

# SEdge SPIRIT SAVES THE (WOMEN’S) DAY

The spirit of Sedgefield’s local community turned what could have been a Women’s Day nightmare into an uplifting example of what Sedgefield is all about.

Early in the morning of Saturday, 9 August 2025, when Marietjie Digue’s team from The Living Cornerstone (TLC) arrived at the community hall to continue preparations for their popular annual fundraiser event, it looked like all was lost. The front door was standing wide open, and inside the hall, they were met with a scene that could only be described as a nightmare.

Sound equipment (worth an estimated R60 000) set up for the event had been stolen, along with thousands of rands worth of prizes and auction items. Packets of spot prizes had been torn open and the contents removed.

“Thank goodness the tables that were already set with decorations and antique tea sets had not been touched,” said Andre, Marietjie’s husband, who works alongside her at TLC.

The police were called, and Michael Simon of Sedgefield’s Community Oriented Policing (COP) was contacted to put as many people as possible on high alert for the stolen property.

At 09h30, an alert was issued on the Neighbourhood Watch Patrollers WhatsApp group that a person carrying electronic devices in a large shopping bag had been seen. COP members immediately used the CCTV network to track the individual’s movements and guide the response teams of their security partners to his last known location.

“The individual was eventually spotted in the CBD, and numerous electronic goods stolen from the Town Hall were recovered shortly thereafter,” says COP’s Mike Hofhuis. The suspect claimed innocence, stating that he had found the items in a wheelie bin in Cycad Circle around 07h00. He even requested that the CCTV cameras be checked to prove his story, which was then confirmed as accurate.

When the abandoned wheelie bin was located, another community

member removed the stolen items, and they were handed over to Sedgefield Defence Force Response officers and COP members.

Further review of the CCTV footage situated around the CBD revealed to COP that a ‘person of interest’ had walked with the wheelie bin from the CBD to Cycad Circle in the dead of night. He had quickly abandoned the bin when he saw a security patrol vehicle approaching. However, the security officers stopped as they believed the person to be behaving suspiciously. When they found he had a packet containing bottles of wine, SAPS were summoned and the individual, said to be known to the police, was taken in for questioning.

“At this time, nobody was even aware of the burglary at the Community Hall, nor that the wheelie bin he had abandoned contained all the electronic equipment,” Hofhuis told us later.

He says that the Sedgefield Community CCTV network and security partners played a crucial role in the recovery of the stolen goods.

“From the original report from a resident on the Sedgefield Safety & Security WhatsApp group at 00h07 Saturday morning indicating that a male was pushing a wheelie bin in Tarentaal Avenue, to the camera footage in the CBD, Sedgehill, and Groenvallei - all were were essential in piecing together the timeline and facts,” he said, “This is a testament to the power of our community’s collaboration and a reminder that when we work together with all Sedgefield Safety Partners, we get results.” On behalf of COP he offered huge thanks to all the neighbourhood watch patrollers, security companies and SAPS members for their ongoing commitment and swift action when called upon.

But this wasn’t the only good news that day. TLC had decided to continue with their function, despite the loss of equipment and prizes, and hearing of the charity’s plight, the community pulled together to make a difference.

Says Andre, “Daily Grind Coffee shop came running across to the hall with a voucher as a prize, then Saskia Verschoor arrived with two crates full of items which had been sent to us by the stall holders of Scarab Village and Mosaic Market!”

When he heard from Michael Simon that the equipment had been located, it was just the cherry on top!

“After the function, we could just stand in amazement at the reaction of the community.

A big thank you must go to Michael Simon and Sedgefield Defence Force for their unconditional effort in getting the stolen goods back. Thank you as well to Councillor Cleone Vanston for her support, and to the stallholders of Mosaic Market and Scarab Village, Wow!!! Thank you so very much!”



Under 8 players Thiah Williams (left) and Anelique Mitchell in action. (by Heart and Home Photography)

## THE ‘HOCKIEST’ DAY OF 2025

Congratulations to Sedgefield Primary School for hosting another fantastic Hockey Day along with Arrie Nel Pharmacy on Saturday 9 August.

152 teams from 15 primary schools, 180 officials, 1 100 players and around 3 000 visitors were buzzing in and around the village - and once again the event ran like a well-oiled machine!

(See page 3 for full article)

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Notes from T'Ed's Head

I'm still buzzing!

Yes – we have returned after a particularly restful trip to visit family on Mud Island.

“So, if it was restful, why are you buzzing?” you ask. Very kind of you to offer concern, but don't for one moment think you're getting any of my Curly Wurly chocolate bars, nor any of my KP Dry-Roasted Peanuts!

Perhaps, if I get my ears to stop ringing for just a while, I can explain (I find medicating myself with a large glass of Guinness is just the ticket for calming the nerves).

Whilst the holiday was indeed a wonderful break – just what was needed to unwind, catch up on sleep, and read a book (remember books?) - it was the flight back that created the problem and the incarceration at the airport, I guess.

The British authorities had to let me go ... in the end. Some might say I got off on a technicality (and they are DEFINITELY NOT getting to sample my



Yorkshire Tea bags), but if I'm honest, I think the airport security officers were more than glad to put us back on the plane in the end. Let's face it – four hours in a small, windowless room facing Mrs Ed across the interrogation table would be enough to render Attila the Hun a gibbering wreck, and those poor M15 fellows hadn't had the advantage of 35 years of 'Old Dragon' experience I have had.

The technicality was that I was initially arrested for 'Possession of a concealed, dangerous weapon'. Now you may recall that over the years I have called Mrs Ed a lot of things (mostly quite complimentary, I thought, and yes, sometimes 'dangerous' has been used too).

But 'concealed'?

No. Never Ever!

Methinks, to be honest (that's twice!), that the 'Reason for Incarceration' form simply did not include 'Possession of a Dangerous Wife Suffering from PTSD' as an option. Though I'm sure it will in future.

PTSD? Plane Travel Suitcase Disorder.

You see, Mrs Ed is a rummager. A Rummager of Note, if you want the official title from her business card.

Yes. I believe she could rummage for South Africa in the next Olympic Games, if they let her on the plane (but that's doubtful now).

Have you ever sat next to a rummager? You do know what I mean, don't you? Someone who incessantly digs in a handbag, or pocket, or perhaps a large piece

of hand luggage, which, according to the official British Airways safety leaflet at least, should be carefully stowed in the locker above your seat and only accessed when the aircraft has safely taken off.

Now, if you have ever experienced a rummager in close proximity (most of us have one in the family), you will no doubt have observed that they seldom, if ever, actually find what they are looking for. To any normal human being, this wouldn't matter, because it's only a piece of chewing gum ... or perhaps some lip balm, a pencil, or maybe a boiled sweet to prevent ear-popping when cabin pressure changes.

But to the rummager, whatever they are looking for soon becomes all-important. Indeed, an obsession.

And it should also be stated, for the benefit of those lucky folk who may not have come across such a person, that the shuffling of the other contents in, around, out of, then back into said bag is not a constant action that one might get used to, and perhaps even - after a time at least – relegate to the 'background noise' section of one's audio files. No! It goes on in such an erratic series of scratchings that to the listener/observer, death by strangulation soon becomes a reasonable option.

Rummage rummage rummage. Stop and think (usually staring blankly, as if retracing one's steps right up until putting the thing in the bag). Rummage. Rummage. Grumble, grumble. Stop and think. Rummage rummage rummage ... rummage. Pause. Say “Where is it? I KNOW I put it in here' (because that will help). Rummage ... rummage rummage rummage ... ad infinitum.

Another note: If one is, say, simply rummaging whilst sitting in the passenger seat of a car (Please do not drive and rummage – it's extremely dangerous) then said rummaging will come to an end when the rummager either gets home (where the rummaged-for item will be found on the kitchen table) or arrives at another destination (where one's partner will go out and find a replacement for the thing, if only to save his sanity). In other words, the rummaging incident is kept to the 'minimal damage' category.



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breakfast banana' didn't even enter his mind as an option as to what she was talking about) I could understand their insistence on the handcuffs.

Anyway, after the lengthy interrogation, whilst the luggage hold was unloaded and men in protective clothing and helmets brought sniffer dogs to examine every single suitcase, we were allowed back onto the plane, on the proviso that we would be seated in special jump-seats away from other passengers, and as close to those screaming jet engines as they could manage.

Thank you for flying British Airways' was NOT what they said when we disembarked

twelve hours later, but they did give us a little keepsake envelope to remind us of our trip.

Apparently, according to the small print, we have a legal right to challenge the travel ban, but I would rather frame it and put it above our mantelpiece as a reminder.

And I will be using a different airline next time anyway. Especially after discovering a suspiciously sniffer dog-sized bite had been taken out of one of my Curly-Wurllys -

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## Talking Conservation Drie Valleyen

### WORLD SNAKE DAY - JULY 2025

by Charl van der Merwe,  
Environmental Ethicist  
On behalf of Sedgefield  
Ratepayers Association.

The 16th of July is celebrated as World Snake Day to raise awareness and understanding of these often-misunderstood creatures. With over 4,000 species of snakes recorded globally, Africa boasts a remarkable diversity, being home to more than 600 species.

In our country, there are over 170 species, highlighting our rich biodiversity, especially in reptiles. Snakes captivate both scientists and enthusiasts due to their diversity, unique adaptations and crucial roles in ecosystems. This article delves into their species, habitats, behaviours and ecological significance.

#### Overview of South African Snakes

South Africa's diverse habitats, ranging from arid deserts to lush forests, are home to a wide variety of snake species, each uniquely adapted to its environment. Understanding snakes is crucial not only for conservation efforts, but also for ensuring the safety of people who share their habitats. Citizen science initiatives like *iNaturalist* have significantly enhanced knowledge about snake distribution in South Africa. Social media platforms, such as the educational Facebook page *Snakes of Southern Africa*, which boasts over 500,000 members, play a vital role in raising awareness about snake conservation. By

fostering education and understanding, these efforts help to break down fear barriers, leading to fewer instances of snake persecution.

#### Classification of Snakes

Snakes are categorised into families, with the most notable being:

- **Elapidae:** includes highly venomous snakes such as cobras and mambas.
  - **Viperidae:** Vipers including the Puff Adder known for their potent venom.
  - **Colubridae:** including a diversity of non-venomous snakes like the brown house snake and mole snake.
  - **Pythonidae:** Pythons, featuring one of the largest snake species in the world, the African rock python (luislang).
- Most snakes are shy and non-aggressive, with bites typically accidental or prompted in self-defence. Snake bites are seldom fatal when proper medical care is administered. Venom production is an energy-intensive process which these animals tend to avoid wasting if a meal is not included in the effort. Thus, snakes are generally shy of humans and will seek to avoid interactions with no nett benefit.

#### Habitats of South African Snakes

South Africa's varied climates and landscapes create distinct habitats, each supporting varied snake species:

- **Savannas:** these ecosystems are characterised by grasslands with scattered trees. Snakes such as the black mamba, puffadder and various non-venomous snakes thrive in these areas,

hunting small mammals and birds.

- **Forests:** regions, such as those found along the Garden Route, provide habitats for various tree snake species like the boomslang. They rely on their climbing abilities to navigate the vertical environment and hunt for arboreal prey.
- **Deserts:** The Karoo, Kalahari and Namib deserts are home to specialised snake species adapted to arid conditions. Snakes like the horned adder and the sidewinder have evolved to survive with minimal water and prey availability.
- **Urban Areas:** Snakes have adapted to urban environments because of the availability of shelter and prey. The Cape cobra and non-venomous rat snakes can often be found in home gardens and parks, leading to human-snake interactions.

#### Ecological Importance of Snakes

Snakes play a vital role in our ecosystem, as both predator and prey. As predators they control a variety of pests, such as rodents, and can reduce economic loss to farmers by reducing crop damage from rats and mice. Snakes create a balance within the ecosystem. As prey they are consumed by other animals, from birds of prey, the Secretary bird, carnivorous mammals, the Ratel, and humans alike. The presence and health of snake populations can point to the overall health of an ecosystem, serving as indicators of environmental changes.

#### Conservation Challenges and Efforts

Despite their ecological importance, snakes in South Africa face threats from habitat destruction, climate change and persecution by humans.

Conservation challenges such as:

- **Habitat Protection:** Protected areas and reserves can help conserve critical habitats for snakes and other wildlife.
- **Public Education:** Raising awareness about the ecological role of snakes can help reduce fear and promote coexistence between humans and snakes.
- **Research and Monitoring:** Ongoing research is necessary to monitor snake populations and understand the impacts of environmental changes.

Such efforts are vital for the protection of these fascinating creatures.

#### Conclusion

The diverse world of South African snakes is a testament to nature's ingenuity and adaptability. From the fearsome black mamba to the majestic luislang, each species contributes uniquely to the ecological fabric of our country. As we continue to explore and understand these fascinating reptiles, it is crucial to advocate for their protection and ensure their survival for future generations. Let us replace fear with respect. Learn, understand, and protect these incredible animals.

## UNDERSTANDING OUTENIQUA SENSITIVE COASTAL AREA (OSCA) REGULATIONS

By Apex Conservation Services

*“OSCA” is an acronym frequently heard by those developing or building within the Garden Route – but what does this term actually mean for landowners?*

OSCA stands for Outeniqua Sensitive Coastal Area. This is a designated area of land, spanning the southern Cape coast from Tergniet, close to Great Brak River, to the Bloukrans River. OSCA regulations control activities in the area and landowners must understand their responsibilities before undertaking any of the listed activities on their properties.

OSCA regulations were established to promote sustainable development in sensitive coastal areas at small-scale, property levels, controlling activities in these areas. The OSCA regulations identify development activities which can have detrimental impacts in the regulated areas, and require the implementation of mitigating measures for potential impacts.

Activities in the OSCA are primarily governed by two sets of legislation: 1. Regulations regarding identified activities concerning the Outeniqua Sensitive Coastal Area (OSCA) and 2. Identification of activities which may have a detrimental effect on the environment: Outeniqua Sensitive Coastal Area Extension. The legislation sets out requirements and procedures for permit applications, as well as the requirements for environmental impact reports which support the application. It also identifies the four activities controlled in the

OSCA: Disturbance of vegetation, Earthworks, Dredging and Dune stabilisation. Landowners with property in the OSCA are required to obtain a permit from the relevant local authority before undertaking any of the four listed activities. These authorities include local municipalities, such as the George, Knysna, Bitou, and Mossel Bay Municipalities.

The permit application must be supported by an environmental impact report compiled by the landowner or an environmental

consultant. The environmental impact report must identify sensitive areas on the property, and the likelihood and severity of potential impacts resulting from undertaking listed activities. The report should also provide mitigation and rehabilitation measures to be implemented during and after the listed activities. Once the permit is issued, and the proposed activities authorised, the mitigation and rehabilitation measures recommended in the permit must be implemented on the property.



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For those new to the area, the Sedgefield Melodrama is an annual treat, all about local people performing for local audiences raising money for local charities. It is shown at the Sedgefield Primary School hall and over the years has made well over a million rand for local charities.

Want to see your GP busting his moves in a penguin suit? Or your hairdresser unconvincingly impersonating Mariah Carey? Or how about your youngster's schoolteacher doing a duet whilst dancing with a duck? Then this is the show you have to watch.

It's best to get a group together as seating is around tables, so parties may bring their own picnics to enjoy whilst watching the show.

With just two weeks left before curtain up, ticket sales are on the increase. Show dates are - Tuesday 26 August, Thursday 28 August, Friday 29 August, Tuesday 2 September, Thursday

4 September, and Friday 5 September.

“Both Fridays are almost fully booked, but we would love to have a full house each and every night,” says Margie, “The fuller the house, the more money we raise for our local charities.”

There is a wonderful special offer available currently :- Buy 5 tickets for any Tuesday night show and get a free bottle of wine (Red, White or Rose) at the door. Tickets are just R120 each and available to buy online at [www.sedgefieldmelodrama.co.za](http://www.sedgefieldmelodrama.co.za) or at Pedro's nursery 49 Main Service Road.



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With over 40 years of combined experience, Louis and Karen are no strangers to the property world—or to the unique charm of the Garden Route. Their careers have been shaped by dedication, professionalism, and a genuine connection to the community they serve.

Louis du Preez brings more than 15 years of property expertise, having worked across development, marketing, and sales. His journey from building properties to helping others find their perfect home reflects his deep-rooted passion for real estate. When he's not closing deals, you'll find him hiking coastal trails, cycling through nature, or enjoying beach walks with his two beloved dogs. His lifestyle is a testament to his love for the area he's called home for the past decade.

Karen Lombard has been immersed in property since

1994, and her move to Sedgefield in 2003 marked the beginning of a new chapter filled with community involvement and rural living. From building homes with her husband to helping clients buy, sell, and rent, Karen's knowledge of the local market is unparalleled. Now living in Ruigtevlei, she's a familiar face in the countryside—horse riding, hiking, paddling, and even fishing. Her passion for rural properties and the lifestyle they offer is contagious, and she's helped countless clients find their perfect slice of paradise.

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**Every 2nd Monday**  
**2pm** Sedgefield Art Society meets at Lions Club. New members welcome. Patsy 073 256 6021

**Every Monday**  
**1:30pm** Duplicate Bridge at Catholic Church hall. Enquiries (Whatsapp) to Toni 0722465024.

**Wednesdays**  
**8 for 9am** Golf Day @ The Links. All members welcome.  
**5:15pm** Sedgefield Striders Walking / Running time trials on road adjacent to Bowls Club. Beginners welcome.

**Thursdays**  
**7:00am** Eden Cycling Club Group Social outride departs Cycle Worx. All welcome.  
**8 for 9am** Sedge Gentlemen's Golf @ The Links  
**12:30pm** Social Bridge School at St Anthony's Catholic Church hall All levels welcome. Lessons 12:30, Play from 13:45. Enquiries: Gail 0834577647.  
**13:15pm** Bowls. Tabs in

**Fridays**  
**8am** Ladies Golf @ Links Course

**Saturdays**  
**7am** Eden Cycling Club Group Social outride departs Cycle Worx. All welcome.  
**8am-12** Wild Oats Community Farmers' Market  
**8 for 9am** Saturday Competition Golf @ Links Course  
**8am-2pm** Mosaic Market  
**8am-2pm** Scarab Craft Market  
**13:15pm** Bowls. Tabs in.

**Sundays**  
**7am** Eden Cycling Club Group Social outride departs Cycle Worx. All welcome.

*Should your association, Charity or group have any forthcoming events please send us details so that we may publish them in our next issue!*

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PLEASE NOTE: If you would like to write a letter to the editor, it must be submitted with the author's full name, address and phone number. If a writer does not wish his or her name to appear in print, a 'pen name' (nom de plume) may be included.

Email letters to: editor@edgenews.co.za  
The editor has full discretion as to which letters are included or excluded and no argument, badgering, cajoling, bribery or heated conversation will be entered into. Opinions expressed in published letters and articles are not necessarily those of the management and staff of The EDGE Community Newspaper.

### Open letter Slow Town's creative community grows

The Sedgefield Creative Club have expressed grateful thanks to Candice Rowe and Gareth Rowe of the Sedgefield Defence Force for their contribution of art materials for the use of the artists in our group.

The Sedgefield Creative Club is a small self-funded creative community that meets once a month in Smutsville. Members have a range of creative interests – visual art, poetry, music, drama and comedy and are working together to build and support each other's creative efforts and spread important social and environmental messages using their art forms. The group is currently scripting a play about what it takes to look after children well as a parent or community member.

Members of the club are 15 and

## LETTERS TO THE EDGE



older, with the oldest member aged 78! They are also practising painting, planning an open-mike and karaoke night as a fundraiser in September, and designing proposed murals to liven up the prefabricated panels around the Smutsville Community Hall.

Two of the members, Whitney and Houghmordeen Jansen, known creatively as Whitney die Digter and Holmes, lost their

homes in the fire in Smutsville in the early hours of the morning on Monday 4 August, and the club hopes to be able to help them rebuild their creative capacities as they recover from this setback.

If anyone is interested in keeping track of our efforts or joining the group, please look for their Facebook page, email sedgecreativeclub@gmail.com or text 077 486 7814

## RECORD-BREAKING OYSTER FESTIVAL

**The 2025 Knysna Oyster Festival has wrapped up its most successful post-Covid celebration yet, drawing thousands to the Garden Route and generating an estimated R41 million in economic impact for the Greater Knysna area. Over 10 packed days from 4-13 July, more than 100 diverse events transformed the town into a hub of sport, lifestyle, food, family, and community spirit.**

According to NightsBridge data, the 2025 Festival saw a significant rise in visitor arrivals to the Greater Knysna region. The surge in tourism was driven by a jam-packed programme that offered something for everyone, from seasoned marathon runners and cyclists to oyster lovers, car enthusiasts, and young families.

Over 6,700 participants crossed the finish line in the iconic Knysna Forest Marathon and Half Marathon, while the popular Knysna Cycle Tour attracted 1,500 cyclists across five events. With many attendees accompanied by partners or family, estimates suggest more than 16,000 people actively engaged in the festival's offerings, contributing an average spend of R2,500 per day across the ten days. More than 32,000 oysters were devoured at 14 designated Oyster Hotspots. Culinary highlights included the Stella Artois Oyster Cooking & Shucking Championships, Honey-Inspired Evenings, Forest Feasts, the Dessert War Fair and Knysna Fine Wine Festival. The Eden Classic Car & Motorcycle Show and SANDF display offered vibrant, family-

friendly spectacle.

From puppet workshops to canoe polo, chess tournaments to 4x4 off-road adventures, the festival continued its proud tradition of being 'more than just oysters'.

Charity remained central to the festival's mission. A total of R597,400 was raised for local causes, with R407,500 generated by the Knysna Forest Marathon and Half Marathon alone. The 5 km for CANSA added both community spirit and critical support for cancer awareness initiatives.

Local businesses also felt the impact: the Festival Hub alone reported R741,592 in turnover—more than double its 2024 figure. The Neighbourhood Makers Tent brought in R160,092 in sales, highlighting the support for local artisans and entrepreneurs. The festival also drew massive media attention, with R5.9 million in print, broadcast and online media value and R14.2 million in social media reach and engagement.

Backed by R1.14 million in sponsorships, and championed by a dedicated community and team, the 2025 Knysna Oyster Festival proved once again why it remains one of South Africa's most beloved and enduring annual traditions. "The Knysna Oyster Festival continues to be a shining example of what's possible when a community comes together with purpose and pride," said Knysna Executive Mayor, Councillor Thando Matika. "Not

### WHERE IN THE WORLD IS YOUR EDGE ?

*Michael Simon  
catching up on local  
news while riding in a  
cable car in Denang  
Bana Hills Vietnam.*



## Johan Coetzee

23 September 1973 – 25 July 2025

Johan is at peace now and will be missed by all who knew him. In April he was diagnosed with stage 4 colon cancer which had already spread to his liver and kidneys when they did the surgery on the 14th of May.

He was my rock and hero and stayed strong till the end.  
*Geraldine*



### SEDGEMEER PARK HOME FOR THE AGED NOTICE OF ANNUAL GENERAL MEETING 2024

**Notice is hereby given that  
Sedgemoor Park's AGM will be held  
on Tuesday 9th September 2025  
at 2pm in the dining room.  
Minutes of the meeting will be made  
available to interested parties on request.**

## SEDGE'S "TORTOISE TAKEOVER" SLOW TOWN RACES FOR WORLD RECORD

Sedgefield, South Africa's celebrated "Slow Town," is preparing for an extraordinary community spectacle this December – the Tortoise Takeover. The town will attempt to break the Guinness World Record for the most people, in one place, dressed as tortoises.



The current record stands at around 1,300 participants, achieved in Teenage Mutant Ninja Turtle outfits. Sedgefield's bid will be different – realistic tortoise costumes that pay tribute to the area's natural heritage and its much-loved reptilian residents.

Organisers say the event will be a celebration of community pride, creativity, and fun, while also attracting visitors and boosting local spirit. Everyone is invited to take part – all you need is your shell and a smile. As the organisers put it: "Slow and steady... to world record glory!"

**From shell to shining shell – Sedgefield is calling on everyone to suit up for the Tortoise Takeover and help make history.**

## Brushstrokes

**The Sedgefield Art Society continues to flourish, bringing together art lovers and creators alike. Meetings are held at the Lions Clubhouse on the second Monday of every month at 2:00pm, and all are welcome to join.**

Currently, the Society has an inspiring exhibition at Remax, themed "Spring", showcasing fresh and vibrant works from

local artists. A special thank you goes to curator Nicholas Leonard, whose ongoing support and enthusiasm are deeply appreciated. In addition to Remax, the Society is delighted to announce a new exhibition space at Lake View Restaurant. This stunning venue now features a rotating collection of members' artwork – an ideal setting to enjoy fine food while appreciating local talent. As part of its commitment to the wider community, the Art Society will once again be

donating artworks to the upcoming Melodrama fundraiser. These pieces will be on display throughout the event and available for auction, so if you'd like to own a unique artwork while supporting a good cause, be sure to place your bid!

The Society is also thrilled to be participating in the Tortoise Takeover, an exciting local initiative that promises to be both fun and creatively rewarding. For more details, keep an eye on Facebook.

## MASITHANDANE BLESSED ON MANDELA DAY

by Moray Swanepoel

**Masithandane, who's mission is to "Serve the community where it is needed the most, especially those infected by or affected by HIV/AIDS and TB" was blessed to receive goods on Mandela Day.**

A big thank you goes out to Ronel, Leon and the staff from Baywater Village for the boxes

and boxes of towels which we distributed to HUG House and the Bergvlei and Karatara communities. Kirra Merlo and her Team from Daisy Solutions brought an abundant amount of hearty soup and bread which were shared with our Early Learning Centre children, the children from the Safe Park and patients in HUG house. Lovely soft blankets and beanies were also distributed to the ECD

children. Special thanks to Silvia Jubber from Pam Golding Sedgefield for the beautiful knitted and crocheted blankets for the patients at HUG House.

If you would like to know more about Masithandane and what we do, please feel free to contact Moray Swanepoel at our office on 044 343 2110 to take a look around.







CENTRAL R2,350,000 SEDGEFIELD RURAL R2,850,000 SEDGEFIELD RURAL R2,950,000 CENTRAL R3,250,000 WILDERNESS R14,000,000



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## PUBLICLY SPEAKING

**From Guesswork to Good Governance: Why Data Drives Better Service Delivery**

by Levael Davis

Imagine your municipality decides to build a new bypass road based on a political campaign promise, spending R50 million on infrastructure that mostly benefits a few neighbourhoods. Later, data reveals that resealing three key arterial roads used by thousands of commuters daily would have cost R20 million and served the community far better. This scenario plays out across South Africa daily when decisions are made without proper data, and the consequences ripple through communities.

Resources get misallocated, resulting in costly infrastructure being built where it's unnecessary, while true hotspots remain underserved. Residents

lose trust in the municipality's credibility when, due to a lack of data, promises are unfulfilled, targets are missed, and services don't materialise.

Limited budgets are stretched thin across ineffective projects instead of prioritising areas that could make the biggest impact. Consider water infrastructure decisions made without household consumption data, population growth trends, or infrastructure condition assessments. This can lead to burst pipes in neglected areas, while new developments receive unnecessary upgrades.

Municipalities face real challenges to becoming data-driven, with many struggling with outdated information systems that don't align with each other. Staff often lack training in data analysis, viewing numbers as bureaucratic exercises rather than decision-making tools.



Limited budgets often mean choosing between service delivery and investing in data infrastructure, which perpetuates the cycle of poor decisions. Geographic spread compounds these challenges, where rural municipalities particularly struggle to collect comprehensive data across vast areas with limited connectivity and resources. However, municipalities that embrace data-driven decision-making could see extraordinary results.

They can identify the service delivery gaps before they become critical, allocate resources optimally, and measure whether interventions work. Data helps municipalities understand their communities better by analysing payment and work time patterns, and they can adjust operating hours or mobile

service schedules. Traffic flow data helps prioritise road maintenance, while billing and consumption data identify areas for productive infrastructure investment. Additionally, data creates accountability because when decisions are based on evidence rather than politics, bias, or perception, officials can justify their choices to communities and track progress towards goals.

The path forward does not require expensive overhauls, but incremental changes through mapping existing data sources, training key staff in basic analysis, and establishing simple monitoring systems. Additionally, high staff turnover means institutional knowledge leaves the municipality, which often perpetuates the need for proper data analysis. South African municipalities are leveraging technology in various ways, such as using artificial intelligence alongside Geographic Information Systems (GIS), mobile data collection for targeted service delivery, and automated HR systems to enhance employment opportunities and maintain accurate records.

Viewing data as a service delivery tool rather than an administrative burden is crucial. In the season of rising expectations and shrinking budgets, municipalities cannot afford to make decisions based on guesswork. Data-driven governance is not about replacing human judgment but informing it with facts. Communities deserve

services planned around their actual needs, not assumptions about what those needs might be.

Municipalities must choose to either continue flying blind and hoping for the best or harness the power of data to deliver services that truly make a difference in people's lives.

**NEWCOMERS TO SEDGE? HAVE YOU GOT YOUR FREE COPY OF THE 2025 WHERE TO FIND IT IN SEDGEFIELD BUSINESS DIRECTORY?**

A FREE easy to use A-Z listing of all local businesses - from Plumbers to Paragliders, Hairdressers to Haberdashers, Take-aways to Tour Operators ... plus emergency numbers and a handy, fold out street map!

Copies available @ The EDGE offices (63 Main Road), Dolphin Stationers and all local coffee shops.

SCAN THE QR CODE FOR THE ONLINE VERSION

## RECONNECT TO LIFE WITH PERSONALISED HEARING CARE

Advertorial

**At Spec-Savers Audiology Sedgefield, we understand that hearing well is about more than volume – it's about clarity, confidence, and connection.**

I'm Chèzne Dowd, your local Audiologist. I take time to understand each person's hearing needs and suggest the best possible solution — whether it's your first time with hearing aids or if you're looking to upgrade. My goal is not just to improve your hearing, but to help you feel more confident, less tired, remain independent and more included in everyday life.

We offer comprehensive hearing tests, wax removal, hearing aid cleaning, free hearing screenings, and new hearing aids, with ongoing support and care for most major hearing aid brands. All our services are medical-aid claimable.

Our most popular option is our own house brand, the ClarityPro rechargeable hearing aid — with a great offer: buy one, get 50% off the second, PLUS 1 year's insurance. Prices start from R22,198.50 per set, and payment plans are available if needed.

For those with a smaller budget, we also offer a Woza-Woza deal

-R7,999 for two hearing aids including the test. This is a basic option using older technology but can still offer meaningful support for those who need it.

Here's what some of our patients have said:

"I'm hearing disabled since 2006 and have seen many audiologists. Most were average — until I stepped into the Sedgefield practice! What I expected to be a normal test became an emotional experience. Chèzne truly connects, listens, and explains everything with empathy and care. I left feeling understood and supported."

"Very professional, from telephone to personal communication. No rushed atmosphere, genuine care, and always on time. They even go above and beyond to help with medical aid. I rarely give 5/5, but this team truly deserves it!"

"Very happy with the service at Spec-Savers Sedgefield. Skilled, empathetic, and even made the experience enjoyable!"

If you're struggling to hear clearly, don't wait. Getting help early really makes a difference — and we're here to support you every step of the way.

**Spec-Savers Audiology Sedgefield 044 312 0975**

*Happy Women's Month!*

**Did you know?**

Women often develop age-related hearing loss later than men. But when it does happen, it commonly affects higher-frequency sounds - making speech harder to understand. Many women put off addressing hearing issues because they focus on others first. **Remember: caring for your hearing is essential - just like caring for the rest of yourself.**

**This Women's Month, prioritise you!**  
Book a comprehensive hearing assessment & take the first step toward reconnecting with your world.

**spec savers AUDIOLOGY**

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Shop Z1-02, Knysna Mall, 39/41 Main Street

**SEDGEFIELD 044 312 0975**  
Shop 3A, The Sedge Centre, corner Vink & Main Service Road

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# CLASSI-ADS

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NB. Classified adverts for the next issue need to be in by Monday 25th August 2025. Emailed classies will not be placed without payment

### 1. To Rent

**1 Bed Cottage, quaint, private, suit couple or single male.** R4000 pm (elec excl). Gas geyser. Long term. Preferably no pets. Deposit & 2 references required. Call 083 653 3177

### 4. Announcements

**ALCOHOLIC ANONYMOUS** Sedgefield Acorn Group. 079 323 2085 for details.

**BOOKS & COFFEE with homebaked treats.** We buy quality 2nd hand books. Free WiFi. Deo Gratia 082 9020 649

**Garden refuse removal...** your affordable solution in Sedge, Knysna Dial a Drum ... 082 808 5984

**FAMSA**  
Families South Africa  
Knysna & Plettenberg Bay 665-417-NPO

## We are HIRING!

**FAMSA** is looking for a motivated and dedicated **counsellor** for Plettenberg Bay and Knysna offices on a fixed contract.

#### Qualifications:

- **Registered** with HPCSA / SACSSP/ other relevant council
- Willing to work **3 of 5 days / week**
- Proficient in **Afrikaans**
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- **SAPS** clearance.

**Before 15 August**

Send you CV to:  
**dirknysna@famsa.org.za**

## COMPUTERS

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## Tortoise Car Hire

**044 343 2991**  
**082 874 6245**

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**Sedgefield Mosaic Tours**  
Masithandane hosts mosaic art tours on Tuesdays and Thursdays. You can hear the stories that inspired the pieces that make up a magical outdoor gallery alongside a water wonderland. Come meet the talented mosaic team, learn about the town's history, people and 'slow town' character. Call or WhatsApp Jacky 0824142133 to book your place.

**WANTED: Sedgefield Hospice Shoppe** need your second hand goods. Have a clean out and help others with your unwanted items! Please give them a call on 044 343 1722

**WINNER of Pedro's Nursery lucky draw No.4 - Dot.** Watch this space for our spring special mystery draw. Herbs & Plants 072 275 6894

### 6. Building & Related Services

**Architectural Draughting Services.** Phone Tracy 082 695 3119

**Bay Hill Frameless Glass & Aluminium.** Leading Frameless Glass Specialist operating from Stilbaai to Plett. 20 years experience. Precision work & professional service. info@bayhillsa.co.za

**BUILDERS... We source the best local products** at the cheapest possible price. CX Tippers & Diggers - your one stop aggregate supplier. Tel 044 382 1645

**Site Clearing, Excavation & Road Building.** Contact us today for a free quotation. **CXTIPPERS & DIGGERS** Tel 044 382 1645

**Tools, tiling, paint, varnish, electrical, plumbing, hardware** Sedge Hardware 343 1960

### 7. Businesses

**PASTEL SALES, setup and training.** Call C A Mather Accounting. 044 343 2202 or 083 779 7934

### 9. Clothing

**Embroidered burpers & face cloths** - handmade. Mariana 082 771 0694

### 10. Computers

**Computers Desktop, Laptop, Network & Internet support.** Call Ken Hampson 072 111 7791

### 12. Education & Tuition

**Jolly Juniors Registered Crèche and Aftercare** on the Island. Contact Anzelle @ 082 058 2988

**MUSIC LESSONS** Piano, music theory and clarinet. All ages from beginners to advanced. Please contact Ann Carroll on 083 275 7576, adrcarroll@gmail.com

**SINGING LESSONS** from classical to contemporary, and musical theatre. All welcome. Contact Lynne Brown. 083 660 4749

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email: cathy@camather.co.za  
address: 14 Swallow Drive, Sedgefield

### 13. Electrical

**HANDS ON ELECTRICAL** For service and repairs, installations, fridges, washing machines, dishwashers, microwaves, stoves, TV & audio. Quality workmanship. Reg on 083 297 1929

**HEUNIS Plumbing, Electrical and PV Solar.** All Maintenance & Construction Qualified in both trades COC Certificates. Call 082 972 3911 manie.heunis@gmail.com

### 15. Employment Wanted

**Eric for gardening work.** 076 805 4096

**Happy is looking for gardening work.** 069 194 6565

### Domestic

Patricia - 075 361 9626  
Rebecca - 063 332 4138

### Gardening

Alex - 083 691 4276 Refs  
Angoyi - 064 014 9070  
Karim - 083 774 0992 Refs  
Masiya - 061 060 0275  
Steve - 078 691 0580

### 18. For Sale

**Pine planks - untreated, rough off saw, all sizes.** Call 069 404 2039

**Retainer Lite Blocks** R35 each for natural grey and R37 each for colour. 068 600 6557

**Rust Stain Remover Fabric.** Various sizes available from Edge offices. Cash sales. Enq. Verity 076 619 3659

### 19. Home & Garden

**AQUAMAN POOL CARE Service** Maintenance. Pump Repairs. Call 044 343 3237 / 072 704 2872

**Garden Refuse Removal** for as little as R90 per month, 082 808 5984. www.dialadrumknysna.co.za

**KUBI HIRE - Digger Loader for Hire** Landscaping & hauling. Craig 073 726 4424

**OUTENIQUA ORCHID NURSERY** is open Wednesdays from 10-1pm. Blooming orchids and potting medium for sale. We repot your plants. Now at 34 Napier Street, Blanco, George. 044-870 8150

### 20. Health & Beauty

**Aloe Ferox Products** whole range in stock @ factory prices. The Aloe Lady : 071 362 0433 @ Wild Oats Market on Saturdays.

**Any problems with epilepsy or other disabilities?** EPILEPSY SA on 044 382 2155 or visit Off Rio Road, Knysna We can help!

**Sedgefield Pharmacy, Woodpecker Mall.** Tel 044 343 1628, Fax 343 1110. Mon-Fri 8am-6pm, Sat 8am-1pm, Sun & Pub Holidays 9:30am-12.

**Silver Scissors Unisex Hairstylists** - 21 Tiptol Street, Sedge. 072 205 7985

### 22. Home Improvements

#### DAN THE HANDYMAN

General Repairs & Maintenance, Tiling, Painting, Glazing, Carpentry, Plumbing, Roofing & Soak Ways. No job too small. 084 400 5437. Luke 072 022 5977

**JIMMY CATER** Quality painting and decorating. Free quotes. 082 773 9782

### 25. Motor Cars/Bikes

**Auto Mobile Diagnostics & Services** - We collect, service, deliver to you. Call Cecil 083 701 3655

### 27. Pets & Livestock

**All pet food or donations for Animal Welfare** 044 384 1603 to be dropped off at Simply Vets or Knysna Vet Clinic.

**Knysna Animal Welfare** office 044 384 1603, emergency 073 461 9825. (24hrs)

**Petsitting services offered by a caring, responsible and professional sitter.** Excellent references from happy clients available. Call/whatsapp Sue on 083 316 9991

### 28. Plumbing

**Heunis Plumbing & Electrical.** All Maintenance & Construction Qualified in both trades COC Certificates. **Solar Geysers.** Call 082 972 3911 manie.heunis@gmail.com

**Klaus Schulz Plumbing.** PIRB Registered. Does all work personally. Locals since 2006. 044 343 2114 / 073 345 6110

**Plumbing Hardware @ Sedge Hardware**

### 31. Security

**JVM AUTOMATION** - Alarm systems. Automated Garage Doors, Gates, Remotes & Batteries. Installations, replacements & repairs. Sedgefield based. Call Jaco Venter 072 083 1977

### 32. Services Offered

**COP- Community Orientated Policing.** Fighting Crime in Sedgefield. 074 506 7242

**Garden refuse removal** - bag/ drum/ bakkie ... Dial a Drum ... 082 808 5984

**Cindy's Cleaning Services** - Drop off Maids, Supervised Team Cleans, Holiday Homes. Competitive rates. Contact Casey on 066 068 5851 or email caseyleeowen393@gmail.com

**Karen's Holiday Home Management** while you are not at your holiday home, we will be! Regular monthly checks, reports on all aspects of your home Karefree Home Management. Call 072 586 1086.

**M J P HOME MAINTENANCE** - Roof cleaning, painting, deck maintenance, gutter cleaning, wall extensions, window sanding & repairs and fencing. Call Martin 071 558 8581

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A local family has started a BackaBuddy campaign after young father Brandon Sardini (28) was involved in a motorcycle accident that left him with a spinal injury, and his medical aid claim for a much needed op has been declined. Many will know this family man from his carwash business in Sedgfield, which he purchased in 2023.

Brandon had the accident on the 20 July but at the time did not think any serious damage had occurred. Two days later his backpain became so bad his family took him to the doctor for injections, and on the 24th he had to be rushed to the emergency rooms at George MediClinic as he couldn't even stand on his leg.

After X-rays and MRIs the neurosurgeon said Brandon needed to have spinal surgery. The operation was booked for the night of 25 July, but then the family received the news that

their medical aid had rejected the claim, so everything was put on hold.

"The doctor told us that it is an emergency but the provincial government hospital will only be able give Brandon an operation date far into the future and he can't wait that long if he wants to prevent further neurological issues in his leg," says his partner Maryke.

They saw the neuro surgeon again on Wednesday 6 August, and were showed slide by slide where the nerves are being penetrated by the injury.

According to the surgeon, the longer Brandon waits, the higher the risk that his neurological issues won't get better after the surgery. "Even now, everyday that goes by, his nerves are getting more and more damaged. He could lose complete function in his right leg," Maryke reports.

The family still needs R60 000 to reach the target based on the quotation provided by the



hospital. It was made clear to them that there will be additional post-op costs for rehabilitation through physiotherapists and chiropractors.

"We have been trying everything as a family to raise money, using up our savings and applying for loans, and now we have started the Backabuddy campaign," says Maryke, "If people go onto the [backabuddy.co.za](http://backabuddy.co.za) website and search for 'Urgent Back Surgery needed' they will find Brandon's story."

She says that meanwhile the carwash is still running, and the family is so grateful for the continuous support of regular customers.

**JW** JORDAAN  
VAN WYK INC.  
**Attorneys, Conveyancers  
& Deceased Estates**

**ESTATE NOTICE**  
**Estate no 013065/2024**

The **First and Final Liquidation  
and Distribution Accounts** in the  
Deceased Estate:

Surname: **Breytenbach**  
First names: **Jan Dirk**  
Identity No: **320714 5060 081**  
Last Address: **11 Kiewietjie Road,  
Sedgehill, Sedgfield 6573  
Western Cape.**

First names of Surviving Spouse:  
**Rosalind June**  
Surname of Surviving Spouse:  
**Breytenbach**  
Identity No: **370616 0077 185**

will be open for inspection at the  
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Knysna, for a period of **21 days**  
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Masters during this period,  
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JORDAAN, VAN WYK ATTORNEYS INC.  
65 MAIN ROAD, SEDGFIELD, 6573.  
Email: [estates@jvwlaw.co.za](mailto:estates@jvwlaw.co.za)  
Tel: 044 343 2126  
Agents: Jordaan

**JW** JORDAAN  
VAN WYK INC.  
Attorneys, Conveyancers  
& Deceased Estates

**ESTATE NOTICE**  
**Estate no 001688/2024**

**The First and Final Liquidation  
and Distribution Accounts in  
the Deceased Estate:**

**Surname: McGregor**  
**First names: Mary Elizabeth**  
**Identity No: 451212 0137 088**  
**Last Address: Berg-n-See  
Retirement Resort, 13 Main  
Road, Sedgfield 6573  
Western Cape.**

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Tel: 044 343 2126  
Executor: Anton Jordaan

**JW** JORDAAN  
VAN WYK INC.  
Attorneys, Conveyancers  
& Deceased Estates

**ESTATE NOTICE**  
**Estate no 016899/2023**

**The First and Final Liquidation  
and Distribution Accounts in the  
Deceased Estate:**

Surname: **Werner**  
First names: **Keith Murray**  
Identity No: **390912 5066 083**  
Last Address: **4 Robin Street,  
Sedgefield 6573 Western Cape.**

First names of Surviving Spouse:  
**Lorna Anne**  
Surname of Surviving Spouse:  
**Werner**  
Identity No: **420410 0052 087**

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Tel: 044 343 2126  
Executor: Anton Jordaan

**JW JORDAAN  
VAN WYK INC.**  
Attorneys, Conveyancers  
& Deceased Estates

**ESTATE NOTICE**  
**Estate no 020931/2023**

**The First and Final Liquidation  
and Distribution Accounts in  
the Deceased Estate:**

**Surname: Conradie**  
**First names: Jan Dirk**  
**Identity No: 380806 5036 080**  
**Last Address: Berg-n-See  
Retirement Resort and Care  
Centre, 13 Main Road,  
Sedgefield 6573 Western  
Cape.**

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office of the Master, Cape Town,  
and the Magistrate's Court  
Knysna, for a period of **21 days**  
from the date of the publication of  
this advertisement.

If no objection is lodged with the  
Masters during this period,  
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accordance with the accounts.

**JORDAAN, VAN WYK ATTORNEYS INC.**  
**65 MAIN ROAD, SEDGEFIELD, 6573.**  
Email: [estates@jvwlaw.co.za](mailto:estates@jvwlaw.co.za)  
Tel: 044 343 2126  
Executor: Anton Jordaan

**JW** JORDAAN  
VAN WYK INC.  
Attorneys, Conveyancers  
& Deceased Estates

**ESTATE NOTICE**  
**Estate no 006858/2023**

**The First and Final Liquidation  
and Distribution Accounts in  
the Deceased Estate:**

Surname: **Batson**  
First names: **Jennifer Mary**  
Identity No: **370201 0034 187**  
Last Address: **68 Charles te  
Water Street, Sedgfield 6573  
Western Cape.**

will be open for inspection at the  
office of the Master, Cape Town,  
and the Magistrate's Court  
Knysna, for a period of **21 days**  
from the date of the publication of  
this advertisement.

If no objection is lodged with the  
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65 MAIN ROAD, SEDGFIELD, 6573.  
Email: [estates@jvwlaw.co.za](mailto:estates@jvwlaw.co.za)  
Tel: 044 343 2126  
Executor: Anton Jordaan

## by Dennis Cook

The Eden Classic Car and Motorcycle Show, held at Scarab Village on July 6, was deemed a great success, particularly due to the high quality and variety of vehicles on display. The organisers who had been anxiously watching the weather for weeks were relieved that, although it was a blustery and cold day, the rain bypassed Sedgefield.

The owners of the beautiful and valuable cars and motorcycles took pride in displaying their prized possessions, and thanks to effective advertising, the public showed its support by pouring in from early morning.

It was the second year that the show had been held at Scarab Village, whose owner, Cliff Ellion, is a generous and committed supporter. Cliff organised a range of great food and beverage vendors who fed the crowds and kept them warm.

We were thrilled by the number of owners who attended our show, bringing a fantastic selection of cars and motorcycles, many of whom travelled long distances to get there. Quite a number of them stayed over in Sedgfield for two or more nights. Some came from as far as Cape Town, Gqeberha (PE) and Jeffreys Bay, with enthusiasts from the wider Garden Route swelling the numbers. It should be noted that these enthusiasts invest a significant amount of money to attend and support the show.

The Eden Classic Car Group organises the Eden Classic Car and Motorcycle Show to raise money for charity while hosting a fun and interesting event. Although many members worked on the actual day, a small team of just four worked for five months to put on the show. Had it not been for the generosity of sponsors,



including Sanlam Private Wealth, Pezula Nature Retreat and Puma Insurance Brokers, the show could not have been held. The people of Sedgfield played their part with their support.

A useful amount of money was raised, and R40,000 was donated to Masithandane to help with their fundraiser for a new vehicle; R10,000 went to the NPO "Cherished" to upgrade laptop computers donated by a local company, so that they can establish a computer laboratory at Smutsville School. Finally, Hospice, which does some truly wonderful work in the community, received R10,000.

The benefits of the show spread to wider Sedgfield, with accommodation establishments being booked and local restaurants and shops seeing a surge in business over the weekend. Hopefully, these visitors will soon return to explore Sedgfield further.

The show will return to Scarab Village next year - bigger and better.

# A VALID WILL

A will is a legal document in which a person sets out how their assets should be distributed after their death.

If a person dies without a valid will, their estate is distributed according to the rules of intestate succession, which may not reflect the deceased persons wishes.

Let **KAPLAN BLUMBERG ATTORNEYS** guide you through the Estate Planning process.

A valid will must meet certain requirements under the Wills Act 7 of 1953.



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# THE EDGE ON HEALTH

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to keep up to date with our latest specials.

## Prioritising Women's Health this August

In South Africa, August is Women's Month, with National Women's Day celebrated on 9 August. It's a time to honour the generations of women whose courage and resilience have paved the way for progress in gender equality and empowerment.

Beyond the celebrations, Women's Month is also a powerful reminder for women to focus on their own health and well-being—something that often takes a back seat while caring for others.

**Why Women's Health Matters**  
Women play an essential role in families and communities, yet many neglect their own health due to busy schedules and daily

responsibilities. Taking care of yourself isn't selfish—it's necessary. Making small, intentional choices can significantly improve your health and quality of life at any age.

### Key Health Tips for Women

#### • Stay Active

Aim for 30–60 minutes of moderate exercise at least 3–5 times a week. Physical activity boosts energy, improves sleep, helps manage weight, and lowers the risk of heart disease, diabetes, and dementia.

#### • Get Enough Sleep

Quality sleep is vital for mental clarity, hormone balance, and overall health. Make sleep a non-negotiable part of your routine.

#### • Eat Well

A diet rich in fruits, vegetables, whole grains, and lean proteins protects against chronic

illnesses. Women also need calcium and vitamin D to keep bones strong and prevent osteoporosis. And don't forget to stay hydrated—your body needs water to function properly, especially for energy and digestion.

#### • Routine Health Screenings

Regular checkups can catch health issues early. Important tests include:

• **Mammograms** – for breast cancer

• **Pap smears** – for cervical cancer and reproductive health

• **Bone density scans** – for osteoporosis

• **Cholesterol and blood pressure checks** – for heart health

• **Diabetes screening** • **STI testing** – early detection helps prevent serious complications like infertility or pelvic inflammatory disease

#### • Protect Your Mental

### Health

Conditions like anxiety, depression, and eating disorders are more common in women. Prioritise mental well-being through self-care, mindfulness, and reaching out for support when needed. Seeking help is a sign of strength—not weakness.

### A Healthier Future Starts with Women

Women are the heart of families, communities, and society. When women thrive, everyone benefits. Investing in women's physical, mental, and emotional well-being leads to stronger, healthier, and more empowered communities.

This Women's Month, let's encourage every woman to put her health first—because you can't pour from an empty cup.

**Sources:** RSA Government Gazette, World Health Organisation, Women's Health

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## Part 10: The many known and unknown symptoms of menopause

by Prof Stan Brighton

Over 35 symptoms can be experienced by a woman through her menopause including the well-known ones hot flushes, brain fog, sleep disturbances, anxiety and depression.

Muscle and joint symptoms are less recognised and can be silent, devastating and permanent if not correctly treated.

The perimenopause is that transitional period leading up to menopause when many women may notice changes in their monthly cycle, flushes or other symptoms. This usually starts around the age of 48 with full menopause a few years later. Many women are not aware that during this perimenopause period up to 10% of bone mineral density can be lost and about 1% reduction in muscle mass, which is often replaced with fat (often called middle-age spread).

These muscle and joint symptoms known as the musculoskeletal syndrome will be experienced by at least 70% of women of which over 25% will have severe symptoms.

Symptoms include musculoskeletal pain, joint pain, loss of lean muscle, loss of bone density with osteoporosis and fractures, increased tendon and ligament injury, increase in sports injuries with slow healing and changes in the cartilage of joints with osteoarthritis.

Oestrogen is not an anti-inflammatory but instead regulates the amount of inflammation in the body and reduced oestrogen levels explain the many pains and symptoms seen with the menopause.

Many women will notice the last joints of the fingers (next to the nail) becoming painful and very thickened. This is all due to the loss of oestrogen with the menopause.

Even mild degenerative changes in the knees, neck and low back become increasingly painful with the loss of the protective effect of oestrogen.

Genitourinary syndrome of menopause consisting of vaginal dryness, burning and irritation discomfort or pain as well as urinary symptoms including recurrent urinary tract infection due to the deficiency of oestrogen.

The importance of prevention and active treatment in postmenopausal women must be stressed. Although oestrogen deficiency explains many of the

symptoms described it is imperative that all menopausal women regularly see their medical practitioner or specialist for a reassessment as more serious causes of some of these symptoms might have been missed or have since developed.

Various treatment options will be covered in part 11 of this series which will appear in THE EDGE.

Email  
stanbrighton1@gmail.com  
Cellphone 083 457 4246

4 2 8 1 9

1 9 4 2

3 8 5 9 7

5 6 1 4 8

8 3 7 1 5 6 8 1 3 2 1 7

2 6 5 3

1. Each Samurai Sudoku puzzle consists of 5 overlapping "classic" 9x9 Sudoku sub-puzzles.

**SAMURAI**

3 9 8 6 2 7 3

6 2 7 3 6 2

7 4 6 2

8 4 3 1 4

1 7

2. Each 9x9 sub-puzzle must be solved according to the rules of Sudoku.

**SUDOKU**

6 4 8 1 6 2 1

2 6 3 9 4 7

4 9 5

7 2 3 4

5 8 6 7 5 3 6 2

3 2 9 7 1

ALCOHOLICS ANONYMOUS

Face-to-face Meeting

Monday 7.00 pm

Catholic Church, Sedgefield

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# CHURCH SERVICES

Afrikaanse Protestantse Kerk  
Cearn Saal, Leisure Isle, Knysna  
10am Service  
Christo Matthee 083 769 9313

AGS Lighuis  
Kontak : Kerkkantoor 044 382 6551  
Sekretaresse 072 189 0215

Anglican Chapelry of St. Aidan's,  
Wilderness  
Peter Mundell 060 985 9113  
or Paul McMillan 083 273 2601

Church of Christ  
Lynn van der Walt.  
Tel: 076 068 2900

Church of the Resurrection  
Service 9.30am  
Petronella Buis 084 252 1698

Church Without Walls (WOW)  
Red Shed, Scarab Market  
Sunday 9.30am  
Schalk van As - 082 413 8363  
(Please bring a chair)

Deo Gloria  
Past Danie & Karin de Bruyn  
044 343 1301 or 084 714 7023

Elohim gemeente  
Kerkkantoor: 082 896 6387  
Pastoor: Hansie Strydom

Evangelisch-Lutherische  
Gemeinde SüdKap  
Southern Cape Evangelical  
Lutheran Congregation  
Rondevillehoogte  
Peter Lor 076 649 3050

Knysna Presbyterian Church  
Office 044 382 7722  
Rev Tim Hawkridge  
083 324 3562

Lakeside Baptist Church  
3 Duiwe Laan  
Pastor J D - 066 160 7029  
Sunday 9am

Ned. Herv. Kerk Outeniqua  
Telefoon: 044 - 8712125

THESE ARE THE CHURCH  
DETAILS WE HAVE ON FILE.  
PLEASE SEND UPDATED  
DETAILS. THERE IS LIMITED  
SPACE SO PLEASE ONLY LIST  
THE TIME AND CONTACT No.

New Apostolic Church  
Enq: Anthony Davis - 083 641 5027

NG Kerk  
Sedgefield: 08.45am  
Karatara: 10.30am  
Ds. Marius Coetzee 079 873 3832  
Kerkkantoor (044) 343 2033

NG Kerk Die Vleie, Hoekwil  
Ds. Dawie le Roux 084 532 9958  
Kantoor : 078 965 3651

Pinkster Protestantse Kerk  
Ouderling Jakobus Grootboom  
078 158 2042  
Chris Solomons 071 617 5630

Sedgefield Christian Church  
Sunday services @ 09h00  
Kairos Jnr & Snr Youth SAT 6pm-8pm  
Pastor Juan & Tammy Pienaar  
081 749 2534  
info@sedgefieldchurch.co.za

Sedgefield Seventh-day  
Adventist Church  
Ph 081 270 7212

St Anthony's Catholic Church  
Cnr Sysie / Flamingo Streets  
Find us on FB Debbie - 083 242 2808

St Francis United Church  
Sunday - 9:30 - Family Service  
Teen Church & Junior Church  
Every 4th Sunday -  
09h30 - Communion Service  
Cnr Swallow Drive / Pelican Lane  
All welcome! 044 343 1702

Suid-Kaap Christen Familie  
Pastor: Leon & Elmarie Terblanche  
081 271 1551.  
Assist Pastor: André & Soné Rossouw  
072 341 7099

Wilderness Christian Fellowship  
Pastor: Steve Grewar  
044 877 0307 or 083 594 7505

# EAGLE STARS TEAM LOSE NAIL BITER AT HOME

by JP Jordaan

The PnP Sedgefield Eagle Stars  
came up short this past  
weekend against the Silver  
Stars from Rosemore.

The C-team lost their match 35-  
20. Tries were scored by Jesuwn  
Lottering and Ruaan Levack. Carl  
Dirk scored both conversions,  
whilst Rayden Damons slotted  
two penalty kicks. The B-team  
put on a clinical match and won  
24-21 thanks to a last minute  
penalty kick slotted over by

Chesco Julies. Eric Jooste scored  
two tries and Charlton Mentoor  
also crossed the whitewash line.  
Julies had his kicking boots on  
and slotted all three conversions.  
The A-team found themselves  
chasing the game early on and  
just could not seem to convert  
pressure into points. They ended  
up losing the match 28-18;  
however it was a spirited  
performance from the local  
players. The next match takes  
place on 23 August against  
Riversdal Rugby Club at  
Sedgefield's Grassy Park.



PNP Sedgefield Eagle Stars making a break for the line

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Coach - Martin 071 558 8581

Coaching at all levels

Private coaching

24 hour notice for bookings

Balls will be supplied

Bring your own equipment

Fees: R50 court visitor fees

Coaching R150 per hour

Come and enjoy some tennis,  
improve your game and make friends

# Sedgefield Gents' Golf

Golf Club Report

Thursday, 31 July

In announcing the day's  
competition Captain Brian  
Gerard welcomed all who had  
braved the inclement weather.  
When asked by clubmates why he  
appeared to be in a bad mood, he  
explained that while he was  
recently visiting an Antique  
auction there had been three bids  
to purchase him.

To play in the British Open one  
must be prepared to play in  
weather that represents all four  
seasons in one day. The Golf Club  
members who participated in this  
Month's Monthly Mug not only  
expressed their desire to play in  
this their favourite competition  
but also to make it clear that their  
ultimate goal was the Open. In  
turn, the B division players made  
it clear that they only wanted to  
get out of the awful weather and  
into their beds as not one of them  
finished the 18 holes.

The golfers who made their  
ultimate intentions clear were the  
following. Firstly, with a great  
score and playing Medal, was Des  
Fenner with a net 54 points,

# The Wine Ghost

The Wine Ghost tasted –  
Durbanville Hills Merlot Rosé  
2024

The front label has attractive  
gold and black lettering. The  
back label offers a short  
description of the wine,  
atmospheric conditions  
surrounding the winery, as well  
as some tasting notes.  
Abv.13,5%

The rosé has a light, crisp,  
salmon colour with very few  
legs. Rose petals, raspberries,  
a dusty Karoo road and old  
fashioned lucky star toffee  
aromas were experienced on the  
nose.

It is a well balanced wine with  
flavours of rose petals and  
raspberries, carrying through  
onto the palate.

The wine has a medium long  
mouth, with the lingering taste of  
the toffees and dust.

It is dry and a good companion

# ORLANDO PIRATES EXPERIENCE

Jomo Phike Managing  
Director of Sedge United FC,  
gave some young soccer  
players a once in a life-time  
opportunity late last month,  
when he managed to organise  
them a match against Orlando  
Pirates!

Taking a chance, he wrote to  
Orlando Pirates legend Eugene  
Zwane asked him to arrange a  
friendly game against Orlando  
Pirates DDC team, and was  
delighted when he received a  
reply offering a game on 2  
August.

In preparation for the game he  
chose players from various teams  
in the Knysna league and training  
for the game commenced in  
earnest!

On Thursday 31 July the excited  
lads departed for Johannesburg.  
The game was scheduled for  
09:00 as the Orlando Pirates  
senior team was due to play  
MNT8 against Polokwana City  
at 15:00 on the same day.

“As soon as the game started the  
Orlando Pirates came at us with  
full force, showing us the slick

team that they are,” said Jomo,  
“In the first 15 minutes our boys  
were really struggling and I  
could see that they quickly  
developed a healthy respect for  
the Pirates' big name.”

“Our goalkeeper Siphiwo  
Modiya did exceptionally well,  
though, standing firm against the  
Orlando Pirates.”

At half time Jomo's team were  
trailing 2-0, not a bad score,  
considering who they were  
playing. “In the second half they  
came on even stronger,” says  
Jomo, “Our boys settled well  
into the game and tried their best,  
but the Pirates managed to score  
a further three goals, making the  
final score 5-0.”

On Sunday they played a  
friendly game against a local  
team, drawing 1-1 after a Two  
For Joy player Ayanda Mbem  
found the net in second half.

The team management offers  
thanks to Knysna Municipality  
and the many individuals who  
made this wonderful experience  
possible for the young players.



followed closely by Neville Large  
with 55. Neville has been away  
for a few weeks so it was great to  
see that he hasn't lost his form. In  
third spot was a sodden Dave  
Herbst with 57 and in fourth was  
Brian Craddock with 58. All these  
players won fantastic prizes  
sponsored by Pick n Pay and  
Engen. In the B division - just  
because they had the courage to  
get out of bed but not to play golf -  
the following were each given a  
bottle of wine - Len, Rudy, Niel  
and Tony.

The “Duck” for the longest day  
went to Peter Schnetler who,  
when collecting his prize, had the  
demeanor of one who while  
picking daisies on the railway,  
had just been caught by the down  
express in the small of the back.  
His greatest achievement was  
finishing the game and he justifies  
the ultimate praise for that.

Thursday, 7 August

Golf is often described as a lovely  
walk spoilt. This was certainly

not the case for the following  
players in the day's I.P.S  
competition. Neville Large and  
Malcolm Goldhill are widely  
regarded as the G.C. Club's best  
players but as they were away on  
the day there were a few players  
vying for that coveted position.  
Firstly, there was Des Fenner who  
for the second week in a row won  
first prize with a great 38 points.  
He certainly is beginning to show  
his teeth (that should read  
“mettle” because he actually now  
has a set of false teeth). Brian  
Craddock was also on the podium  
for the second week running with  
a total of 33 and he was followed  
by Dave Malyon after a count out  
with Len Moults, both on 32. Bill  
Craig followed with 29, though it  
must be said that his greatest  
achievement was surviving a  
drive from the player behind him,  
who will remain anonymous. The  
ball narrowly missed his head and  
only glanced off his shoulder. He  
has laid an attempted murder  
charge against said nameless  
player.

There was great excitement when  
the Captain, Brian Gerard,  
announced that the following  
week's play would be combined  
Medal, the Captain to pair the  
players and each player to play his  
partner's drive.

# SOCIAL BRIDGE CLUB

Thurs 3rd July  
1st Carol & Gail P 62.5%  
2nd Willem & Clive 53.1%  
3rd Gail F & Reinet  
and Diana & Maryke 46.8%

Thurs 10th July  
1st Willem & Clive 65.2%  
2nd Mary & Ann 56.9%  
3rd Terry & Maryke 50.0%

Thurs 17th July  
1st Thinus & Johann 53.7%  
2nd Terry & Gail P 52.5%  
3rd Brian & Clive 51.25%



for chicken dishes and tuna  
salad, in the price range R80 –  
R100.

In Vino Veritas till next time.

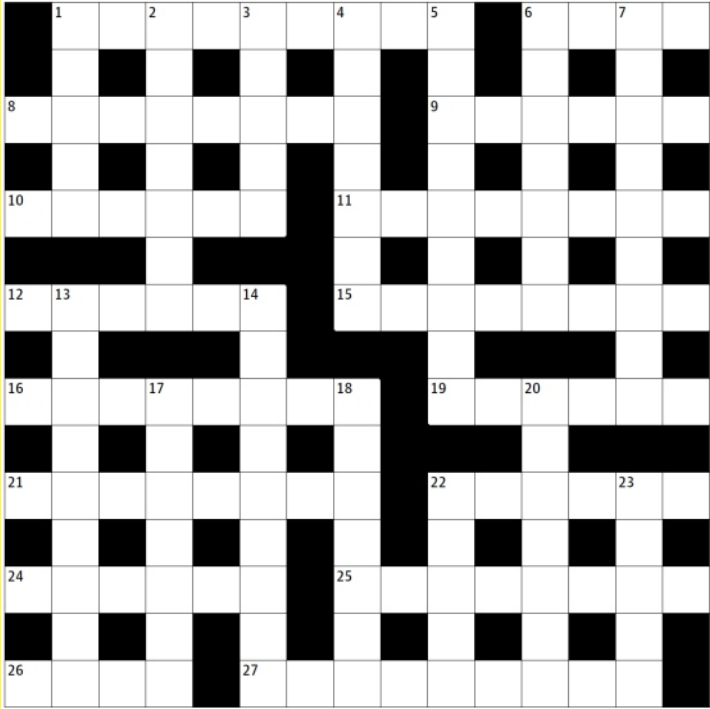
# TED'S BRAIN GRUNCHER

Across.

1. Futuristic idea of how  
to rip the cop off. (9)  
6,24. Perhaps drunk,  
dehydrated and without  
hope of finding another  
tipple. (4,3,3)  
8. Roast the officer  
without commission for  
his Spanish antics. (8)  
9. About the 'Aye' that  
one says as the propellor  
takes in a bit of a lucky  
turn. (6)  
10. Look that's bad for the  
eye infection. (6)  
11. Wanting to date,  
regularly? Then don't  
weave! (2,6)  
12. Uplifted when the  
opera is edited right  
down. (6)  
15. A little jumper for the  
social climber? (4,4)  
16. North African Muslim  
who's desperate to return  
to his car sales position.  
(8)  
19. Creative feedback caused  
actress Thurman serious  
distress. (6)  
21. The correct answer is ... (8)  
22. Drop off points perhaps  
belonging to singer Richard. (6)  
24. (see 6)  
25. Ambulance extended initial  
limit on oxygen provision? (8)  
26. Could one we gathered was  
stripped off be a real part of this  
species? (4)  
27. The record holder for  
dystopian art sir, is half German.  
(9)

Down

1. One who might have to bear  
extreme weather. (5)  
2. Somewhere lurking in the  
cosmos is diffusion! (7)  
3. England's original eighth man



- certainly turned heads! (5)  
4. Perhaps before taking part,  
Seth ought to have done this. (7)  
5. What some of us smilers see in  
a bird's eye view of the mirror?  
(5-4)  
6,22. Precariously unsteady  
home bought with numerous  
credit transactions. (5,2,5)  
7. Look after the place where the  
watches are kept. (9)  
13. Odd how he's no bald man,  
now that he's had a rinse. (3-6)

14. She's so negative -  
especially about insect spray! (9)  
17. Stranger found in the badly  
wired casualty. (7)  
18. Rise in flying insect total  
perhaps caused by the horse. (7)  
20. Sounds like a fellow should  
be amongst the celebrities? (1-6)  
23. Lori half-dressed in fur  
might get a raise for work in the  
kitchen. (5)

Across: 1. Lingo 10. On the move 11. Catatonic 12. Coded  
13. Concave 15. Shown up 17. Octet 18. Mob 20. Horde  
22. Deserts 25. Wise ass 26. Flash 27. Nuremberg 30.  
Novocaine 31. Not on Down: 1. Bloc 2. Instinct 3. Host  
4. Hornbeam 5. Stacks 6. Bed clothes 7. Golden 8. Herd  
13. Crowd 14. After shock 16. Press 19. Bewarned 21.  
Reagents 23. Starve 24. Sunlit 26. Fund 28. Mine 29. Gang



# THE SPORTS EDGE

## GEORGE LAKES YACHT CLUB NEW SAILING SEASON

The George Lakes Yacht Club is gearing up to kick off the new sailing season with its highly anticipated Frostbite Series on 24 August. Sailors will be competing for two prestigious accolades: the Brass Monkey and Coconut Trophies.

This series marks the official start of a fresh season and promises to be an exciting competition for both seasoned skippers and new members.

The club is thrilled to welcome a number of new faces who will be beginning their sailing journeys and competing in their first series with the club.

The George Lakes Yacht Club is a welcoming and active community, and the Frostbite Series is the perfect opportunity for both new and returning sailors to test their skills on the water and enjoy the camaraderie of the club.

All members of the community are invited to come out and support the sailors as they embark on a new season of adventure and competition.



### Off the Mat

#### Sedge Bowling Club News



We are proud to announce that Charles Fontini has been elected as President of the Western Cape Provincial Bowls Association and Renata Raath as Secretary. Wishing you both a successful term.



Our annual ladies day sponsored by Engen/Wimpy and Pick n Pay Sedgefield takes place on 27 August. We will be hosting teams from all around the district.

#### Eden News

Congratulations (again!) to Charles Fontini along with Robin Gibbs and Chris Baker for winning gold in the Eden trips. You guys played magnificent bowls and really earned that gold!

And well done to Wilize Botha who achieved fourth place in the Eden Junior Singles played over the weekend. You were so close, keep up the good work.

That's a wrap and see y'all "on the mat"



### LADIES' GOLF

#### Club Report

##### Friday, 25th July

It was that special Friday of the month when the ladies of Sedge Links proudly pulled on their red Pick n Pay/Wimpy shirts for the much-anticipated Medal and Putt divisional game. Fifteen enthusiastic players were ready to vie for the coveted Gold, Silver, and Bronze trophies.

With the wind already picking up, there was no time to waste — a quick stretch on the deck and we were off to the tee boxes, bracing ourselves for what promised to be a blustery round of golf ahead! The day made special with sponsored vouchers from Engen Plus-1 Sedgefield.

#### Results for the day

##### Gold Division winner:

Daleen Schooling (nett 55)

**Runner-up:** Marina van der Westhuizen (nett 63)

**Silver Division winner:** Elize Mackenzie-Blom (nett 58)

**Runner-up:** Michelle J Gilchrist (nett 61)

**Bronze Division winner:** Joy Herbst (nett 54)

**Runner-up:** Barbara Renfield (nett 55)

**Least Putts winner:** Barbara Renfield (26)

**Runner-up:** Brenda Howden (29) in a count-out with Joy and Daleen

**Birdies:** Michelle J Gilchrist (2) Almarie Mead (11) Elize Mackenzie-Blom, Eleanor Sparks

Congratulations to all winners and well played! Thank you to Pick n Pay Family Store Sedgefield and Engen 1-Plus Sedgefield for sponsoring the Sedge Links Ladies division.



##### Friday, 1st August

Thirteen brave ladies gathered on this chilly, windswept morning to kick off the first day of August with a fun game of 6 Secret in Holes. The brisk wind called for a quick warm-up—but it ended even quicker when Ronnie, in a moment of enthusiastic stretching, took an unexpected tumble on the deck! Thankfully, no injuries were reported, just a few giggles and some light teasing. With spirits high, we swiftly chose our teams and made our way onto the course.

#### Winners

(with lots of count-outs)

1st place: Joy Herbst (12)

2nd : Sylvia de Moor (12)

3rd : Claire Theunissen (12)

4th : Marina van der Westhuizen (12)

5th : Linda Evans (12)

#### Nearest the pin:

16+ handicaps : Sylvia de Moor

#### Birdies:

Linda Evans (2 and 11)

Shannon Nicol (15)

Elize Mackenzie-Blom (17)

Daleen Schooling

Marina van der Westhuizen (13)

Barbara Renfield (7)

Joy Herbst played 4 under her handicap.

Well done to all winners and players.

NEXT EDGE: Wednesday 27 August 2025 - Issue 722

### PLEASE NOTE OUR DEADLINES

(Careful, they tend to fly by VERY quickly)

**Display Ads:** Email editor@edgenews.co.za by 7 August 2025  
**Classifieds:** (Stuff for sale, jobs, get-rich-quick schemes, secret treasure hints) Email accounts@edgenews.co.za by Monday 21 August 2025

**KINDLY NOTE:** Due to the epic craziness of life as we currently know it, our EDGE office may not always be open.  
Please call 072 516 4701

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Sedgefield Striders TIME TRIAL Wednesdays @ 5.30pm on Wally van der Walt Street adjacent to Sedgefield Bowls Club Beginner runners/walkers welcome.

PLEASE SEND YOUR SPORTING RESULTS OR ACHIEVEMENTS TO editor@edgenews.co.za.  
Please keep sporting editorial brief in order to enable us to include everyone.

### TIDE TABLE

13 Aug - 26 Aug 2025

● Full Moon 7 September 2025

Wed Aug 13 2025

low tide 11:56  
high tides 05:59 18:25  
sunrise 07:10 sunset 17:58  
moonrise 22:38 moonset 09:24

Thu Aug 14 2025

low tides 00:34 12:30  
high tides 06:37 19:06  
sunrise 07:09 sunset 17:59  
moonrise 23:48 moonset 09:54

Fri Aug 15 2025

low tides 01:17 13:09  
high tides 07:20 19:54  
sunrise 07:08 sunset 17:59  
moonrise - moonset 10:28

Sat Aug 16 2025

low tides 02:07 13:59  
high tides 08:12 20:58  
sunrise 07:07 sunset 18:00  
moonrise 01:00 moonset 11:08

Sun Aug 17 2025

low tides 03:19 15:39  
high tides 09:34 22:39  
sunrise 07:06 sunset 18:01  
moonrise 02:12 moonset 11:55

Mon Aug 18 2025

low tides 05:39 18:34  
high tide 12:06  
sunrise 07:05 sunset 18:01  
moonrise 03:21 moonset 12:52

Tue Aug 19 2025

low tides 07:15 19:43  
high tides 00:31 13:29  
sunrise 07:03 sunset 18:02  
moonrise 04:23 moonset 13:56

Wed Aug 20 2025

low tides 08:07 20:29  
high tides 01:41 14:17  
sunrise 07:02 sunset 18:03  
moonrise 05:17 moonset 15:04

Thu Aug 21 2025

low tides 08:45 21:06  
high tides 02:30 14:55  
sunrise 07:01 sunset 18:03  
moonrise 06:01 moonset 16:13

Fri Aug 22 2025

low tides 09:17 21:38  
high tides 03:09 15:29  
sunrise 07:00 sunset 18:04  
moonrise 06:38 moonset 17:20

Sat Aug 23 2025

low tides 09:47 22:08  
high tides 03:44 16:00  
sunrise 06:59 sunset 18:05  
moonrise 07:09 moonset 18:23

Sun Aug 24 2025

low tides 10:13 22:37  
high tides 04:15 16:30  
sunrise 06:57 sunset 18:05  
moonrise 07:36 moonset 19:24

Mon Aug 25 2025

low tides 10:39 23:04  
high tides 04:44 16:58  
sunrise 06:56 sunset 18:06  
moonrise 08:01 moonset 20:22

Tue Aug 26 2025

low tides 11:03 23:31  
high tides 05:12 17:25  
sunrise 06:55 sunset 18:07  
moonrise 08:24 moonset 21:20



### Friday, 8 August Pretty in Pink

Fifteen fabulous women gathered on the deck today, dressed head-to-toe (or mostly) in pink to celebrate Women's Day on 9 August. Our Captain, as always in high spirits, kicked things off with a lively mini history lesson on the origins of Women's Day, followed by an update from the club's recent committee meeting. A quick round of stretches had us limbered up and ready to take on the course. We also welcomed Esme Steinmann who joined the ladies for the first time today. This week's format was a 3-ball Team Alliance, with the two best scores counting. But that wasn't all — to add extra fun to the day, each of us was armed with a golf bingo card to tick off as we achieved each quirky task.

After the final putts were sunk, we were treated — courtesy of the ladies' kitty — to a scoop of delicious, freshly-made ice cream from Swirlz at the Mosaic Market. The perfect sweet ending to a wonderful day of golf, and celebrating the spirit of Women's Day and a Birdie treat for reaching the next 25 birdies.

#### Results

1st Place Team: Elize Mackenzie-Blom, Claire Theunissen, Christine Coetzee (81 points)

2nd Place Team: Daleen Schooling, Brenda Howden, Linda Evans (79 points)

3rd Place Team: Shannon Nicol, Esme Steinmann, Joy Herbst (77 Points)

Daleen played 4 under her handicap!

#### Birdies

Claire Theunissen (14)

Daleen Schooling (14)

Shannon Nicol (5)

Joy Herbst (1)

Almarie Mead (4)

Marina van der Westhuizen (5,10)

**Nearest the pin 17 and above**

Almarie Mead

**Longest drive 0-16 Handicaps**

— Brenda Howden

**Longest drive 17 & above** —

Claire Theunissen

**Lucky draw Bingo Winner** —

Marina van der Westhuizen

Well played to all.

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