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WHAT AN 'AYOBA' TIME INDEED!



Like the rest of South Africa, the EDGE Team are still grinning from ear to ear following the glorious climax to weeks of nail-biting, heart-stopping, mind-blowing, nerve-shattering rugby. We certainly can't resist giving a humble front-page tribute to the 2023 Rugby World Cup Champions, Siya Kolisi and his boys in green and gold, befitting our absolute appreciation for the way they showed what South Africans can achieve if we cast aside what separates us and celebrate what unites us. What an awe-inspiring, uplifting example when our country needs it most! As Siya himself said "As soon as we work together all is possible, no matter in what sphere, on the field, in offices, it just shows what we can do."

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Brenton-on-Sea and Buffalo Bay beaches have once again received Blue flag status for the 2023/2024 holiday season.

Knysna Municipal Manager Mr Ombali Sebola said the iconic Blue Flag is one of the world's most recognised awards for beaches, marinas, and sustainable tourism boats.

"Each beach is measured in four categories: Environmental Education and Awareness, Water Quality, Environmental Management, and Safety Services. To qualify a series of criteria must be met and

GREATER KNYSNA BEACHES GET BLUE FLAGS

maintained. We have a dedicated internal programme to drive the requirements for the approval process and ensure the necessary standards are met. Blue Flag status is recognised by the public and they know what to expect when they visit the beaches."

South Africa has participated in the Blue Flag programme, implemented by the Wildlife Environmental Society of South Africa (WESSA), since 2001. Sebola said the coastal

management accreditation programme recognises beaches meeting standards of excellence in water quality, environmental management, environmental education and information, as well as safety and services.

"The main criteria considered to achieve and maintain Blue Flag status are universal access, clear signage, control of domestic animals, effective waste and environmental management, and education.

The programme offers many benefits, including improved tourism facilities, enhanced management of coastal ecosystems, capacity building of coastal municipalities and increased awareness in general."

He thanked the different role players for their hard work.

"Blue Flag beaches are an important part of our tourism offering and I want to thank the WESSA team, SANParks, Brenton and Buffalo Bay residents and our Environmental team (under the leadership of Pam Booth) for all their hard work. We are working hard to get our area ready for a bumper

holiday season and look forward to receiving our summer guests!

Knysna Executive Deputy Mayor and Portfolio Chairperson, Cllr Alberto Marbi, and recently appointed Director for Planning and Development, Andiswa Dunywa attended the official award ceremony in Wilderness.

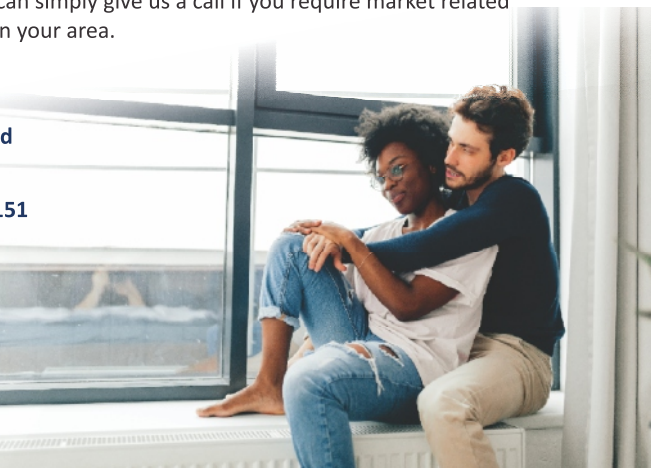
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THE EDGE

Notes from T'Ed's Head

Genes are very, very interesting, aren't they?

I say this because I have just spent two weeks with all my siblings.

Two WONDERFUL weeks.

Both of my elder brothers – one from the UK, the other from Zimbabwe – came to good old SA to spend time with my sister (also a Sedgefielder) and me. And they both brought their spouses.

That is the important part because spouses of siblings are wont to compare notes, aren't they?

(I can almost hear you saying 'Ooooooh' in a rubbing-of-hands-together sort of tone)

And here's where those amazing things called genes come in.

One would think, of course, that someone living for many years in a small coastal village in South Africa would not be subject to the same influences as someone living in the North of England, or even, for that matter, one living midst the bustling (albeit rather chaotic) city of Harare.

So why is it that we three brothers are almost exactly the same? And not just in physical appearance – because we are similar to look at. Very similar. (Though I would hasten to mention that, being the youngest, I am far more muscular, even if I tend to hide it under a thin veil of fat).

But genetically acquired, brutally handsome looks aside, what is much more interesting in this DNA discussion are the eerily similar traits that we brothers have developed, despite living apart.



For example: - None of us has one iota of that strange concept known as 'sense of direction'.

Zip, Nil, Nix-nix. The Google Maps department of our brains is closed indefinitely. Even more so than the Sedgefield Licensing Office.

And we are not talking about the ability to find a particular address on a particular street in a particularly busy city during peak rush hour. Or even instinctively knowing which path to take when being chased through a dense, dark forest by a pack of bloodthirsty wolves.

No. I am talking about the simplest concept of remembering which way to go. As listed in the 'Directions for Dummies' handbook, under the headings 'How to find your way out of a shopping mall' and 'Recognising and locating the car you parked half an hour ago'.

I kid you not. If you combined the entire 'sense of direction' abilities of the male side of our family, you would still get more joy asking a park bench how to get home.

Now ... when we brothers go to a mall together with our wives (which, by the way, we all dislike equally) ... (the mall, I mean, not our wives – please stop trying to get us into trouble), we are usually left to fend for ourselves because ... and here's another gene we share ... we all (apparently) have *That Expression*.

You know *That Expression*? It's the one which (once again, I am going to throw in an 'apparently' here) convinces your spouse that you would prefer having your teeth engraved with a hand drill to the current shopping experience, and for goodness' sake, that must be the 98th pair of

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shoes she has looked at. That, *That Expression*.

So yes. When it comes to mall visits during their visitations with us, we are a trio of 'Brothers Abandoned', left to our own devices in the mall. And it is devices we look at because another genius part of our shared DNA is our interest in home and car maintenance. Please note, I haven't even gone near the word 'Skill' because that is the one thing we all lack. Indeed, we (that is, I and my two older brothers, who, you may have sensed, are both older than I) are all useless at 98% of 'handymanship'.

Interested, but useless.

This does not, however, preclude us from indulging in the very manly occupation of standing in the aisles of hardware boutiques admiring power tools, duct tape, spanner sets and cable ties. Strangely, we spend much of the time doing this in the same three shops because we keep turning the wrong way when we exit them.

Our spouses have taunted us with "We'll see you at the coffee shop in an hour then", knowing full well that they would be busy for three hours but would still get to the meeting place before us because we would get stuck in the mall *Vortex of No Direction* and only find said coffee shop when one of us is desperate/thirsty enough to ask someone the way.

And whilst this will take some time, we don't care. Because when we are together (that's me - the youngest, and my two older brothers), there's a lifetime's worth of puns, one-liners, reminiscences, movie lines, and hilarious come-backs to work through, not to mention breaking into bouts of spontaneous 'mall-song'. ("I will walk 500 miles" is often appropriate).

Aha! That's another gene we share: - the infallible recall of everything from the seventies and eighties ... well, at least the important, historical stuff, such as every single line from Monty Python's Flying Circus, all the Top of the Pops songs (even those dreadful ABBA numbers), and all the voices from The Goon Show...

... and nothing of the present.

Yep. Though the exact lyrics of 'I Don't Like Mondays' are firmly fixed in our 'Instant Recollection' (tucked neatly next to the entire script of 'The Knights Who Say Ni'), none of us has the slightest inkling of where we left our car keys, wallets, reading glasses (theirs are much thicker than mine because I am the youngest) and/or cell phones, or anyone's names (unless they happen to be Bob Geldof).

This is made worse because (apparently) we also share the 'Can't find the darn thing even when it's staring you in the face' gene too*. (*results of a recent poll taken amongst our wives over a pot of tea).

• And as quaint and quirky as these shared idiosyncrasies are (how nice of you to say so), they do sometimes get us in trouble with people other than our wives. On their last day here, we took a wrong turn and mistakenly ended up at the bottle store.

My eldest brother walked in first and was immediately accosted by the lady behind the till,

"T'Ed!" she exclaimed, clearly misidentifying him, "You owe me money!"

"Money, Money, Money!" sang said brother in terrible ABBA tones (because that's what we do).

"Money for nothing, chicks for free!" brother number two warbled lyrically, clearly in Dire Straits.

"Here she comes now singing money, money!" I joined in in my best Billy Idol rant.

The poor woman looked in abject horror from one face to another to another, then ran whimpering into the back office.

"Well, at least she gave you a good run for your money," said a voice from behind us.

It was my sister who had come looking for us. I guess we could understand why. Indeed, if you consider we had been missing for three hours after being sent to the shops to buy 'Something Urgent' (toilet rolls, apparently) ...

We'd be mad if we didn't!

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SEABRIDGE SCHOOL

NEW INFO OFFICE

There's a new office and a new face behind Sedgefield Info Bureau and that is Michelle Lencoe, who will be running the much-needed information office from her Lithemba Crafts & Tours shop on 4 Swallow Drive, next to The Daily Grind Coffee Shop.

Michelle explained that at the tourism members' meeting called to discuss the way forward after the previous info bureau closed, she had offered to pick up the baton and run it privately.

She said that whether or not outside funding ever becomes a reality, there needs to be a place in Sedgefield where tourists can get the information they need. "I am determined to keep it going," she assured us.

And it seems it's a good fit. A qualified level 4 Cultural Guide, Michelle knows the industry well and is well known herself for her innovative approach to creating tourism products. These include township tours, garden tours, and tailor-designed tours as well as African crafts and beading which are a big hit with international visitors.

Michelle does intend to set up a meeting with the Knysna Municipality's Economic Development team to see if the local authority will come on board with funding of sorts, but says the outcome of this will certainly not be the make or break of this additional venture.

She will be taking on the current website www.sedgefield-info.co.za and may also be reached on cell +27 61 471 8327 or email lithembacraftsandtours@gmail.com

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CRIMINALS ON CAMERA



Careful scrutiny of footage from the security camera network around Sedgefield has convinced local security groups, that a robbery which took place in Meedingsride on Wednesday 18 October, was almost certainly perpetrated by out-of-town criminals.

The local neighbourhood watch first heard of criminal activity on that day at about 7.50am when a report of two male intruders at 'Sandals' came through on a Whatsapp group. The men had been seen running through the complex.

Members of Community Orientated Policing (COP) rushed to the scene and obtained a description of them. "While we were there we were informed

about a serious crime – including robbery and physical attack - that had taken place a few blocks away minutes before," said Mike Hofhuis of COP (exact address withheld at request of victims).

After confirming that SAPS were on the scene of that serious crime, Mike went to check if the security camera network had picked up any images of the two perpetrators and to see if they were the same who had been seen in the Sandals complex.

He discovered multiple 'captures' of them recorded on the digital system, the earliest of which was taken before the robbery had occurred. They were indeed the same men involved in both incidents.

"We are almost certain that they are not local," he reported, "We actually have footage of them entering Sedgefield just before 7.30."

Imagery recorded a short while later, after the men left the home where they had just robbed and assaulted a couple, showed them running down Aloe Street before climbing over the wall into Sandals, presumably trying to get back to the N2.

SAPS members later discovered

many of the stolen belongings hidden near that wall.

Security camera footage taken at 7.52am recorded the same two running up Begonia Street, eventually entering the green belt on the south side of Fraser Street in the direction of Groenvlei. It is here they disappeared from view, possibly to lay low for a while, until 9.40am when the cameras directed at the Groenvlei Road adjacent to Lake Pleasant Resort picked them up emerging onto the tar and walking nonchalantly

towards the highway.

"Eyewitnesses saw them crossing the N2 and making their way to the railway line," Hofhuis said, "But after hours of searching the surrounding area, using two security drones as well as a lot of manpower, it was clear they had gone. More than likely they had been picked up by a vehicle and whisked away."

The good news is that SAPS has been granted access to all the images and footage captured by

the Sedgefield camera network which should assist them significantly as their investigation continues.

Hofhuis says that any crime of this nature occurring in Sedgefield causes great concern, so he was exceptionally impressed with the very swift response time to the serious incident, not only by the local crime prevention groups but also the officers from SAPS and all the security companies.

Lew Geffen

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Blow by Blow! Sedgefield Bowling Club were delighted with the new Pick n Pay branded wind socks, presented to the club by Manager Tjaart van Aswegen.

The golfing men from Sedge Links are once again grateful for Pick n Pay Sedgefield's community spirit. Here are the October prize-winners of the monthly competition which is co-sponsored by Pick n Pay and Wimpy/Engen.

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Congratulations to Henry Apollis, winner of the Pick n Pay Butchery's 'Springbok Promotion'. He proudly received his prize from Rhodene Solomons and Manager, Tjaart van Aswegen.

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ISSUE 677 1 November 2023

THE EDGE Page 3

Collapse of natural infrastructure proves costly in Kaaaimans

“Following heavy and consistent rain on Saturday, 21 October 2023, the collapse of a seep-line on the western slope of the Kaaaimans gorge caused a landslide leading to the temporary closure of the N2 highway. This left the mountainside scarred with severe loss of indigenous vegetation,” says Cobus Meiring of the Garden Route Environmental Forum (GREF).

Streams, seep-lines and wetlands on mountain slopes play an important role in ensuring their geological integrity and their ability to direct and absorb water flow. Sand dunes, rivers, streams, mountain catchments, forests and many other examples are referred to as natural infrastructure, and collectively they play an

irreplaceable role in ensuring the well-being of nature and the human population it supports.

Hard infrastructure, such as the N2 highway is constructed on a sensitive and geologically unstable mountain slope through Wilderness and the Kaaaimans gorge. This type of area is prone to landslides and will always be at risk of mountainside collapse (or partial collapse) under certain circumstances such as torrential rain. The impact of invasive alien plants on the landscape and upper catchments affecting river function and health, also has negative snowball effects on rivers and streams to cope with large volumes of water flow during floods. This is because it strips riverbanks of the natural vegetation that binds and protects the soil.

Indigenous vegetation plays a vital

and irreplaceable role in ensuring soil stability on steep slopes, and unfortunately, the forests on the western slope of Kaaaimans gorge, have in recent years been badly affected by a creeper plant overgrowing forest vegetation. This type of vegetation causes the collapse of the forest canopy under its weight with trees dying off. It then leaves the seep-line and rivulet's shallow soil structure susceptible to collapse once it becomes waterlogged. Sufficient surface vegetation would have kept it firmly in place and prevented it from sliding downward.

Rehabilitating the damaged water course in Kaaaimans will pose a challenge as all the vegetation and topsoil slid down the slope and washed away. The remainder of the western slope

should be investigated to determine its stability and whether it poses further risks to the N2 highway. “Invasive alien plants are very likely to claim the scar left by the landslide as they out compete indigenous vegetation in terms of new growth,” says Meiring.

Given the changing climate and rainfall patterns, which increase the probability of episodic rain storms along the Garden Route, the region is likely to experience repeated damage to its road and rail infrastructure in the near future.

The Garden Route



Environmental Forum is a public platform for landowners and environmental managers in the Southern Cape.

The large scar caused by the collapse of indigenous forest in Kaaaimans gorge poses a further potential threat of landslides.

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A THEATRICAL NOVEMBER

A hat trick of productions for Studio 42, our little local theatre with delusions of grandeur on Uil Street, as we are hosting three very different acts in November.

First off, and with no introduction necessary, the legendary Cloud 9 Band have their “Story of Rock ‘n Roll” show to get us toe-tapping in our seats. Unfortunately sold out for the 15th of November, the good news is that they’ll have it back on our boards on the 10th of January 2024! Keep an eye on the press for box office details.

Hot on their exeunt, we present Stretch with many different aspects to herself, and indeed humanity, in ‘The Journey Within’. Lauren Smith, local musician and performer extraordinaire, has created an inspired piece of theatre detailing the thought processes of being multi-faceted humans and how we depict, argue, fuss and accept all the ways we express ourselves.

Finally on 20 November, Kerry Hiles brings us ‘Jou Ma Se Platespeler’, with the talented tones of Rob Tomson and the

sweet rhythm of Kristo Zondagh. Songs from Radio Springbok and beyond will surely tug at many a heartstring and toggle the memories of those of us who grew up with LPs on the turntable in South Africa.

All tickets are available from Quicket, don’t hesitate, they’ll be gone in a blink!

Jou Ma se Platespeler
Kerry Hiles, Kristo Zondagh & Rob Thompson

Met treffers deur
Koos du Plessis,
David Kramer,
Johannes Kerkorrel,
Laurika Rauch,
Karen Zoid
& vele meer

STUDIO 42

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Konsert begin 7NM

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BEACH CLEAN-UP

You are invited to join us for a much needed beach clean up.

Date: 8 November 2023
Time: 9.30 - 11.30am
Place: Myoli Beach car park

We will supply bags, gloves and water. Please bring your hat, sunscreen and lots of energy.

Let’s do this together. If you need more information please contact Adrienne 083 781 3040

Regards
Cola Myoli Conservancy



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SEASONAL INFORMAL TRADING PERMITS

The application process for seasonal informal trading permits is now open to qualifying traders.

The following sites are available for informal trading during the festive season from 1st December 2023 to 31st January 2024:

- | | |
|--|--|
| 1. Sedgefield: The Mouth | 7. Buffalo Bay: Old Backpackers Parking Area |
| 2. Sedgefield: Myoli Beach | 8. Leisure Isle – Green Hole |
| 3. Sedgefield: Boat Launch | 9. Leisure Isle – Bollard Bay |
| 4. Sedgefield: Taxi Rank | 10. Brenton On Sea |
| 5. Buffalo Bay: Beach Area (Only non-food items) | 11. Main Street Market |
| 6. Buffalo Bay: Upper Parking Area | 12. Cathy’s Park |

A limited number of trade sites are available at each of these areas and applications will be considered based on the merit of each individual application in line with the Municipality’s By-law on Informal Trade. Seasonal Trade Permits cost R463.49 in accordance with Knysna Municipality’s Tariff Policy.

APPLICATIONS MUST BE MARKED:

“APPLICATION FOR 2023 SEASONAL INFORMAL TRADING PERMIT 2023”

CLOSING DATE: 10 November 2023 CLOSING TIME: 13h30

The successful applicants will be required to enter into a written contract and sign a code of conduct with the Municipality.

APPLICATIONS MUST BE DEPOSITED IN THE APPLICATION BOX SITUATED AT:

Knysna Municipality
Economic Development Department
2nd Floor
3 Church Street
Main Road
Knysna 6570

Applicants should ensure that applications are delivered timeously to the correct address. No late submissions will be considered. The application box is open from 07h30 to 16h30 during weekdays Monday to Thursday and 07h30-13h30 on Fridays.

Application forms and maps with the Council approved trade bays at each of the areas can be obtained from the Economic Development Department at 3 Church Street or via e-mail to amoos@knysna.gov.za.

Applicants and members of the public are advised to peruse the Council’s By-law on Informal Trade, which is accessible on the Municipal Website at <https://www.knysna.gov.za/wp-content/uploads/2019/08/Informal-Trading-By-law-8-Dec-2017.pdf> before submitting applications.

Applicants are at liberty, at any time during office hours, to obtain further details with regard to the procedure and Conditions for Application from the office of Ms Alexis Moos at 044 302 6478 or email amoos@knysna.gov.za.

OMBALI P. SEBALA
MUNICIPAL MANAGER



www.knysna.gov.za

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Our Beaches Need Us

by Adrienne Bartlett

The storms and winds in the past weeks have battered our poor beaches once again, and they are being peppered with debris from the ocean.

I look at our beautiful beaches as an extension of my garden, as I’m sure do you. So let’s work toward keeping our luxurious sand gardens clear of clutter.

It’s up to all of us to help remove this trash, consisting of numerous types of plastic, as well as other garbage.

Whilst I’ve been gardening in our revitalised Cola flower bed, which I hope you’ll come and admire, if you haven’t already, I’ve seen that there are at least 15 cars, if not more, parking daily to take their lucky doggies for a beach walk.

If each of those families

would take one bag with them, pick up some of the rubbish and bring it back, it would make a massive difference.

We also have a large blue recycle igloo in the car park, which is ideal for disposing of all of the bags. So please bring the bags down with you. This will save on the bin at the top of the stairs becoming filled to overflowing. The igloo is emptied regularly by the municipality.

I’m sure there are just as many people using the Myoli Beach car park at Pili Pili, and once again if they took just one bag of rubbish off the beach, it would be help the beach breathe a little more easily.

A tip for you : Keep some empty shopping bags in your boot, so that you won’t even have to think about putting them into the car when you come for your walk.

Together we can make a difference.

TWO GREAT NEW YEAR'S EVE EVENTS FOR MASITHANDANE

Traditionally Sedgefield's Masithandane has always presented a great musical night out on New Year's Eve as a fundraiser, and this year the NPO is doubling up on their entertainment efforts with two events at two venues involving two top class local acts.

CLOUD 9 @ REDROOF

Back by popular demand! After the fabulous New Year's Eve Dance Party they hosted last year at Scarab Village's 'Red Roof', the talented trio, Cloud 9 Band were more than happy to oblige when asked to repeat this very successful and fun event at the same venue for New Year's Eve 2023!

"Last year, tickets sold out early," band front-man John Archer advises, "And with limited numbers this year, revellers are urged to book early to avoid disappointment." There are 120 seats inside on tables of six, and 60 seats outside on tables of four, all of which will be sold on a first come first served basis. It will be run on a 'picnic' basis, with attendees bringing their own food and drink.

Tickets are available now from Deo Gratia at the Pick n Pay Centre in Sedgefield, at R120 pp (children under 12 - R60) and 50% of the net proceeds will be shared between the hosts Masithandane and Slow Town Mobile Meals.

Cloud 9 is believed to be the longest established pro band in Sedgefield and was the first to establish New Year's Eve Parties at the Red Roof back in 2010,

and they have played there most years since. The group has become one of the most popular bands along the Garden Route and in the Cape, having played many hundreds of times at clubs, restaurants, hotels, festivals, weddings, corporate and charity events, wineries, outdoor shows and the like.

Cloud 9 are a completely live band of ex full time professional musicians with international experience and are renowned for their special interpretation of classic rock and pop from the 60's, 70's, 80's and beyond.

This year's New Year's Eve gig will start at 7:30pm for 8:00pm, and the band will play to see in 2024.

"We are very much a party band," says John, "So you can bring along your dancing shoes. You can shake a leg on the dance floor or just have party fun around your table with family and friends."

ALAN & SHELLEY @ MOSAIC

This dynamically talented duo will ensure you enjoy a fun-filled New Year's Eve of music under the stars!

With a mix of contemporary covers from the 60s to the 2000s, Alan and Shelley's repertoire consists of Country Charm, Rock n Roll Rebellion, a bit of Blues, Reggae, as well as Sing-along Singles and Dance Floor Favourites.

Originally together in a five piece band, the couple left their home in Zimbabwe to start a new life in Cape Town in 2000. They were married in 2006 and have

been performing as a full-time duo since. Moving up to Sedgefield a couple of years ago they quickly found their feet and soon became a popular part of the Garden Route's musical circuit.

Expect to listen to and dance the night away with beautiful songs and upbeat music from a couple who love to bring entertainment wherever they go.

Tickets can be bought online at www.quicket.co.za - R130 pp for adults and R80 for children U12.

The most wonderful New Year's Eve range of food fayre will be available at reasonable prices on the night from the Gourmet Burger, House of Natal Curries,

Slow Schwarma, Yegusha Spit Braai Company, Kapé, and Waffle Gelato Stalls.

A fully licensed bar will be open, serving (with a smile!) a good variety of beer, wine and cold drinks as well as coffee.

This event, starting at 6:30 for 7pm, is a fundraiser for Masithandane's Children Projects.



PUBLIC REVIEW OF MUNICIPAL IDP 2024-25

A very disappointing and poorly attended Sedgefield Ward 2 Integrated Development Plan meeting was held yesterday afternoon, some surmising this was because of the inconvenient scheduled time during the working day. Approximately 25 Sedgefield residents, including four Ward Committee members were seated in the Town Hall by 14h05. The following report was received by The EDGE.

The meeting, scheduled to begin at 14h00, started late after those attending waited for Municipal Manager, Ombali Sebola to arrive. Although he had been reportedly running late, it was eventually clear that he was not going to come and his lack of attendance was noted.

Ward 2 Councillor, Cleone Vanston was there on time, whilst the Municipal Directors who attended arrived after the scheduled commencement. These included the Planning & Economic Development Director, Community Services Director, IHS (Housing) Director, Corporate Services Director plus Mr Charles

Chordnum, the IDP Process manager.

Chordnum explained the Municipal IDP process and how it 'informs and links' to the compilation of the Annual Municipal Budget.

He discussed the 'Top 5' project priorities for Ward 2 and suggested that these could be amended if the community felt that other capital funded projects were more urgent or necessary.

The IDP Manager subsequently took questions from the residents and ratepayers. Some queries were not IDP related, focusing more on Municipal operational issues and under-performing service delivery which was obviously of much concern to many. The bad state of Sedgefield's roads, the poorly managed refuse and green dump sites and the state of the recycled waste facility were some of the issues discussed.

A Ward 2 Committee member explained that the Municipal Manager had acknowledged that "Knysna Municipality had failed Sedgefield",

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adding that an Area Manager based in Sedgefield would largely address the daily management and supervisory requirements for the two wards. It was noted that this matter had been raised several times at meetings with the Municipal Manager.

Other important matters included the urgent repair to the lagoon slipway, especially given that the end of year holiday and tourist season would soon commence.

The need to identify property for establishing a high school was passionately debated once again.

The very inadequate Law Enforcement services in the wards were also raised, including the urgent need for after-hours officers to be based in Sedgefield.

The meeting concluded with the understanding that specific IDP items may be followed up over the next three weeks. Additional IDP projects may also be considered within this period.

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ISN'T IT TIME YOUR BUSINESS GOT ITS PIECE OF THE PIE?

The EDGE Team is currently working on the 2024 "Where To Find It" Business Directory, due for distribution in early December this year.

All businesses are listed **FOR FREE**

Every home and business gets a copy **FOR FREE**

Accommodation establishments get one for each room **FOR FREE**

LAST CHANCE!! DEADLINE EXTENDED TO FRIDAY 3 NOV. call Joy 082 389 2024

DIARY DATELINE

Every 2nd Monday
2pm Sedgefield Art Society meets at Lions Club. New members welcome. Colin Burgess 082 852 2586

Every Monday
1:30pm Duplicate Bridge at Catholic Church hall. Enquiries (Whatsapp) to Toni 0722465024.

Wednesdays
8 for 9am Golf Day @ The Links. All members welcome.
4 - 8pm Mosaic Food Fare
5:30pm Sedgefield Striders Walking / Running time trials on road adjacent to Bowls Club. Beginners welcome.

Thursdays
6:30am Eden Cycling Club Group Social outside departs Cycle Worx. All welcome.
8 for 9am Sedge Gentlemen's Golf @ The Links
12:30pm Social Bridge School at St Anthony's Catholic Church hall. All levels welcome. Lessons 12:30, Play from 13:45.
 Enquiries: Gail 0834577647.
13:15pm Bowls. Tabs in

Fridays
8am Ladies Golf @ Links Course

Saturdays
6:30am Eden Cycling Club Group Social outside departs Cycle Worx. All welcome.
8am-12 Wild Oats Community Farmers' Market
8 for 9am Saturday Competition Golf @ Links Course
8am-2pm Mosaic Market
8am-2pm Scarab Craft Market
13:15pm Bowls. Tabs in.

Every 4th Saturday
3 or 4pm Garden Route Centre of the Astronomical Society of Southern Africa. At Catholic Church, Cnr Sysie & Flamingo St. Visitors welcome. Peter 083 445 4634 for more info.

Sundays
7am Eden Cycling Club Group Social outside departs Cycle Worx. All welcome.

Sunday 5 November
8am-12 Gardeners and Crafters Market at Steam Whistle Stop. 072 487 0395

Sunday 12 November
8am-12 Car Boot Sale at Steam Whistle Stop. 072 487 0395

Should your association, charity or group have any forthcoming events, please send us details so that we may publish them in our next issue!

LETTERS TO THE EDGE



PLEASE NOTE: If you would like to write a letter to the editor, it must be submitted with the author's full name, address and phone number. If a writer does not wish his or her name to appear in print, a 'pen name' (nom de plume) may be included.

Email letters to: editor@edgenews.co.za The editor has full discretion as to which letters are included or excluded and no argument, badgering, cajoling, bribery or heated conversation will be entered into. Opinions expressed in published letters and articles are not necessarily those of the management and staff of The EDGE Community Newspaper.

I've learned ...

That life is like a roll of toilet paper. The closer it gets to the end, the faster it goes!

by Andy Rooney

Dear Editor,

The Living Cornerstone was given the opportunity to do the "Snack Shop" at the recent Carpe Musicam event.

The event was held at the Dutch Reformed Church Sedgefield on Sunday 08 October 2023.

The A team of The Living Cornerstone once again operated like a well oiled machine and produced a "menu" which included, Curry and Rice, Pancakes, Coffee, Tea, Cappuccino's, Cooldrinks and Water.

We also used this opportunity to unveil our brand new banners which will be used at our future fundraising activities.

As facility manager, I would



like to thank the event organisers for the opportunity and the A team for their effort.

A special thank you to Manie and Adelia Heunis for our stunning banners.
 Marietjie Digue

NSRI : Stay Safe this Summer

We are appealing to everyone to adopt a Safety, Safety, Safety mind set in all activities this summer season.

- Do not drink alcohol and swim.
- Bathers at beaches swim where and when lifeguards are on duty between the lifeguard "safe swimming zone" flags - obey the lifeguards for everyone's safety.
- Beach bathers, shoreline anglers, and coastal hikers be aware of two high tides and two low tides around the coast every day.
- Be aware of rip currents that can pull swimmers out to sea.
- During full moon and new moon "Spring tide" brings higher than normal high tides and lower than normal low

tides that can cause stronger than normal rip currents.

- Swimmers at rivers, lakes, and dams swim with a floating aid for safety and visibility. (But do not let the floating aid blow you away from the shore in strong winds).
- Don't venture too far from the shore.
- If you get tired in the water float on your back and don't panic - fill your lungs with air to aid floatation and stay calm.
- Parents and caregivers ensure that responsible, sober adults supervise children while they are swimming in water or when they are around water.
- Wear bright clothing. (Especially children at the beach).
- Your swimming pool at home should be cloaked in safety.

- Boaters, paddlers and sailors – wear your life-jacket and download and always use NSRI's free SafeTrx smartphone App when out on the water and know how to use your safety equipment - a referee whistle, red distress flares and cell phone fully charged in a watertight plastic sleeve.
- Always keep a responsible family member or friend updated with where you are going, your expected return time and check in on your safe return.

In an EMERGENCY call: 112 or call NSRI EMERGENCY OPERATIONS CENTRE: 0870949774.

SEDGEMEER PARK HOME FOR THE AGED NOTICE OF ANNUAL GENERAL MEETING 2023

Notice is hereby given that the Annual General Meeting of Sedgemoor Park Home for the Aged will be held in the dining hall on Thursday 23rd November at 2pm.

Minutes of the meeting will be made available to interested parties on request.

THOSE SMART YOUNG SCIENTISTS OF SEABRIDGE

by Melanie Baumeister

The Seabridge Art and Science Fair was held on Saturday, 28th October at the local independent school in Sedgefield, and surely impressed all who saw it!

The Foundation Phase children (Gr1 - Gr3) were assigned projects to present at the event, encouraged to use objects from around their homes that were safe and accessible to them. Parents were asked to supervise the planning and construction and ensure that the children understood the concepts.

The Art Exhibition included works that reflected the influence of industry on art and sculpture, using upcycled and repurposed materials that inspired them. There was even an element of performance art as the scholars, dressed in costume, moved to the music in a piece called 'Dance Of The Robots' using bright neon colours for effect.



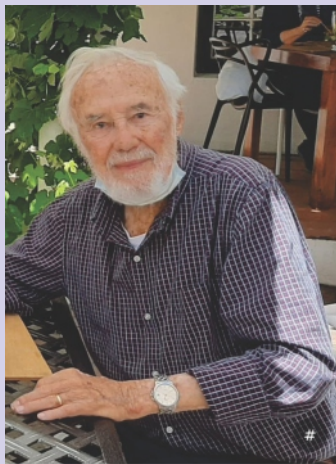
Ara van Aardt (6) participated in every aspect of the fair. Here she is with the science project she created and built at home with her father's assistance: An active volcano, out of cardboard mesh, spray paint and sand. She used vinegar and bicarbonate of soda to mimic the eruption.

The children (and parents and teachers) thoroughly enjoyed the morning and we're sure they have been motivated to love the subjects of Art and Science even more.

In Loving Memory

Geoffrey Morris Janes was born in Egypt on 7 February 1928. On 28 October 2023 he went to be with his Lord.

Remembered by his family as an incredible and unique gentleman, he was well known, much loved all around Sedgefield, and a good friend of The Edge team.



TALKING ABOUT PALLIATIVE CARE

Did you know that in South Africa, only 17.8% of folks who really need palliative care are getting it? Even though the government launched the National Policy Framework and Strategy for Palliative Care 2017-2022, it's still not doing enough for seriously ill people, especially here in our region and those living in the rural areas in the Western Cape.

What could make things better? If we all work together, organisations, hospitals and the community - we could make sure that everyone gets the care they need. Palliative care provides easier ways to get help, care plans that really focus on what the patient needs, and more support from a bigger team. Plus, it takes pressure off the busy hospitals and health clinics. This is why we're shining a light on palliative care - more information, more impact!

Here's a snippet of some conversations with 2 of our staff on palliative care:

Marline, our social worker, explains that she's learned to be fully present when she is with her patients and enjoys the support of her whole team. Marline says "Palliative care allows the patient, his/her family and myself to focus on care, address their distress and improve their quality of life."

Sister Hannelie, our Clinical Manager, gives her thoughts on 'why palliative care?' by saying that "its care for the community." She is passionate about helping the most vulnerable people AND their families. Sr Hannelie describes that Hospice is often "the last resort for a person - they've been through the mill and are desperate for help." That's why we step in to help everyone. Sr Hannelie reiterates what Marline has said, "Hospice puts everyone at ease."

And lastly, in honour of children's palliative care, we're including a definition of palliative care for children, in case you ever have to explain it to a grandchild or neighbour (or if you're just young at heart

yourself.

Paediatric Palliative Care

We offer care to:

- Children with life limiting illnesses (e.g. cancer, HIV, organ failure)
- Children of patients in a household where a parent or guardian is ill, children need emotional support, facilitation of issues around school difficulties and help with access to grants etc.

This is provided by the Hospice team in several ways.

- Riding lessons in partnership with S.A.R.D.A
- Individual play therapy sessions
- Workshops to increase adults understanding of children's needs.
- Orphaned & Vulnerable Children (OVC) Support Groups: currently we are running two supports for children (girls) between 11 to 16 years of age.

Knysna Sedgefield Hospice Palliative care focuses on relieving pain and symptoms through medications and integrated therapies that nurture the body as well as the soul. If

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living with a chronic condition or diagnosed with a serious illness that has not yet reached an advanced stage, our palliative teams may help to find the comfort needed to carry on with daily living. These services are available to family and caregivers as well.

Palliative care is a special type of help that kind people give to those who are very sick. They make sure that the sick person is not feeling too much pain and that they are as comfortable as possible.

They also help the family of the sick person feel better and not worry too much. It's all about making sure that everyone feels as good as they can, even when they are not feeling well.

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SWEDES TAKE AR WORLD CHAMPIONSHIPS

At 09:33 on 24 October, the Swedish Armed Forces Adventure Team crossed the finish line of the 2023 Adventure Racing World Championship at the Cape St. Francis Resort as the winners.

They completed the epic 840km Expedition Africa course through the Kouga region of the Eastern Cape in a time of 118 hours 33 mins 26 seconds (just short of five days), beating the other 106 teams from 30 nations who took off from the start line with them.

The race, a gruelling multi-day endurance event, challenged teams of four to navigate through rugged African terrain using a variety of outdoor disciplines such as trekking, mountain biking, kayaking, and more. With severe weather conditions, wild animals, and extreme physical demands, participants had to demonstrate

exceptional teamwork, mental fortitude, and strategic planning to reach the finish line.

The winning team, comprising John Karlsson, Malin Hjalmarsson, Oskar Svård and Per Vestling, opened up a significant lead on the 5th day of racing during a challenging 124km cycle ride through the Kouga Mountains and completed the final 32km coastal trekking stage overnight before reaching the finish line on the morning of day six of the race.

Sadly, local hopefuls Team Merrel Songlines, the South African champions touted for a home territory win, had to abandon their quest for a podium



finish in the early hours of their last day of racing. Teammate John Collins was forced to withdraw due to injury and a nasty stomach bug. The rest of his team - Kelvin Trautman, Lance Kime and Jeannie Dreyer

– continued the race, eventually crossing the finish line at 22.48 that night, just over ten hours behind the winners. The last team crossed the finish line five days later!

2023 Leisure Isle Festival Announcement

It is with great pleasure the organisers announce that the ever-popular Leisure Isle Festival, once again sponsored by Lew Geffen Sotheby's International Realty Knysna office, will take place this year on the 4th through 5th of November!

The festival will be held in the 'village-green' atmosphere of Kings Park on Leisure Isle opposite Lew Geffen Sotheby's International Realty office. This is the 20th Festival which has raised more than R2.35M for

charities since its very small beginnings in 2003.

There will be a mouth-watering array of food and drink, a beer tent, as well as art and crafts, toys, a huge array of books, indigenous and other plants and many other delights. Take the whole family and relax in idyllic surroundings in the tea and beer gardens or under the trees in the Food section

The event, organized by a group of volunteers, aims to provide

opportunities for local charities to participate and raise funds to benefit the wider Knysna community to provide local crafters and small businesses with a marketplace for their high-quality products. Once again, special efforts will be made to provide local emerging crafters with an opportunity to showcase their products.

The organisers would like to recognise Lew Geffen Sotheby's International Realty Knysna, for continuing its vital support and wish to thank them

and all the other sponsors, friends of the festival, and supporters.

So much has changed during the last two years, many people have started new ventures during this time, and we look forward to seeing what the community has created.

Please like their Facebook page, Leisure Isle Festival and follow them on Instagram @leisure_isle_festival for more information. Looking forward to celebrating with all of you!

GRNP STAFF WALK TO SPREAD CANCER AWARENESS

South African National Parks (SANParks) held a Cancer Awareness Walk on Tuesday, 24 October 2023 at the Wilderness Section of Garden Route National Park. The event aimed to raise awareness about cancer, celebrate survivors and provide support to those impacted by the disease.

October marked Breast Cancer Awareness Month. The Cancer Awareness Walk highlighted the need for healthier lifestyle choices, urgent action to increase early stage cancer detection, screening and diagnosis to significantly improve cancer patients' chances of survival. Over 200 participants, including employees from Wilderness

Section of Garden Route National Park and the community came together to walk from Wilderness National Park Ebb & Flow North Gate, following the historic Seven Passes Road to Wilderness, then looping through the business centre village of Wilderness and finally returning to the Rest Camp via Waterside Road.

The event programme featured a presentation by Ms Sharon Venter, a representative of the Cancer Association of South Africa (CANSA) and a cancer warrior, Ms Lynne Mc Ewan, member of SANParks Honorary Rangers who talked about her journey of recovery. Cancer related tests and screenings were also conducted by the clinic.





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"Cancer continues to affect our employees and their families. This walk is a testament to our commitment to the health and wellbeing of our staff, visitors and the broader community. Through events like the Cancer Awareness Walk, we can come together as a community to raise awareness, support those affected and ultimately make a difference in the fight against this disease. We extend our gratitude to everyone who participated and made this event a success." said Dr. Sandra Taljaard, Park Manager at Wilderness Section of Garden Route National Park.

SANParks remains committed to supporting cancer awareness and survivorship, and with your support, we can continue to make a difference in the lives of those affected by the disease.



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NB. Classified adverts for the next issue need to be in by Monday 13th November 2023. Emailed classics will not be placed without payment.

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Sedgefield Mosaic Tours Masithandane hosts mosaic art tours on Tuesdays and Thursdays. You can hear the stories that inspired the pieces that make up a magical outdoor gallery alongside a water wonderland. Come meet the talented mosaic team, learn about the town's history, people and 'slow town' character. Please call or WhatsApp Jacky 0824142133 to book your place.

WANTED:Sedgefield Hospice Shoppe need your second hand goods. Have a clean out and help others with your unwanted items! Please give them a call 044 343 1722

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Responsible, reliable staff who are willing to work retail hours, with a Grade 12 qualification who are fluent in English plus 1 other language : Afrikaans speaking an advantage.

- Cashiers
- Counter Hands
- Floor Merchandisers
- Packers

Kindly drop off your CV At Pick n Pay Sedgefield.

Sedgefield Pharmacy, Woodpecker Mall. Tel 044 343 1628, Fax 343 1110. Mon-Fri 8am-6pm, Sat 8am-1pm, Sun & Pub Holidays 9:30am-12.

Silver Scissors Unisex Hairstylists - 21 Tiptol Street, Sedge. 072 205 7985

Yoga, Pilates, Dorn Spinal Method in Ruigtevlei Sedgefield. Contact Nicky 082 445 3310 www.happywholesome.co.za

22. Home Improvements

BATHROOM GURU - All Bathroom Alterations. Plumbing, tiling and all fittings, Walk in Showers, Specialised bathrooms for the aged and disabled. Call Anthony 074 708 4738

DAN THE HANDYMAN General Repairs & Maintenance, Tiling, Painting, Glazing, Carpentry, Plumbing, Roofing & Soak Ways. No job too small. 084 400 5437. Luke 072 022 5977

JIMMY CATER Quality painting and decorating. Free quotes. 082 773 9782

25. Motor Cars/Bikes

Auto Mobile Diagnostics & Services - We collect, service, deliver to you. Call Cecil 083 701 3655

2015 SUZUKI SWIFT 1.2 GL. Excellent condition. 70 000km. R130 000. Call 076 405 5765

27. Pets & Livestock

All pet food or donations for Animal Welfare 044 384 1603 to be dropped off at Simply Vets or Knysna Vet Clinic.

Knysna Animal Welfare office. 044 384 1603, emergency 073 461 9825. (24hrs)

Sedgefield Dog Training in Sedgefield Peter 084 025 2650 Kusa CGC & Senior Obedience Judge all levels and ages. www.sledgedogs.co.za

The Groomer - Mobile Pet Grooming 064 607 6472

28. Plumbing

Affordable rates and free quotes from Linked Plumbing. Qualified Plumber available for all kinds of plumbing services. Available 24/7 for emergencies. Contact 076 968 2051 or info@linkedplumbing.co.za

Greentech Plumbing Qualified licensed plumber specializing in high pressure drain unblocking and CCTV drain camera inspection. COC's and maintenance plumbing. Hugo 079 507 9685 info@greentech-plumbing.com www.greentech-plumbing.co.za

Heunis Plumbing & Electrical. All Maintenance & Construction Qualified in both trades COC Certificates. Solar Geysers. Call 082 972 3911 manie.heunis@gmail.com

Klaus Schulz Plumbing. PIRB Registered. Does all work personally. 044 343 2114/073 345 6110

Plumbing Hardware @ Sedge Hardware

Smith Plumbing for personal service. Call Peet 084 889 2578

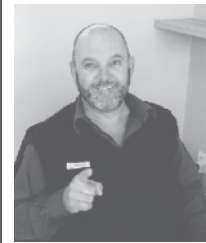
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Call Reg 083 297 1929

TOYOTA VEHICLE OWNERS OF SEDGEFIELD - You - yes you!



Are you tired of travelling for your services or waiting in or around town for your vehicle to be ready? **KNYSNA TOYOTA offers a pickup service for your vehicle. Ronaldo Calitz resides in Sedgefield and will pick up your vehicle to be serviced @ KNYSNA TOYOTA.**

If you want to know anything **TOYOTA** – **Buying, Selling or Service related – Please call Ronaldo 044-3821122 or 0845974734**

KNYSNA TOYOTA

WHERE TO FIND IT 2024 DIRECTORY

Free Listings : We're currently updating our 2024 directory listings. Whilst we try our utmost to be as accurate as possible, it's not however, possible for us to phone every free listed business to check if there are any changes to your business address, contact numbers or email addresses. The onus is on you to send us updated information.

Attention New Sedgefield Business Owners: kindly email us your business info if you wish to have a free listing in our 2024 Directory.

Last chance for display ad bookings, kindly contact Joy on 082 389 2024 or email sales@edgenews.co.za

30. Restaurants & Taverns

A two course Sunday Lunch with a stunning view @ Traders. Every week from 12 - 2pm. Bookings essential 083 547 2066/082 785 0817

Book your year end function @ Traders. (10 - 40 people). Call Steve 083 547 2033 or Stan 082 785 0817

Breakfast with Louisa @ Station now open on Saturdays!

31. Security

GARAGE DOOR SERVICING, Alarm systems, Electric fencing, Intercoms gate, Gate motors. CCTV. All your Security solutions. Pieter - PDV Alarms 071 057 7935 (Available 24 hours).

JVM AUTOMATION - Alarm systems. Automated Garage Doors, Gates, Remotes & Batteries. Installations, replacements & repairs. Sedgefield based. Call Jaco Venter 072 083 1977

32. Services Offered

Affordable garden refuse removal ... Dial a Drum ... 082 808 5984 ... operating in Sedge, Knysna.

AIRPORT & CHARTER TRANSPORT, GARDEN ROUTE and KAROO. Call Anthony on 083 253 0838.

COP- Community Orientated Policing. Fighting Crime in Sedgefield. 074 506 7242

Karen's Holiday Home Management while you are not at your holiday home, we will be! Regular monthly checks, reports on all aspects of your home Karefree Home Management. Call 072 586 1086.

M J P HOME MAINTENANCE - Roof cleaning, painting, deck maintenance, gutter cleaning, wall extensions, window sanding & repairs and fencing. Call Martin 071 558 8581

36. Wanted

Wanted to buy Costume Jewellery. Call 076 804 4260

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Beginners to Advanced
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JW JORDAAN VAN WYK INC.
Attorneys, Conveyancers & Deceased Estates

NOTICE TO CREDITORS IN DECEASED ESTATES

Estate Number: 018420/2023
Surname: OLIVIER
First Names: ALETTA MARIA
Date of birth: 1947-01-16
ID Number: 4701160 0092 085
Last Address: Berg-n-See Retirement Resort and Care Centre, 13 Main Road, Sedgefield, 6573
Date of death: 2023-09-06

All persons having claims against the abovementioned Estate are required to lodge their claims with the undersigned within 32 days from the date of the publication of this advertisement.

JORDAAN, VAN WYK ATTORNEYS INC.
65 MAIN ROAD, SEDGEFIELD, 6573.
Email: estates@jvwlaw.co.za
Tel: 044 343 2126
Executor: Anton Jordaan

SBS

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Garden Route Health Care Consultants cc

Leigh Skelton
sedgefield@sbsbrokers.co.za
Tel 044 343 1968 Fax 086 660 1425
67 Main Road, Sedgefield
An Authorised Financial Services Provider FSP 44654

Be safe on wet roads paramedics plead

Underestimating danger cost lives

Wet weather creates hazardous conditions that can lead to accidents on our roads. Netcare 911 has issued an urgent call to action for drivers to be aware of the risks and offers practical tips for preventing accidents when driving in the rain.

“Every year, emergency medical services see the tragic consequences of rainy weather on our roads, often due to drivers not realising that cars handle very differently on wet road surfaces,” says Sarah Kekana, Netcare 911 spokesperson.

The basics

Firstly, be prepared for all conditions by ensuring your car is in good working order. Standard checks should include brake function, wheel balance and alignment, and that your tyres have enough tread and are at the correct pressure.

“When storms and heavy rainfall strike unexpectedly, visibility is often diminished. In terms of the National Road Traffic Act, windscreen wipers must be kept in good working order. Drivers should regularly check their wiper blades and replace them as necessary,” Kekana says.

“Rainfall creates slippery and potentially hazardous road surfaces. In such conditions, it is essential to exercise heightened caution and remain vigilant for potential hazards, including flooded roads and low-lying bridges, as well as other unforeseen circumstances,” Kekana advises.

“The most important principles of driving in wet weather are to reduce your speed considerably and keep a longer following distance from the car in front of you than usual and maintain visibility with your headlights on. Steer and apply brakes gently, indicate and maintain low RPMs or revs to minimise the risk of skidding.”

Aquaplaning – stay calm

“One of the most frightening and unpredictable dangers of driving on wet surfaces is aquaplaning, where puddles on the road surface can cause your car's rear wheels to lose traction. The car's revs suddenly increase, the steering feels light or unresponsive, and the back end of the car may start to drift uncontrollably,” she explains.



What to do:

- Stay calm
- Do not slam on the brakes, as this will make the situation worse
- Gradually release the accelerator
- Relax your grip on the steering wheel, but try to keep control gently
- Only apply brakes once you feel control return

Keep your distance

“In dry conditions, it is advised to keep a following distance of at least three car lengths between your car and the vehicle in front of you. In wet weather, it is recommended that this is doubled to six car lengths to allow enough time to safely slow down and stop in an emergency,” Kekana says.

“Maintain a safe distance from large trucks as their substantial wheels generate significant spray. Make sure that you can see their mirrors, otherwise, they can't see you. Big heavy vehicles such as trucks and buses also take much longer to stop, especially in wet weather, and drivers should avoid attempting to cut in front of any other vehicle.”

Don't take a chance

“Avoid driving in heavy downpours or low-lying flood-prone areas as far as possible, and if you are travelling, check the weather forecast and local updates along your route. Even once the rain has stopped, approach standing water slowly and cautiously.

“Often water may be deeper than it appears, and it takes surprisingly little water for a car to get stuck or washed away or for the engine to stop working. If there is flooding, do not cross low-lying bridges, even if you think your car can make it across,” she says.

Come rain or shine

“Rain or shine, your safety is a priority. Be prepared for any medical emergency by downloading the Netcare App, which includes Netcare 911 emergency call functions.

“Countless avoidable accidents happen each season when individuals underestimate the risks and gamble with their safety. The price of taking such chances is too high — prioritise life and make the choice to stay safe on our roads,” Kekana concludes.

REGULATIONS FOR SUCCESSFUL EVENTS

The Greater Knysna municipal area provides an ideal backdrop for a variety of events. Summer is upon us and, with those in the know predicting a bumper tourism season for the Western Cape, we are sure to see a number of events hosted throughout our beautiful destination.

“We recognise the significance of events for cultural, social and economic growth, organisers are welcome to put on magnificent events for our visitors and residents,” said Municipal Manager Ombali Sebola. “We also take our responsibility to our residents, visitors and event organisers seriously, and the Knysna Municipality Events By-law aims to ensure proper management, safety and compliance with local and national legislation. It sets out a number of key provisions that event organisers must adhere to.”

Events are categorized based on size, with different timeframes for application submission and municipal response. Organisers must submit applications to the Events Permit Officer at least 60 days before the event. Applications must include detailed event plans, safety measures, and venue information. Smaller events (50 to 2000 attendees) require a minimum of 20 working days for approval, while very large events (10 001 and more attendees) may need up to 90 working days.

“All events must comply with specified criteria, including zoning regulations, safety plans, crowd management, sanitation, security and waste management,” Sebola explained. “The Events Permit Officer, authorized officials and law enforcement officers have the right to inspect venues before, during, or after events to ensure compliance.

Failure to comply with a compliance notice may result in fines ranging from R1000 for small events to R600 000 for repeat offenses by very large events, or a permit suspension. Organisers who hold events without the necessary permits may also face heavy fines.”

Sebola reminded event organisers that event advertising in public spaces within the greater municipal area is also subject to specific regulations. “The Regulation of Outdoor Advertising By-law provides the process and timeframes for applications to display temporary event signage on municipal property. It also provides guidelines for signage at sporting events, festivals and exhibitions,” he said. “Tariffs, as approved by Council, are applicable to the display of temporary event signage on municipal property and organisers are urged to apply timeously in accordance with the provisions of the by-law.”

“Everyone enjoys attending a well-run, fun event, and we encourage organisers to host events that will thrill and delight our residents and visitors,” Sebola concluded. “But well-run means compliance with the necessary regulations. Please ensure that you allow enough time for the application processes and meet the set criteria when planning your next event.”

Queries regarding event advertising should be directed to Ms Ntombekhaya Nkoane, Senior Building Inspector (Outdoor Advertising, Heritage & Building) at nkoane@knysna.gov.za or 044 302 6352.

Queries regarding the events permit application process should be directed to Ms. Noxolo Mcothama at nmcothama@knysna.gov.za



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LAND USE MANAGEMENT

NOTICE: TEMPORARY SYSTEM CLOSURE FOR APPLICATIONS

Please take note that the last date for submission of land use applications, as well as publication of notification advertisements for this year for land use applications will be Friday, **17 November 2023**. Land Use applications may be submitted from Monday, **8 January 2024** and the publication of notification advertisements will commence on the first publication date thereafter

BUILDING CONTROL

NOTICE: TEMPORARY SYSTEM CLOSURE FOR BUILDING PLAN APPLICATIONS

Please note that the submission of building plan applications will be closed from Friday, **17 November 2023**. The application submission and processing system will reopen on Monday, **8 January 2024**.

MR. / MNR. OP SEBOLA
MUNICIPAL MANAGER / MUNISIPALE BESTUURDER


www.knysna.gov.za

149391 EDGE www.ayandambanga.co.za



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NOTICE OF AMENDMENT OF THE EXISTING CONTRACT

NOTICE IN TERMS OF SECTION 116(3) OF THE LOCAL GOVERNMENT: MUNICIPAL FINANCE MANAGEMENT ACT, 2003 (ACT 56 OF 2003) THAT THE MUNICIPALITY INTENDS TO EXTEND/AMEND THE FOLLOWING CONTRACT:

DESCRIPTION	SERVICE PROVIDER	REASON FOR AMENDMENT
T 37 OF 2022.23: Provision and management of PABX System for a period of 3 years	Vox Telecommunications (Pty) Ltd	The amendment of the contract for the porting of the current telephone numbers to Vox Telecommunications Total cost: R 17 653.16 incl vat


Notice is hereby further given in terms of Section 21 and 21A of the Local Government: Municipal Systems Act, 2000 (Act 32 of 2000) that the local community and affected parties are invited to submit comments or representations on the proposed amendment of the contract.

CLOSING DATE FOR COMMENTS
Written comments or representations on the proposed amendments can be submitted on or before 13:30 on Friday 17 November 2023 to S Fourie at sfourie@knysna.gov.za or visit the Knysna Municipal Website at www.knysna.gov.za – Do Business – Contract Management. Persons who cannot write may contact the SCM Office during office hours, where the responsible official will assist you in putting your comments in writing.

MUNICIPAL MANAGER
OP SEBOLA


www.knysna.gov.za

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What happened to you?

Understanding the impact of emotional trauma on the healing journey

We all need medical attention at one point or another, but underlying emotional traumas and unexpected triggers that may arise during a visit with a therapist, doctor or nurse can impede the healing process for some people. This everyday reality warrants heightened recognition and attention.

Dr Marshinee Naidoo, a specialist psychiatrist practising at Netcare Akeso Alberton and Netcare Akeso Parktown, says a holistic understanding of mental health and how trauma informs our experiences is crucial to an individual's wellbeing.

"Often, a consulting room or hospital can be a place where we experience some of our most vulnerable moments in life. While there is a general move towards becoming more engaged and informed about personal health, many individuals still feel disempowered in the very space they have gone to for help, often without knowing why, but this can have a lot to do with what happened to you – not only now but in your past."

Unpacking trauma

"There is a misconception that trauma has to refer to a massive event, which it often does, but it can also be a complex layering of many smaller hurts that build up over time. The way we perceive trauma may mean that we minimise what we or others are feeling if we believe that what happened is 'no big deal', which can discourage a person from accessing the care they need," she says.

"Everyone goes through some emotional hurt in their life, but when it is traumatic, different parts of our brains react in certain ways with physiological responses. The more primitive parts of the brain deal with survival and put us into a state of fight, flight or freeze, prompting coping mechanisms that provide a sense of safety or control.

"Other parts of the brain are linked to memory, and when trauma or shock is experienced, those parts can go into overdrive, disturbing rational thought and processing the experience in a disordered manner. This can result in fragmented memories of

previous experiences – the bullying friend, the punitive parents, the smell of the perpetrator, the song that was playing – all of which can be triggered later in life at unexpected moments causing anxiety."

The impact of trauma on the body

Dr Naidoo explains that in addition to emotional damage, psychological trauma can be at the root of certain chronic conditions, as when the brain processes a traumatic event, it can go into a protective state, blocking out certain memories, which can result in a physical manifestation.

"Adverse childhood experiences – or ACEs as they are sometimes called – refer to negative experiences during childhood such as physical, emotional and sexual abuse, substance abuse and neglect, which can result in mental and chronic physical conditions later in life."

According to Dr Naidoo, growing up with any of these experiences can predispose an individual to chronic body pain, chronic cough, headache, back pain, irritable bowel syndrome, allergic reactions, behavioural issues and other health concerns that may be misdiagnosed. These individuals may become frequent visitors to the emergency department or doctor's office without ever being able to get to the bottom of their problems.

Moving away from generational trauma

"While many people are still coming to terms with the stigmas around seeking mental help in

Total Foot Care
Sr. Gillian Williamson
071 877 2638 • 072 672 4162

PHYSIOTHERAPY
Andrea Lamprecht
WILDERNESS • KNYSNA
SEDGEFIELD 082 457 2472

coping with trauma, we are seeing encouraging trends in younger age groups. Gen Z, in particular, is showing more cases of individuals dealing with trauma earlier on and nipping it in the bud than previous generations, which is very positive for breaking generational patterns of belief.

"Many of these younger people feel unheard in their family or cultural community, which may not accept ADHD as a legitimate health condition or view a gender identity crisis with compassion, for example. However, in group therapy settings, they are finding a community of their own with others who have had similar experiences and who they can relate to," says Dr Naidoo.

A change in approach for compassionate healing

While a shift towards greater trauma awareness is taking place in healing environments, Dr Naidoo points out that for long-term healing to take place, a holistic approach to care is required.

"First impressions really do last, and the people and atmosphere that greet a person when they walk into a healthcare facility might trigger anxiety and other emotions in them. They may also be carrying deep-seated traumas that are not visible but affect how they interact and accept help.

"Providing a safe space where people seeking care do not feel judged is a crucial aspect of a healing environment for physical or mental health concerns. Much as each person would wish to be met with kindness in their daily life, each individual will inevitably have better healthcare outcomes if they experience compassionate care that takes the possibility of previously traumatic experiences into account.

"As healthcare professionals, it is crucial that we are mindful of this and that we empower those in our care by listening more closely, being more transparent about treatment options and building firmer foundations of trust for patients to heal," concludes Dr Naidoo.

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Shop 4, Broadwalk Centre, 52 Waterfront Drive, Knysna

1. Each Samurai Sudoku puzzle consists of 5 overlapping "classic" 9x9 Sudoku sub-puzzles.

	8							3
3				8				
		1	9	7		6		
		7		1			5	
9	3	4			5			
8	1		2		9			
				5				2
	6			7			6	1
				9				

5				4		3	6	1
6			5				7	
	4					9		
				7	3	1		
	7			6				9
8	2							
	8		2					
				4			7	
				4	3			

SAMURAI SUDOKU

2. Each 9x9 sub-puzzle must be solved according to the rules of Sudoku.

						6		
		6	2			3	2	
			3				9	3
1					6			
	4		5	3				1
	2	7	4	1				8
8					5	4		
		4	1			3	5	9
3			9					

							8	
								2
	1							7
	3				9	2	5	
					7			
		6				9		3
4		1						5
	8			4	6			

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AGS Lighuis
Kontak : Kerkkantoor 044 382 6551
Sekretaresse 072 189 0215

Anglican Chapelry of St. Aidan's,
Wilderness
Peter Mundell 060 985 9113
or Paul McMillan 083 273 2601

Anglican Sedgefield :
See St Francis and
Church of the Resurrection

Church of Christ
Lynn van der Walt.
Tel: 076 068 2900

Church of the Resurrection
Service 9am
Petronella Buis 084 252 1698
Priest: Rev : Charlton Daries
082 387 7149 / 044 343 1491

Church Without Walls
Red Shed, Scarab Market
Sunday 9:30am
Schalk van As - 082 413 8363
(Please bring a chair)

Deo Gloria
Past Danie & Karin de Bruyn
044 343 1301 or 084 714 7023

Elohim gemeente
Kerkkantoor: 082 896 6387
Pastoor: Hansie Strydom

Evangelisch-Lutherische
Gemeinde SüdKap
Southern Cape Evangelical
Lutheran Congregation
Rondevelehoogte
Peter Lor 076 649 3050
Knysna Presbyterian Church
Office 044 382 7722
Rev Tim Hawkrige
083 324 3562

Lakeside Baptist Church
3 Duiwe Laan
Pastor J D - 066 160 7029
Sunday 9am

THESE ARE THE CHURCH
DETAILS WE HAVE ON FILE.
PLEASE SEND UPDATED
DETAILS. THERE IS LIMITED
SPACE SO PLEASE ONLY LIST
THE TIME AND CONTACT No.

Ned. Herv. Kerk Outeniqua
Telefoon: 044 - 8712125

New Apostolic Church
Enq: Anthony Davis - 083 641 5027

NG Kerk
Sedgefield: 08.45am
Karatar: 10.30am
Ds. Marius Coetzee 079 873 3832
Kerkkantoor (044) 343 2033

NG Kerk Die Vleie, Hoekwil
Ds. Dawie le Roux 084 532 9958
Kantoor : 078 965 3651

Pinkster Protestantse Kerk
Ouderling Jakobus Grootboom
078 158 2042
Chris Solomons 071 617 5630

Sedgefield Christian Church
Sunday services @ 09h00
Kairos Jnr & Snr Youth SAT 6pm-8pm
Pastor Juan & Tammy Pienaar
081 749 2534
info@sedgefieldchurch.co.za

Sedgefield Seventh-day
Adventist Church
Ph 081 270 7212

St Anthony's Catholic Church
Cnr Sysie / Flamingo Streets
Rod - 082 411 7683

St Francis United Church
Sunday - 09h30 - Family Service
Every 4th Sunday -
09h30 - Communion Service
Sunday School - 09h30
- every Sunday during school term.
Cnr Swallow Drive / Pelican Lane
All welcome! 044 343 1702

Suid-Kaap Christen Familie
Pastor: Leon & Elmarie Terblanche
081 271 1551.
Assist Pastor: André & Soné Rossouw
072 341 7099

Wilderness Christian Fellowship
Pastors: Chris & Trudie Smit
044 877 0307 or 084 240 5414



Off the Mat

Sedge Bowling Club News

WOW!!!
“How great are we proud South Africans” but as this is a bowls club report we just go with the song of “we are simply the best”

CLUB COMPETITIONS:
SINGLES CHAMPS - (MEN) Winner Neels Theron - Runner-up Luke Hugill - congratulations and well bowled. (see photo)
The Ladies Final was delayed and will be played on Tuesday - results in the next Edge.
Drawn Mixed Trips - Winners - Charles (Skip) and team - Runner-up Mike (skip) and team, congratulations and well bowled - better luck next year to all the players.

RYDER CUP - Combination of Sedgefield/ Knysna against Plett/ Leisure Isle a competition played yearly - Congratulations to Sedge/ Knysna for winning the tournament. Sedgefield



always manages to pick a great partner and bring home the cup, well done everyone. Think this is the 3rd or 4th time we have been part of the winning team.

BAREFOOT BOWLS
“Starts on Friday evening and is a great event on the Sedgefield calendar, great fun and lots of side bets and drinks.
Even if you haven't got a team and are interested in bowls come and watch it's great fun. Please bowlers lots of help is needed as there is a full house.
Bar / runners and advice on the green.

PROTEA CUP - 9th NOV
Again lots of help needed on the green/bar and kitchen.

SEEDGE GENT'S GOLF

19/10/23

With all the Rugby World Cup excitement we are reminded of what George Orwell once said:- Serious sport is war minus the shooting. However, Homer Simpson told his son that when one participates in sporting events it's not whether you win or lose, but how intoxicated you get. With the recent Bok results one can identify with the second thought.

But to come to more serious matters, the day's competition was an individual stableford and we are happy to report that for the first time in living memory Theo Pelser walked away with the laurels, coming first with a 38 total. This proves that he is still filled with the vital juices of life, though

unfortunately they're prune. There were three players on 35 with Hans Anema taking the second spot from John L.B. and Jan Lotter also winning some wine.

Theo was also nearest the pin on the 8th hole and Bill Craig on the 13th.

26/10/23

An absolutely beautiful day heralded the very well attended Pick 'n Pay/Engen sponsored Monthly Mug competition which resulted in some incredible results. In the A division Willem de Villiers ran away with the first prize after scoring a net 53. He was followed by Henry Crowther on 55 (now known as Henry the Wet since he allowed his golf cart to disappear in a pool), Malcolm Goldhill on 57 and Derek van Zyl with 58.

The B division was won by Terry Savage with 34 points. Dave Wright took second with 33 and then followed Jan Potgieter and Mike Hubberstey both on 33.

SEEDGEFIELD COMMUNITY CHARITY EVENTS CALENDAR 2023

Venues and times will be published closer to the event date.

November
04/11 NG Karatara Bazaar
04/11 Anything That Floats
11/11 Lions Battle of the Buskers
19/11 TLG Golf Day

ENTERTAIN/SOCIAL COMMITTEE: Manager GERRY BOTHA - The members of the club would like to thank Gerry and his helpers for all their hard work during the rugby season, to the members and visitors for their support. Unfortunately us oldies hit the sack by 9.00 so its no good moaning at us, remember from 80 its down hill all the way and I speak from experience. Your turn will come, see you at the lunch braais.

SEE YOU ON THE GREEN - EK IS NOU “KANT EN KLAAR” Could not resist it

Martin Gilchrist was nearest the pin on the 8th hole and Paul Spencer on the 15th.

The “Duck” prize for the longest day went to Peter Heath with 19 points after he had more ups and downs than the end seat at the movies. In his defense he says that golf has turned his life around. He used to be depressed and miserable and now he is miserable and depressed. The Captain intends sending him a Get Better Soon card. (He's not ill, but could get better at golf).

The winners of the Slowest Fourball of the Year award went to the team of Messrs Van Zyl, Craig, Goldhill and de Villiers. This grouping, with an accumulated handicap of a mere nine, never lost a ball. What they did do, however, was hold up the fourball following them at every single hole. This following fourball (who will be known as 'The Unmentionables' for fear of legal ramifications) had accumulated handicaps totalling 71, and lost 11 balls between them. Hence the winners received nothing more than a flood of sarcastic comments.

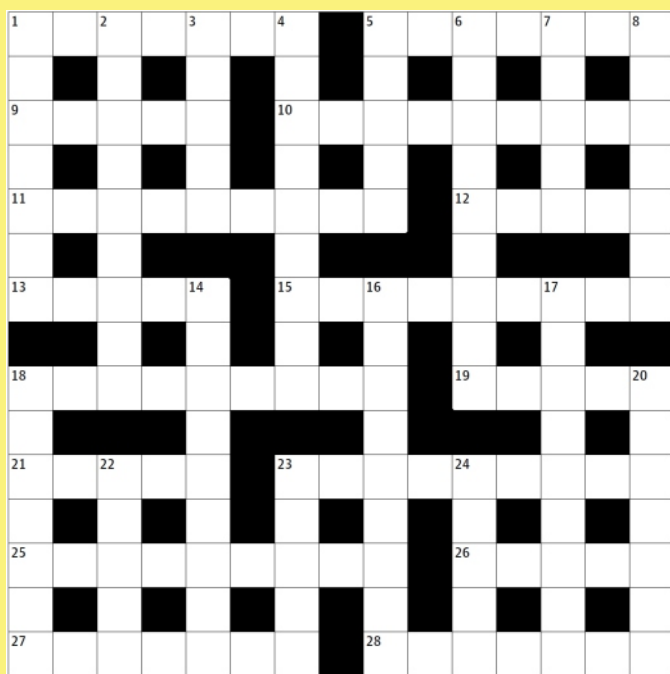
T'ED'S BRAIN CRUNCHER

Across

1. Some children with an orange coloured bedroom. (7)
5. Joe, clad in something new, offered a little friendly persuasion. (7)
9. We hear we need to get on top of electricity support. (5)
10. Full picture of the panic surrounding lack of score for the goat. (9)
11. A bit of a laugh at the Internal Revenue Service bowing to hold locks in place. (9)
12. Common money, so we're told. (5)
13. Push a student around the fancy hotel. (5)
15. Broken ball has no meaning for the finalists. (3,6)
18. Cut the monster's hair - it's what we observe about the sudden drop. (9)
19. The cow mentions her husband's rubbish - initially on his chest. (5)
21. Pruned Hispanic hedge around the market. (5)
23. Hilarious Arab spoof about something that washed up. (3,2,4)
25. Make contact handling the guitar. (5,4)
26. Communication regarding a fruit on the turn. (5)
27. Actress said to have spent a month heading towards Cape Town. (3,4)
28. Tim, is he a real part, or did I not listen properly? (7)

Down

1. Station where one-legged lawmen are on the beat. (3,4)
2. New tale of one sure to do it slowly. (2,7)
3. Extra one on/in public transport. (5)
4. Stories covering the carrying of boats. (9)



5. Shrewd food storage, New York! (5)
6. US Jam reel composed to make capital. (9)
7. Refusal of Melanie's return might make her sour. (5)
8. What the...? Ken has gone down after the CID returned with Charles. (7)
14. Nag told to go away because something's afoot. (9)
16. A Serb hiding inside - the 'crazy gender' uses his powerful light. (5,4)

17. Teach cool, new design for a sweet little fountain. (9)
18. Holy place for Southern party a little tumultuous. (7)
20. I left my dealer for someone more flexible. (7)
22. Note the primitive house Edwin started had a slide. (5)
23. Something a little special inside - maybe autonomy? (5)
24. Price the Detective Sergeant charged for livestock nourishment. (5)

Across: 1. Backwoods 6. Bias 10. Alibi 11. Trade offs
12. Steeple 13. Trade offs 14. Interrogation 17. Confectionery
21. Cheaper 22. Usurers 24. Pioneered 25. Sling 26. Safe 27. Mares nest
Down: 1. Bearskin 2. Chive 3. Whippersnapper 4. On the go
5. Stamina 7. Influence 8. Sister 9. Ventriloquist 16. Eyesight
18. Eardrum 19. Thunder 20. Scopes 23. Exile

The Wine Ghost

The Wine Ghost tasted - Slanghoek Sauvignon Blanc (Private selection) 2022.

The front label is rather attractive and there is a fair amount of info on the back label. The wine originates from Slanghoek valley, in the Rawsonville area.

The appearance is clear, with a light straw colour. A few thin legs are visible, but disappear quickly.

No flaws on the nose, with aromas of green peach, dried fig roll and canned asparagus. The Sauvignon fills the whole mouth, with acidity on a healthy balanced level. Green peaches and fig follows through from the nose.

It has a long mouth feel and the taste of figs and peaches lingers.

The wine compliments creamy



seafood / chicken dishes. It is definitely good value, in the R60-R80 category. In Vino Veritas, till next time

SEEDGEFIELD BRIDGE CLUB

16 October :
1 62.0% Pam + Colin
2 61.5% Ina Johannes
3 61.1% Paddy + Bernard

23 October :
1 59.7% Pam + Colin
2 56.9% Paddy + Bernard
3 58.4% Glenda + Suzette

SOCIAL BRIDGE SCHOOL

19 OCTOBER
1st: Johann & Gail B
2nd: Brian & Clive
3rd: Mike & Jeannie

26 OCTOBER
1st: Koos & Thinus
2nd: Carol & Gail P
3rd: Willem & Christel
(tie): Brian & Clive

THE SPORTS EDGE

KARLI TAKES GOLD IN AFRICA CHAMPS

Karli Lötter, a local Garden Route teenager, who lives in Wilderness, was one of only two young girls to be selected to represent South Africa at the 2023 Africa Triathlon Championship in Hurghada, Egypt!

While in Egypt she was invited to attend a prestigious training camp from 6 - 12 October presented by World Triathlon together with other top young triathletes from many different countries. On Friday 13 October Karli raced for South Africa and became a 2023 African Champion

Gold Medalist, winning the u/15 age group Super Sprint Triathlon Race (swim, cycle, run). She also finished ahead of all the u/17 age group girls. Karli has been cycling with the Sedgefield Cyclework group from the tender age of 12 and has continued growing from strength to strength over the years. She is also an ambassador for the CORE/SALT Carbon Bicycle Brand and boasts many successful local and national titles in cycling and triathlon. We wish Karli every success in her future sporting endeavors.



In spite of the past five weeks of inclement weather, the tennis championships came to a fitting climax last Sunday, 22nd October.

TENNIS NEWS

Although the day was somewhat windy, four of the finals were played under clear skies with a great turnout of Club members and friends to watch some very competitive tennis, played in a friendly spirit. The day saw lovely eats being served and rounded off with

a "boerie roll". The Ladies' singles were played on Tuesday, with Robyn Hewson beating Lanie Farely. The Men's singles concluded on Thursday with Hennie Louw beating Gerhard Badenhorst. A new section, 70+, saw Phil Marais beat Peter Wilkinson. On Sunday the day started with a thrilling

three-set match in the Ladies' doubles which saw Robyn Hewson and Michelle Lutener come out victorious against Tracy Krueger and Laurel Erasmus. In the 70+ Doubles, Phil Marais and Peter Wilkinson beat Deirdre Human and Barby Tops. In the Mixed doubles Bruce Schulze and Sue Swain had a tough game on their hands before overcoming Norman Jacobson and Laurel Erasmus. Finally, on a third attempt as partners, John Djurak and Bruce Schulze won the Men's doubles defeating Hennie Louw and James Sohn. The tournament organising committee arranged the wonderful sponsorship and Sedgefield businesses were very generous in their respective responses. The Club would like to thank: Shell, Pick n Pay, Engen, Wimpy, Arrie Nel Pharmacy, Narina Guesthouse, Teniqua Tree Tops, Mr Kaai, VDM Bistro, Montecello, Mosaic Market, Beauty Rocks, Slow Roasted, Hennie's Wine, Slow Clay and Humble Crumble Pies and Cakes.



Bruce, James, John and Hennie. Men's doubles finalists

SEdge UNITED SAYS THANKS

On Saturday, 7 October 2023, Sedge United FC hosted a closing ceremony event, and Chairperson Zukile Noziqaleni would like to give special thanks to Mr Houghton from Knysna for his support. "May the Lord continue to bless him and his family. He made sure that our event was successful," said the chairman.

He also congratulated the team captain Zukisa Mtoli (Igo) who was nominated as 'Player of the season', 'Players' player of the season' and 'Best defender of the season'.

"I would like to thank the management for their hard work and our players and supporters. This team belongs to you!" he said.



Jomo Phike, Managing Director of the club, has offered further thanks to Caltex Van Halderen for the kind sponsorship of two pairs of bibs and three soccer balls. (See right hand picture)

Sedge United Captain Zukisa Mtoli receives his three awards from Chairman Zukile Noziqaleni.

NEXT EDGE: Wednesday 15 November 2023 - Issue 678

PLEASE NOTE OUR DEADLINES

(Careful, they tend to fly by VERY quickly)

DISPLAY ADS: Email to editor@edgenews.co.za by 8 November 2023

CLASSIFIEDS: (stuff for sale, jobs, get-rich-quick schemes, secret treasure hints) accounts@edgenews.co.za by Monday 13 November 2023

KINDLY NOTE: Due to the epic craziness of life as we currently know it, our EDGE offices may not always be open. Please call 072 516 4701 for any enquiries.

SEDGEFIELD
OFFICE 044 343 1287
EMAIL sedgefield@pamgolding.co.za

JOINT MANDATE

Cola Beach • R 7.995 million **1SH1582077**
Bedrooms 4 • Bathrooms 3 • Garages 2
On top of the world. Ideal family home in sought after security complex.
Hilna 082 722 4611 • Tania 062 974 8899

EXCLUSIVE MANDATE

Myoli Beach • R 4.0 million **1SH1628013**
Vacant Erf. ± 1778m²
Prime property, sea-facing vacant stand with direct beach access.
Hilna 082 722 4611 • Tania 062 974 8899

EXCLUSIVE MANDATE

Zeegesicht • R 2.9 million **1SH1627821**
Bedrooms 3 • Bathrooms 2 • Garages 2
Large double-storey family home, spacious living areas with stunning sea views.
Peet 084 811 9973

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TIDE TABLE

1 Nov -14 Nov 2023

Wed Nov 01 2023

low tides 11:09 23:39
high tides 05:21 17:33
sunrise 05:29 sunset 18:57
moonrise 23:10 moonset 07:46

Thu Nov 02 2023

low tide 11:43
high tides 05:55 18:08
sunrise 05:28 sunset 18:58
moonrise - moonset 08:39

Fri Nov 03 2023

low tides 00:13 12:23
high tides 06:32 18:47
sunrise 05:27 sunset 18:59
moonrise 00:04 moonset 09:38

Sat Nov 04 2023

low tides 00:52 13:21
high tides 07:20 19:47
sunrise 05:26 sunset 19:00
moonrise 00:50 moonset 10:37

Sun Nov 05 2023

low tides 01:49 16:21
high tides 09:02 21:53
sunrise 05:25 sunset 19:01
moonrise 01:29 moonset 11:37

Mon Nov 06 2023

low tides 03:55 18:04
high tides 11:31 23:43
sunrise 05:24 sunset 19:02
moonrise 02:01 moonset 12:35

Tue Nov 07 2023

low tides 05:54 18:48
high tide 12:26
sunrise 05:23 sunset 19:03
moonrise 02:29 moonset 13:33

Wed Nov 08 2023

low tides 06:42 19:20
high tides 00:40 13:02
sunrise 05:22 sunset 19:03
moonrise 02:55 moonset 14:29

Thu Nov 09 2023

low tides 07:16 19:49
high tides 01:19 13:31
sunrise 05:22 sunset 19:04
moonrise 03:19 moonset 15:25

Fri Nov 10 2023

low tides 07:46 20:17
high tides 01:52 13:59
sunrise 05:21 sunset 19:05
moonrise 03:43 moonset 16:22

Sat Nov 11 2023

low tides 08:14 20:45
high tides 02:23 14:26
sunrise 05:20 sunset 19:06
moonrise 04:07 moonset 17:21

Sun Nov 12 2023

low tides 08:43 21:13
high tides 02:53 14:54
sunrise 05:19 sunset 19:07
moonrise 04:34 moonset 18:23

Mon Nov 13 2023

low tides 09:12 21:42
high tides 03:23 15:24
sunrise 05:19 sunset 19:08
moonrise 05:05 moonset 19:28

Tue Nov 14 2023

low tides 09:43 22:14
high tides 03:54 15:57
sunrise 05:18 sunset 19:09
moonrise 05:42 moonset 20:35

● Full Moon 27 November 2023

Enjoy every moment

Engen 1-Plus
Sedgefield
044 343 1696

Have you tried our
NEW menu?