

CELEBRATION



Eighteen year-olds Destiny Pretorious and Erron Petersen of Sedgefield have the right to celebrate! These young ladies have reaped the rewards of their hard work and successfully matriculated from Knysna Secondary School. Both are set to start at South Cape College in George, entering the world of Tourism & Hospitality. (Picture by Melanie Baumeister)

... and anticipation



Ready and more than a little excited to head off to Laerskool Sedgefield Primary are (from left to right) Grade Ones Clemence Badenhorst, Ethan Petersen, Kane Smith, and Emily Terblanche, and Rebecca Petersen (Ethan's big sister who is in Grade Three.)

This last week has certainly been one of high emotions in many families. Whilst on Wednesday 17 January thousands of youngsters nervously began their first day at 'Big School', two days later, learners from the Grade 12 Class of '23 received their Matric results.

Whilst collection of all local results is too daunting a task (and the fear of leaving someone out to terrifying) it seems that overall the news was very good:- For Western Cape the matric pass rate increased to 81.54%, with over 50 000 successful candidates - this despite rolling blackouts making 2023 an exceptionally challenging year for studying.

According to the Western Cape Education Department every single one of the 50 520 candidates who passed met the requirements to access higher education, with 26 182 of them (42.2%) qualifying with a bachelor's pass to attend university. This is the highest recorded number of bachelors passes for the province.

Another feather in the Western Cape hat is that candidates achieved the top Mathematics pass rate at 75.4%, and the top Physical Sciences pass rate at 82.2%. Both are critical subjects for the national and provincial economy.

The Western Cape also has the second highest distinctions rate in the country, with 24 982 subject distinctions being awarded.

Meanwhile, at the other end of the education scale, Smutsville School (officially 'Sedgefield Primër) has two full classes of Grade 1 learners this year, with thirty six children in each. Teaching these youngsters for their first year will be Mrs Joubert and Mrs Piek. They also have two new teachers on the staff Ms. G Stoffels will be teaching Foundation Phase, and Ms. S Pietersen is a substitute teacher, teaching English Intermediate Phase.

In the village, Laerskool Sedgefield Primary's Grade 1 teacher Soné Rossouw started the year with 37 youngsters in her class, whilst in the school's introductory class (Grade R) Heloise du Plessis welcomed thirty rather nervous newbies with open arms.

Seventeen new learners have joined the school in other grades, as well as a new teacher - Mr Gert Nel who will be head of Grade 5. He will also teach EMS to Grade 7 learners, Maths to Grade 5, Afrikaans to grades 5 and 6 and Life Skills to the boys in grades 5 and 7, as well as coaching cricket, rugby and hockey.

See more photos on page 4

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Notes from T'Ed's Head

And so ... as we plod slowly through the first month of the year towards payday, we of the Ed household are having The MAP Conversation.

Which conversation, you ask?

The MAP Conversation. It's the 'Make A Plan' dialogue Mrs Ed and I exchange in January, whenever we aren't having our RHDs – Ridiculously Heated Discussions.

Indeed, while I'm drifting in that particularly unpleasant direction, I have to sadly admit that the old battleaxe and I do have more than our standard average of RHDs at this time of the year because... well... between the 7th of January (when attempts to pay the supermarket till operator for a loaf of bread and a small piece of cheese results in bouts of raucous laughter from their card machine) and the first payday of the new year, which is on the twentyninehundredandsixteenfif

th, money is a little tight, to say the least.

And so, we tend to question one another's proficiency in the purchasing department.

You see, whilst I try to remain humble, I am (in our house at least) the Uncontested King of Responsible Retail, mainly because I can sniff out a bulk



bargain at a hundred paces. Unbelievably (though quite typically), Mrs Ed remains wholly unimpressed with this particular super-power of mine. "I have just saved us R95 with one purchase," I will declare from the safe vantage point of 'behind the kitchen table' as her silent reptilian stare flickers between me and my most recent 'on special' purchase stacked between us upon said table.

"But do we NEED six cases of lager?" she will reply, most ungratefully, as 'the look' penetrates my very skull, cauterising my brain.

Then, of course, like any other RHD, it moves into realms too numerous and complicated to mention here; suffice to say that any mention I make of her tendency to not read the price on the shelf before making a purchase ('You know how I am with numbers') will be overturned by my being found

guilty of some misdemeanour dating back to the days of Ben Hur.

(I mean, really! It was a toenail clipping. ONE. And all she had to do was brush it off the table before the dinner guests saw it.)

But I digress. I was not supposed to be warbling on and on about RHDs, now was I? I was talking about having The MAP Conversation.

I am delighted to say that the MAP Conversation is a far less volatile, though perhaps sometimes sarcastic, level of interaction that is always about the same subject: Making A Plan.

In other words, developing a 'side hustle' to earn more money, LOTS more money. MILLIONS and SQUILLIONS of Rands so that NEXT January won't be like this one (or last year's one, or the year before's ...)

The lovely thing about our MAP work is the hope that each new year brings with it. Fresh ideas abound, and our minds are awash with the euphoria of knowing that THIS year will be different. Memories of the ... er ... less successful than anticipated (we shall never call them failed) attempts of previous years don't even come to the surface.

Why should they, when we know, and can feel it in our very bones, that the year 2024 will be the year of 'Plenty-Plenty-More'?

I must say, though, that I find it rather annoying when other people steal my ideas before I've had the chance to patent them.

"I know!" I'll say, as we stare at one another across plates laden with mini steak and kidney pies (I bought a box of six dozen for a snap of a price), "Let's invent a Walkie Talkie Radio Set that connects EVERYBODY in a family. So, like, everyone can keep in touch with one another, no matter where they are. If your kids are at the mall and need collecting, they just radio in, and you'll know. And if someone gets stuck on the road because they've run out of fuel ... they can get hold of you! We'll call it T'Ed's Genius Communicator. This is brilliant! We're going to be rich! WE'RE GOING TO BE MILLIONAIRES!"

"You mean ... like a CELL PHONE?"

"..."

"Hey, kids! Look what I invented ... it's taken me days, but I know it will make us an absolute fortune once I have patented it. I'm going to call it T'Ed's Garden Genius. This is the prototype I made using my angle grinder duct-taped to the end of a broomstick. Now look how I've cleverly glued bits of string to the disc. Watch carefully – you won't believe this (be careful not to tread on the extension lead). If

I turn it on and hold this end of the broomstick at the right angle ... SEE? LOOK HOW IT SO EASILY CUTS THE LONG GRASS! You can even use it to trim the edge of the flower beds and tidy up overgrown parts of the garden. COOL HEY! Perhaps I should design a harness too because it gets quite heavy...."

"Why don't you take the one off the WEED EATER?"

"..."

"Guys, GUYS! I am SOOO excited. Check this video of what I invented – but please don't share it with ANYONE. I can't believe it's so simple yet so amazingly clever! I call it T'Ed's Kitchen Genius. This one is made of wood, but when we start mass-producing, we'll go plastic. Look – two upright blocks screwed onto the breadboard. Then, I've attached a short length of fishing line from the top of one to the other. Now look what happens as I push this peeled, boiled egg down onto the taught line ... there you go – clean in half! And it works with cheese, butter, bananas, even an apple!"

"Wow, Dad! Impressive! You could say it cuts through it ... JUST LIKE A KNIFE?"

"..."

Fortunately, this year, we have stumbled upon the answer to our quest quite by chance, and I must admit – Mrs Ed is responsible. Yep, whilst doing her annual clean out (which involves me grabbing every possession I hold dear and hiding it anywhere I can find space, whilst she methodically works through the house, room by room, throwing out anything that isn't of reasonable importance, i.e., all my stuff) she stumbled (it was in the upstairs passageway) across an old bread-making book she had inherited. (I think it belonged to a great, great, great grandmother, or at least someone from an era when they had stronger teeth and their tastebuds had been worn off by the Rinderpest) "Hey!" she mused through her five o'clock shadow, her monobrow flexing thoughtfully. "People are into specialist breads these days, aren't they? Maybe I can make some extra money baking?"

And the minute her first batch was out of the oven and ready for testing, I knew we were onto a winning recipe! She calls it Mrs Ed's Artisanal Bread Factory, bless her hefty heart, but I have come up with a far more marketable name. As soon as I have received approval from the NHBRC and South African Standards Association (I had to get special dispensation as they are 32% heavier than the standard clay brick), "T'Ed's Genius Bullet-Proof Blocks" will be stocked by all reputable building suppliers.

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RECYCLE GROUNDS CLOSED TO PUBLIC

The ugly mountains of rubbish that were being stored on the grounds of the old Sedgefield Recycling Centre were finally cleared by the Knysna Municipality Waste Department last week, but it seems that this wasn't to last long as local residents have been taking their own rubbish and dropping it there, so new piles are forming.

Municipal Manager, Ombali Sebola, has now declared the site officially closed, and a visible board has been placed outside warning residents of this. He insists that the huge waste overflow at the Recycle Centre over the last few months has always been caused by private rubbish dumping, not the site being used as a holding area by the Waste Department, as many believed.

"It is imperative to highlight that the challenges at the recycling centre were caused by residents dumping domestic waste," he said, "The permit for the centre is not for dropping off domestic waste. We kindly urge residents to retain their domestic waste at their residences. Regular refuse collection will continue as scheduled."

Says Ward 2 Councillor Cleone Vanston "Whilst I am aware of many challenges with the removal of certain types of waste that doesn't fit into black bags or cannot be recycled in the recycling bags, the request remains to please refrain from



taking your refuse to the site."

She informed us that people from surrounding towns and rural areas had reportedly also been bringing their waste to the site.

"All household refuse can be put in black bags and wheelie-bins, and recycling items in the clear recycling bags for collection as per the usual schedule," she advised, "A more informative action plan for items that cannot be collected from your property needs to be formulated within the Solid Waste department in conjunction with the Municipal Manager – this will be communicated in due course."

Residents with any queries related to refuse collection should contact the Knysna

Municipality 044 302 6405 - Waste Management Department or 044 302 6500 - Sedgefield Municipal Offices

Those interested in obtaining wheelie bins may email their request to Ramona Loxton at rloxton@knysna.gov.za.

In order to mitigate the potential misuse of clear bags, D&M Recycling - the recycling tender holder - will furnish residents with clear bags. The number of bags collected will correspond to the initially issued empty bags.

See Recycling List on page 6

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(Above) Sedgefield Primêr (Smutsville School) has two packed Grade One classes of 36 learners each. Their teachers - Mrs Piek and Mrs Joubert have seemingly already captured the hearts of their new wards, easily holding the children's attention as they positioned them for the photograph.

(Below) The Grade One class of Laerskool Sedgefield Primary all seem eager to start their learning day. Only 12 years to go!



A day worth celebrating! Angelique Mitchell and all the other Grade One and Grade R learners of Laerskool Sedgefield Primary got to pose for a keep-sake photo of their first day at school.

Long Coastal Sojourn

by Etienne de la Harpe

I live on a farm in Vermaaklikheid, and recently decided on fulfilling an old dream - to hike this lovely coast from the Orange River mouth to Kosi Bay.

I wanted to know what the old strandlopers had to cope with. Also to see how my fellow South Africans were coping in our somewhat afflicted land, and to get fit. Being 61 I know the importance of good exercise.

But also for Jesus. Working in

Vermaaklikheid for Him has given me a fascination for the San, both as they were through the hoary ages and how they are now. The San are the oldest people in the world, with the archeology finds at Blombos revealing bones dating back million years.

Blombos being just down the way from me, on the "road" to Stilbaai, I decided to simply walk off the farm directly there and check out the ancient sea caves, then continue on to Kosi Bay, keeping, as far as possible, to the

beach and eating whatever our seas could provide.

Then I would continue the walk from Oranjemund down to Blombos again.

Ultimately, I intended to write a travel article with a difference - Just how are we? Have we lost our hearts and minds to our sorry history?

Well, after finally reaching Sedgefield - it's a total of six days from Blombos to this lovely town, I have already reached some conclusions.

We are the finest, if sometimes the most unkempt, people that this planet has to offer.

Blombos is about 2km from the road to an extremely rocky beach. The archeologists have gone, leaving a small museum, and I began the harrowing up-and-down hike along a footpath that I am sure must have been used by the San for that million years. Just one slip off that crumbling, narrow path would have surely sent me plummeting down to my death in the fanged rocks below.

The caves are narrow slits on the rocky ledges, and in the first one I camped for the night, listening in vain for the eerie shades of the early San to serenade me with mouth-bow and song.

Then began some unconvivial misadventures. I travel light, and soon would be travelling even much lighter. For the rocky promontories, while negotiable up to Geelbek, were thereafter, not negotiable. So I started climbing off them, up a rickety ladder, not noticing that my backpack had torn open and had disbursed all its contents apart from my blanket:- Clothes, food, everything else had fallen out and lay scattered in inaccessible ravines beneath me.

That was just the start. From smarmy hiker to scruffy strandloper in one day. Water and foodless, I stumbled on through farmland and the Twee



Jongensfontein Nature Reserve to Jongensfontein, then a short lift to Stilbaai, and along the lovely sand to the holiday towns of Vleesbaai, Gouritzmond, Groot Brakrivier, Mossel Bay, and Wilderness to Sedgefield. This town is far away the loveliest and friendliest town so far. At Pacaltsdorp I ran out of energy after unsuccessfully trying my card at Pick n Pay. An elderly man, clearly San, approached me and showed me his name, tattooed upon his wrist - Satan!

He wanted bread, so for my last half loaf I exchanged two nights at his burnt-out home 'down the drag' with a bunch of merry Joosters, a gang specializing in drugs and sex ... and never was I so well treated! Food - really delicious meals - swiftly revived me, and it was with tears (I seldom cry for no reason!) that I left them, with promises to return one day.

Not only them, but every poor man I have approached from then on supplied anything I asked for with a smile. I must sadly add that almost everyone else, higher on the social scale, swiftly summed me up as a fibbing boemelaar and sent me scuttling.

This sums up my conclusion - the hearts and minds of my countrymen have not changed. Our people are as kind and incorrigible as always. And I owe them plenty... Like my very life!



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THE IMPORTANCE OF DUE DILIGENCE

A local lady who says she has fallen prey to two dishonest builders in a row on the same project at her family home has warned locals to do their homework and double check references before deciding which contractor to use.

“I know there are some very reputable and professional building contractors here in Sedgefield,” she says, “It’s just these fly-by-night operators who are bringing the names of the good ones down.”

“They promise to work within your budget, but don’t stick to what’s in the contract. They do not finish the job and you are left with spending much more money than you budgeted for.”

The Sedgefielder says that she thought she had employed the right contractor for their building project – the addition of a small BnB unit – as she had phoned the

‘references’ he had given.

“We only discovered later that the numbers were actually friends of his,” she told us. She says they put their trust in the draughtsman/builder who said he would handle the application to the municipality for building line relaxation for a carport structure at the same time.

“They started in April last year and the so-called draughtsman called out a Building Inspector to see the foundations. As far as we were aware all was good. Then he got an electrician and plumber in to do the necessary – but we were unaware that they were not qualified. Later, when we discovered the wiring had been incorrectly done and the plumbing unfinished, we had to pay for a qualified electrician and plumber to finish the job properly,” she told us.

At the time the builder kept promising her he would get the Certificate of Completion (CoC) paperwork done – but has since reneged on this promise using all the excuses under the sun.

“In between all of this he put foundations in the front section of our home for our little BNB, for which we had paid him a deposit. The foundations were incorrect as the poles he used were different – even some garden poles were used. That’s when he absconded,” she said.

She employed a new contractor who, she only found out later, knew the previous contractor. He put in the correctly sized poles and started building, but after a while her partner pointed out that the structure was being clad incorrectly without using all the correct materials.

“We informed the contractor about this, but he said he is not

going to take them off as it costs money. He did eventually, but we had to pay him extra money for labour.”

As the project progressed, they kept paying the contractor more and more – but even then things went awry.

“He was supposed to get an electrician and plumber in to finish their work before the builders start skimming the walls, but nothing happened. – despite numerous phone calls from us,” she said, “By this time we had learned quite a bit about building, so when the workers carried on skimming we stopped them.”

On talking to members of the building team, she discovered that some had already left as they had not received their wages from the contractor. This brought an end to his involvement. She has since met several people who say they have also been taken in by this contractor – and she has collected signed affidavits to this effect!

“We have now had to fork out more money for a third building contractor to do the finishes and the electrical, plumbing and gas connections,” the frustrated lady reports. “I am happy to say the project is now going fabulously, but please Sedgefielders, beware of scammers. I believe they are actually targeting widows, or at least people who are unlikely to have any knowledge of building. Make sure any contractor shows you their proper credentials, and triple-check their references before you hand over any money.”



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REF: RLS948486

DIARY DATELINE

Every 2nd Monday
2pm Sedgefield Art Society meets at Lions Club. New members welcome. Colin Burgess 082 852 2586

Every Monday
1:30pm Duplicate Bridge at Catholic Church hall. Enquiries (Whatsapp) to Toni 0722465024.

Wednesdays
8 for 9am Golf Day @ The Links. All members welcome.
4 - 8pm Mosaic Food Fare
5:30pm Sedgefield Striders Walking / Running time trials on road adjacent to Bowls Club. Beginners welcome.

Thursdays
6:30am Eden Cycling Club Group Social outside departs Cycle Worx. All welcome.
8 for 9am Sedgefield Gentlemen's Golf @ The Links
12:30pm Social Bridge School at St Anthony's Catholic Church hall. All levels welcome. Lessons 12:30, Play from 13:45.
 Enquiries: Gail 0834577647.
13:15pm Bowls. Tabs in

Fridays
8am Ladies Golf @ Links Course

Saturdays
6:30am Eden Cycling Club Group Social outside departs Cycle Worx. All welcome.
8am-12 Wild Oats Community Farmers' Market
8 for 9am Saturday Competition Golf @ Links Course
8am-2pm Mosaic Market
8am-2pm Scarab Craft Market
13:15pm Bowls. Tabs in.

Every 4th Saturday
3 or 4pm Garden Route Centre of the Astronomical Society of Southern Africa. At Catholic Church, Cnr Sysie & Flamingo St. Visitors welcome. Peter 083 445 4634 for more info.

Sundays
7am Eden Cycling Club Group Social outside departs Cycle Worx. All welcome.

Sunday 4 February
8am-12 Gardeners and Crafters Market at Steam Whistle Stop. 072 487 0395

Sunday 11 February
8am-12 Car Boot Sale at Steam Whistle Stop. 072 487 0395

Should your association, charity or group have any forthcoming events, please send us details so that we may publish them in our next issue!

LETTERS TO THE EDGE



PLEASE NOTE: If you would like to write a letter to the editor, it must be submitted with the author's full name, address and phone number. If a writer does not wish his or her name to appear in print, a 'pen name' (nom de plume) may be included. Email letters to: editor@edgenews.co.za The editor has full discretion as to which letters are included or excluded and no argument, badgering, cajoling, bribery or heated conversation will be entered into. Opinions expressed in published letters and articles are not necessarily those of the management and staff of The EDGE Community Newspaper.

I've learned ...

That to ignore the facts does not change the facts.

by Andy Rooney

PLEASE DON'T LITTER



Whilst walking to the beach over the weekend, a Sedgefield local spotted what she thought was a strange bird. On approaching it, she discovered that the poor creature was a crow with a crisp packet stuck on its head. The bird was so confused that she managed to get close enough to take it off, but has asked us to warn people of the danger to wildlife that littering can cause.

In Loving Memory

Pierre Fouché

10 August 1964 - 16 January 2024

Pierre Marc Fouché was born in Germiston on the 10th of August 1964 and was raised in Boksburg where he matriculated from Dr E.G Jansen High School.

Pierre obtained a Master's Degree in Chemistry from the University of Port Elizabeth and moved back to Boksburg where he worked for PPC and later AECL. At the age of 27 he established his first company, Bumatech LTD in the metallurgical industry which is still prosperous to this day and will soon be operating internationally as a family

business now owned by his children.

Pierre has always had a great love for Sedgefield since his parents would bring him and his siblings here for school holidays. He fell in love with the ocean and fishing with his father and his brother. He then decided in the year 2000 that he wanted to make Sedgefield his permanent home. Pierre and his wife, Sanet, moved to Sedgefield later that year with their children.



years of his life planning and executing, and he was very proud of the completed building.

Pierre was always very giving and never expected anything back in return. He was a role model and a friend to many.

Pierre's family would like to thank the many Sedgefielders who had an impact on his life through the years. They are also hugely grateful to each and every person for the outpouring of love, thoughts, prayers and condolences since his passing. He will be greatly missed by his children, Angelique, Marc and Clarisse, his mother, Barbara, his brother, Chris and his sisters, Elize and Yvette.

Pierre's funeral will be held at Eden Church in George on Saturday 27th January at 11am.

For any enquiries please call JP on 082 333 3929.

In Loving Memory

John Nicholas (Wittie) Vaughan

6 July 1933 - 11 January 2024

For Wittie, Sedgefield was the best. It was his and Pat's happiest holiday destination while he was still in business, and their own chosen slice of paradise when they retired here in 1995.

They gave back to Sedgefield what they had received, Pat in her care for the hungry and the homeless, with Wittie as her support and his own involvement in the affairs of the town. They were a strong and hospitable team during the 20 years they lived in Sedgefield. Then family concerns required their return to Cape Town.

Wittie died peacefully on Thursday 11th January in the Pinelands Vincent Palotti Hospital. While he had needed

care for some months, the end was inevitable when he fell and broke his femur, requiring surgery, and later developed pneumonia. He was 90.

Wittie is remembered by all who knew him as a kind and gentle man, sociable, and concerned for his fellows. Active in his civic interests and strong in his Christian faith, he served on the Board of St Francis Church for many years. For those who attended, his weekly praise and fellowship meetings on Tuesday evenings, these were unforgettably joyous occasions. Fine furniture making was his hobby, and he and Pat made full use of all that the river, sea and surf of Sedgefield offers its children.



Our condolences to Pat, his wife, to his daughter Heather, with Tiny and their family, and to their son David.

A memorial gathering for Wittie will be held on Thursday 25th at 10.30 at Durbanville Rose Garden.

ROSALIE SAYS FAREWELL

Goodbye Totsiens
 Sala Kakahle
 Sedgefield

I bid you all farewell with a smile on my face and a tear in my eye. Sedgefield, you have been my home town for many years and I never regretted it. Will miss all of you who became my family and friends

Blessings and shalom
 Rosalie Horning



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	SPICE BOTTLES	MIRROR GLASS
	WINE & BEER BOTTLES	WINDOW PANES
		FLUORESCENT TUBES
		LIGHT BULBS
PAPER	YES	NO
	NEWSPAPER	LONG LIFE CARTON
	OFFICE PAPER	PAPER WITH PLASTIC LINERS
	CARDBOARD	PHOTOS
	MAGAZINES	CARBON PAPER
	FLYERS	TISSUES, SERVIETTES
PLASTIC	YES	NO
	WATER BOTTLES (WITHOUT TOPS)	HARD PLASTIC LIKE BUCKETS, CHAIRS, ETC
	CLEANING PRODUCT BOTTLES	POLYSTYRENE
	MILK BOTTLES (WITHOUT TOPS)	CRINKLE WRAPPERS (CHIPS, TEA WRAP, BISCUIT WRAP)
	SOFT PLASTIC BAGS	
	BUBBLE WRAP	
	CLING WRAP/ PALLET WRAP	
	ICE CREAM/YOGURT/ MARGARINE/ FRUIT CONTAINERS	
CANS	YES	
	COLD DRINK & BEER CANS	
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	AEROSOL CANS	
	PAINT TINS	



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SCHOOL SUPPLIES DONATED



'Rainbow for Africa', an NPO run by German swallows, Inge and Olaf Michaels, have donated R9000 to buy school supplies for the 25 children at the Kleinkrantz Child and Youth Development Centre.

The couple raised the necessary funding with the help of friends

and family in Germany.

"The school provided the children with a list of items needed for their schooling year, but some parents could not afford everything," explains Olaf, "So this is where we help - because the future of South Africa starts here!"

ARE OUR DUNES A PENDING DISASTER?

Cola Beach Fossilised Coastal Dunes

By André Gauché

According to Craig Lotter in an article titled - The Cold, Fossilized Sand Dunes of Myoli Beach (2017-07-11) - "Sedgefield apparently has the highest fossil sand dunes in South Africa. Over millions of years the lower layers of a sand dune, thanks to the combined pressure from the layers above and the dissolved minerals like calcium carbonate present in the plentiful ground water, work together in cementing and compacting the sand into sandstone, with the layers often visible as 'epoch bands' within the resulting formations".

As far back as 1999, while in the process of rezoning the present site of the Pili Pili Restaurant and Adventure Lodge on Sedgefield main beach I was accompanied by a senior SANParks ranger and a well-known environmental specialist from Wilderness to inspect the man-made coastal dunes along Myoli/Cola Beach. During this process we took a walk further along the beach to the high

fossilised dunes stretching from Cola Beach to Goukamma Park. There they pointed out how, over time, the lower sectors of the dune formations were being eroded to a point where dangerous landslip was imminent. That was over 20 years ago!

A collapse begins when the angle of the dune becomes too large to support the weight. This is called the 'angle of repose' and is usually around 30-34 degrees for sand dunes, but depends on factors such as sand grain size, wind speed, and roundedness of the individual grains.

The angle of repose, or critical angle of repose, of a granular material is the steepest angle of



descent - or dip - relative to the horizontal plane on which the material can be piled without slumping. At this angle, the material on the slope face is on the verge of sliding. The angle of repose can range from 0° to 90°.

High-intensity rainfall, earthquakes, and land use change (e.g., slope cutting, deforestation) are all triggering factors, with the weak soils and sedimentary rocks of the region particularly susceptible to slope failure.

So in summary, the Cola Beach, Sedgefield fossilised coastal dune formations have, over time - and especially in the last 20 years - experienced significant collapses and the angle of repose in many sectors is now dangerously close to critical. One particular sector is already severely critical and in my opinion collapse is imminent. The repose angle is in certain sectors already 90 degrees translating into an impending rockfall.

Picture:- Sandstone overhang with critical repose as seen from Cola Beach.

A further concern is the multiple residential structures built on the upper sectors of these coastal dune formations where the so called angle of repose, in the event of a landslip, landslide or dune topple, could result in devastating consequences.

Furthermore should this event occur unexpectedly it could also have dire consequences for anyone or anything on or around the beach side base of the dune formations. As a point of interest, take a walk along the foot of the dune on the stretch of beach from Cola carpark in the direction of Goukamma and see for yourself.

As a matter of urgency the local authorities, including environmental management should take note of the situation and forthwith put urgent measures in place to mitigate what now appears to be a disaster in the making.

Brushstrokes

by Patsy Scanes

We are well into 2024, hoping it will be full of inspiration and creativity and that everyone's brushes will be busy painting!

The Sedgefield Art Society has a lot going on over the next few months, starting with a new exhibition at Remax, curated by

Nicholas Leonard. The theme for this exhibition, which will open on the 1st February at 18h00, is Abstract Paintings.

Our first monthly meeting will be at the Lions' Club House on the 14th February, starting at 14h00. Members will be presenting their paintings on impressionism in the style of masters August Renoir and Claude Monet. Also at this meeting we welcome Roy Viera Forté who will do a presentation of his work and the process he follows.

Corrie du Plooy is at present exhibiting some of his artwork at the Roy Viera Forté Studio Gallery and visitors are most welcome to pop in there to see all the amazing art Roy has on show. The Art Society would like to take this opportunity to thank Roy for hosting its members with an exhibition of their art over December 2023 - this was an amazing success with 10 paintings sold!

Also, thanks to Nicholas Leonard and Remax for their continued support of the Art Society and inspiration for ongoing art exhibitions. Art lovers are most welcome to pop into Remax and view our next exhibition on the 1st February



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CLASSI-ADS

Index

- 1 To Rent
- 2 Accom. Wanted
- 3 Accom. - Holiday
- 4 Announcements
- 5 Boats & Acc
- 6 Building Services
- 7 Businesses
- 8 Cellular, Electronics & TV
- 9 Clothing
- 10 Computers
- 11 Crafts & Home Industry
- 12 Education & Tuition
- 13 Electrical
- 14 Employment Offered
- 15 Employment Wanted
- 16 Fabric & Haberdashery
- 17 Food & Wine
- 18 For Sale
- 19 Home & Garden
- 20 Health & Beauty
- 21 Hobbies
- 22 Home Improvements
- 23 Lost & Found
- 24 Miscellaneous
- 25 Motor Cars/Bikes
- 26 Personal
- 27 Pets & Livestock
- 28 Plumbing
- 29 Property
- 30 Restaurants & Pubs
- 31 Security
- 32 Services Offered
- 33 Sport & Leisure
- 34 Tea/Coffee & Take-Aways
- 35 Heavy Vehicles & Mach.
- 36 Wanted / Swop etc

NB. Classified adverts for the next issue need to be in by Monday 5th February 2024. Emailed classies will not be placed without payment

3. Accommodation Holiday

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9. Clothing

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Darryl Marais - 061 959 8270

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Allana - 060 497 3814
Anania - 083 619 3594
Annie - 076 815 7538 Babysit
Brenda - 060 954 1148 Live in
Emma - 073 529 6774 Live in
Grace - 0618078216
Hannah - 069 313 4502
Joyce - 067 487 1740
Leah - 074 642 0847
Lincy - 078 494 3118 Refs
Love - 069 758 2675
Melitha - 063 262 4071 + Child care
Nocawe - 076 233 9511

Driver

Joseph - 066 184 0529 Code 10

Gardening

Aaron - 073 493 4006
Alex - 084 577 0585 Refs
Dickson - 067 054 0587 +Welding
Edward - 069 118 1054 House, Painting
James - 067 487 1740 Refs
Jonathan - 072 144 3325 + Painting
Karim - 083 774 0992 Refs
Lucky - 078 778 4449
Patric - 063 468 6034 Refs
Peter - 071 124 5480

Painting

Wongi - 0674871740

18. For Sale

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19. Home & Garden

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28. Plumbing

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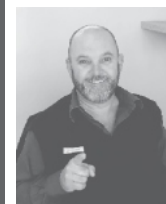
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36. Wanted

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33. Sports and Leisure

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Back to school does not have to be stressful

Support your child with a positive attitude towards going back to school.

The beginning of the school year doesn't have to be a daunting time for young people. Parents and teachers can do much to help support the physical and mental well-being of their children as they navigate new schools, teachers or classrooms.

"While some anxiety is expected in children at this time, it should not be ignored," says Dr Cathelijn Zeijlemaker, a family physician sharing her advice for parents to help their children through what can be a difficult time.

She says it may not always be obvious that your child is struggling.

"Smaller children may not know how to verbalise how they are feeling, so parents should be on the lookout for signals from their children which could indicate discomfort or anxiety. These could include children seeking their reassurance more than they normally do, complaining of tummy aches or other ailments, being more emotional than usual or displaying changes in their sleeping or eating patterns," says DrZeijlemaker.

"A check-up with your child's family doctor at the beginning of the school year can help set parents' minds at ease and distinguish any medical concerns that need to be addressed. In addition, children's anxiety can often be helped by explaining to them that many other children will be

feeling the same way," she says.

"Studies show that children who eat a nutritious breakfast perform better. Ensuring your child has a breakfast that contains some protein will assist them to do better in school by having better concentration and more energy.

"Make sure your children's vaccinations are up to date and ensure they have any medication, like asthma pumps, they may need at school. Also, make sure their new class teacher knows about any medical conditions they have and how to manage them."

Children quickly feel judged, lectured or punished and will therefore avoid talking about touchy subjects. Create an environment where you can listen uninterrupted, don't judge and your child feels safe to share.

The start of the year is a good time to engage about your child's use of social media and ensure that they use it safely in an age-appropriate manner. "Social media can be an important aid to learning if used correctly. Parents should keep up to date with the latest trends in social media, so they know what they are talking about when interacting with their children. Be aware of online bullying or children using social media sites in a way that is not suitable for their ages," she says.

"A good night's rest helps to enable concentration while children are at their desks. To ensure quality sleep parents

should consider encouraging good sleep hygiene, like a set time for bed and limiting screen time in the evenings."

If you suspect your child may have learning challenges, immediately schedule an appointment with their school to see what they can do to help and get advice on how best you can help your child, says Dr Zeijlemaker.

"Potential problems can sometimes be signalled by a change in your child's appetite, weight or sleeping habits. If you have any concerns about your child's health, including their mental or behavioural health, General Practitioners [GPs] are there to assist and may refer children to the services of experts like occupational therapists, paediatricians or educational psychologists where needed.

Occupational therapist Angela Morisse shares some practical strategies to support children during this period of adjustment, emphasising the importance of seamlessly reintegrating school life into daily routines.

She highlights the pivotal role of occupational therapy, a discipline that encompasses a thorough evaluation of an individual's functioning within their environment, aiming to assist them in adapting and excelling in every aspect of their life.

With the overall well-being of children navigating the challenges of returning to structured schedules in mind,

Morisse provides four pragmatic ways to help children get back into a routine after the long holidays.

• Set clear tasks but keep it visual and fun

Make a visual chart with specific tasks and have a space to tick off each task when it has been completed. These could include going to sleep and waking up at the right time, their meal and snack times, brushing their teeth, tidying their room, packing their bag for the next day and any chores they need to do. This can be adapted when new tasks such as homework, projects, and after-school activities are added.

• Have a bedtime routine

Establishing a consistent bedtime routine aids children in adjusting to a regular sleep schedule. This can include brushing their teeth, putting their electronic devices away at least 30 minutes before bedtime, and doing an age-appropriate calming activity such as reading, colouring in, or journaling. A small reward for completing the routine every day for a week is a good motivator. This could be a trip to the park or time with family – it doesn't have to cost money.

• Provide emotional support

To help children with the emotional demands of starting school again you could have a morning check in where everyone says what emotion they are feeling. Once again, a visual chart can help younger children to express themselves better. This will allow you to

DIARIES

Sedgefield 2024 A5 Diaries

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keep track of your child's emotions around school and help prompt a conversation when they pick emotions like feeling sad, scared or angry.

Morisse emphasises the importance of making sure your child is learning in a compassionate, enabling environment where they feel safe rather than feeling that they are under pressure to excel.

"Be mindful of the expectations you set for your children, stressing the value of effort rather than just results. Don't make them feel like they are under a lot of pressure to excel as this can cause anxiety and stress in children and may make them want to avoid school."

• Teach children to care for their physical health

Encourage children to take a break and enjoy fresh air by playing outside before starting their homework. Remember that as a child, their main occupation is play.

"Help your children implement their routine and keep track of their homework, but don't do it for them," says Morisse. "You are helping them build the habits they will need to foster future independence. Avoid doing everything for them, and rather promote self-reliance based on their age."

Don't forget to help your child by having a positive attitude towards their return to school. But, if you have any concerns about how your child is coping at school, seek professional advice as soon as possible.

KNYSNA MUNICIPALITY BY-LAW ON SPATIAL PLANNING & LAND USE MANAGEMENT (2021)

PROPOSED DEPARTURE & REMOVAL OF RESTRICTIONS: REMAINDER OF ERF 1291, SEDGEFIELD

Notice is hereby given in terms of Section 45 of the Knysna Municipality By-law on Spatial Planning and Land Use Management (2021) that the abovementioned application has been received from:

Applicant's Name: Anke L Reynders
Contact Person : c/o Marike Vreken Town Planners
Email: info@vreken.co.za
Reference number: Application number 2985
Property Description: Erf 1291, Sedgefield
Physical Address: c/o Faure & van Niekerk, Sedgefield

Nature of application:

- (i) Application for a **Departure** in terms of **Section 15(2)(b)** of the Knysna Spatial Planning and Land Use Management By-law (2021) for the relaxation of:
- a) The northern lateral building line from 2m to 0m to allow for the proposed garage;
 - b) The eastern street building line from 4.5m to 1.7m to allow for the proposed garage;
 - c) The southern street building line from 4.5m to 2m to allow for the proposed sewer treatment plant.
- (ii) Application for a **Removal of Restrictive Title Deed** condition D(4) regarding building lines, from Title Deed numbered T1600/2023 of the remainder of Erf 1291, Sedgefield in terms of Section 15(2)(f) of the Knysna Spatial Planning and Land Use Management By-law (2021) to allow for the construction of the proposed garage and sewer treatment plant.

<https://www.knysna.gov.za/do-business/planning-development/current-land-use-applications/>

Members of the public are invited to submit written comments, together with the reasons therefore in terms of Section 50 of the Knysna Municipality By-law on Spatial Planning and Land Use Management (2021). Comments must be addressed to the Municipal Manager and submitted via email at knysna@knysna.gov.za and mmhlanga@knysna.gov.za on or before **23 February 2024**, quoting your name, address, electronic contact details and telephone number, interest in the application and reasons for comment. The municipality may refuse to accept comments received after the closing date. Persons who cannot write may contact the Town Planning Office during office hours, where the responsible official will assist you in putting your comments in writing.

Telephonic enquiries may be made during office hours to the Town Planner, Ms Menelisi Mhlanga at **044-302 6339** or via email mmhlanga@knysna.gov.za.

OMBALI P. SEBOLA
MUNICIPAL MANAGER • MUNISIPALE BESTUURDER

KNYSNA MUNISIPALITEIT VERORDENING OP RUIMTELIKE BEPLANNING & GRONDGEBRUIKSBESTUUR (2021)

VOORGESTELDE AFWYKING & OPHEFFING VAN VOORWAARDES: RESTANT VAN ERF 1291, SEDGEFIELD

Kennis geskied hiermee ingevolge Artikel 45 van die Knysna Munisipaliteit Verordening op Ruimtelike Beplanning en Grondgebruiksbestuur (2021) dat die bogenoemde aansoek ontvang is vanaf:Applicant's

Name: Anke L Reynders
Naam van Aansoeker: c/o Marike Vreken Town Planners
Kontak Persoon: info@vreken.co.za
Epos: Application number 2985
Verwysing nommer: Erf 1291, Sedgefield
Fisiese Adres: c/o Faure & van Niekerk, Sedgefield

Aard van aansoek:

- (i) Aansoek vir die **Afwyking** ingevolge **Artikel 15(2)(b)** van die Knysna Munisipaliteit Verordening op Ruimtelike Beplanning en Grondgebruiksbestuur (2021) vir die verslapping van:
- a) Die noordelike syboullyn vanaf 2m tot 0m om die voorgestelde motorhuis toe te laat;
 - b) Die oostelike straatboullyn vanaf 4.5m tot 1.7m om die voorgestelde motorhuis toe te laat;
 - c) Die suidelike straatboullyn vanaf 4.5m tot 2m om die voorgestelde rioolplek toe te laat.
- (ii) Aansoek vir die **Opheffing van Beperkende Titelakte voorwaarde** D(4) met betrekking tot boulynnne, van toepassing op Titelakte genommer T1600/2023 van die restant van Erf 1291, Sedgefield ingevolge **Artikel 15(2)(f)** van die Knysna Munisipaliteit Verordening op Ruimtelike Beplanning en Grondgebruiksbestuur (2021) om die voorgestelde motorhuis en rioolplek toe te laat.

'n Volledige afskrif van die aansoek is beskikbaar op die munisipale webtuiste:

<https://www.knysna.gov.za/do-business/planning-development/current-land-use-applications/>

Lede van die publiek word uitgenooi om skriftelik kommentaar te lewer, saam met die redes daarvan ingevolge Artikel 50 van die Knysna Munisipaliteit Verordening op Ruimtelike Beplanning en Grondgebruiksbestuur (2021). Kommentaar mag aan die Munisipale Bestuurder gerig word, en per epos ingedien word aan knysna@knysna.gov.za en mmhlanga@knysna.gov.za, op of voor **23 Februarie 2024**, met vermelding van u naam, adres, elektroniese kontak besonderhede en telefoon nommer, belang in die aansoek en redes vir kommentaar. Die munisipaliteit mag weier om kommentaar wat na die sluitingsdatum ontvang is, te aanvaar. Persone wat nie kan skryf nie mag die Stadsbeplanningskantoor per telefoon nader tydens kantoorure, waar die betrokke amptenaar u sal help om u kommentaar op skrif te stel.

Telefoniese navrae kan gedurende kantoorure aan die Stadsbeplanner, Me. Menelisi Mhlanga by **044-302 6339** of per epos: mmhlanga@knysna.gov.za gerig word.



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Embracing Vitality: The Crucial Role of Movement in Ageing Gracefully

A Comprehensive Look at How Staying Active Promotes Physical and Mental Well-being in Older Adults

As the pages of our calendars turn and the years accumulate, the importance of staying active becomes increasingly evident for maintaining optimal health and well-being. In the pursuit of graceful aging, the significance of movement cannot be overstated. Contrary to the notion that aging equates to a sedentary lifestyle, experts assert that regular physical activity is a key component in ensuring a healthier and more fulfilling journey into one's golden years.

Physical fitness is not a pursuit exclusive to the young; it is lifelong. One of the primary reasons for advocating movement in the elderly is its profound impact on overall cardiovascular health. Engaging in regular physical activity helps improve circulation, lower blood pressure, and reduce the risk of heart disease. The heart, much like any other muscle, benefits from exercise, becoming more efficient at pumping blood and maintaining its structural integrity.

Regular exercise also plays a pivotal role in maintaining muscle mass and bone density, crucial aspects in preventing frailty and osteoporosis commonly associated with aging. Weight-bearing activities, such as walking, jogging, or resistance training, stimulate bone growth, fortifying the skeletal system and reducing the risk of fractures.

Beyond the physical realm, the impact of movement on mental health is equally noteworthy. Studies consistently demonstrate a positive correlation between regular physical activity and cognitive function. Exercise has been shown to enhance memory, improve attention span, and reduce the risk of neuro-degenerative diseases such as Alzheimer's. The endorphins released during exercise act as natural mood lifters, countering feelings of anxiety and depression that can be prevalent in older age.

Maintaining an active lifestyle also contributes to maintaining a

healthy weight, which is crucial in preventing a myriad of chronic conditions such as diabetes and arthritis. Obesity is a significant risk factor for these ailments, and as metabolism tends to slow with age, staying active becomes a cornerstone in weight management.

Equally, the social aspect of physical activity should not be underestimated. Engaging in a group activity, whether it's a dance class, a walking club, or team sports, fosters social connections, combats feelings of loneliness, and contributes to an overall sense of well-being. The camaraderie formed during these activities provides emotional support and encouragement, further enhancing the mental health benefits of staying active.

It is essential to note that the emphasis on movement does not necessarily mean engaging in strenuous or high-impact activities. Tailoring physical

activity to individual preferences and capabilities is key to sustaining a lifelong commitment to fitness. Whether it's a leisurely stroll in the park, yoga, swimming, or gentle strength training, finding enjoyable and sustainable forms of exercise is vital.

With age "use it or lose it" holds profound truth as we get older. Embracing an active lifestyle is not just about prolonging life but ensuring a life filled with vitality, independence, and joy. The evidence supporting the importance of movement in aging is robust and multifaceted, encompassing physical, mental, and social well-being. As we navigate the journey of getting older, let's lace up our sneakers, embrace the outdoors, and dance through the years with the conviction that movement is the key to a healthier and more vibrant life.

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1. Each Samurai Sudoku puzzle consists of 5 overlapping "classic" 9x9 Sudoku sub-puzzles.

2. Each 9x9 sub-puzzle must be solved according to the rules of Sudoku.

SAMURAI SUDOKU

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The Wine Ghost
The Wine Ghost was given a bottle of Laborie Chardonnay to taste. What a great way to start the new year!
The wine has a traditional and attractive front label, that shows the year and the varietal. The eye striking, royal blue colour of the cap, definitely catches the attention.
The back label is also quite descriptive.
The Chardonnay is clear, with a light straw colour and no visible legs.
No flaws on the nose and a lot of fruity aromas. Green apricots and Granny Smith apples/ apple juice are experienced in the foreground.
The wine is perfectly balanced, with a strong taste of green apples as well as dried apricots.
This Chardonnay has a long mouth feel, with a salty experience which relates to minerality and an apple taste that lingers.
May I say, true to South African expressions: Baie nice!
Good value for money, in the R70 – R90 price range.
In Vino Veritas till next time and have a fabulous and blessed 2024.

CHURCH SERVICES

Afrikaanse Protestante Kerk
Cearn Saal, Leisure Isle, Knysna
10am Service
Christo Matthee 083 769 9313

AGS Lighuis
Kontak : Kerkkantoor 044 382 6551
Sekretaresse 072 189 0215

Anglican Chapelry of St. Aidan's,
Wilderness
Peter Mundell 060 985 9113
or Paul McMillan 083 273 2601

Anglican Sedgefield :
See St Francis and
Church of the Resurrection

Church of Christ
Lynn van der Walt.
Tel: 076 068 2900

Church of the Resurrection
Service 9am
Petronella Buis 084 252 1698
Priest: Rev : Charlton Daries
082 387 7149 / 044 343 1491

Church Without Walls (WOW)
Red Shed, Scarab Market
Sunday 9am
Schalk van As - 082 413 8363
(Please bring a chair)

Deo Gloria
Past Danie & Karin de Bruyn
044 343 1301 or 084 714 7023

Elohim gemeente
Kerkkantoor: 082 896 6387
Pastoor: Hansie Strydom

Evangelisch-Lutherische
Gemeinde SüdKap
Southern Cape Evangelical
Lutheran Congregation
Rondevelehoogte
Peter Lor 076 649 3050

Knysna Presbyterian Church
Office 044 382 7722
Rev Tim Hawkrigde
083 324 3562

Lakeside Baptist Church
3 Duiwe Laan
Pastor J D - 066 160 7029
Sunday 9am

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DETAILS WE HAVE ON FILE.
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Telefoon: 044 - 8712125

New Apostolic Church
Enq: Anthony Davis - 083 641 5027

NG Kerk
Sedgefield: 08.45am
Karata: 10.30am
Ds. Marius Coetzee 079 873 3832
Kerkkantoor (044) 343 2033

NG Kerk Die Vleie, Hoekwil
Ds. Dawie le Roux 084 532 9958
Kantoor : 078 965 3651

Pinkster Protestante Kerk
Ouderling Jakobus Grootboom
078 158 2042
Chris Solomons 071 617 5630

Sedgefield Christian Church
Sunday services @ 09h00
Kairos Jnr & Snr Youth SAT 6pm-8pm
Pastor Juan & Tammy Pienaar
081 749 2534
info@sedgefieldchurch.co.za

Sedgefield Seventh-day
Adventist Church
Ph 081 270 7212

St Anthony's Catholic Church
Cnr Sysie / Flamingo Streets
Find us on FB Rod - 082 411 7683

St Francis United Church
Sunday - 9:30 - Family Service
Every 4th Sunday -
09h30 - Communion Service
Cnr Swallow Drive / Pelican Lane
All welcome! 044 343 1702

Suid-Kaap Christen Familie
Pastor: Leon & Elmarie Terblanche
081 271 1551.
Assist Pastor: André & Soné Rossouw
072 341 7099

Wilderness Christian Fellowship
Pastors: Chris & Trudie Smit
044 877 0307 or 084 240 5414

Athletes flock to George for OCC

On 24th February this year, George will be hosting the 20th Outeniqua 'Chair Challenge' (OCC) and yet many local citizens still need reminding that this dual competitive and fun event is not only for wheelchairs. What's more, there's a most memorable experience to be gained from getting involved.

"The two categories in our competitive section are open to quadriplegic and paraplegic athletes, and then subcategories cater for competitors depending on the type of chair used," explains organiser Alewijn Dippenaar. These include, among others, racing chairs, hand cycles, and basketball chairs.

So it's no wonder that each February parts of George come to a vital standstill for several hours on OCC Day, with an extensive course blocked off for racing snakes on the 42.2km route, part of which is used for the 21.1km and 10km races.

There is also a fun 5km course completed by competitors in wheelchairs pushed by an array of awesome helpers. Entrants will feature a colourful mix of not only South Africans from every corner of the country, but also nationals from Namibia, Ghana, Zim, Nigeria and Botswana.

OCC 2024 takes place at Carpe Diem School on Saturday February 24, but the premises will be buzzing with activity from Friday the 23rd between 11am and 6pm, when participants arrive in droves to confirm their registration.

"At 6 o'clock on Friday evening, as is the norm, we host the official opening ceremony for participants, and by Saturday morning the first riders start off at 7 o'clock - nice and early on that late summer's



morning," says Dippenaar.

Once all competitive and fun races have been completed, an award ceremony concludes procedures at lunchtime on Saturday - and everyone is invited.

"Members of the public are very welcome to join us on the Friday night and Saturday morning, at no cost," he adds, reminding that there are food stalls on hand for spectators, and many different ways to get involved.

"As per previous years there is a special category for businesses, each of which gets its own 'kaskar' that is powered by members of their team." George enterprises and offices that have participated in this event before, taking place just before the start of the 5km fun race, will know that this 'business boxcar' category delivers on marketing mileage and much hilarity at the same time.

Of course, nothing gets done without the generous hearts of volunteers, and Dippenaar now invites members of the public to sign up as marshals on the route, or to help setting up the venue on Friday and assist with registration. On Saturday the 24th, help will be needed to stock refreshment

tables, to move athletes around, and finally to knock down the venue.

So if you would like to rub shoulders with the likes of racing legend Pieter du Preez - who won gold in the 2020 Paralympics in Japan, and is the first quadriplegic in the world to complete a full Ironman - get in touch with Alewijn Dippenaar at dyndev@mweb.co.za or on 082 457 5675.

Sponsors of this year's OCC are again headlined by George Municipality as premier partner, and joined by Lancewood, Safari, the Premier's Office, Western Cape Department of Cultural Affairs & Sport, Eden Sports Council and Algoa FM.

SEDFIELD BRIDGE CLUB

8 January 2024 :
1 65.2% Annette + Terry
2 59.7% Irene + Linda
3= 52.7% Glenda + Suzette / Paddy + Bernard

15 January 2024 :
1 64.3% Carol + Meg
2 62.5% Paul + Rodney
3 51.3% Irene + Linda

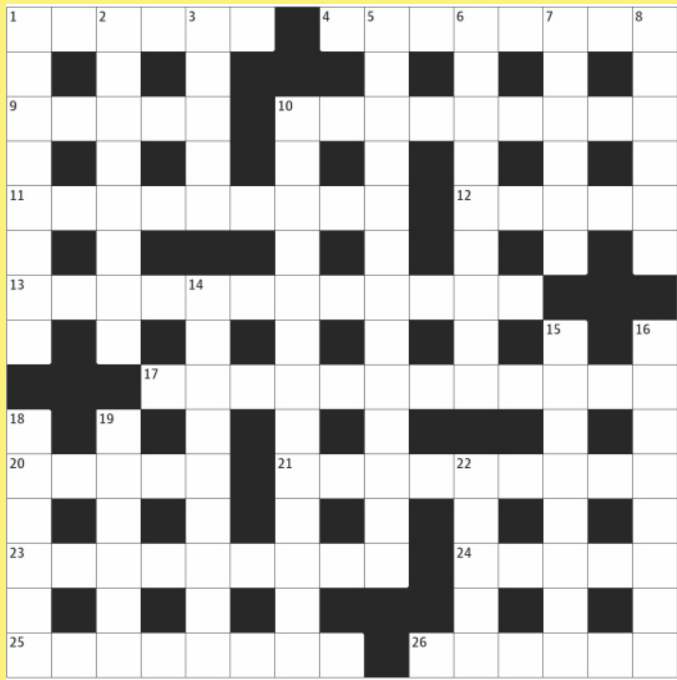
TED'S BRAIN CRUNCHER

Across

1.Perhaps it's the use of second grade wind instrument parts that causes contempt? (6)
4. One crazy about a treasure holder might get roasted. (9)
9. Members of a gang elected to admit one really good. (5)
10. Downfall inclined to adversely affect mountain communities. (9)
11. What one might use to lab-test new tripe container. (5,4)
12. Poet who was unfortunately a sort of holder. (5)
13. Was the ancient citadel too spherical? Not really. (3,9)
17. Acquiring a verbal role she started reaching the top section. (8,4)
20. Cutting the end off one particle led to tears. (5)
21. Where most boys foolishly barter for pearls. (6,3)
23. Mink a girl remade from an old cat! (9)
24. A picture that paints a thousand texts... (5)
25. One who washes is below the short girl outside. (8)
26. Be negative - you'll sound like a nag. (6)

Down

1. Actor portrayed a horrid kid having a dodgy start outside an up-ended tip. (4,4)
2. Some of the freight, I established, was actually sent a previous decade. (8)
3. I held a different view about what is new in India. (5)
5. "Banish no other differences!"



said the crazy gadget inventor. (5,8)
6. Effervescent old stone thrower kept outside the game area. (9)
7. From a plant-based food factories with high BEE rating. (6)
8. Belief that that group of people is inside. (6)
10. Iris was described as quite beautiful! (1,3,2,1,6)
14. Humbly prepared to load the toy gun? (3,2,4)

Across: 1. Harrumph 6. Get off 9. Tonsil 10. Coventry 11. Apennines 13. Ditty 15. Goblet 17. Purple 18. Goblet 19. Carols 21. Tough 22. Shut downs 25. Calamari 26. Nudist 28. Stodgy 29. Suspense
Down: 2. Ago 3. Resin 4. Multimedia 5. Hockey 6. Gave 7. Tennis Pro 8. First person 12. Pig ignorant 14. Sugar tongs 16. Baby grand 20. Chairs 23. Oldie 24. Easy 27. Sis

15. Results of poor accounting puts one in mine. (3,5)
16. If taken in entirety, strangely, it is limitless. (8)
18. A huge number heard about research. (6)
19. Social setting for less than a million I see over at the European Union. (6)
22. Turning over, I earnestly agree to an empathetic start - leaving me somewhat flushed. (5)

SEDFIELD GOLF

11/01/24

The returning Gentlemen's Club members were greeted with an absolutely beautiful day for golf and it was great to see the old faces again. They were also greeted with the interesting news that unbeknown to the vast number of members the Captain, Brian Gerard, has always been a naturalist. This came to light recently when a member queried why bees hum. Immediately Brian responded with "because they don't know the words". It is wonderful to have such soaring intellectualism in our midst. He was, however, unable to explain the reason for the psychedelically coloured greens.

The competition was individual stableford and once again history was made. Winning the day's play for the first time in his life was Mike Hubberstey with 39 points. He was closely followed by Jan Potgieter with 38 and then Dave Herbst with 37. Bill Craig took fourth spot after a count out with Martin Gilchrist both with 36. It was reported that on the 5th hole, Rudy Bosch had tumbled into the pool adjacent the green. His playing partners say that they have never seen him so clean albeit he had to disgorge a large amount of green fungi. His was not a hole in one but rather a one in hole.

The Captain reminded all of the date for the A.G.M which is the 25th of January and which will take place after the day's competition. He also would like it to be known that any elderly gentleman who would like to enjoy some camaraderie coupled

with a relaxing game of golf, he need only to contact him on his cell number which is 072 633 4218.

18/01/24

It was that time of the year when the holidays have ended and all the visiting relatives have left for their distant homes. This is when a universal truth becomes obvious and that is wrinkles are hereditary. Parents get them from their kids.

Once again it was a lovely day for golf and although it became very hot there was a coolish breeze to compensate. The day's competition was three-balls playing stableford with two scores to count. What this means is that if you are a very good golfer and you happen to draw two partners with ridiculously high handicaps your chances of winning are more or less secured. And so it was when the winning three-ball was announced as Malcolm Goldhill, Quentin Robinson and Brian Stewart - runaway victors with a total score of 80. Malcolm had a stunner, ending the day with a gross 57. In second spot were the gross three-ball of Theo Pelsner, Martin Gilchrist and Rudy Bosch with 75. Rudy

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THE SPORTS EDGE

Knysna Interclub Regatta

20 & 21 January 2024

By Surisa Nel

On the weekend of 20 and 21 January, Knysna Yacht Club hosted their annual interclub regatta. It was the first interclub of the year following George Lakes Yacht Club's annual New Year's regatta on the 30th and 31st of December.

The following clubs competed:

KYC: Knysna Yacht Club
GLYC: George Lakes Yacht Club
Redhouse Yacht Club (PE)
MBSC: Mosselbay Sailing Club

Three fleets or groups took part:

Catamaran's, Fast Fleet (bigger boats, bigger sails, more wind, faster), and Slow Fleet (smaller boats, smaller sails, less wind, slower).

The three different fleets follow different courses and not only have to navigate the strict rules of competition as set down by the Olympic Committee but also those of Sailing South Africa and the Club. Apart from that, they have to dodge the swells caused by motorboats, mooring lines of stationary boats, pleasure cruise catamarans, and other operators - as well as the tides of Knysna.

All in all, it is not just a show of



Picture - While Knysna walked (sailed) away with the Catamaran and Fast Fleet Trophies, GLYC claimed the Slow Fleet club trophy with our 3 musketeers - the Optimist Sailors. Front left to right: Milan Nel (2nd overall), Cameron Simpson (5th overall) and Owen Conradie (3rd overall). At the back: David Laing (GLYC Commodore) and Evelyn Osborne (GLYC Youth Development Coach)

magnificent sportsmanship, but a lot of courage and a dash of madness.

Around 58 sailors took part in this year's interclub. The event was made even more exciting and entertaining by some sailors following the wrong route and completing their own race, one young sailor who capsized - his mast broken - but still finished his race, and a sailboat caught in a mooring line, catapulting the sailor into the water.

Sailing is not just about staying afloat. You can get VERY wet, just don't lose your momentum, speed, and wind. Sail and bail is not a recommendation, although it happens more often than not, and capsizing is one of those things that you take in your stride. The points

system is unfortunately even beyond me (mother of a sailor) and I rely on the experts to draw pictures and explain in primary colours. In the end, it is about how well you sailed, as long as you followed the rules and did not ram your competitors.

As far as I know, three Sedgies competed - Chris de Jager from KYC (on a Cat), Yogi Divaris from KYC (on a Finn) and Milan Nel from GLYC on an Optimist.

Knysna won the club trophies in the Cat and Fast Fleet categories, but GLYC won the Slow Fleet Category with their young sailors showing more guts and courage than all the salty seafarers combined.

The next event is the interschools regatta at GLYC and then the following interclub hosted by Mosselbay.

Thanks to our generous hosts, it was indeed a momentous occasion, with lots of laughter, moments of minor heart attacks, and a little bit (a lot) of cussing.

Off the Mat

Sedge Bowling Club News



Our green keeper Charles must be a very happy man with the little rain we have had after there were so many feet on the green over the weekend.

THE EDEN DISTRICT SINGLES COMPETITION

The final games were held at Sedgefield Bowls Club over the weekend. Congratulations to the winners and runners-up. Well bowled and thanks for the fantastic games we got to watch. Many thanks to our members who gave up their weekend to assist in the running of the competition. It's thanks to such dedication that we could run such a successful tournament.

EDEN DISTRICT 4'S COMPETITION

List is on the notice board, please enter your teams.

CLUB COMPETITIONS

Drawn Pairs started on Tuesday and will progress each week, if entered please check playing dates on the board.

News is rather thin on the ground at the moment, as we are still waiting for the year to get going. Maybe a party to get us going - come on Social Committee!

That's all for this week - keep safe in the heat, drink lots of water on the bowling green.

Nearest the kitty

OFFICIAL MEMO WE NEED TO TALK...

27th January 2024
12:00-14:00

Join Sonja; the Founder
of The Life Basiks Process

AND DISCOVER...

1. What sets us apart from ordinary competitors
2. Why we are positioned in a category of our own
3. When our single-services will be phased out
4. Why consolidating our services provides comprehensive solutions in all areas of your life

"It's not what I do, it's what happens to you when I do what I do"
Sonja's favourite quote

WALK IN @ 25 FLAMINGO
AVE, SEDGE (PREPARED...)

TIDE TABLE

24 Jan - 7 Feb 2024

Wed Jan 24 2024

low tides 09:15 21:33
high tides 03:14 15:21
sunrise 05:42 sunset 19:40
moonrise 19:16 moonset 04:00

Thu Jan 25 2024

low tides 09:46 22:02
high tides 03:46 15:55
sunrise 05:43 sunset 19:39
moonrise 19:56 moonset 05:00

Fri Jan 26 2024

low tides 10:16 22:29
high tides 04:16 16:26
sunrise 05:44 sunset 19:39
moonrise 20:29 moonset 06:01

Sat Jan 27 2024

low tides 10:44 22:55
high tides 04:44 16:55
sunrise 05:45 sunset 19:38
moonrise 20:58 moonset 07:01

Sun Jan 28 2024

low tides 11:13 23:22
high tides 05:12 17:22
sunrise 05:46 sunset 19:38
moonrise 21:24 moonset 07:59

Mon Jan 29 2024

low tides 11:42 23:48
high tides 05:39 17:49
sunrise 05:47 sunset 19:37
moonrise 21:48 moonset 08:55

Tue Jan 30 2024

low tide 12:11
high tides 06:08 18:17
sunrise 05:48 sunset 19:36
moonrise 22:11 moonset 09:50

Wed Jan 31 2024

low tides 00:15 12:44
high tides 06:37 18:45
sunrise 05:49 sunset 19:36
moonrise 22:34 moonset 10:45

Thu Feb 01 2024

low tides 00:43 13:19
high tides 07:10 19:18
sunrise 05:50 sunset 19:35
moonrise 22:59 moonset 11:41

Fri Feb 02 2024

low tides 01:14 14:01
high tides 07:49 20:01
sunrise 05:51 sunset 19:34
moonrise 23:28 moonset 12:39

Sat Feb 03 2024

low tides 01:56 15:03
high tides 08:41 21:09
sunrise 05:52 sunset 19:33
moonrise - moonset 13:41

Sun Feb 04 2024

low tides 03:06 16:59
high tides 09:59 23:20
sunrise 05:53 sunset 19:33
moonrise 00:01 moonset 14:45

Mon Feb 05 2024

low tides 05:23 18:56
high tide 11:45
sunrise 05:54 sunset 19:32
moonrise 00:41 moonset 15:51

Tue Feb 06 2024

low tides 07:00 19:55
high tides 01:07 13:10
sunrise 05:55 sunset 19:31
moonrise 01:31 moonset 16:56

● Full Moon 25 January 2024

NEXT EDGE: Wednesday 7 February 2024 - Issue 683

PLEASE NOTE OUR DEADLINES

(Careful, they tend to fly by VERY quickly)

DISPLAY ADS: Email to editor@edgenews.co.za by 1 February 2024

CLASSIFIEDS: (stuff for sale, jobs, get-rich-quick schemes, secret treasure hints)
accounts@edgenews.co.za by Monday 5 February 2024

KINDLY NOTE: Due to the epic craziness of life as we currently know it, our EDGE offices may not always be open. Please call 072 516 4701 for any enquiries.



SEDGEFIELD
OFFICE 044 343 1287
EMAIL sedgefield@pamgolding.co.za



The Village • R 1.95 million 1SH1640817
Bedrooms 3 • Bathrooms 2.5
Stunning position in the village, with large pool and teen pad.
Hilna 082 722 4611 • Tania 062 974 8899



JOINT MANDATE
The Village • R 2.5 million 1SH1625954
Bedrooms 2 • Bathrooms 2 • Garages 2
Well maintained home in secure complex, spacious and comfortable.
Peet 084 811 9973



JOINT MANDATE
Cola Beach • R 7.995 million 1SH1582077
Bedrooms 4 • Bathrooms 3 • Garages 2
Views forever from spectacular home in Cola Views Estate.
Hilna 082 722 4611 • Tania 062 974 8899



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Ladies' Golf

Friday 19th Jan

21 degrees driving to club and 32 degrees driving home. It was a hot one!!



We played Team

Alliance, best two scores to count.

Christine Coetzee played four under her handicap.

Elize Mackenzie-Blom played two under her handicap

Joy Herbst and Marina van der Westhuizen both played one under their handicaps.

The winners were:

1st Marina van der Westhuizen, Sylvia de Moor and Christine Coetzee with an amazing 87 points.

2nd Brenda Howden, Wendy

Mack and Eda Greenway on 80 points.

Nearest the pin was won by Joy Herbst on the 16 and below, and Sandra van 't Slot won it for the 17 and above.

Birdies today were shot by: Almarie Mead 10, 16, Elize Mackenzie-Blom 12, 15, Christine Coetzee 13, Marina van der Westhuizen 18, Brenda Howden 5, Joy Herbst 5, Sam Bowen 7
The 2023 AGM was held at Upstairs@Rosies and was a great success.



Enjoy every moment

Engen 1-Plus
Sedgefield

044 343 1696



summer shake

R19⁹⁰



Offer valid from
15.01.2024 to 19.02.2024