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23 August 2023

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Picture by Michael Hilton Photography

Smutsville residents took to the streets asking why their housing projects have been sidelined.

In the early hours of Monday 21 August, residents of Smutsville, Sedgefield once again launched protest action against the Knysna Municipality. Whilst the sound of sirens, the crack of rifles firing rubber bullets and the deafening echoes of stun grenades caught many unawares, it had surely been only a matter of time before the protest happened, as the community at large claim they have been all but sidelined by Knysna Council.

Their biggest complaint is that the tens of millions of Rands in funding for housing projects in Ward 1 that were recorded on the municipal budget for the past two years do not appear on this year's budget. Seemingly this would render the hard work and input of numerous parties following the protests of June 2018 and March 2019 as null and void. Further, the electrification program giving power to those living in informal structures has come to a grinding halt in Smutsville.

Though crowds had reportedly started gathering from 3.30 on the

Monday morning, it was about 5.00am when several fires were lit on Oestervanger Street – blocking the only vehicle access to Smutsville. The general message was that no one would be going to work that day, until the community had answers. SAPS members as well as members of local volunteer security organisations arrived to monitor the activity but didn't engage. A while later, three armoured vehicles from the Public Order Police arrived on the scene, bringing in numbers of armed personnel in their riot combat gear.

The demonstrators gathered in their hundreds to stand and face the uniformed law enforcers. They called for Knysna Executive Mayor Aubrey Tsengwa to come and hear their demands. He arrived soon after 10am and, along with his police escort, was quickly surrounded by the crowd. Individuals shouted questions and accusations at him, but without any form of sound equipment, it was not possible for the mayor to be heard above the angry clamour of voices. When he was finally handed a loud hailer he assured those present that the Smutsville housing projects had not been forgotten, stating "There is

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money for Smutsville" a number of times. The mayor was asked to return to present the community with answers by Wednesday.

"We want a timeframe from him for our housing," demanded one incensed lady, "And we want it on paper!"

Whilst it was comparatively peaceful as protests go – the presence of the Public Order Police no doubt making a difference – there was no mistaking the anger brewing among the residents as they watched Mayor Tsengwa depart.

Ward 1 Councillor Levael Davis, who was standing with his constituents, agreed that their concerns were valid. We asked for a statement which he duly sent later in the day. *(Continued on page 3)*

Lew Geffen

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HAPPY HAPPY 100th JIM!

On 22 August 2023, an amazing milestone was reached by Sedgemoor Park resident Jim Taylor (pictured here with daughter Patricia) when he celebrated his centenary birthday.

The management and staff of the old age home threw a wonderful party for this special man and his fellow residents to mark the day in style. A veritable feast was laid on, along with glasses of bubbly, birthday balloons and even a sing-along of his favourite songs.

And it couldn't happen to a better guy. After all - 'Whistling Jim' is only the second Sedgemoor Park resident to reach 100!

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Notes from T'Ed's Head

WHAT TIME IS YOUR SISTER COMING?"

"ANOTHER FEVER BLISTER? YOU'RE JOKING?"

"SMOKING? ME? NEVER! WHO TOLD YOU?"

This is how conversations are going on in our home at the moment.

And no - that's cheeky - we certainly AREN'T getting that old. Well, at least I'M not. Mrs Ed, of course, has a couple of centuries on yours truly (*sometimes I call her Ma Thuselah... but only if I am standing at a safe distance*). Even so - this passing of eons hasn't affected her hearing. Indeed she is able to pin-point the tiniest of sounds with the accuracy of a bat flying through a dense pine forest at midnight. (*I swear she can hear me say 'Another pint please barman' through a solid brick wall and across a full car park*).

But not when she's wearing headphones.

And most days, nowadays, we are BOTH wearing headphones.

With music playing.

In fact, any time we are home, that's how you will find us. Each with our own music playing through our own head-set, normally turned up to full volume.

Incidentally, just so my integrity isn't questioned, I am listening to *Queen, The Police, Meatloaf, Billy Joel* and yes - in the last few days, the late, great *Rodriguez* (MHSRIP). In stark contrast to this, Mrs Ed listens to what I call 'alternative' music (*because death by drip torture seems the only reasonable alternative*). Yes, the darling old reptile prefers to scrape the bottom of the septic tank for artistes such as *Village People, Helmut Lotti* (particularly his 'Live in Lusaka' album), *Lena Zavaroni* and, of course, the *Toxic Metal* play list that she has been compiling since Keith Richards was in kindergarten.

She once played her *10 Most*



Favourite Tunes through our blue tooth speaker. All our moles disappeared, and there was an instant cacophony as neighbours hammered 'for sale' signs into their verges.

But music tastes aside, we were talking (*or shouting*) about headphones, weren't we? And you must surely be wondering why we insist on wearing them?

Well, it's our hound - Yoda the Blunder-dog. She's going through one of her ... er ... 'Phases'.

Let me explain. As I may have mentioned in this particular column before, we adopted Yoda quite a few years ago. She's a sort of Border-collie cross seal (*with hadeda somewhere in the gene pool too*), we think, who was abandoned by her previous owners. And whilst we love her dearly and consider her an integral part of our family ... there are moments when we can perhaps understand what might have lead them to make this decision.

You see, dear Yoda has a super-power:- The amazing ability to actually bark louder than Mrs Ed. (*And believe-you-me, Mrs Ed can bark a "Don't You Dare!" that can be heard by a barman across a full car park and through a solid brick wall*).

Yoda's is an armour-piercing, eardrum-destroying, brain-numbing (*actually cancel the numbing part*), conversation-culling, louder than a tavern juke-box at midnight sort of bark.

Indeed, as we try to explain to our guests (who seem to be dwindling in numbers these days) whilst we quickly herd them inside so we can close the

DAWID MALAN OPTOMETRIST

PrSciNat BSc HonsBSc BOptom MPhil

Dawid & Hedwig Malan thank the Sedgfield community for their support over the last 13 years.

All record cards will be transferred to John Cave Optometrist for safe keeping.



sound-proof doors, Yoda's bark is worse than her bite. *Much much worse*. People go for tetanus jabs after hearing her bark.

We don't normally complain. For the most part, when things are NORMAL, this is a good thing. Because apart from being the cuddly, lickedy, nuzzly pets (*Sorry, I just can't bring myself to write 'furdids' and still maintain a sense of literary integrity*) that bring us so much joy, dogs are great to have as... well ... watchdogs, aren't they?

And if Yoda barks, you know, every now and then, she lets everyone know that we have a watchdog, doesn't it?

In fact, when Yoda barks, most people think we have *Cerberus, the Guardian Hound of the Underworld* living on our property.

But the problem we have is that this darling hound is getting to an age where

a) she is somewhat deaf which, obviously, necessitates an increase in her AWV (*Average Woof Volume*), and

b) she sometimes gets a short circuit in her wiring. One which seems to affect that tiny, little section of the brain that would normally tell her bark-box she has reached the sensible allocation for a particular incident (*three woofs for 'Hello, you're home!', four for 'Call of Nature - Please open the door', two for 'Please, please PLEASE throw the ball again' etc etc*).

We call these short-circuits her 'BarkedybarkbarkBARKbarkBARK BARK'* phases (**for those of you who speak Canine, please excuse my choice language, I apologise for any offense caused*).

She will bark at the door as we arrive home from work, then, once inside, continue barking for and through her dinner (*with intermittent kibble-crunching interruptions*), after which, without so much as the slightest second of silence, she will stand barking at the other door to be let out so that she may bark at her water bowl, pigeons, a pile of leaves, the wind, the wind blowing the pile of leaves, a tree, a shadow, the sunset, a passing car, our own parked car....

Just.

Everything.

And we've tried JUST EVERYTHING to stop her. Or at least get her to turn down the volume.

We've scratched her back (*she barks for joy*).

We've given her a treat (*she barks for joy until seconds later when she misplaces it, then barks until she finds it, then barks for joy*).

We throw her out (*she barks to come in*).

We've kept her in (*yeah - you know what I'm going to say*).

NOTHING helps....

Nothing except the headphones.

Then suddenly, on any day, it's over... somehow.

I will wake up in the morning to silence and, thinking the worst, I rush down the stairs to find...

She's lying on her bed, not baying a word, with a sheep(dog)ish grin on her face as if she's thinking

"Wow, you just gotta love how nice and quiet it is in here, don't ya?"

And for a glorious week or two, we dwell in this *Utopia of the Unbarked*, until she starts again.

Like she did yesterday.

"WHEN IS IT GOING TO BE OVER?" shouted Mrs ED. "I CAN'T EVEN THINK, IT GRATES ME SO MUCH!"

"THE BOEING'S FLOWN OVER? A DRINK WITH MY MATES OVER LUNCH?" I answer, "WHAT A GREAT IDEA, ESPECIALLY WITH ALL THIS NOISE GOING ON..."

"I'd be mad if I didn't!"

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WHERE IS OUR HOUSING?

(Continued from front page)

“Our community has handed the mayor a memorandum of requests concerning a number of very important items. I have on numerous occasions, been vocal in the Council and in the media regarding two of these - housing and electrification,” he said.

“Sedgefield received very little from this year’s approved budget allocation. This is concerning because, over the last three years, much work has been done in this regard. In the 2022/23 financial year, provincial grant amounts of +R12 Million and +R26 Million were approved in the final MTREF budget for the outer years of 2023/24 and 2024/25, respectively (Appendix 3).

“This money is not reflected in this year’s budget which means that either the business plan has been changed in favour of other areas or projects, or the money removed due lack of project progress, slow, or non-spending.

“Having no provincial grant allocation captured in the final budget means that there is simply no money committed for housing this year. This question needs to be addressed honestly by the mayor.

“On the question of electricity, I have consistently bemoaned the fact that Smutsville has received no INEP (Integrated National Electrification Program) funding for this year, even though we applied like every other Ward. Other Wards have received millions again, but nothing for Smutsville. These are the questions I think our community needs answers for.”

Asked for feedback, Mike Hofhuis of COP reported that whilst the day of the protest was predominantly peaceful, it seemed that certain juveniles were determined that it should not remain so. “By late afternoon, when it seemed that all was said and done, POPS stood down, leaving COP members to monitor the situation from a distance,” he explained, “Within 10 minutes of the departure of the large POP personnel vehicles, juveniles had



Clearly exasperated, Mayor Aubrey Tsengwa trying to answer questions voiced by angry residents.

erected three barricades about 15m apart along Oestervanger Street, and a fire was started on the same road, adjacent to USave.”

He said Knysna’s Crime Prevention Unit was quickly called in and as soon as they arrived the youngsters fled in every direction.

“When the SAPS members gave chase, the juveniles began throwing stones, and a running battle continued until about 9pm when the youngsters went home. A fire was started at the top of the stairs over the dune, but the fire department who had been on standby were able to extinguish it quickly,” he reported.

COP also kept the community at large informed of the protest through the various safety and security WhatsApp groups, letting residents know of any potential danger spots.

By Tuesday morning it seemed everything had returned to normal, and it was still so at time of going to press. No confirmation of a date for the Executive Mayor’s return has been received as yet.





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The Sedgefield Annual Ladies Bowling Championship was held on 10 August. As always this day was hugely popular with the numerous teams along the Garden Route partaking in the champs. Once again PnP Sedge and Engen/Wimpy sponsored the entire day, treating all the participating teams to tasty teas, lunchtime and prize-giving eats as well as a host of prizes for the winning teams, plus spot prizes.

Congratulations to the top three teams:

1st Denise Gennissen, Mel Moni, Heather Johnson from Plett

2nd Elsa van Tonder, Hentie Claasen, Brenda Burger from Hartenbos

3rd Ann Dold, Helen Spengler, Rosalie Horning from Sedgefield



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Seabirds need our help

“Did you know that penguins, gannets, and albatrosses occur on our coast, here in the Garden Route?” asks Dr Zanri Strydom, a seabird specialist from Dunefields Private Nature Reserve, just west of Sedgefield. “This is exciting not only because seabirds are cute and beautiful, but they play an important ecological role here in the Garden Route through nutrient transportation from the deep blue sea to our coastline. Additionally, seabirds also contribute to our economy as they are tourist attractions.”

The downside is that despite their ecological and economic importance, the lives of many seabird species are being threatened by an array of human-related activities. These are responsible for the birds stranding themselves and needing assistance. Zanri explains that these human-related threats include harassment by dogs on beaches, oil spills, entanglement in plastic, and ship strikes.

“But the biggest factor is competition with fisheries resulting in malnourishment of seabird species,” she says, “This is the cause of most of our rescue cases in this area.”

Nine years ago, when Zanri started doing seabird rehabilitation on a volunteer basis, she saw the negative impact of human-induced threats on seabirds first-hand. The vulnerable state of the individual birds admitted into rehabilitation led her to an unexpected change of career path. “It became clear that seabirds need help in all aspects, and as we cannot protect what we don’t understand, I decided to focus on studying them,” she told us.

Clearly this dedication did not wane – Zanri recently completed her doctoral degree specifically on Cape gannets, an endangered and endemic seabird species. Today, both she and husband Dr Tiaan Strydom manage Dunefields Private Nature Reserve that is nestled in dune-ticket vegetation along the coast. They are both trained first responders, working under an official permit to rescue and stabilise sick and injured seabirds along the coastline from Heralds Bay to right through to Buffalo Bay.

Such is their passion that when they get a call-out to a bird in need, the couple describe it as the equivalent of being invited to a free meal.

“We get very excited to be part of the lives of the injured seabirds, and we are fortunate to be equipped at Dunefields to temporarily help nurse the birds back to health in our newly built Stabilization Station,” Zanri enthuses, adding that they are always willing to help rescue the birds, whether it be during or after work hours, or even on a public holiday. “But we do depend on the public for call-outs,” she explains, “If you find a bird in need, it is extremely helpful if you are able to send us a photograph and a GPS location as soon as possible to ensure that the bird gets stabilized before it is too late.” Drs Zanri and Tiaan Strydom, each with a PhD in Nature Conservation at Nelson Mandela University, are Managers of Dunefields Private Nature Reserve

Zanri may be contacted on 0728855998.



Dr Zanri Strydom rescuing a malnourished juvenile Cape gannet on Wilderness Beach.

REVIVE SEDGEFIELD SHAKE, ROCK N ROLL!

by Linda Evans

It was wonderful to see the enthusiasm around our 1st birthday ‘rock drop’, which was a great success and we had six lucky winners who each received a fabulous hamper full of goodies. To continue the rock theme, we decided to add a rock word art installation at the circle to mark our 1st birthday, trusting that the rocks wouldn’t go “walkies”. Quite remarkably they are still there! Keep an eye out for “Sedgie” the rock snake which we will be launching soon as a community art project along Kingfisher Drive.

The service road has always been on our list of areas to do. We were excited at the prospect of starting at the robots and working (firstly) down towards Spar, with Kay’s corner also getting a big make over. What has been incredible is the amount of ‘hidden’ paving recovered from years of overgrown grass around the actual robot area and along the parking areas. Literally piles of vegetation has been collected by Chris Hardnick from the Municipality, who has been an absolute star. Working hand in hand with Revive Sedgefield, Chris has picked up the loads of garden refuse we leave behind. A very BIG thank you goes out to him and his team!

Our group of enthusiastic volunteers continues to grow. With increased visibility on social media, and the areas we have worked on starting to flourish, Revive Sedgefield is certainly becoming the buzz word around town. Sponsors have been incredibly generous when we are “out and about”,

treating us to coffee, water, chocolate, muffins and cool drinks. It is quite a food feast and of course we are loving it!

There is also a continuous flow of plants being donated from residents, which really has been tremendous and allows us to continue creating new areas without having to spend on plants. The Police Station has become our “drop off” point for any plants donated: - We then draw from that stock to plant the areas that we are working on.

Talking of the Police station, it’s worth visiting the gardens there and at the clinic next door - are looking so amazing, and you don’t even need a “get out of jail card”! We are very fortunate to have a wonderful benefactor who sponsors two gardeners to tend these two gardens on an ongoing basis.

Maintenance continues to be our biggest challenge. With the Revive team working on new projects, it is no small task to keep each area spic and span. Our amazingly energetic maintenance “manager” Adele van Zyl heads up a handful of volunteers who rise to this challenge. Should you want to

volunteer to work with Revive Sedgefield but only have an odd hour or two to spare, being part of the maintenance team gives you the flexibility to do so. We will soon be launching an exciting new initiative called “Adopt an area” whereby businesses (or even individuals) opt to adopt a spot to maintain in return for advertising space. Keep an eye out on our social media platforms for more information.

As Revive Sedgefield relies completely on sponsorship and donations to operate, fundraising is a very important aspect in keeping the wheels rolling. Our first fund raiser for 2023 is a luncheon at Mosaic Table happening on 7 September. We have had a fantastic response and tickets were sold out within 5 days of launching the event! We also have a “tin shake” planned on 23 September at the Wild Oats Market and a not to be missed knees up, our Spring Dance, which will be held on 7 October at the Sedgefield Community Hall. Our two very spirited fund raisers Sally and Adele are busy putting together the final details for this event and tickets will be on sale soon!

“101 WATER WISE WAYS”

That’s the title of a book that I recently found in a bookshop in the George Mall.

The author is Helen Moffett, who lives in Noordhoek, having grown up on farms where water was a precious resource. Her introduction to the book says: “Cape Town is in crisis. After years of drought, it faces the very real possibility that its taps will run dry as dams and reservoirs drop below critical levels.” Things seem no better here on the Garden Route. We should hope that our local authorities recognise this and make plans to take action which will reduce this impact.

As the title suggests, the book’s 100 odd pages contain 101 suggestions about things that we

all should consider doing. The suggestions are divided into sections: “Bathrooms”, “Personal Hygiene and Grooming”, “Laundry, Dishwashers, Freezers & Microwaves” are some of the headings.

She writes about Communities & Neighbours, saying that we need to rediscover the meaning of neighbourliness, to feel a sense of connection and community. This is an action that should be possible in our community.

The last pages of the book feature a SHOPPING, WISH LIST which is based on recommendations noted in the book sections. Hopefully,

reading it will persuade us set up ways of buying what we believe we need to survive. If it does, book buyers will almost certainly save enough money to cover the cost of the book.

Helen Moffet is also the author of a book called “Wise About Waste: 150+ Ways To Help The Planet”. In it she asks : “How do we live more gently on our planet? Can we put a stop to the environmental disasters that loom larger every day?” These burning questions should be on everyone’s mind. Wise About Waste addresses these urgent issues by providing a practical guide to reducing the waste we generate.

Both books can be ordered from Takealot and Loot.

ARBOR WEEK IN SOUTH AFRICA 2023!

Arbor week in South Africa runs from the last week in August until the first week in September.



The Sedgefield Conservancy will celebrate Arbor Week by having an interesting stall at Wild Oats market on September 2nd 2023.

We will also be doing a clean-up of Jan van Riebeeck street verge to eradicate alien species and to remove all illegal garden waste. Join us to beautify our island.

This coincides with the start of Spring (hopefully)! When gardeners thoughts turn to planning and planting for their gardens, this is an ideal time to plant a beautiful, indigenous or endemic species of tree.

WHY PLANT INDIGENOUS?

We live in a water scarce area and with the threat of El Nino looming with possible drought conditions, it makes sense to plant drought resistant trees and plants. In addition to their aesthetic value trees:

- Improve air and water quality and retain water and reduce the amount of runoff that would end up in the ocean.
- Regulate climate.
- Fight soil erosion.
- Provide shelter and food for our native birds,

insects and other wildlife.

- Add beauty and create an environment beneficial to our mental health.
- The right indigenous tree in the right place can increase property value.

Alien trees contributed to the devastating fires in our area in 2017, alien trees burn 10 times hotter than our native species. Our bee population is under threat and we need indigenous trees for them to feed on and survive. Alien trees compete with our indigenous species and ultimately destroy natural

habitats and damage the ecosystem.

Among the many species of trees consider the following which all flower and are indigenous:

Keurboom (Vigillia oroboides) these are evergreen and are in abundance on the Phantom Pass and are lovely to see when in bloom.

The Pom Pom tree (Dais cotonifolia).

Erythrina lystistemon (Coral tree) These are just coming into flower and their vibrant orange flowers brighten our lives.

They can get rather large and the roots can be invasive but if you have the space they are so rewarding.

By the way the Tree of the year 2023 is the Buddleja Saligna (false olive). This is a very tough tree and bears white creamy flowers. Perhaps our City Council should consider planting some of these together with the Outeniqua Yellow wood (Afrocarpus Falcatus) to beautify our pavements.

Beryl Stiles



Strandloper Project completes another valuable expedition

by Mark Dixon

In the first week of August, volunteers from the Strandloper Project, a local marine citizen science non-profit organization, completed their annual coastal research expedition hike. This year's expedition was 106km between Blombos Beach and Koppie Alleen in the De Hoop Nature Reserve.

As the fifth hiking expedition in their efforts to survey the density and distribution of ocean plastic waste and fishing debris along the coastline, it brings the total distance that the team have hiked to date to 965km between Hermanus and Cape Recife. They had been targeting a



milestone of 1000km over their 5 expeditions, but were thwarted in their efforts on this year's expedition by impenetrable vegetation and steep cliffs which forced them to cut two stages short. An additional upset in reaching their 1000km target was due to the team being denied access to survey along the

shoreline in the Denel missile testing property between the De Hoop Marine Protected Area and Arniston. In terms of plastic pollution and fishing debris, there were zones of five distinct types of washed up plastic and fishing gear. As a popular destination for recreational fishing, the

TLC WOMEN'S DAY HIGH TEA

On Wednesday 09 August The Living Cornerstone Home for Alzheimer's patients (TLC) rolled out the red carpet for the ladies of Sedgefield and surrounding areas, hosting their annual Woman's Day High Tea event.

According to the home's Facility Manager Marietjie Digue the hostesses of each table went to a lot of effort in creating tables filled with snacks and drinks, and the result was fit for a magazine front page photo. "The guest speakers gave some important notes of various aspects pertaining to the women of today and we would like to thank them for their contribution to this successful day," she said. The speakers were Actor/Producer Viljee Maritz, Dietician Elziree Le Roux, Motivational Speaker Alette Kaplan, and Body Alignment Practitioner Dale Engelbrecht.



The guests were also entertained by the magical voice of singer Jean-Marie.

The idea for the tea was born out of Marietjie's vision to celebrate the importance of the role women of the community play. Marietjie surrounded herself with a team of people who gave unconditionally of their time and resources to help make the event memorable. "We would like to thank them for always being prepared to contribute and sacrifice," she said, "Especially the A-Team: Sr Carina Romani, Sr Lucie van Blommenstein, Adelia Heunis, Maureen Stoman, Burger van Blommenstein, Manie Heunis, Juandre Digue, Petrone Digue, Liandri Heunis and Jean- Marie Digue."

The TLC team was also overwhelmed with gratitude for the sponsorship of no less than 17 companies , locally and nationally. "All the Glory be to our God," says Marietjie.

The NPO's next big fundraising event will be their Annual Golf Day on 24 September 2023.



World Cup Rugby Countdown only 16 days to go!

Score Prediction Prizes up for grabs for all the Springbok games. Accurate or closest score prediction, takes home the prize. Enquire from your waitron.

France vs. NZ	Fri 8 Sep @ 9pm Opening Game
Springboks vs. Scotland	Sun 10 Sep @ 5.45pm
Springboks vs. Romania	Sun 17 Sep @ 3pm
Springboks vs. Ireland	Sat 23 Sep @ 9pm
Springboks vs. Tonga	Sun 1 Oct @ 9pm

We will be screening all the major games!

INTRODUCING OUR VDM LOYALTY CARD! Get yours before the start of World Cup, to stand a chance to win one of the many great prizes on offer. Join us for all the Springbok matches, and other exciting games, commencing with the opening game kick off on 8 September through to 28 October. Use your VDM Rugby World Cup Loyalty Card at every match. *You Gotta Be In It, To Win It!*

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shoreline between Infanta and east of Witsand, as expected, had the highest density of recreational fishing tackle along the entire route, with some signs of fishing tackle along the Whale Trail and at Blombos Beach.

Sadly, plastic bottles were found along the entire shoreline hiked, while medium to high densities of micro-plastics were found between Duivenhoks River and Blombos Beach, and lower densities between Hammerkop and Noetsie huts on the Whale Trail.

Two indicators of commercial fishing activities, crab pots and buoys, were found along the entire route, with the highest

densities of crab pots between the Breede River mouth and Blombos Beach, while buoys were evenly distributed between Vaalkrans Hut and Blombos Beach. Considering the different drift rates of the two items, it would suggest that they have drifted eastwards and that the fishing activities that lost them were targeting the buffer zone around the De Hoop MPA.

A disturbing find, with densities as high as 300 per 1m at the high water mark, were nurdles, with the highest densities around Remote Locations, Koensrust, Blombos Beach and east of Vaalkrans Hut. Nurdles are small plastic pellets used in the manufacture of plastic items. At

two locations the nurdles were in the process of washing up as the team walked by. It was uncertain if they had been released from recently washed away beach sand or if they were an indication of new nurdle spill at sea.

Overall, the team were pleased that the amount of plastic, while distributed along the entire length of the expedition, was not in densities documented on some of their previous expeditions.

To find out more about the scope of the research projects that the Strandloper Project conduct in the Garden Route, visit their website at www.strandloperproject.org

YOU ARE INVITED TO ATTEND OUR SECOND SAVEWILD GATHERING OF LIKE-MINDED RESIDENTS INTERESTED IN PROTECTING OUR NATURAL ENVIRONMENT AND BUILDING COMMUNITY IN THE GREATER WILDERNESS AREA



A Reminder!

AUGUST

THURSDAY | 31 | 2023

THE WILDERNESS HOTEL

17h30 for 18h00

ON THE AGENDA (18h00 - 20h30):
Updates on the SaveWild Educational Platform
Premiere of the new SaveWild video series
Local community upliftment initiatives.
Q&A session (19h30 and 20h30)

Mike & Romy

R.S.V.P by 30th August 2023 for catering purposes if you intend on staying for the Q&A session: info@savewild.co.za

LETTERS TO THE EDGE



PLEASE NOTE: If you would like to write a letter to the editor, it must be submitted with the author's full name, address and phone number. If a writer does not wish his or her name to appear in print, a 'pen name' (nom de plume) may be included.
Email letters to: editor@edgenews.co.za The editor has full discretion as to which letters are included or excluded and no argument, badgering, cajoling, bribery or heated conversation will be entered into. Opinions expressed in published letters and articles are not necessarily those of the management and staff of The EDGE Community Newspaper.

I've learned ...

That I can always pray for someone when I don't have the strength to help him in any other way.

by Andy Booney

PROPI
Bryan Eatwell
Reg. with PPRA
Valid FFC 2023

CONTACT
083 449 5980
bryan@propi.co.za
www.propi.co.za

Full Status
Property Practitioner

DIARY DATELINE

Every 2nd Monday
2pm Sedgefield Art Society meets at Lions Club. New members welcome. Colin Burgess 082 852 2586

Every Monday
1:30pm Duplicate Bridge at Catholic Church hall. Enquiries (Whatsapp) to Toni 0722465024.

Wednesdays
8 for 9am Golf Day @ The Links. All members welcome.
4 - 8pm Mosaic Food Fare
5:30pm Sedgefield Striders Walking / Running time trials on road adjacent to Bowls Club. Beginners welcome.

Thursdays
6:30am Eden Cycling Club Group Social outside departs Cycle Worx. All welcome.
8 for 9am Sedge Gentlemen's Golf @ The Links
12:30pm Social Bridge School at St Anthony's Catholic Church hall. All levels welcome. Lessons 12:30, Play from 13:45. Enquiries: Gail 0834577647.
13:15pm Bowls. Tabs in

Fridays
8am Ladies Golf @ Links Course

Saturdays
6:30am Eden Cycling Club Group Social outside departs Cycle Worx. All welcome.
8am-12 Wild Oats Community Farmers' Market
8 for 9am Saturday Competition Golf @ Links Course
8am-2pm Mosaic Market
8am-2pm Scarab Craft Market
13:15pm Bowls. Tabs in.

Every 4th Saturday
3pm or 4pm Garden Route Centre of the Astronomical Society of Southern Africa. At Catholic Church, C/o Sysie & Flamingo St. Visitors welcome. Please call Peter 083 445 4634 to check meeting time and for more info.

Sundays
7am Eden Cycling Club Group Social outside departs Cycle

Sunday 3 September
8am-12 Gardeners and Crafters Market at Steam Whistle Stop. 072 487 0395

Sunday 10 September
8am-12 Car Boot Sale at Steam Whistle Stop. 072 487 0395

Should your association, charity or group have any forthcoming events, please send us details so that we may publish them in our next issue!

The Editor,
With reference to letter from Sandy McDonald, Issue 671.

I agree 100%, with Sandy's sentiment regarding our local dump/recycling depot. I am a fairly frequent visitor to the dump for many years and each time I visit I am shocked at the terrible state it's in. The "staff" seem totally disinterested and never offer to help.

Not even when my wife goes alone! Occasionally near Christmas they'll help!

The reply from our Municipal Manager, Ombali Sebola, regarding "significant progress" being made, I am afraid I fail to see any improvement!

Similarly the recycling depot looks neglected and uncared for.

Surely we pay people to manage these important facilities?

I believe the dump can be greatly improved. Let's please find a solution to this ongoing problem. Regards, JM.

Donation in memory of Mike



Thanks to everyone who contributed to the funds collected at Mike Newbery's celebration of life last Friday, R2000 was collected for Masithandane's HUG House Care and Respite Centre.

The Sports club matched that and so handed over R4000 to Masithandane on Wednesday 16 August. The HUG Team cared for Mike for the last two months of his life, and the club thanks them for this, and indeed all the good work that the Masithandane organization does for the Sedgefield community.

VROUEDAG IN KARATARA



Dankie aan al die vroue wat deel was van ons Vrouedag wat plaasgevind het op 9 August, te Karatara Light House. (Theo en Jinkie)

Dankie aan al die vroue wat gekom het vanaf Fairview, Elandskraal, Barrington, Farleigh, Bergvallei en die hele Karatara. Aan ons dansers, Cleo

at Shansonique, Joan en Jinkie wat die Vrouedag gereel het. Dorris met die registrasie van 104 vroue.

Studente van Nederland wat deelgehad het aan die dag, ook hulle wat gehelp het met koffie, tee, toebroodjies ens. Raadslid met haar bydra.

A SaveWild RE Gathering

The growing opposition to unsustainable development in the area and the recognition of the real need to restore, preserve and protect the "Sense of Place" that Wilderness has come to mean for numerous residents who have lived here for many years, initiated the launch of the SAVEWILD educational and awareness platform in February this year by concerned residents Mike and Romy von der Heyde in collaboration with a range of local civil and environmental organisations.

Preserving the Sense of Place is not limited to preserving and protecting the natural beauty of the greater wilderness area - although ongoing attention to its protection remains of utmost significance considering it is the natural beauty of the area to

which we are all attracted, as both residents and tourists. Preserving the Sense of Place also includes fostering community collaboration and willingness to work together as interested and affected parties against the tide of unsustainable development and divisive activities that threaten to undermine Wilderness as the "Place to Be" that many of us call home.

A second, follow-up gathering is being held on the 31st August at the Wilderness Hotel to update residents on conversations and discussions held at the launch meeting in February as well as to inform and educate individuals interested in new local developments and activities in the Greater Wilderness. All welcome. For further email Info@savewild.co.za



Spesiale dank aan Mev. Hester Stander vir haar heerlike cupcakes, ook vir Suster Juanita van Knysna wat die vroue toegesprek het met haar kragtige bemoediging.

Mag die Here al die pragtige vroue verder sien.



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Congratulations



The father and mother of the beautiful bride wish to congratulate their daughter Dr Daniella van der Have & Dr Ruan Reinaardt on their wedding ceremony, which was held at Swartvlei Equestrian Estate on the 5th August 2023.

The ceremony was attended by family and close friends from all over the world, including America.

We wish Daniella and Ruan every happiness and success with their move to Australia. Australia will not only gain two professionals, but loving and gorgeous people too. We love you.

A special thanks to Mark Ruben owner of Swartvlei Equestrian who made this fairy tale wedding possible! Also to Andre Rossouw from Suid Kaap Christen Familie for the profound wedding ceremony!

In loving memory of John Patrick Matthews 4-02-1930 to 12-08-2023

John left Sedgefield on the 12th of July to join his family in the UK.

John passed away on the 12th of August in Brighton UK. His three sons Martin, Andy and Guy and two of his grandchildren were with him when he passed away a few weeks later, at the ripe old age of 93. He will be missed by his sons, grandchildren and family and friends in Sedgefield, where he was known for his quick wit and friendly smile.



In loving memory of June Cellia Hood

June Cellia Hood, a Sedgefielder since 1996 passed away peacefully at home on the 13th August aged 92.

She was much loved and will be sorely missed by her husband Peter, her two daughters Angie and Sharon, three grandchildren Hannah, Megan and Ashleigh and seven great grandchildren.

Peter and the family would like to thank Cindy of Res-Q-Care for all her help and guidance these past few weeks.





Sedgefield Animal Matters

by Jenny Nel.

Sedgefield Animal Matters, and all the Animal Welfare organisations in the Garden Route, are facing a particularly unpleasant situation which very few people think about, and even those that do would surely prefer not to.

Many may, at some point in their lives, have been faced with the high cost of cremation when a loved one passes away. Unfortunately, the same applies to the disposal of animal remains. As not all pets have the privilege of loving homes or private

A HARSH REALITY FOR SAM

veterinary care, SAM often has to step in to attend to animals, and the remains of those who subsequently die from illness or injury have to be stored, transported, and properly disposed of. Apart from the emotional cost to our field team, there is a very real financial cost. SAM, KAWS (Knysna Animal Welfare Society) and the Garden Route SPCA all too regularly have animal remains that need to be disposed of quickly and hygienically. Until a short while ago, the Knysna Municipality assisted in this area, but at the moment they are no longer able to do so, leaving a serious headache for animal welfare organisations in the greater Knysna Municipal area.

SAM's Chairlady, Kirsty

Hofhuis, has spent many an hour on the phone trying to find a way to lawfully dispose of animal remains. This quest eventually led to an arrangement with the Crematorium in George at a price that was negotiated and accepted by both parties.

Our community is aware that SAM has to cover the cost of the feeding scheme; running, maintaining and insuring our vehicles, renting our premises, utilities, one salary, treatment of sick and injured animals, and vaccinations, however, that is not where the duty ends for SAM. The additional and considerable cost of cremation also has to be carried by us.

That is why SAM must constantly appeal to our

community for support, and why we are so grateful that thanks to the generosity of our donors, these costs are covered.

On a more cheerful note - by the end of August, SAM will have allocated 60 kennels to animals that have no shelter. People have donated cushions and blankets for those kennels and some have come to our SAM Charity Shop to donate pet food, bowls, harnesses and leashes for our field team to donate during the course of their duties. Needless to say, every item that is donated to the SAM Charity Shop is precious, as every R1 that goes into the till is allocated to the efficient running of this small organisation.

Thank you all.

COLLECTIVE CONCERNS OVER MONTHLY BUDGET REPORT

Whilst Knysna Municipality's 2023/24 Budget has been discussed at length, with many reporting it to be questionable, and some going so far as calling it 'criminal', the July 2023 Monthly Budget report issued by the Executive Mayor Aubrey Tsengwa and Municipal Manager Ombali Sebola has caused even more sparring from political opponents.

Indeed Michelle Wasserman, Provincial Chair of ACTION SA, has petitioned MEC Anton Bredell to dissolve the elected Council and appoint an administrator to run the Knysna authority. In a statement released on Friday 19 August she weighed in, writing "The recent reports on Knysna Municipality's financial and non-financial performance are extremely concerning. In the Quarter Four Report, tabled to Council on 31 July 2023, the Executive Mayor reported that "As at 30 June 2023 the commitments still exceed the cash

and cash equivalents. The cashflow position remains a critical concern." A warning in the report regarding the current ratios stated that "urgent and immediate intervention is required to ensure that a realistic and achievable financial turnaround strategy is developed and implemented with immediate effect."

"This is despite a turnaround strategy already having been adopted by the Knysna Council in May 2023," Wasserman reports, "A 'Recovery Plan' was adopted by the Knysna Council in May, after Provincial Treasury found that the Roll-over Adjusted Budget adopted by the Knysna Council in August 2022 was not credibly funded."

Meanwhile, Democratic Alliance MP Dr Dion George has also stepped into the ring and, in keeping with his 'gloves off' style, laid the blame for the Budget as at 31 July position squarely on the shoulders of the

Patriotic Alliance - his party's previous coalition partners at Knysna.

"The July 2023 Monthly Budget Statement reveals the devastating financial consequences of the PA collapsing the Knysna DA-led government in May 2022 by withdrawing from the coalition to join an ANC-led coalition," he stated in a media release issued on 18 August.

In the same release George went on to point out that the Executive Mayor had reported the Municipality to be facing an unprecedented financial crisis. "The Municipality has a shortfall of R37.3 million with creditor commitments exceeding available cash by this amount. The Municipality is, therefore, in accounting terms insolvent. This means that it does not collect enough money monthly to cover its monthly expenses," the DA man said, adding "The (Mayor's) report further states that it is exceptionally concerning that the Municipality has irregularly utilised grant funding for operational expenses and now runs the risk of grant applications being rejected. Multiple creditors could not be paid at financial year end because of limited cash flow."

We asked the Chair Andy Brough for feedback from Sedgefield's 'municipal watchdog' - Sedgefield Ratepayers & Residents Association, and he sent in the following:

SR&RA has consistently raised the state of affairs at the Knysna Municipality; the financial situation reported in July 2023 budget is a dire concern. The status quo is not sustainable. Whilst the municipality reports on its "inability to afford to

continuously subsidise the housing function", the SR&RA argues that by all accounts, this inability extends to overall financial management at the municipality.

In an open letter to the Executive Mayor (to which we have yet to receive a response), we highlighted that only 58% of the current permanent posts in the organogram are filled. According to the municipality, "a significant contributor to the decreased levels of performance (billings and collection) is the high vacancy rate within the Income department. At the same time, cost controls and cost reductions need serious attention. The Debtors' book is at an all-time high of R508 million. Load-shedding has impacted revenue, but this is only a small part of the story; there is still ongoing fruitless and wasteful expenditure and a significant lack of cost containment. We wait with jaded expectation to see a record of the planned measures to be put in place at the next Section 80 Finance Committee meeting.

The SR&RA is being inundated with calls from residents to withhold rates - a move we cannot endorse at this stage. Many residents have sent us videos of the situation in Westville, KZN and the response from the Ratepayers there. Unlike the Westville KZN community, Knysna residents still enjoy some degree of service delivery. But who knows for how long?

However, we are calling for the Knysna Municipality to receive more significant support from the Western Cape government (if not to be placed under Section 139 administration). The Provincial Treasury report makes for sober reading; there is little or no chance of municipal sustainability in Knysna in the short term (Overinflated Growth projections, repairs and maintenance are not being carried out to avoid asset impairment and the municipality unable to meet its monthly fixed operating commitments).

We did meet with Minister Wenger (Provincial Minister of Finance and Economic Opportunities)- last month to discuss the current situation. There is still no answer to "How bad must it get in Knysna before the Western Cape Provincial Government steps in?"

We call on the council to stop the finger-pointing and politicking and find workable solutions that will benefit all residents of Greater Knysna. The situation is urgent and requires courageous leadership and cool heads.



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RE/MAX Art Initiative

The Sedgefield Art Society is proud to announce its annual

Spring

Exhibition Opening
31st August at 6pm

All original paintings are by local artists and are for sale

On show at the RE/MAX
Sedgefield Office

RE/MAX LAKES



Curated by Nicholas Leonard

CLASSI-ADS

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NB. Classified adverts for the next issue need to be in by Monday 4th September 2023. Emailed classies will not be placed without payment

1. To Rent

3 Slaapkamer, 2 Badkamer Huis, 1 Garage + laundry in Fraser St. Rent R14,000pm + deposit. Call 083 589 6973

3. Accommodation Holiday

Bird Cottage on the Island. Quality accommodation. Low rates. Spacious, DSTV, w/machine. Also stop over option in Guinea Room Suite. 044 3431261 www.birdcottage.co.za

4. Announcements

ALCOHOLIC ANONYMOUS Sedgefield Acorn Group. Call 079 323 2085 for details.

BOOKS & COFFEE Delicious home baked eats & treats. Coffees, lattes & milkshakes. Good quality 2nd hand books for sale (we also buy books). WiFi, printing, scanning & emailing - generator during load-shedding. Pop in to Deo Gratia, next to Pick n Pay. 082 9020 649

Garden refuse removal... your affordable solution in Sedge, Knysna & Plett. Dial a Drum ... 082 808 5984

WANTED: Sedgefield Hospice Shoppe need your second hand goods. Have a clean out and help others with your unwanted items! Please give them a call 044 343 1722

6. Building & Related Services

All DIY Hardware and Tools available @ Sedgefield Hardware. Tel 044 343 1960

Architectural Draughting Services. Phone Tracy 082 695 3119 / 044 343 1421

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7. Businesses

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9. Clothing

Embroidered burpers & face cloths - handmade. Mariana 082 7710694

10. Computers

Computers Desktop, Laptop, Network & Internet support. Call Ken Hampson 072 111 7791

12. Education & Tuition

MUSIC LESSONS - On line lessons also offered.- Piano, music theory and clarinet. From beginners to advanced, for all ages. Please contact Ann Carroll on 083 275 7576, adrcarrol@gmail.com. www.touchwoodmusic.co.za

SINGING LESSONS from classical to contemporary, and musical theatre. All welcome. Contact Lynne Brown. 083 660 4749

STEP IN TIME Dance Studio. Sedge. First lesson free! Beginners welcome Ages 7 upwards. Competition & Exams. Morning, Afternoon, Evening classes. Call Bev Fowler on 073 271 8144.

13. Electrical

Electrical Hardware @ Sedgefield H/Ware

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HEUNIS Plumbing, Electrical and PV Solar. All Maintenance & Construction Qualified in both trades COC Certificates. Call 082 972 3911 manie.heunis@gmail.com

15. Employment Offered

KITCHEN & CUPBOARD MANUFACTURER / INSTALLER - We have a position available for an Experienced Kitchen & Cupboard Manufacturer/Installer. The candidate must have at least 5 years' experience. Must have contactable references and a Clean Criminal Record. Please forward CV to jackie@wood-millers.com

15. Employment Wanted

Building Headman - Painting/ Skim - 078 211 0064

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Joyce - 063 893 0803

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address: 14 Swallow Drive, Sedgefield

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Lincy - 078 494 3118 Refs
Marther - 083 774 0992
Mercy - 061 680 6326
Vivian - 083 394 9375
Zimkhita - 078 469 7702

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Aaron - 073 493 4006
Karim - 083 774 0992
Marcus - 078 043 8053 Any work
Philip - 063 016 0094

18. For Sale

Concrete standard stock bricks. R1250 per pallet of 500 (R2.50 each) Less than a pallet - R2.90 each. M140 (M6) Concrete blocks with solid bottom. Quicker to lay and less mortar wastage by laying upside down. 84 blocks per pallet - R1092 (R13 each). Less than a pallet. R14 each. Delivered to Knysna or Sedgefield R300 per load (max 2 pallets per load). Delivery to other areas or more pallets per load are subject to quotation. WhatsApp 069 404 2037 for orders and enquiries.

Rust Stain Remover Fabric. Various sizes available from Edge offices. Enq. Verity 076 619 3659

19. Home & Garden

AQUAMAN POOL CARE Service Maintenance. Pump Repairs. Call 044 343 3237 / 072 704 2872

FOREST ROOTS - Organic veggie mix ideal for raised beds and pots. 30L bag - R150. Please call 079 910 5398 www.forestroots.co.za

Garden Refuse Removal for as little as R85 per month, 082 808 5984. www.dialadrumsknysna.co.za

KUBI HIRE - Digger Loader for Hire Landscaping & hauling. Craig 073 726 4424

OUTENIQUA ORCHID NURSERY is open Wednesdays from 10-1pm. Blooming orchids and potting medium for sale. We repot your plants. Now at 34 Napier Street, Blanco, George. 044-870 8150

RUMHORA ADIANTIFORMIS FERNS. A beautiful evergreen herbaceous fern of many names. Leatherleaf, Seven week, Knysna fern available at Forest Roots next to The Edge. For more info call 076 619 3659

20. Health & Beauty

Aloe Ferox Products whole range in stock @ factory prices. The Aloe Lady : 071 362 0433 @ Wild Oats Market on Saturdays.

Any problems with epilepsy or other disabilities? EPILEPSY SA on 044 382 2155 or visit Off Rio Road, Knysna We can help!

Experience Salon quality hair care in the comfort of your own home with Rozita's Mobile Hair Care. For fine and fabulous hair transformations call us on 071 363 1538 to book your appointment!

Sedgefield Pharmacy, Woodpecker Mall. Tel 044 343 1628, Fax 343 1110. Mon-Fri 8am-6pm, Sat 8am-1pm, Sun & Pub Holidays 9:30am-12.

Silver Scissors Unisex Hairstylists - 21 Tiptol Street, Sedge. 072 205 7985

Yoga, Pilates, Dorn Spinal Method in Ruigtevlei Sedgefield. Contact Nicky 082 445 3310 www.happywholesome.co.za

22. Home Improvements

BATHROOM GURU - All Bathroom Alterations. Plumbing, tiling and all fittings, Walk in Showers, Specialised bathrooms for the aged and disabled. Call Anthony 074 708 4738

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29. Property

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30. Restaurants & Taverns

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NOTICE TO CREDITORS IN DECEASED ESTATES

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Surname: **BOTHA**
First Names: **JAN ALBERT**
Date of Birth: **1939-12-24**
ID Number: **3912245094084**
Last Address: **Sedgemeer Park Retirement Village, Sedgefield**
Date of Death: **2020-07-14**
Spouse: **Divorced**
Masters Office: **Cape Town**

All persons having claims against the abovementioned Estate are required to lodge their claims with the undersigned within **32 days** from the date of the publication of this advertisement.

Executor : Regina-Gezene
Janse van Rensburg
ID number: 720306 0042 085
Address: Plot 36, Honingklip, Krugersdorp 1747
Email: regina@clcounsel.co.za
Telephone no: 083 280 4836

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Meter audit & upgrading will ensure efficiency

Knysna Municipal Manager Ombali Sebola announced that the organisation is taking proactive steps to ensure a smooth transition to updated electricity meters ahead of the worldwide November 2024 deadline.

“We are however addressing two separate issues,” said Sebola. “On the one hand we are embarking on an audit and verification process of conventional and prepaid water and electricity meters and, on the other hand, we are rolling out a programme to update prepaid electricity meters.”

The auditing and verification process aims to identify illegal connections, tampered and broken meters, and to ensure that the meters deliver complete and accurate readings. Confirming that meters are working correctly also confirms that users are getting the benefit of every unit they purchase. This process will also assist in cleaning the municipality’s debtor’s database and will protect the revenue generated from supplying electricity.

The second issue addresses the national problem of upgrading prepaid electricity meters before the existing software expires on 24 November 2024, also known as the token identifier (TID) rollover. “This is very easy to do,” Sebola explained. “Meters can be upgraded by a manual changeover or with a meter key change. We are tackling both of these issues during the month of August, conducting the audit

and verification programme and TID rollover in certain municipal areas.”

Areas that will be serviced during August include Hornlee, Concordia, Khayaletu, Rheenendal, Smutsville and the Island in Sedgefield. Property owners and residents are requested to assist the municipality by allowing the field workers onto premises and into businesses. The Development Bank of Southern Africa has appointed Professional Mobile Mapping (Pty) Ltd to conduct the conventional and prepaid meter audit and verification, as well as the TID rollover. “Please do ask our field workers to show you a signed instruction letter from the municipality, as well as their identification tag and Identity Document before allowing anyone onto your property,” urged Sebola. “But please cooperate with our representatives to ensure a smooth verification and changeover process.”

Updates to the software of prepaid electricity meters will happen in a phased approach ahead of the deadline. Only when an area is reached for updating, as per the schedule, will customers get the update codes with their normal purchase. When making a purchase, customers will receive two 20-digit update codes along with their usual prepaid token. When your area is being updated and you receive these two 20-digit codes along with your token, follow these easy steps:

1. Enter the first 20-digit update code and wait for it to be accepted.
2. Enter the second 20-digit update code and wait for it to be accepted.
3. Enter the usual 20-digit token to recharge units as normal.

“It is very important to enter these codes into your meter once they have been issued, before entering the recharge token,” Sebola said. “Once the update codes have been issued to a meter, that meter will not accept any recharge tokens until the update codes have been entered. You will retain any units that are still registered on your meter

before entering your update codes.” “We are one of the few municipalities who are already actively working on a plan to make sure that our residents’ meters are updated well ahead of the deadline, while causing as little inconvenience as possible,” he concluded. “We are determined to make this transition as easy as possible, and will continue to keep our residents up to date with any developments.”

Any queries may be directed to the Knysna Municipality Helpdesk at 044 302 6558/6597.

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NSRI SHOWS APPRECIATION

On Saturday 19 August, the National Sea Rescue Institute (NSRI) Station 23 (Wilderness) paid tribute to various individuals, companies, NPOs, emergency service providers and state organisations with whom they work hand in hand.

As a framed Certificate of Appreciation was presented to each of those honoured, Jonathan Britton of the NSRI explained that the Wilderness Crew are proud to be part of a community of individuals and organisations working collectively to serve the community.

“We certainly do not work in a vacuum, but more part of a much larger team. It is with the assistance and input of others that makes us able to do what we do best, and we are very grateful for this.”

Those attending the ‘Appreciation Morning’ also got to hear presentations from well-known long-term NSRI Crew members, all speaking passionately about rescues, drowning prevention, and indeed the history of the Wilderness Station 23 itself.

Impromptu but none-the-less heartfelt reflections came from special guests Andre De Goede and his mother Liesschen. Andre and his friend Corne Edwards were saved by the local NSRI crew back in 2010 when, as teenagers, they became stranded on a rock ledge at the Kaaiman’s Waterfall with the river in rapidly flowing flood. Fighting



Mike Hofhuis and Michael Simon, both of Sedgefield’s Community Orientated Policing, proudly receive their Certificate of Appreciation from NSRI’s Jonathan Britton.

extreme conditions the rescue team managed to bring both boys back to safety, and later gained national acclaim for this rescue in the Centrum Guardian Project Awards.

Thank you NSRI Station 23 for an uplifting morning, and indeed for the many, many lives your crew has impacted so positively.

KNYSNA MUNICIPALITY BY-LAW ON SPATIAL PLANNING & LAND USE MANAGEMENT (2021) PROPOSED SUBDIVISION & REMOVAL OF RESTRICTIONS: ERF 1339, SEDGEFIELD

Notice is hereby given in terms of Section 45 of the Knysna Municipality By-law on Spatial Planning and Land Use Management (2021) that the abovementioned application has been received from:

Applicant’s Name: Pieter Christiaan De Jager
Contact Details: c/o Planning Space (Pty) Ltd
Email: luigi@voxhumana.co.za
Reference number: Application number 2909
Property Description: Erf 1339, Sedgefield
Physical Address: 36 De Wet Drive, Sedgefield
Nature of application:

- (i) Application for a **Subdivision** of Erf 1339, Sedgefield into two portions (Portion A with an extent of ±541m² and a Remainder of ±760m²) in terms of **Section 15(2)(d)** of the Knysna Spatial Planning and Land Use Management By-law (2021) as indicated on the Subdivision Plan Nr. SUB E1339 dated 31 May 2023; and
- (ii) Application for a **Removal of Restrictive Title Deed** condition D(9) from Title Deed Nr. T44894/2020 of Erf 1339, Sedgefield in terms of **Section 15(2)(f)** of the Knysna Spatial Planning and Land Use Management By-law (2021), to allow the proposed subdivision.

<https://www.knysna.gov.za/do-business/planning-development/current-land-use-applications/>

Members of the public are invited to submit written comments, together with the reasons therefore in terms of Section 50 of the Knysna Municipality By-law on Spatial Planning and Land Use Management (2021). Comments must be addressed to the Municipal Manager and submitted via email at knysna@knysna.gov.za and planning@knysna.gov.za on or before **25 September 2023**, quoting your name, address, electronic contact details and telephone number, interest in the application and reasons for comment. The municipality may refuse to accept comments received after the closing date. Persons who cannot write may contact the Town Planning Office during office hours, where the responsible official will assist you in putting your comments in writing.

Telephonic enquiries may be made during office hours to the Town Planning Department at 044-302 6318 or via email planning@knysna.gov.za

MR. OP SEBOLA
MUNICIPAL MANAGER

KNYSNA MUNISIPALITEIT VERORDENING OP RUIMTELIKE BEPLANNING & GRONDGEBRUIKSBESTUUR (2021) VOORGESTELDE ONDERVERDELING & OPHEFFING VAN VOORWAARDES: ERF 1339, SEDGEFIELD

Kennis geskied hiermee ingevolge Artikel 45 van die Knysna Munisipaliteit Verordening op Ruimtelike Beplanning en Grondgebruiksbestuur (2021) dat die bogenoemde aansoek ontvang is vanaf:

Naam van Aansoeker: Pieter Christiaan De Jager
Kontak Besonderhede: c/o Planning Space (Pty) Ltd
Email: lundi@planningspace.co.za
Verwysingsnommer: Aansoek nommer: 2909
Eiendom beskrywing: Erf 1339, Sedgefield
Fisiese Adres: 36 De Wetrylaan, Sedgefield
Aard van aansoek:

- (i) Aansoek vir die **Onderverdeling** van Erf 1339, Sedgefield in twee gedeeltes (Gedeelte A met ’n omvang van ±541m² en ’n Restant van ±760m²) ingevolge **Artikel 15(2)(d)** van die Knysna Munisipaliteit Verordening op Ruimtelike Beplanning en Grondgebruiksbestuur (2021) soos aangedui op die Onderverdelingsplan No. SUB-E1339 gedateer 31 May 2023; en
- (ii) Aansoek vir die **Opheffing van Beperkende Titelakte** voorwaarde D(9) van toepassing op Titelakte T44894/2020 van Erf 1339, Sedgefield ingevolge **Artikel 15(2)(f)** van die Knysna Munisipaliteit Verordening op Ruimtelike Beplanning en Grondgebruiksbestuur (2021) om die onverdeling toe te laat.

’n Volledige afskrif van die aansoek is beskikbaar op die munisipale webtuiste:
<https://www.knysna.gov.za/do-business/planning-development/current-land-use-applications/>

Lede van die publiek word uitgenooi om skriftelik kommentaar te lewer, saam met die redes daarvan ingevolge Artikel 50 van die Knysna Munisipaliteit Verordening op Ruimtelike Beplanning en Grondgebruiksbestuur (2021). Kommentaar mag aan die Munisipale Bestuurder gerig word, en per epos ingedien word aan knysna@knysna.gov.za en planning@knysna.gov.za, op of voor **25 September 2023**, met vermelding van u naam, adres, elektroniese kontak besonderhede en telefoon nommer, belang in die aansoek en redes vir kommentaar. Die munisipaliteit mag weier om kommentaar wat na die sluitingsdatum ontvang is, te aanvaar. Persone wat nie kan skryf nie mag die Stadsbeplanningskantoor per telefoon nader tydens kantoorure, waar die betrokke amptenaar u sal help om u kommentaar op skrif te stel.

Telefoniese navrae kan gedurende kantoorure aan die Stadsbeplanningafdeling by 044-302 6318 of per epos: planning@knysna.gov.za gerig word.

MNR. OP SEBOLA
MUNISIPALE BESTUURDER

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Dementia : Olive oil could boost brain health

Researchers have observed an association between daily consumption of olive oil — instead of margarine or mayonnaise — and a reduced risk of dying from dementia. According to the World Health Organization (WHO), there are over 55 million people living with dementia globally. There are an estimated 10 million new cases yearly, and dementia is also the seventh leading cause of death among older adults.

The leading form of dementia is Alzheimer's disease (AD), which affects an estimated 6.7 million people over the age of 65 in the United States.

According to a news release, the new study found that people who consumed half a tablespoon of olive oil daily had a 28% reduced risk of dying from dementia compared to people who did not use olive oil.

The study analyzed health records from 1990 to 2018 for 60,582 females and 31,801 males free of cardiovascular disease or cancer. Their health was followed for 28 years.

Replacing just a single teaspoon of margarine or mayonnaise with

olive oil was associated with an 8–14% reduced risk of dying from dementia, according to the study authors.

The study's full results will be presented at the NUTRITION 2023 conference this week.

Olive oil: A key ingredient for health in the Mediterranean diet

The established healthfulness of the Mediterranean diet provided the inspiration for the study, said study author Dr. Anne-Julie Tessier, a registered dietitian and nutrition research fellow at the Harvard T.H. Chan School of Public Health.

"Given that olive oil is the primary source of added fat in a typical Mediterranean diet, we were interested in examining its association with fatal dementia," Dr. Tessier told Medical News Today.

In their research, Dr. Tessier and her colleagues found that the association of olive oil with a lower risk of death from dementia persisted regardless of diet quality, including how closely people adhered to the Mediterranean diet.

How olive oil may improve cognition

Dr. Tessier speculated on what it is about olive oil that results in its brain benefits: "Olive oil may play a beneficial role in cognitive health through its rich content in monounsaturated fatty acids, which may promote neurogenesis. It also contains vitamin E and polyphenols that have antioxidant activity."

Dr. Domenico Praticò, director and professor at the Alzheimer's Centre at Temple University, who was not involved in the study, noted that "other compounds such as oleocanthal and oleuropein are [also] considered beneficial."

"There is also some evidence showing that it is the combination of all these different compounds more than a single element responsible for the positive effects," Dr. Praticò added.

Oleic acid may play a role in brain health

Dr. Amal Khalil Kaddoumi, a professor at the Harrison College of Pharmacy at Auburn University who was not involved in the research, has studied the link between olive oil and Alzheimer's biomarkers. Her 2022 study evaluated the effects of olive oil on dementia, but not fatal dementia.

Dr. Kaddoumi and her colleagues found olive oil could protect the brain, improve memory, and reduce Alzheimer's biomarkers. They suggest that oleic acid found in olive oil may contribute to the effect.

"EVOO [extra-virgin olive oil] enhanced the blood-brain barrier function and functional connectivity between different brain areas in individuals with mild cognitive impairment (MCI), which could emphasize

EVOO-phenolics' effect," Dr. Kaddoumi told MNT.

Refined olive oil, or ROO, increased the functional brain activation for memory tasks in brain regions involved in cognition.

The new study found olive oil more brain-protective than margarine and mayonnaise.

Dr. Tessier pointed out some difference in levels of fatal dementia in her study may have to do with the fact that "until recently, commercial mayonnaise and margarine could contain artificial trans fats."

Extra virgin olive oil: Benefits and preparation

Most research - Dr. Kaddoumi's being an exception - involves only EVOO, so there is more data regarding its benefits, said Kristin Kirkpatrick, a registered dietitian.

"In general, extra virgin olive oil, which is prepared with a cold mechanical press, is considered the best for health benefits," Dr. Praticò said.

This processing method, noted Kirkpatrick, "will retain the most nutrients from the olive, and is critical to the 'extra virgin' standard."

Kirkpatrick cautioned that some manufacturers surreptitiously mix EVOO with other oils to lower their costs, and has posted guidance for choosing the best-quality olive oil and the best methods for storing it.

When it comes to the healthiest way to consume EVOO, said Dr. Dr. Praticò, "it is common opinion that the best way to use it for a health benefit is raw (on your salad, on a piece of bread, etc.)."

However, cooking olive oil is also fine, since, said Dr. Kaddoumi, it has a high smoking point, making it less likely to be heated enough to change its chemical composition.

How much olive oil should you consume each day?

According to Dr. Praticò, a healthy daily serving of olive oil is two tablespoons daily.

Noting that studies vary anywhere from 1 to 5 tablespoons daily, Kirkpatrick

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	8							3
3				8				
		1	9	7		6		
		7		1			5	
9	3	4			5			
8	1		2		9			
				5				2
	6			7			6	1
				9			4	3

SAMURAI SUDOKU

2. Each 9x9 sub-puzzle must be solved according to the rules of Sudoku.

						6		
		6	2			3	2	
			3				9	3
1				6				
	4		5		3			1
	2	7	4	1				8
8					5	4		
		4	1			3	5	9
3			9					

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said, "I advise my patients to aim for at least 3 tablespoons a day for brain health."

When asked if a person could consume too much olive oil daily, Dr. Tessier said:

"We did not observe an amount at which there was no longer an association, although it is important to note that few

individuals consumed above 15 g/day - that is 15,000 mg/day - of olive oil," Dr. Tessier said.

"We found a clear linear dose-response association between higher daily olive oil intake and lower risk of fatal dementia," Dr. Tessier concluded.

Written by: Bobby Berman
in YesWeCare

The Wine Ghost

The Wine Ghost tasted - KWV Cuvée Brut

The gold foil and lettering makes the front label attractive and traditional. The back label indicates a few characteristics of the Brut. No year is indicated. The Brut has a compressed cork.

The colour is light yellow, with singular legs and no flaws. Lively but minute bubble strings are visible.

Freshly pressed apple juice and rose petal aromas are coming through on the nose. No flaws.

The wine has a well structured acidity and the taste of lemon peel and Granny Smith apples are prominent.

This Cuvée Brut has a medium mouth feel, with a lingering apple taste and crisp finish. The bubbles dissipate very quickly.

The wine will compliment fresh cultivated oysters, dishes containing fresh strawberries and even lightly smoked snoek.

The price range is between R80 - R100. In Vino Veritas, till next time.



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Karatara: 10.30am
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Ds. Dawie le Roux 084 532 9958
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SCOUTS MEDICAL EMERGENCY TRAINING

by Brett Burgell

On Saturday the 5th of August, 14 patrols from across the Outeniqua District on the Garden Route descended on Sedgefield, this time to take part in the annual Outeniqua First Aid Competition.

The competition was hosted by 1st Sedgefield Scout troop, with 'patients' volunteering from both our junior Scouts as well as Gold Wolf cubs. The course took the patrols from the 1st Sedgefield Hall (Lions Club House) around the town to 12 different bases. Each base had a specific injury that might be encountered by Scouts, either on camp or in everyday life. This year's bases included everything from skateboarding wipeouts, head wounds from falling branches, burned hands, a near drowning and, most excitingly this year, a severed thumb.

The entire course distance was between 4 and 6 km and took up to six hours depending on each team's route planning and waiting times at bases.

2023 saw the return of the champions from 1st George Scout Troop, who sent one patrol, 1st George Girl Guides who sent two patrols, 1st Sedgefield four Patrols, 1st Knysna three patrols and 1st Plettenberg Bay four patrols. Of the 14 patrols only six managed to finish all the bases in the allotted time.

Well done to the 2023 winners The Knysna Swifts. Patrol Leader Kayla along with her patrol Hayden, Aliya and Nathan scored a very impressive 811 points overall.

Congratulations also to 1st George for a close 2nd place with 804 points and to the 3rd placed 1st Sedgefield Sandpipers with 791 points.

A huge thank you to all the Scouters from the district who volunteered their time to be judges and, in some cases, patients. Further thanks to the NSRI Surf Life Saving team that assisted with our CPR and water rescue base, Grant Collopy for writing and programming a totally new digital scoring system for us, and make-up artist Marion for supplying the latex prosthetics and fake blood.



We hope to see all the teams return next year. Planning is already underway to streamline the event and include even better bases!

4 Acts 1 Title

Stretch, Shelley & Alan, Francois, Linda

The BATTLE of the BUSKERS

At Sedgefield Lions Club Sun 24 Sept,
battle commences 12 midday
Market stalls open & food and refreshments on sale
Playground for the kids

Table bookings for under the marquee R70pp
Tickets available at Wool n Things

Picnickers R50pp (children under 12 free).
(Please bring your own chairs/umbrellas).

IT'S HERITAGE DAY
so of course we'll be braaing!
Chisa Nyama & salads on sale

Pick n Day
SEDGEFIELD

**SEDGEFIELD
COMMUNITY
CHARITY
EVENTS
CALENDAR 2023**

Venues and times will be published closer to the event date.

September
19, 21, 22, 26, 28, 29.
Sedgefield Melodrama '23

September
23/09 Anything that Floats
24/09 Lions Battle of the Buskers
24/09 TLC Golf Day
The Living Cornerstone

October
08/10 Garden Route Kite Festival - Masithandane
14/10 Pink Walk for Cancer

DUPLICATE BRIDGE CLUB

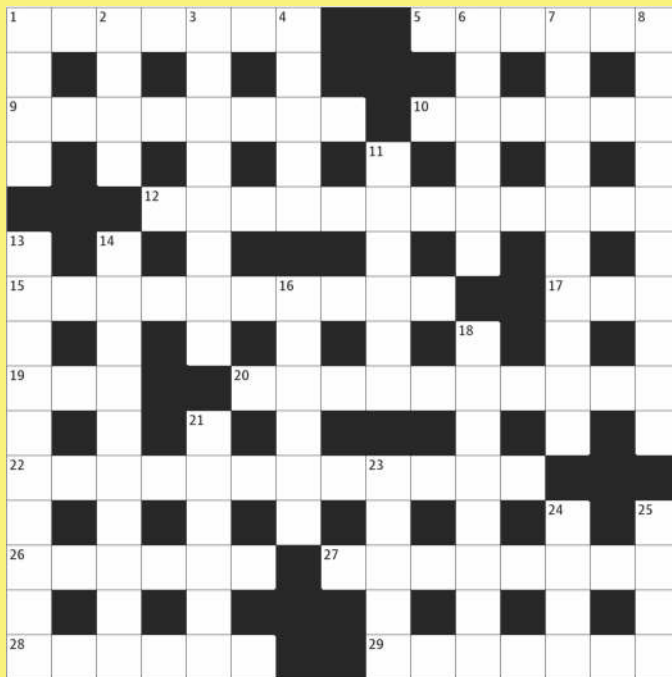
7 AUGUST :
1 60.7% Paddy + Bernard
2 56.5% Pam + Colin
3 53.5% Judy + Toni

14 AUGUST :
1 62.9% Irene + Linda
2 59.7% Pam + Colin
3= 55.0% Diana + Paul / Jeannie+ Mark / Paddy + Bernard

TED'S BRAIN CRUNCHER

Across

1. Some person's final contents get a little healthy coverage. (7)
5. Would eating such a big meal leave one red-faced? (4-2)
9. Don't see so many without blemishes anymore. (8)
10. Perhaps we should sit on them in passing. (6)
12. Half a book Dylan might gauge badly, judging by certain signals he's giving off. (4,8)
15. Legendary neighbour sung about by musical groups in 'Hair'.
17. Sad about ongoing marketing. (3)
19. Feel it when student drops a tuition payment. (3)
20. We heard a question about your repeating the 'cultural instrument' exam. (10)
22. Three copies of 'broken lip' written in intricate prose. (2,10)
26. Delicious steak I won from government? (6)
27. At home, little Timothy practically consumed that special moment. (8)
28. Sad that Diane is so short and a bit smaller. (6)
29. Such rubbish doesn't actually make the pigs any cleaner. (7)
Down
1. Send support! (4)
2. Some saw old soldiers bunking. (4)
3. Discuss why you shouldn't interrupt someone, just because the speech is finished. (4,4)
4. Outeniqua dwellers get that way inside - 'Peru-style'. (5)
6. We should leave, quickly,



before she releases her grip! (4,2)
7. Untruths published about Cockneys having a 'good look', so we gather. (10)
8. Ownership of the point of sale, initially before time. (10)
11. Run much faster than your family pet, because it's smaller. (6)
13. Silly answer from your silly composer! (4-6)
14. Special achievements along the way for Mr Davis' trumpet sounds. (10)
16. One could be found in the country far away. (6)
18. So angry about how your Cappuccino was made. (8)
21. See, I hear the church agreement was turned over by the movie house. (6)
23. Easy to note the measurement going round the horse's belly. (5)
24. It's a garbled piece of a loooong story! (4)
25. That's affirmative slang! (4)

Across: 9. Dress 10. Bleeriest 11. Mouse trap 12. Shard 13. Reacted 15. Torrent 17. Steel 18. Mia 20. Backs 22. Twelves 25. Midgits 26. Chess 27. Child free 30. Outgoings 31. Wafts
Down: 1. Adam 2. Regulate 3. Ashe 4. Sexpot 5. Prescribed 6. Sedate 7. Stud 10. Boredom 14. Television 16. Tests 19. Armpits 21. Clear off 23. Events 24. Second 28. Down 29. East

THE SPORTS EDGE

NEXT EDGE: Wednesday 6 September 2023 - Issue 673

PLEASE NOTE OUR DEADLINES

(Careful, they tend to fly by VERY quickly)

DISPLAY ADS: Email to editor@edgenews.co.za by 31 August 2023

CLASSIFIEDS: (stuff for sale, jobs, get-rich-quick schemes, secret treasure hints)

accounts@edgenews.co.za by Monday 4 September 2023

KINDLY NOTE: Due to the epic craziness of life as we currently know it, The EDGE offices may not always be open. Please call 072 516 4701 if you would like to a) make sure w

LOCAL TRAIL-BLAZERS TACKLE TSITSIKAMMA

by James Stewart

The MTO Trails 58km Tsitsikamma Ultra turned on every switch on Saturday 19 August, not only for the runners, but for the supporting crew too. The weather could not have been better, offering clear skies with a cool breeze and just a few hot spots.

The marshals in the mountains pulled out all the stops to keep everyone going to the finish line. Hosts #MTOTrailsGardenroute offered up a trail that is becoming more and more of a world class experience, and the Covie Community were there to welcome everyone home.

The sweeps had very little work to do other than keep the field moving forward and hopefully the 'time on their feet' will benefit them come ARWS World Champs in exactly two months time.

There was a group of 25 committed trail runners who from position 1 to 25 took in everything this trail had to offer:- the ups, the downs, the views, the tree blocks. This year the trail went longer than it had ever gone, growing from a 'one horse race', with reports of the lead constantly changing coming out at the finish line. Stories of mind games, hammered quads, nausea, dizziness, pain, doubting ones ability, dark places, loneliness, remoteness and so many more emotions that one goes through when running in the mountains, came from all our runners. In the end the victor was only decided in the last couple of kilometers.



Marius van der Merwe, Ben Adam, Mark van Zyl and Kyle Smith all ready to start their epic 58km trail run.

Local Kevin Evans took home the timber trophy, with Johnny Wolf - also a local, on the up in trail running taking second. In the ladies, it was Annalise

Scholtz who put all her experience into winning her race.

Four brave Sedgefielders took on the gruelling 58km course with Kyle Smith coming seventh in 09:08:23, Ben Adam 11th in 10:39:58, Mark van Zyl twelfth in 10:40:01 and Marius van der Merwe 17th in 13:55:13

Running the 21km course were Michael Rorke 02:22; Francois Munro 02:27; Mauritz Wentzel 02:33; Cecil Whittall 02:41; Linda Whittall 02:58 and Emma

SEdge GENTS' GOLF

10/08/23

'Individual Medal' was the call for the day and many a golfer received this news with angst, especially amongst the B division players. In our last report we lauded the achievements of two players in particular. Firstly it was Bill Craig who had played a shocker and received the 'Duck' for being the worst player of the day. Well the wheel turned as so often happens in golf and Bill came back with a net 58 to take first prize. What a magnificent display of Scottish valour, tenacity and skill. His winning speech emulated the best poetry of Sir Walter Scott ...

though at least Walter knew when it was time to stop. In second spot was Des Munro with the same score after a countout, and third was Dave Herbst whose wine collection is getting out of hand. There were two players with net scores of 60 and they were Hans Anema and Terry Savage. The final player to win a bottle of wine was Mike Hubberstey, who has given himself the nickname of 'Antique'. Apparently, he went into an antique store and somebody, obviously a person with bad taste, tried to buy him.

The second player we applauded in the last report was Peter Heath who had finished in third place on the day. Well, it seems there's no stopping this intrepid golfer. On this occasion he proceeded to create a new club record for the highest number of strokes played in the game, totaling 104 shots

for the day. As we've said before - if you think death is the greatest leveller you ain't come across golf.

17/08/23

Individual stableford was the name of the game with the incentive of winning fabulous prizes sponsored by Legends Restaurant and Bar.

The eventual winner was Dave Herbst, needless to say, with 34 points and he was followed by Ian Wright with 33. When collecting his prize, Ian took the opportunity to thank the club for entering him into the 'How to fill in a Golf Card' Competition, though unfortunately he didn't win. In third spot was Paul with 32 after a countout with Len Moulton (yes, him again, but the Captain assures us that some handicaps are getting some serious attention).

Captain Brian Gerard then announced what could be a really fun team competition next week wherein there will be a different format for every six holes incorporating betterball stableford, individual stableford and play your partner's drive. There should be a lot of laughter and finger pointing (if not fisticuffs) on the day. See you there.

Ladies' Golf

Friday 11th August

Today 9 ladies celebrated Women's Day. I think we were blown round with the berg wind, but at least we weren't cold. Today's competition was individual Stableford with only the even holes counting for prizes.

Today's winners were:

1st: Sylvia de Moor on 16 points.

2nd: Ronnie Maingard on 15 points.

3rd: Sam Bowen on 15 points, count out.

Neither side won nearest the pin, so it's a rollover for next week!

Birdies today were scored by:

Sam Bowen 5, 12 and 16

Martha Smith 3

Ronnie Maingard 2

Michelle J Gilchrist 12

Friday 18th August

We were 13 ladies yesterday playing Team Alliance, with all scores to count.

Our fabulous winners were as follows:

1st Marina van der Westhuizen

Michelle J Gilchrist and Ronnie Maingard on 101 points

2nd Janet Wood, Brenda Howden and Ronnie Maingard (Ghost),* with 100 points.

With the Nearest the Pin boards on 'holiday', we only had one hole today which was won by Sylvia de Moor on the 5th/14th.



TIDE TABLE

23 Aug - 6 Sept 2023

● Full Moon 31 August 2023

Wed Aug 23 2023

low tides 01:03 13:00
high tides 07:10 19:33
sunrise 06:59 sunset 18:04
moonrise 10:28 moonset -

Thu Aug 24 2023

low tides 01:48 13:48
high tides 07:58 20:32
sunrise 06:58 sunset 18:05
moonrise 11:04 moonset 00:49

Fri Aug 25 2023

low tides 02:55 15:19
high tides 09:21 22:06
sunrise 06:57 sunset 18:06
moonrise 11:48 moonset 01:56

Sat Aug 26 2023

low tides 05:17 17:56
high tide 11:49
sunrise 06:55 sunset 18:06
moonrise 12:41 moonset 03:03

Sun Aug 27 2023

low tides 07:03 19:16
high tides 00:04 13:14
sunrise 06:54 sunset 18:07
moonrise 13:46 moonset 04:07

Mon Aug 28 2023

low tides 07:57 20:08
high tides 01:23 14:04
sunrise 06:53 sunset 18:08
moonrise 14:58 moonset 05:05

Tue Aug 29 2023

low tides 08:39 20:53
high tides 02:17 14:46
sunrise 06:52 sunset 18:08
moonrise 16:15 moonset 05:55

Wed Aug 30 2023

low tides 09:16 21:34
high tides 03:02 15:26
sunrise 06:50 sunset 18:09
moonrise 17:32 moonset 06:37

Thu Aug 31 2023

low tides 09:52 22:14
high tides 03:43 16:05
sunrise 06:49 sunset 18:10
moonrise 18:46 moonset 07:14

Fri Sep 01 2023

low tides 10:26 22:53
high tides 04:22 16:43
sunrise 06:48 sunset 18:10
moonrise 19:58 moonset 07:46

Sat Sep 02 2023

low tides 11:00 23:30
high tides 04:59 17:21
sunrise 06:46 sunset 18:11
moonrise 21:09 moonset 08:16

Sun Sep 03 2023

low tide 11:32
high tides 05:36 17:59
sunrise 06:45 sunset 18:12
moonrise 22:17 moonset 08:46

Mon Sep 04 2023

low tides 00:07 12:03
high tides 06:12 18:36
sunrise 06:44 sunset 18:12
moonrise 23:26 moonset 09:18

Tue Sep 05 2023

low tides 00:43 12:35
high tides 06:48 19:14
sunrise 06:42 sunset 18:13
moonrise - moonset 09:53

Feed a pet in need



1. Donate a treat, can or bag of pet food at the Engen Quick Shop
2. Complete the entry form
3. Stand a chance to WIN a R500 voucher in the lucky draw
4. Closing date 30 September 2023

T&Cs: This initiative is in conjunction with Sedgefield Animal Matters NPO & Sedgefield N2 Wimpy / Engen. The winner will be contacted within 7 days of the closing date. The lucky draw will be taken by an independent party.



Enjoy every moment

Engen 1-Plus
Sedgefield

044 343 1696



Offer valid from
27.07.2023 to 01.09.2023

2 chicken
schnitzels,
2 slices
cheese &
mushroom
sauce

R89⁹⁰

T&Cs apply. Available while stocks last. Visuals for descriptive purposes only. Full nutritional information available at wimpy.co.za