. Perhaps the one in charge of serving the cannibals pièce de résistance? (4,6)

6. Don't be so boring, Greta, you have no right to compose such a sentence. (3,1,4)



7. A very good place to begin singing. (2,2,2)

8. Bit of bacon in the road. (4)

14. Quickly prepared but under-delivered, eg "GET OUT!" (5,5)

15. Blushing swimmer who leads you astray. (3,7)

17. Shortly, Alan will request a brief reply from some Americans. (8)

18. Stopping at nothing, the tight fellow opts for a mist dispenser. (8)

20. To put the first two on the dole is something that can be achieved. (6)

21. Move until she begins to get a bit of a natural glow. (6)

22. Junction of street at which one immediately reacts. (4)

23. Strong drink may give you a bit of pleasure but has all it takes to get you the boot! (8)

25. Step on it 26. Yorker

Down: 2. Salt 3. Bossanova 4. Earwig 5. Beneath contempt 6. Restrain 7. Adorn 8. Indecisive 12. Impediment 15. Lifesaver 16. Allergen 19. Scatty 21. Droop 22. Styx

Across: 1. Usable 5. Barbaric 9. Close run 10. Shoddy 11. Animatronics 13. Ammo 14. Hairless 17. Seraglio 18. Five 20. Fiddle sticks 23. Belong 25. Step on it 26. Yorker

Down: 2. Salt 3. Bossanova 4. Earwig 5. Beneath contempt 6. Restrain 7. Adorn 8. Indecisive 12. Impediment 15. Lifesaver 16. Allergen 19. Scatty 21. Droop 22. Styx



Knysna
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inclusive || innovative || inspired

NOTICE OF AMENDMENT OF THE EXISTING CONTRACT

NOTICE IN TERMS OF SECTION 116(3) OF THE LOCAL GOVERNMENT: MUNICIPAL FINANCE MANAGEMENT ACT, 2003 (ACT 56 OF 2003) THAT THE MUNICIPALITY INTENDS TO AMEND THE FOLLOWING CONTRACT:

TENDER NO	DESCRIPTION	SUPPLIER NAME	REASON FOR AMENDMENT
T 03 of 2020.21 and T 12 of 2021.22	Supply and delivery of non - flush chemical toilets to various areas of Greater Knysna	Bidvest Services	The reasons for the amendment of the existing contract have been considered and accepted by the Municipal Council at its special Council meeting held on 29 June 2023. Contract extended until 30 September 2023 in order to allow for the finalisation of the bidding process.

Notice is hereby further given in terms of Section 21 and 21A of the Local Government: Municipal Systems Act, 2000 (Act 32 of 2000) that the local community and affected parties are invited to submit comments or representations on the proposed amendment of the contract.

CLOSING DATE FOR COMMENTS

Written comments or representations on the proposed amendments can be submitted on or before 13h30 on Friday 28 July 2023 to S Fourie at sfourie@knysna.gov.za or visit the Knysna Municipal Website at www.knysna.gov.za - Do Business - Contract Management. Persons who cannot write may contact the SCM Office during office hours, where the responsible official will assist you in putting your comments in writing.

MUNICIPAL MANAGER
MR OP SEBOLA



THE SPORTS EDGE

FIRST TIMER VAN HEERDEN WINS FOREST MARATHON

Champion South African trail-runner Johardt van Heerden applied his off-road experience to great effect to win a sometimes-slippery SPAR Knysna Forest Marathon on Saturday, 8 July.

The Capetonian finished in 2:33:39, beating home runners Ryan Eichstadt (second) and Philasande Buthelezi (third). Mila Geldenhuys was the first woman across the line in the tough 42.2km event.

In the men's 21.1km, it was third time lucky for the Garden Route's Selwyn Matthews, who won with a strong time of 1:06:47.

He got the better of teammate and training partner Lloyd Bosman – the multiple defending champion – with Francois Maquassa third.

Mia Steytler broke the tape in the women's half-marathon.

More than 7 000 athletes braved the nippy early-morning weather to take part in the 38th running of the event.

Conditions were not as wet as initially forecast, with the times indicating that the going was relatively good underfoot.

Van Heerden has won a number of ultra-trail events in South Africa and has enjoyed considerable success overseas as well.

He entered the Knysna Forest Marathon to record a qualifying time for next year's Boston Marathon, a race he wants to tick off his bucket list.

The Cape Town attorney said that although the run had initially been a bit slippery, he soon felt more comfortable.

"After 15km, I thought I had started too fast," Van Heerden confessed.

"But I studied the route beforehand and saw that after 25km, it's nice with a big downhill and sharp uphill. I was mentally prepared for that.

The final descent towards the coast was all about running as fast as your legs could carry you, he said.

"Overall, I am satisfied. It was a good day out."

He believes his background in trail running was an advantage on the undulating route.

In road running, he explained, athletes use the same muscles all the time, whereas trail running requires the activation of different muscle groups. In that respect, the run in the forest, with its slippery surface, was similar to his chosen sport, he said.

The 2024 Boston Marathon would be his first shot at one of the world's Big City marathons.

"After that, I will retire to trail again," he quipped.

"I am very happy because it was my first official road marathon. It was also my first Knysna Marathon, and I suspect it won't be my last."

Matthews, too, found the conditions to his liking en route to victory in the half-marathon.

"It means a lot to win this. Now I'm looking ahead to next year and the 42km."

Bosman, the perennial race favourite, was thrilled for his Southwestern Districts Nedbank Club teammate as they had spent hours training together.

Besides the light drizzle early on, he said there had been little to worry the athletes.

SPAR Eastern Cape advertising manager Rose Shadrach could not have been happier with the



large turnout, saying the event had been a "resounding success".

"It was amazing to experience participants huddling around, keeping each other warm ahead of the start of the two races.

"We are proud to sponsor this iconic event, and we appreciate

Johardt van Heerden used his trail-running background to win the undulating SPAR Knysna Forest Marathon on Saturday.

the support from everyone who attended from far and wide," she said.



NEXT EDGE: Wednesday 24 July 2023 - Issue 670

PLEASE NOTE OUR DEADLINES

(Careful, they tend to fly by VERY quickly)

DISPLAY ADS: Email to editor@edgenews.co.za by 18 July 2023

CLASSIFIEDS: (stuff for sale, jobs, get-rich-quick schemes, secret treasure hints)

accounts@edgenews.co.za by Monday 22 July 2023

KINDLY NOTE: Due to the epic craziness of life as we currently know it, The EDGE offices may not always be open. Please call 072 516 4701 if you would like to a) make sure w

PAM GOLDING
PROPERTIES

SEDGEFIELD
OFFICE 044 343 1287
EMAIL sedgefield@pamgolding.co.za

EXCLUSIVE MANDATE

Cola Beach • R 1.65 million **1SH1605726**
Vacant Land • 809m²
Wonderful views from this slightly sloped stand with available plans.
Peet 084 811 9973

JOINT MANDATE

Kingfisher Creek • R 2.475 million **1SH1619512**
Bedrooms 3 • Bathrooms 2 • Garages 1
Upmarket unit in very sought after position with partial water views.
Hilna 082 722 4611 • Tania 062 974 8899

EXCLUSIVE MANDATE

Cola Beach • R 2.8 million **1SH1608575**
Vacant Land • 780m²
The last available stand with exceptional views in Cola Views Nature Estate.
Hilna 082 722 4611 • Tania 062 974 8899

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TIDE TABLE

12 - 26 JULY 2023

● Full Moon 01 August 2023

Wed Jul 12 2023
low tides 05:40 17:58
high tide 11:44
sunrise 07:34 sunset 17:36
moonrise 02:41 moonset 13:19

Thu Jul 13 2023
low tides 06:52 19:09
high tides 00:11 13:04
sunrise 07:33 sunset 17:37
moonrise 03:46 moonset 13:55

Fri Jul 14 2023
low tides 07:45 20:01
high tides 01:13 14:00
sunrise 07:33 sunset 17:37
moonrise 04:49 moonset 14:36

Sat Jul 15 2023
low tides 08:27 20:43
high tides 02:04 14:44
sunrise 07:33 sunset 17:38
moonrise 05:49 moonset 15:24

Sun Jul 16 2023
low tides 09:03 21:18
high tides 02:48 15:19
sunrise 07:32 sunset 17:39
moonrise 06:44 moonset 16:16

Mon Jul 17 2023
low tides 09:35 21:49
high tides 03:26 15:51
sunrise 07:32 sunset 17:39
moonrise 07:34 moonset 17:14

Tue Jul 18 2023
low tides 10:05 22:21
high tides 04:01 16:22
sunrise 07:31 sunset 17:40
moonrise 08:16 moonset 18:12

Wed Jul 19 2023
low tides 10:35 22:52
high tides 04:34 16:51
sunrise 07:31 sunset 17:40
moonrise 08:52 moonset 19:11

Thu Jul 20 2023
low tides 11:04 23:24
high tides 05:04 17:21
sunrise 07:30 sunset 17:41
moonrise 09:23 moonset 20:09

Fri Jul 21 2023
low tides 11:34 23:56
high tides 05:34 17:51
sunrise 07:30 sunset 17:42
moonrise 09:51 moonset 21:06

Sat Jul 22 2023
low tide 12:04
high tides 06:04 18:23
sunrise 07:29 sunset 17:42
moonrise 10:15 moonset 22:01

Sun Jul 23 2023
low tides 00:30 12:34
high tides 06:36 18:57
sunrise 07:29 sunset 17:43
moonrise 10:39 moonset 22:57

Mon Jul 24 2023
low tides 01:08 13:08
high tides 07:11 19:37
sunrise 07:28 sunset 17:44
moonrise 11:03 moonset 23:54

Tue Jul 25 2023
low tides 01:52 13:48
high tides 07:54 20:26
sunrise 07:27 sunset 17:44
moonrise 11:29 moonset -

Wed Jul 26 2023
low tides 02:47 14:44
high tides 08:51 21:30
sunrise 07:27 sunset 17:45
moonrise 11:57 moonset 00:53

Sedgefield Striders TIME TRIAL Every Wednesday.
5.30pm on Wally van der Walt Street adjacent to
Sedgefield Bowls Club. Beginner runners/walkers welcome.
For more info call 072 275 6894

THE ECSTATIC YOUNG BOYS TEAM CELEBRATES WINNING FESTIVAL TROPHY FOR U13

Congratulations to the Young Boys Football Club of Smutsville, who came home with the trophy for the Under-13 Oyster Festival Football Tournament, played at Knysna's Loerie Park B Field on Sunday, 9 July 2023.

Coach Joseph Mxoleli was delighted to report a 2 – 0 victory over Emmanuel FC of Knysna, with Boneni Liyabukwa scoring the first goal and Captain Nkohla Lindokuhle the second.

It appears Sedgefield is developing a deep pool of soccer talent for our already successful senior teams!

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editor@edgenews.co.za. Please keep sporting editorial brief in
order to enable us to include everyone.

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Sat, Sun & Public Holidays 07.00 - 15.00
Engen & Quickshop open 24hrs daily

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