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MAYOR'S MOVE MAKES FOR (EVEN MORE) MAYHEM

As if there wasn't chaos before, Knysna's leadership crisis and indeed political landscape have been thrown further into the quagmire of uncertainty after Executive Mayor Thando Matika 'jumped ship' from the ANC to the South African Communist Party (SACP).

Whilst no official announcement was made by the Mayor, the ANC has confirmed that Matika was listed as a South African Communist Party (SACP) candidate for the upcoming local government elections, and that they (the ANC) have formally notified the municipality that he is no longer a member of the party.

The development will undoubtedly have immediate consequences for Matika's position as both a councillor and Executive Mayor, and throw the sitting council into more disarray less than seven weeks before voters go to the polls on 4 November.

The Electoral Commission of South Africa's (IEC) final candidate information, published on 16 September, lists Matika as the SACP's first proportional-representation candidate in Knysna, and according to recent media reports, Matika had already written to the ANC on 7 September to decline nomination as an ANC candidate, requesting his name to be removed from all ANC candidate lists.

Matika was elected Executive Mayor in February 2025, following the



removal of former Mayor and Ward 8 Councillor, the late Aubrey Tsengwa.

The ANC has reportedly written to the municipality requesting that Matika be removed from office and that the vacancy be reported to the IEC.

This notification is at the centre of a legal dispute over when the Mayor (and one other defecting councillor) should actually cease to hold office. In a letter dated 21 September, DA caucus chairperson Cllr Jason White urged Acting Municipal Manager Boy Ngubo to confirm when the ANC's notification was received and whether the IEC had been informed.

The DA letter contends that, if the ANC's notification is valid, Matika has simultaneously ceased to be Executive Mayor. It refers to section 59(c) of the Act and says the mayoral committee consequently dissolves under section 60(5). White has asked that Matika and the

other defecting councillor (Ward 7 Councillor Mboneli Khumelwana) immediately stop exercising councillor or mayoral functions and not participate in, or be counted for, council and committee proceedings.

The dispute adds another layer to a municipality already marked by political instability. Parties have repeatedly clashed over executive authority and administrative appointments, whilst the last four meetings

have been disrupted by boycotts.

Council Speaker Mark Willemse (KIM) confirmed that councillors from the ANC, PBI, EFF and PA had not attended the affected Council meetings at which an item relating to the legal tenure of the current Acting Municipal Manager Ngubo was to be debated.

"The failure of the affected meetings to proceed meant that important business of Council could not be concluded. It also resulted in costs being incurred for meetings that could not fulfil their intended purpose, which raises concerns regarding fruitless and wasteful expenditure. Ultimately, it is the residents of Greater Knysna who bear the consequences when Council is unable to conduct its business effectively," he said.

The matter has been reported to the MEC for Local Government in the Western Cape, and Willemse says the municipality is awaiting his determination. .

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Today, the heartiest of birthday congratulations and best wishes must surely go to Masithandane, the NPO that has for two decades had such a huge impact on Sedgefield.

To see the difference Masithandane makes - thanks to it's huge number of dedicated volunteers and a team of staff working, more often than not well above and beyond the call of duty, one only has to look at the organisation's achievements over the last year.

Masithandane's community health workers completed 10 821 household visits, conducted 23,683 screening and wellness visits and served 26,243 local residents in need of care. 24/7 care and palliative services were given to 53 patients.

The organisation's 10 child care workers made 1,603 home visits, reaching 545 children who also had access to literacy programmes and Safe Park activities, including 10,172 meals. And talking of nutrition, 34 586 meals, and 336 food parcels across all programmes were given out to children, families, older persons, the chronically ill, and vulnerable community members.

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78 older persons, fondly known as the 'Forget-me-nots', so that they could all take part in outings, meals, exercises, games and informative talks.

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Their Community-based Health Services and Child and Youth Care

Programmes, Early Childhood Development Centre and Interactive Mosaic Community Project create stable job opportunities within the community while providing much-needed services and community upliftment.

The Masithandane family is celebrating today's special birthday (23 September) with an open day - a thanksgiving service at 9h15 and tours at 10am or 12 noon.

Notes from T'Ed's Head

So. It happened. It's over and done with, and all I can say is THANK GOODNESS.

I am sixty, and that's that.

And I know what you are going to ask, and the answer, sadly, is socks.

Not a motorcycle. At all.

One would have thought that all the brochures accidentally scattered (read: strategically placed) about the house might have tweaked a bit of interest, at least. They did depict the Honda CRF Africa Twin 1000 cc motorcycle in all its glorious racing colours, even showing a rider of similar age to Yours Truly, proudly straddling the seat as he leaned into the curve of some glorious section of Italian highway (perhaps it was the nubile, young, blonde model on the pillion, clutching him tightly around the waist, that put Mrs Ed off?).

But no. She didn't get it. Must be her upbringing, I guess. My subtle hint was seemingly way too subtle. I know she read the brochure, because I saw her pick one up, and her lips moved as she

stared at it.

And come to think of it, looking down at the socks she smilingly presented me on the morning of The Big Birthday, they are eerily similar to the ones the motorcyclist was wearing, so perhaps she just got the wrong end of the stick? (or the leg?)

Mind you, so did our two offspring, on whom I have spent a fat fortune over the years in an effort to get them decently educated. All to no avail, it seems, if they can't even read a simple colour brochure.

In hindsight, perhaps I should have placed the all-important literature in their sticky little hands, rather than leaving it in their mailboxes? Or converted it into one of those PDF things! Yes - of course that's what I should have done. It's the way of the world now, isn't it? Anyone under 50 won't read anything that's not electronic, or posted online ... or explained word for word in a podcast.

If only I had thought of that earlier.

Mind you - I wasn't so wise then, because I was only 59, wasn't I?

It's different now I'm sixty. Way different.

I am more clever. SO much more.

Having acquired the 'Ancient Wisdom' that comes with this three-score-years-or-more territory, I am now able to think on my feet, sometimes even when I'm standing on them.

For example, just yesterday morning I found my car keys.

All by myself!

Yes! I kid you not!

A feat that, up until then, my family had ruled an absolutely hopeless dream.

The number of hours I lost in my pre-sixty life desperately scurrying up and down, in and out, around and around looking for the confounded things, all the while suffering through Mrs Ed's CIA grilling (Condescending Interrogation of Aimlessness), including such treasures as



"Have you looked in the bathroom?" "Yes" "And they're not there?" "No" "Have you looked in your pockets?" "Yes," "And they're not there?" "No", etc., etc., ad nauseam, normally reaching a climactic conclusion with "Well, where did you put them, then?"

But mere days after turning sixty, in a staggeringly impressive solo effort, I found them single-handedly. (The single hand that somehow, as if guided by input from long-dead ancestors, found its way into my jacket pocket.)

And I made this discovery in a record-shattering 15 minutes or less (excluding the hilarious 20-minute YouTube video, of course, because that wasn't my fault. It somehow came up when I typed 'Most likely place a sixty-year-old would leave his car keys' into ChatGPT).

More importantly, I located them in a newfound sixties state of mind I have lovingly nicknamed 'WAWI' (Without Any Wifely Input).

Are you impressed? I was.

Better yet, after miraculously retrieving said keys from their intricate hiding place, I even made it from the bathroom (where the discovery was made) all the way out to the car, only putting them down (and forgetting where) twice.

Yep. I'm sixty now.

It's like I'm a grown-up.

And the day just got better. I even remembered the name of the lady behind the counter at the bottle store! Well, at least I remembered to read her name badge.

But that's what happens when you reach the wise old age of sixty. You think on your feet. You get wise. You somehow reconnect with your grey matter - and I'm not talking about your beard, either.

Smart. Clever. Swift of mind.

I didn't even flinch when, instead of the usual 'Uncle', the bottlestore lady called me 'Mkhulu'.

Because this was undoubtedly a sign of absolute respect, perhaps even awe. I could tell by the look of wonder on her face when she saw how I had cleverly written my PIN down on the inside of my belt to avoid those embarrassing moments of

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forgettery.

(There was a moment of confusion before I realised I had put said belt on the wrong way round, but that was only brief.)

And now, ladies and gentlemen, please hold onto your hats and buckle up (or at least tighten your dressing gown belt), for I am about to share a further deep and meaningful revelation.

I am happy to report (one might even think of it as a service to the community) that there is something even more important than the infinite wisdom one acquires at sixty. That is the REALISATION of infinite wisdom.

Let me explain, because many of you youngsters may not be able to keep up.

Knowing everything is absolutely brilliant, but KNOWING that you KNOW everything is even more liberating.

It's LIFE CHANGING.

Let me illustrate this thought by way of example:

Yesterday afternoon, in a historic, mould-shattering moment, I had

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TWO afternoon naps.

Yes, TWO.

Because I could, and more importantly, I KNEW that I could.

Mrs Ed was out, and having made a quick study of the 'Of Urgent Priority' list that she had pinned to my chest sometime during Afternoon Nap #1, I somehow sensed (it was an overwhelming revelation, to be honest) that there was NOTHING on the list life-threatening enough that it couldn't wait another six months.

So, being sixty, only 15 minutes after I had been woken by the alarm someone had carelessly set on my phone, I could boldly

enter the fantasy realms of that which I have long admired from afar, but never been courageous enough to enter.

Afternoon Nap #2.

Oh my hat! I can't wait to be 70!

I'd be mad if I didn't!

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SWARTVLEI SAGA CONTINUES AS S.O.S. CHALLENGES GRDM

The Garden Route District Municipality (GRDM) has confirmed in writing that the Swartvlei Peninsula property it intends to sell at present includes the last stretch of the access road to Swartvlei Beach, the beach parking area, the boat-launch road and the ablation facilities. It intends to seek subdivision to exclude these facilities.

The admission came in a letter to Save Our Sedgefield (S.O.S) dated 16 September. received on 17 September, following the watchdog's warning, reported in our last edition, that it would pursue legal remedies. Asked whether selling Portion 0 of Farm 185 would include these facilities, the GRDM replied: "Yes, the alienation of the property will be subject to subdivision and certain restrictive conditions."

S.O.S Chair Niel de Villiers says this reaction by the GRDM has not been approved by Council, and S.O.S cannot comment without knowing what the subdivision, conditions or timing would be. The campsite, he clarified, sits on Portion 1, a separate property.

Responding to The EDGE, GRDM Executive Mayor Marais Kruger said the municipality may dispose of properties not used to fulfil its mandate, and had identified 19 such properties.

"We never said we will not dispose/sell it. That's not factual," he said. What the GRDM had told S.O.S was that it wanted the properties moved to institutions that would protect the environment, naming SANParks and CapeNature as its preferred partners.

Kruger acknowledged that the GRDM has "a budget to protect", which relies quite heavily on such transactions. He said the sale figures previously reported were 2016 valuations, and that an independent valuation is being obtained before possible negotiations with state entities begin. He could not give a timeline, adding that as a 37-year Garden Route resident he is "very pro-protection and environment".

De Villiers accepts the GRDM may sell land it no longer needs, provided it follows the law, but says that is not the whole story. The municipality holds the land in trust for the public, he argues, and because it is classified as a protected area under the 2023 Biodiversity Spatial Plan, its environmental value should have featured in the decision. It did not.

He stated that when Sedgefield objected to a GRDM proposal to develop the peninsula in 2018, a public participation process reached consensus that the property should go to a body such as SANParks. Minister Anton Bredell recorded and supported that consensus in a letter in April 2019. Yet no report before Council produced to date mentions this, nor that the land carries the community's beach access infrastructure.

HEY KNYSNA! EAT GOOD. FEEL GOOD.



In a letter to S.O.S dated 8 September, the GRDM stated that a moratorium would be unlawful and that its budget depends on the sale proceeds. S.O.S disagreed and demanded that documents promised since 2 June be delivered within seven days. The GRDM replied on the eighth day with only partial information, and no further meeting has been arranged despite repeated requests.

The moratorium, which S.O.S and other NGOs have sought since May, has not been granted. De Villiers says a pause should be used for a full report to Council on the environmental value of the properties listed in Bredell's letter, recommending title deed conditions to protect them from inappropriate development. Council should then decide how to deal with them after a proper public participation process, engaging civil society throughout.

But even the size of the land is unclear. The GRDM asset register and a WinDeed report supplied to S.O.S by the GRDM have Portion 0 listed as roughly 84.62 hectares, while the list published on 2 June and the 28 July Council report give it as 10.01 hectares. S.O.S is seeking clarity on the discrepancy.

It also maintains the public was never properly informed. A bilingual notice in Die Burger on 30 April did not list the properties, and the list posted on the GRDM website on 2 June placed Portion 0 simply in "George", with no mention of Sedgefield or Swartvlei.

At a recent public meeting, S.O.S asked DA Federal Leader Geordin Hill-Lewis to intervene, as the GRDM is DA-run. Hill-Lewis undertook to look into it, but S.O.S has received no follow-up, nor been approached by any ward councillor or mayoral candidate.

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Talking Conservation Drie Valleyen

Green Corridors, Connectivity and Biological Conservation: From Ecosystem Ecology to Landscape Ecology

by Charl van der Merwe, Environmental Ethicist
www.drievalleyen.co.za

On behalf of Sedgefield Ratepayers Association

This is the last in a three-part series where we explore ecological corridors and why connected natural landscapes matter to Sedgefield's future.

As discussed, green corridors are stretches of habitat that link otherwise isolated natural areas. They may include riverbanks, the shoreline of our estuary, urban gardens and hedges, forest and fynbos strips, wetlands and floodplains, roadside vegetation, or connected urban parks. Their central purpose is to help organisms move through landscapes altered by development, agriculture, towns and cities, roads, and other human activity. By improving connectivity, corridors can support biological conservation at a scale larger than any single protected site.

Ecosystem ecology provides an important starting point for understanding why this matters. Ecosystem ecology examines interactions among organisms, energy flows, nutrients, water, and physical conditions within an ecosystem. When a habitat is fragmented, these interactions are usually disrupted. Small, isolated patches often lose species, experience stronger edge effects, and become less resilient to drought, fire, invasive species, and climate change. A corridor can reduce some of these stresses by reconnecting ecological processes and allowing resources, seeds, pollen, and animals to move between patches.

Landscape ecology extends this perspective by focusing on the spatial arrangement of habitats across a wider area. It asks not only what occurs within a forest, dune fynbos, or wetland, but also how those places are distributed and connected. In a fragmented landscape, protected areas can function like islands. Even large reserves may be insufficient if populations cannot exchange individuals with neighbouring habitats. Corridors help create a network rather than a collection of isolated safeguards for species.

Connectivity is especially valuable for species that need different habitats during different life stages or seasons. Migratory birds require safe resting and feeding locations along their routes. Large mammals may need broad connected territories to find mates and avoid inbreeding. Amphibians depend on movement between ponds and surrounding terrestrial habitat, while plants benefit when pollinators and seed dispersers can travel across the landscape. In each case, movement supports genetic diversity and increases the chance that populations will persist over time.

However, corridors are not automatically beneficial. A poorly designed corridor may expose wildlife to roads, predators, pollution, or human disturbance such as noise or lights. It may also facilitate the spread of disease, invasive species, or fire. Effective

conservation planning therefore requires evidence about the species involved, the quality of the connecting habitat, and the risks present in the surrounding environment. Width, vegetation structure, management, and links to core habitats all influence whether a corridor functions successfully. Green corridors also connect conservation with human well-being. Urban greenways can reduce heat, improve air quality, manage stormwater, and provide spaces for recreation while supporting birds, insects, and native plants. In urban and rural areas, clumps of forests and riparian buffers can protect soil and water and provide suitable habitats for a variety of species. These multiple benefits make connectivity a practical principle for planning landscapes that are productive, ecologically resilient and buffer against climate change.

Ultimately, green corridors show the shift from ecosystem ecology to landscape ecology in action. Conservation cannot focus solely on protecting individual sites; it must also consider the relationships among them. By maintaining movement, exchange, and ecological processes across space, connected landscapes offer a stronger foundation for safeguarding biodiversity in a rapidly changing world. Sedgefield is a village in a dynamic ecological landscape, and our well-being depends on sensible development, not only in our urban area but also in the peri-urban areas. We must apply our local and indigenous knowledge to conserve what we still have in our landscape.

STRANDLOPER PROJECT 2026

By Mark Dixon

Strandloper Project gears up to track trails of plastic pollution along the Southern Cape coastline.

For ocean watchers in the Southern Cape, 2026 has been an interesting year so far. A severe drought was broken in May by a sequence of two heavy storms washing beaches away. Then there was a first time record of a fin whale washing ashore on a South African beach. Next, were two observations of Risso's dolphins in False Bay, again both first time inshore sightings of this species with one Risso's dolphin stranding and then being refloated by concerned citizens.

Our coastline has been battered by two epic severe cut off low storms which ejected massive amounts of sediment laden flood waters into the ocean, along with plastic pollution. In late August sardines began washing up, with possible causes ranging from an epidemic viral infection to record high sea temperatures.

With this backdrop of events, the volunteer team of the Strandloper Project is in its final preparation stage for the 8th annual coastal research expedition. This year the team will be hiking from Wilderness to Nature's Valley, approximately 150km over nine days. The terrain will be a mix of sandy beaches and steep rocky shorelines, including two adventurous stages - scaling a cliff and passing through a sea cave - both of which have to be done at low tide.

The team will have three primary goals, namely to document the density and distribution of ocean plastic waste and washed out fishing gear, record indicator marine fauna species like African Black Oystercatchers, and to document incidents of infected fauna, such as rabid seals and marine birds exhibiting symptoms of bird flu.

We will be using our expedition



program in CyberTracker to record georeferenced data from our range of surveys. For plastic pollution, we conduct a Trashy20 survey every 5km and mini transects in between. The Trashy20 transect is a series of three 10m x 2m transects at the high-water mark. All plastic and fishing gear is categorised in type, and for microplastics, separated into primary colours, and then counted. Strandloper Project introduced primary colour categories in 2020 as we noticed that the microplastic colour ratios varied according to the distance from rivers and municipal infrastructure. Recent international microplastic research in marine environments suggest that different colours are misidentified as food and targeted by marine fauna.

Our incidental and mini transect surveys record unusual items, marine fauna and high density washouts of plastic pollution along the entire shoreline. From our previous seven expeditions, we have managed to survey over 2000 African Black Oystercatchers between Pringle Bay and Cape Recife. Data from our 2024 expedition showed that the Walker Bay Oystercatcher population had an increase from the 2021 expedition survey.

As part of our second series of expeditions, this years route will

be the second time along this section of shoreline and it will be interesting to compare the results from our 2020 expedition. A special focus will be to document nurdle densities, as densities on the Robberg Beach in 2020 were high, exceeding 1000 nurdles/m. This time round, we will be distinguishing the variety of nurdle type, as routine surveys have subsequently shown up to 14 different types of nurdles, categorised by size, shape and colour. The constant replenishment of nurdles and the variety of types on beaches along the shoreline suggests that the loss of nurdles into the ocean is an ongoing process and not restricted to shipping accidents that occurred in 2017 and 2020 respectively.

The expedition will start from Wilderness on 7 October and finish in Nature's Valley on 15 October. For more detail of the route, objectives of the expedition and how you can assist the team, visit the Strandloper Project website at www.strandloperproject.org or email Mark at ghostfishing@strandloperproject.org.

You can follow the progress of the expedition and our daily findings on the Strandloper Project Facebook and Instagram accounts.

CONSERVANCY GETS CAPE FOX AWARD

Sedgefield Island Conservancy has received the Effective Management Award at the 2026 Conservation at Work Cape Fox Awards.

Conservation at Work is a non-profit organisation that promotes and supports conservation efforts across the Western Cape, connecting and championing the work of landowners, conservancies, and communities on the ground.

The Effective Management Award views holistic achievements within the sphere / contexts that the individual, conservancy, or organisation operates and evaluates the management thereof, the

emphasis being on what you do with what you have. Goals or achievements that are reached by the management team are viewed in line with the time frame of the application, but progress throughout the journey of the project/implemented action is also acknowledged.

"We recognise all of our supporters and community who make our work possible and thank you!" says Chair H lia van Zyl.

Congratulations to all the other 2026 Cape Fox Award winners:

- Conservation Outcomes - Sarah Hulley - Conservation



Picture: Helia van Zyl, Lawrence Boatwright, Jean Wright, Mary Hunter, Linda Boatwright, Tommy Willich, and Roland Vorwerk

Hero Award

- GVB for the Tradouw Redfin Conservation Initiative - Landscape Legacy Award
- The late Louis Jordaan - Mossie Basson Conservation Legend Award, remembered

for his generosity in sharing knowledge and inspiring others in conservation.

"Thank you to Conservation at Work for this special recognition and a wonderful 2026 Symposium!" Helia enthuses.

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- Do not approach or try and touch the seal
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FAREWELL ZWAAI

By Debbie Olivier

It is with great sadness that the Sedgfield Lions Club bids farewell to one of our loyal and long serving Lions, Zwaai Kruger, who passed away Sunday 20 September after a long battle with illness.

Zwaai was a dedicated Lion who offered years of volunteer service and work within the community, and always with a twinkle in his eye and a quick wit. Over the years he served the club as President and Treasurer, the District as first Zone Chairman, then District Governor, before moving up and serving on the Lions Cabinet. He often represented our club and district at international conventions, making many friends along the way.

Our Lions family has lost a great one. Over the years Zwaai became so much more than a fellow Lion. He became a valued friend and an integral part of our club. His passing not only leaves an empty chair, but also the wisdom of the man, the jokes, and the spirit of one remarkable human.

To Carrie, Kyla, Luke, Jade and the boys, and all who knew and loved Zwaai, our deepest and most sincere condolences. Our hearts are sore with yours. But we are grateful for the countless memories and the friendship built over the years.

Zwaai, thank you for the years of service. Thank you for the laughter. And mostly, thank you for the friendship. Your memory will be a blessing.

COUNCILLOR DAVIS CALLS FOR ROAD WORKS

On Wednesday 16 September 2026, on behalf of wards 1 and 2, Councillor Levael Davis wrote to the Acting Municipal Manager (AMM) Boy Ngubo, asking that he take urgent action regarding the devastating condition of Sedgfield roads.

His request to the AMM was that his offices provide:

1. A detailed schedule of tar and gravel road maintenance for Sedgfield over the next month.
2. A site visit with the AMM and departmental decision-makers in order that they experience the road conditions.

3. A copy or details of the budget allocated to Sedgfield for road maintenance.

4. A copy of the standard operating procedure used to repair our roads.

5. An investigation into the quality of pothole filling and patching as well as gravel road grading.

6. If the quality and workmanship is found to be of inferior quality, that municipal staff receive the proper training and supervision.

7. That contractors meet specific criteria, and that they confirm that they can actually do the work, before contracts are awarded.

“I received acknowledgement of my email, and as a result a site visit was arranged for 22 September 2026 with the Roads Manager. I expect to receive the other information I requested after the site visits are done,” said Davis.

He pointed out that there were roads of particular concern that needed serious intervention - these included Volstruis Street, Swallow Drive, Dr Malan, Kwartel, Hertzog, Fynbos and the Main Service Road.

“There are also many internal streets with massive potholes,” he said, “And all the gravel roads need serious attention.”



The Councillor has assured us that feedback will be given to the community as and when when a proper plan is in place.

A GROUP EFFORT RESCUE

On Sunday 20 September, what started out as an early morning jog/trail walk of 2.5km for 59-year-old Anton Roux from Brakenfell, became what he called a whole day adventure/nightmare, culminating in a rescue by Sedgfield's first responders.

When setting off at 8am from Teniqua Treetops 20km from Sedgfield, he hadn't realised that the markers on the trail route had been washed away by the river after recent heavy rains.

“I kept on going, doing some bundu bashing, climbing over rocks and crossing the river a few times,” he said, “But after about 5km I realised that I was way off track.”

He soon found out that turning back was not as easy as he would have thought, due to the lack of markers. Even the river itself was not a reliable landmark.

“I later learned that it had split into seven sub-rivers between the hills,” he told us.

Eventually Anton decided to climb up the hill, hoping to see where he was. That turned out to be the wrong decision.

“What I found was another gorge and another hill,” he said.

On his way up the next rise, misfortune struck again.

“I slipped. My left ankle got stuck, dislocating my left knee. Suddenly I was in pain and with a left leg I had to keep straight!” Worse yet, Anton also discovered that there was no cell phone signal.

That's when he says his survival instinct and his faith kicked in.

“Holding on to the promise of the Lord that He will protect and guide me, I got up and kept on going until I managed to reach the top of another hill,” he said.

In an open space with the sun shining brightly on him, he finally managed to get a signal.

“I phoned my wife, who was understandably in distress, and then Anthony, the owner of Teniqua Treetops, quickly forwarding him a pin location.”

While he was waiting for the rescue team, he made a little cross. And recited his favourite Scripture from Psalm 16:5 – “The Lord is the portion of my inheritance, my cup (He is all I need); You support my lot.”

Meanwhile, Anthony immediately contacted emergency services via the fire department.

Michael Simon, of Sedgfield's Community Oriented Policing and a GRDM Disaster Management volunteer, said a team comprising Metro and SAPS Search and Rescue, Sedgfield Fire Department, an off-duty ER24 paramedic, COP and other GRDM Disaster Management volunteers was quickly put together, meeting at Sedgfield Fire Department before heading off to Teniqua. There they established the best route to find and assist Anton, whom they eventually reached at around 5pm.

“By the grace of God, I was at the best possible place to be rescued,” Anton says, “A Jeep track up the mountain ended just 30m from where I was.”

Even so, it was no mean feat to retrieve the injured man up steep and densely vegetated terrain. After securing his leg, they loaded him into a hard plastic ‘Stokes Basket’ rescue stretcher, which had to be half carried, half hauled out with ropes.

Finally arriving back at Teniqua after a very long day, he was met by his very relieved wife, Elmari, along with Anthony's wife, Tarryn.

“A big shout out to Anthony, the Search and Rescue team, SAPS, all the volunteers and Tarryn. You did an amazing job saving me. I'm forever grateful,” he says.

Michael Simon also sang the praises of the team who assembled so quickly and worked so well together.

“It was a great response from all services and an exceptional team effort by all,” he reflected.

By Tuesday Anton could report that he was recovering well. “X-rays and a sonar showed that only a small piece of my left patella (kneecap) had broken off, and all the ligaments and soft tissue was just bruised,” he said, “My adventure of 2.5km's, became an ADD-VENTURE of 11km's in the hills above Sedgfield.”



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DIARY DATELINE

Weekly

Sedgefield Cycling Club. Training and social rides from Cycleworx. For ride schedules contact 044-343 1710 or 083 357 9999.

Every Monday

1:30pm Duplicate Bridge at Catholic Church hall. Enquiries (Whatsapp) to Toni 072 246 5024

Every 2nd Monday

2pm Sedgefield Art Society meet at the Lions Club. New members are welcome. Pasty - 073 256 6021

Wednesdays

8 for 9am Golf Day @ The Links. All members welcome.
4-8pm. Mosaic Food Fare
5:15pm Sedgefield Striders Walking / Running time trials on road adjacent to Bowls Club. Beginners welcome.

Thursdays

8 for 9am Sedge Gentlemen's Golf @ The Links
9:30-12. Every 1st and 3rd Thursday, the Pin Cushions meet at the Bowling Club. Quilting. Enq: Claudine 082 456 6055
1:15pm Social Bridge School at St Anthony's Catholic Church hall with play starting at 1:30pm. All levels are welcome. Enquiries: Gail 083 457 7647.
13:15pm Bowls. Tabs in
2:30pm Sedgefield Jukskai Group at Sedge Bowling Club. All welcome. Aniel 072 600 0722

Fridays

8am Ladies Golf @ Links Course

Saturdays

7am Eden Cycling Club Group Social outride departs Cycle Worx. All welcome.
8am-12 Wild Oats Community Farmers' Market
8 for 9am Saturday Competition Golf @ Links Course
8am-2pm Mosaic Market
8am-2pm Scarab Craft Market
13:15pm Bowls. Tabs in.

Saturday

G R Astronomical Society meet every 3rd Saturday at 3pm at the George Botanical Gardens. 083

Sunday 4 October

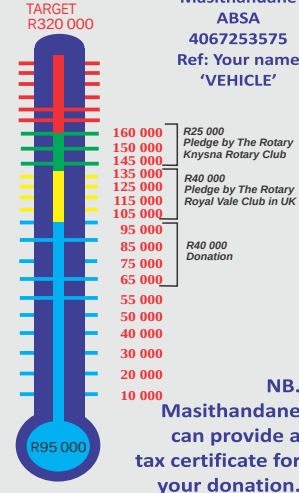
8am-12 Gardeners and Crafters Market at Steam Whistle Stop. 072 487 0395

Sunday 11 October

8am-12 Car Boot Sale at Steam Whistle Stop. 072 487 0395

MASITHANDANE NEW VEHICLE FUNDRAISER

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TRADITIONAL FISHERS NEED RECOGNITION

On Friday, 11 September, the Sedgefield Traditional Fishing Community handed a letter to DA Federal Leader Geordin Hill-Lewis during his public meeting at the Sedgefield Town Hall.

The letter, penned by Chairperson Andrew van Rooyen and his Vice, Wallace de Waal, raised a simple but important request: that decisions about Sedgefield's coast should consider much more than the development value of land.

"For generations, the coast has supported fishing, food security, cultural identity, traditional knowledge and access to the sea. At the same time, Sedgefield's dunes, wetlands and natural corridors provide essential protection against erosion, flooding, climate change and sea-level rise," the letter stated, "The community therefore asks that its Aboriginal and First Nation heritage be acknowledged and that traditional fishers be recognised as rights-holders and co-management partners, rather than simply another stakeholder

group in public participation processes."

The letter also questioned the loss and privatisation of public coastal land and traditional access areas. "Conservation should be recognised as a legitimate development choice, particularly where the natural coastal systems provide protection against increasing climate risk," it reads.

"The central message of the letter was that healthy ecosystems, sustainable livelihoods and responsible development should support one another if Sedgefield is to remain resilient for future generations," de Waal told us.

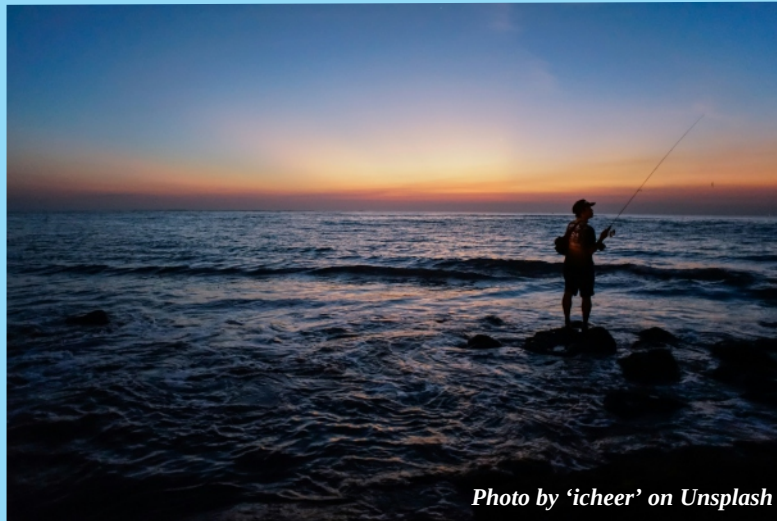


Photo by 'icheer' on Unsplash

THE SINGLE MOST IMPORTANT RULE IN PAPER RECYCLING

If you're one of the people helping South Africa keep 1.2 million tonnes of paper and paper packaging out of landfill, make sure you are doing this one thing – keep it dry and separate from wet waste.

"Paper recycling – whether at home, work or school – can only be successful if it is actively separated from wet waste after use," says Samantha Choles, communications manager for the Paper and Allied Manufacturers of South Africa (PAMSA). "Paper is absorbent, and its fibres start to break down when exposed to moisture, oils or food waste. This makes it less suitable for the paper recycling process," she explains.

As South Africa marked National Recycling Day on 18 September, PAMSA reports that the country's recycling rate stands at 63% of the available volumes of recyclable paper. While this is slightly above the global average, they believe there is still room for improvement.

Although informal collectors also contribute significantly to South Africa's paper recycling success story, they often have to retrieve recyclable items from domestic rubbish bins. "This means that the paper products are contaminated by food waste and liquids, resulting in less income for a collector at a buy-back centre," explains Choles.

There are several reasons why recycling is important, not least the need to divert recyclable paper and packaging from landfills for use as a raw material in the production of tissue and packaging such as cardboard boxes, paper bags, takeaway coffee cup holders and egg boxes.

Recyclable paper includes office paper, cardboard boxes in countless forms as well as other packaging products such as grocery bags, newspaper, magazines and even the quintessential tube from an empty toilet paper roll.

PAMSA offers some advice to up your recycling game:

Know which paper products can and cannot be recycled.

1. **Recyclable:** paper packaging; liquid board



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packaging (milk and juice cartons, paper cups); newspaper, brochures and magazines; office paper, telephone directories, paper giftwrap, damaged books that are not suitable for donation.

2. **Not recyclable:** wet or dirty cardboard (e.g. paper plates), tissues and paper towels, nappies, sticky notes, wax- or foil-lined boxes, cement bags, dog food bags, laminated paper.

2. Make sure these items are not put into general waste by educating family, friends and colleagues.

3. Use a large waterproof bag or container when you empty these bins.

4. Keep plastic, glass and can recycling separate from your paper, as these items may still contain liquids.

5. Put your recycling collection out on your pavement, or where it is easy for a collector to access.

6. Place multiple bins around the house, your workplace or a school where you are most likely to throw paper away: in kitchens, bathrooms (for toothpaste boxes and toilet roll cores), at your desk and in the classroom.

By adopting a few simple habits, we can all help make a big difference to South Africa's recycling culture.

Issued by Paper and Allied Manufacturers of South Africa (PAMSA)

Brushstrokes



Sedgefield Art Society – Celebrating Success and Looking Ahead

The Sedgefield Art Society is delighted to report back on a very successful Melodrama, where an impressive R17,500.00 was raised through paintings generously donated by the Art Society. A huge thank you goes out to all the artists who donated their beautiful artwork and to everyone who supported this wonderful cause. Your generosity and love of art made this achievement possible!

Annual Art Competition – "My Latest Masterpiece"

The Sedgefield Art Society is getting ready for its annual art competition, which will take place at Lake View Restaurant on 27 November. Members are encouraged to start putting their creative ideas onto canvas, as this year's theme is "My Latest Masterpiece".

We look forward to seeing the wonderful and varied interpretations of this theme. So, artists, get those brushes moving and let your creativity shine!



Adeline from Golem Pottery and Craft Studio assisting crafters.

Exhibitions and Upcoming Events

The ongoing exhibition at Lake View Restaurant will be refreshed on 25 September. Come along and enjoy some great art while taking in the amazing views and perhaps enjoying a meal or beverage.

Over at Golem Pottery and Craft Studio, the exhibition will also be changing for the next two months, with the theme "Seascapes". We look forward to seeing some amazing artworks inspired by the beauty and moods of the sea.

A special thank you to Adeline for her amazing mosaic workshop. Members had a wonderful time creating their own mosaic coasters, and we truly appreciate the creativity and enjoyment she brought to the group.

The Sedgefield Art Society will also be at its usual place on the last Saturday of every month. The next gathering will be on Saturday, 26 September, at the circle on Swallow Drive, where some of our talented artists will be exhibiting their work.

Members are encouraged to come along for a fun and inspiring plein air session, enjoy the great vibe, and perhaps find some inspiration from the beautiful surroundings. Art lovers and visitors are always welcome to come and support our local artists!

The Sedgefield Art Society's next meeting will be held on 12 October at 14h00 at the Lion's

WHERE IN THE WORLD HAVE YOU BEEN WITH YOUR EDGE?



Leon Kluge, Winner Of The Chelsea Flower Show UK with The Edge and Sandy MacDonald in Stanford, South Africa.



Cathy Mather catches up on some news from home while visiting Pimpama, Queensland, Australia.

GRANT FUNDING WELL SPENT ON MUNICIPAL INFRASTRUCTURE AND SERVICE DELIVERY

A press release from Knysna Municipality

Knysna Municipality has recorded strong expenditure on grant funding received from national government departments during the 2025/2026 financial year.

According to Executive Mayor Thando Matika, the majority of grants were fully spent on infrastructure and service delivery projects.

“The expenditure report tabled before the Mayoral Committee on 15 September 2026 reflects significant progress in the utilisation of conditional grant funding allocated to the municipality,” he said.

Among the grants, the Water Services Infrastructure Grant recorded 100% expenditure of its R7 million allocation. The Municipal Infrastructure Grant (MIG) recorded expenditure of R27.765 million against an allocation of R27.765 million, while two rollover MIG projects also recorded 100% expenditure.

The Neighbourhood Development Partnership Grant recorded expenditure of R14.552 million, representing 97% of its R15 million allocation. The report notes that the remaining amount relates to funding associated with a project overlapping into the 2026/2027 financial year.

The Integrated National Electrification Programme



also recorded 100% expenditure of its R10 million allocation. The funding supported the Knysna Main Intake Substation Upgrade, with programmed materials deposited for manufacturing.

Water resilience funding was similarly fully utilised. The Water Resilience Grant recorded 100% expenditure on both its current allocation and rollover funding, supporting the optimisation of pump stations and the supply of pumps. The Municipal Energy Resilience Grant rollover allocation of R574 764 was also fully spent on the completion of a supply study in March 2026.

Matika welcomed the expenditure performance, saying it demonstrates the municipality's continued focus on converting available government funding into tangible infrastructure and service delivery outcomes.

“Grant funding is provided to municipalities for a purpose - to improve infrastructure, strengthen services and respond to the needs of our communities. It is therefore encouraging to see the extent to which these allocations have been utilised during the past financial year,” he said.

“We must continue to ensure that every rand available to the municipality is used responsibly and produces a meaningful benefit for our residents,” he continued. “The projects reflected in this report are not simply figures on a financial statement; they represent investment in water, electricity, roads and other infrastructure that communities depend on every day.”

The report also reflects projects that overlap into the 2026/2027 financial year, demonstrating that expenditure is being linked to ongoing infrastructure programmes rather than being viewed in isolation at the end of a financial year.

“We will continue to strengthen the monitoring of grant-funded projects to ensure that implementation, expenditure and service delivery remain closely aligned,” Matika concluded. “Our responsibility is not only to spend grant funding, but to spend it properly and to ensure that the intended outcomes are achieved. We will also address implementation challenges where they arise and work with our government partners to maximise the value of the funding made available to Greater Knysna.”

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Advertorial

NEOVISION CELEBRATES A GREAT 1st YEAR

This September marks a special milestone for Neovision Milkwood Square, as the practice celebrates one year since opening its doors in Knysna. Since opening in September 2025, the team has been privileged to become part of the Knysna community and to meet so many wonderful people along the way.

The Neovision Milkwood Square team would like to extend a heartfelt thank you to the community for the support, encouragement and warm welcome received throughout their first year. “We are incredibly grateful to everyone who has been part of our journey. As we celebrate this milestone, we look forward to continuing to serve the Knysna community for many years to come.”

Photo from left to right:
Thulisile Nqayi (Optical assistant),
Hillary Jacobs (Resident Optometrist),
Jané van der Merwe (Optometrist / owner) & **Luleka Mandlana** (Optical dispenser).

VF PLUS CANDIDATES
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Fanus Brink - your Sedgefield Ward 1 & 2 candidate
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Advanced Diploma in Public Administration.
Former Sedgefield Town Clerk/CEO (8 years).
Former Manager Administration at Knysna Municipality.
Former Acting Municipal Manager Knysna Municipality.
Current Member of the Ward 2 Ward Committee.
Actively involved in AfriForum Sedgefield.
Sedgefield resident since 1992.



Michelle Wasserman - your Ward 10 candidate
Holds BA (Law), LLB and LLM degrees.
Former practicing Advocate of the High Court.
Non-practicing Attorney.
Accredited, experienced mediator.
Former Speaker of the Knysna Council.
Former Executive Deputy Mayor of Knysna.
Former Ward Councillor.
Ward 10 resident since 1999



Julie Lopes (Seton) - your Ward 5 candidate
Admitted and practising Advocate of the High Court.
Certificate in Municipal Financial Management.
Former Director of the Bloemfontein Legal Aid Clinic.
Former Speaker of Council.
Former Councillor.
Extensive experience in municipal governance and ensuring accountability.
Resident of Ward 5, Brenton-On-Sea since 2004



Jackie Du Toit - your Ward 9 candidate
Retired South African Police Service (SAPS) officer.
Former Knysna guest house manager.
Former member of the Ward 10 Ward Committee.
Active member of the local Neighbourhood watch.
Ward 9 resident for 14 years



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THE FREEDOM FRONT PLUS TEN-POINT PLAN

Time for communities to decide for themselves:
Devolve decision making capacity and power to as close as possible to the community; and give communities greater control over their taxes, services, safety, development and heritage. The existing system of local municipalities consisting of several towns should be revised to bring local government back to local communities.

Time for your tax money to work for you:
A substantial portion of the tax money collected in your ward (your property rates and levies) should be reinvested there; use the equitable share to provide basic services to the indigent; reduce superfluous management positions and appoint more tradesmen to effectively deliver services; and ensure value for tax money through quality service delivery and effective governance.

Time for fair rates and taxes:
Stop tariff hikes exceeding inflation; avoid implementing increases by cutting back on needless expenditure instead; implement a standardised rates system and uniform service tariffs; implement smart meters and ensure accurate utility bills; and protect property rights and property value.

Time to repair and build infrastructure:
Spend infrastructure grants in full; spend at least 8% of the book value of property, plant and equipment annually on maintenance; and appoint experts and skilled tradesmen.

Time for financial accountability:
Competent and professional officials; ensure functional oversight by councils and committees; consequences for transgressions; and recover funds lost due to fraud and corruption.

Time for a safe and healthy environment:
Stop environmental pollution; prioritise maintaining and upgrading sewage treatment plants and landfill sites; ensure compliance with the relevant legislation and effective policing; stop water losses caused by burst pipes and leaks; facilitate cooperation between various role players to fight crime and apprehend criminals; and promote a safe environment through CCTV cameras and working streetlights.

Time for job creation and economic development:
Create a favourable environment for the private sector to stimulate economic growth and create sustainable job opportunities; do away with needless administrative red tape and make it easy to do business; and promote an environment that instils investor confidence.

Time for public servants to serve the people:
Stop appointments that are not based on merit; appoint the best person for the job – regardless of skin colour or political affiliation; reduce superfluous senior and administrative positions and appoint more experts and tradesmen, such as engineers, electricians, etc.; and promote a culture of service.

Time for a new dispensation with sound values:
Establish proper and accountable governments based on Christian values; and usher in a dispensation where all groups and communities enjoy equal rights.

Time for effective oversight and stable coalition governments:
Act as a stable, principled coalition partner and fight for the rights of Freedom Front Plus voters within coalition governments; act as effective watchdogs against mismanagement, corruption and incompetence; and ensure transparency and accountability through proper oversight.

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CLASSI-ADS

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NB. Classified adverts for the next issue need to be in by Monday 5th October 2026. Emailed classes will not be placed without payment

4. Announcements

ALCOHOLIC ANONYMOUS Sedgfield Acorn Group. 079 323 2085 for details.

BOOKS for quality new & 2nd hand books, visit Deo Gratia - we also buy books. 082 9020 649

Garden refuse removal... your affordable solution in Sedge, Knysna Dial a Drum ... 082 808 5984

Sedgfield Mosaic Tours Masithandane hosts mosaic art tours on Tuesdays and Thursdays. You can hear the stories that inspired the pieces that make up a magical outdoor gallery alongside a water wonderland. Come meet the talented mosaic team, learn about the town's history, people and 'slow town' character. Call or WhatsApp Jacky 0824142133 to book your place.

WANTED: Sedgfield Hospice Shoppe need your second hand goods. Have a clean out and help others with your unwanted items! Please give them a call on 044 343 1722

6. Building & Related Services

Architectural Draughting Services. Phone Tracy 082 695 3119

Bay Hill Frameless Glass & Aluminium. Leading Frameless Glass Specialist operating from Stilbaai to Plett. 20 years experience. Precision work & professional service. info@bayhillsa.co.za

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7. Businesses

PASTEL SALES, setup and training. Call C A Mather Accounting. 044 343 2202 or 083 779 7934

9. Clothing

Embroidered burpers & face cloths - handmade. Mariana 082 7710694

10. Computers

Computers Desktop, Laptop, Network & Internet support. Call Ken Hampson 072 111 7791

12. Education & Tuition

Jolly Juniors Registered Crèche and Aftercare on the Island. Contact Anzelle @ 082 058 2988

SINGING LESSONS from classical to contemporary, and musical theatre. All welcome. Contact Lynne Brown. 083 660 4749

13. Electrical

Electrical Hardware @ Sedgfield H/Ware

HEUNIS Plumbing, Electrical and PV Solar. All Maintenance & Construction Qualified in both trades COC Certificates. Call 082 972 3911 manie.heunis@gmail.com

14. Employment Offered

KAHUNA'S IS HIRING! We're looking for energetic, reliable and hardworking team members to join our trendy & upbeat takeout! We're looking for people who have: Previous cooking & food-service experience, excellent customer service skills; a positive, friendly attitude; a strong work ethic and ability to work under pressure, reliable, honest & trustworthy. If you're a team player who takes pride in your work and will bring good energy to the team — we'd love to hear from you! Drop off CV at Kahuna's, shop 2, N2 Centre, Sedgfield or send CV to kahunas.sedge@gmail.com

15. Employment Wanted

Gardener. Refs. Exp. Phillip 071 990 3893

Loveness. Domestic work. Exp. 081 794 5345.

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BCompt Hons CA(SA) (ACIS)

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email: cathy@camather.co.za
address: 14 Swallow Drive, Sedgfield

Domestic

Dorica - 070 769 5872
Fale - 073 489 7164
Lincy - 078 494 3118
Loveness - 081 794 5345
Lucy - 081 794 5345
Mercy - 073 725 4818 (cooking)
Naomi - 067 546 1700
Patience - 070 769 5872
Sandra - 075 434 5231 (kitchen)
Tinah - 073 725 4818
Vallet - 067 456 1700
Wongani - 070 490 8881

Gardening

Charles - 064 091 2621
Ephrain - 078 874 8648
Jordan - 074 917 6727
Phillip - 071 990 3893
Reuben - 078 064 5825 Refs
William - 073 489 7164

Painting

Charles - 064 091 2621
William - 073 489 7164
Jordan - 074 917 6727

18. For Sale

CARAVAN for sale, licence up to date, but needs attention. Please whatsapp or call Dudley on 066 576 6612 if interested.

Free range eggs for sale. R70 per tray of 30 eggs. Please call 077 433 5384

Retainer lite blocks ~ affordable, light, easier to work with and quicker to install. Ready Bricks 068 600 6557

Rust Stain Remover Fabric. Various sizes available from Edge offices. Cash sales. Enq. Verity 076 619 3659

19. Home & Garden

AQUAMAN POOL CARE Service Maintenance. Pump Repairs. Call 044 343 3237 / 072 704 2872

Garden Refuse Removal for as little as R90 per month, 082 808 5984. www.dialadrumknysna.co.za

KUBI HIRE - Digger Loader for Hire Landscaping & hauling. Craig 073 726 4424

OUTENIQUA ORCHID NURSERY is open Wednesdays from 10-1pm. Blooming orchids and potting medium for sale. We repot your plants. Now at 34 Napier Street, Blanco, George. 044-870 8150

We do tree felling, bush clearing, plot clearing, paving waste removal, and any other related garden works. Call Godfrey on 078 337 7886

20. Health & Beauty

Aloe Ferox Products whole range in stock @ factory prices. The Aloe Lady : 071 362 0433 @ Wild Oats Market on Saturdays.

Any problems with epilepsy or other disabilities? EPILEPSY SA on 044 382 2155 or visit Off Rio Road, Knysna We can help!

Sedgfield Pharmacy, Woodpecker Mall. Tel 044 343 1628, Fax 343 1110. Mon-Fri 8am-6pm, Sat 8am-1pm, Sun & Pub Holidays 9:30am-12.

Silver Scissors Unisex Hairstylists - 21 Tiptol Street, Sedge. 072 205 7985

22. Home Improvements

DAN THE HANDYMAN General Repairs & Maintenance, Tiling, Painting, Glazing, Carpentry, Plumbing, Roofing & Soak Ways. No job too small. 084 400 5437. Luke 072 022 5977

JIMMY CATER Quality painting and decorating. Free quotes. 082 773 9782

25. Motor Cars/Bikes

Auto Mobile Diagnostics & Services - We collect, service, deliver to you. Call Cecil 083 701 3655

27. Pets & Livestock

All pet food or donations for Animal Welfare 044 384 1603 to be dropped off at Simply Vets or Knysna Vet Clinic.

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LOST OR DESTROYED DEED

Notice is hereby given in terms of Regulation 68 of the Deeds Registries Act 47, 1937, of the intention to apply for the issue of a certified copy of **DEED OF TRANSFER NUMBER T013485/2001** passed by:

The Executor in the Estate **Late PIET MALGAS, Estate Number 1907/2000** and Estate **Late MAGDALENA MALGAS, Estate Number 1897/2000**,

in favour of: **GAIL SCHOLTZ** Identity Number: **7606040108083**, Unmarried, in respect of

ERF 488 PACALTS DORP, IN THE MUNICIPALITY AND DIVISION OF GEORGE, PROVINCE OF THE WESTERN CAPE

All interested persons having objection to the issue of such copy are hereby required to lodge the same in writing with the Registrar of Deeds Western Cape, in CAPE TOWN, 4th Floor, 2 Riebeeck Street, Foreshore, CAPE TOWN, WESTERN CAPE within two weeks from the date of the publication of this notice.

Dated at GEORGE this 15th day of September 2026.

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SAQCC NO - 5535

YOUR HEARING IS CHANGING - BUT WHAT IS IT DOING TO YOUR BRAIN?

September is Deaf Awareness Month and World Alzheimer's Month. It is a good time to talk about a connection that deserves far more attention: hearing health and brain health.

There is a conversation I have regularly in my consulting room. A patient comes in because their family says they are not hearing properly. The patient, meanwhile, tells me: "I don't think my hearing is that bad." Then we start talking. They tell me they can hear the television, but they have started turning it up. They hear their spouse, but sometimes the words don't make sense. Restaurants have become difficult. They find themselves watching people's faces when they speak. And quite often, they have been doing this for years. That is one of the interesting things about hearing loss. It doesn't necessarily announce itself by making the world suddenly quiet. It often starts by making the world harder work. A hearing test measures how softly you can hear different sounds. That information is important, but it doesn't tell the whole story. In real life, the problem I hear

about most often isn't, "I can't hear anything." It is: "I can hear them, but I can't understand what they're saying." When hearing starts to deteriorate, particularly the parts of hearing that are important for understanding speech, the brain receives less of the information it normally uses to make sense of conversation. So, you start filling in the gaps. You use someone's face. You use the context of the conversation. You guess the missing word. You ask them to repeat themselves. Eventually, you may even stop asking because it is easier just to nod and carry on. I see this particularly often in people who function extremely well in quiet environments. They can sit across from me in a consulting room and have a perfectly good conversation. Then they tell me they cannot follow their grandchildren around the dinner table. That isn't contradictory. It is exactly what we would expect when background noise is added to the equation. I don't find it particularly helpful to think of hearing loss simply as a list of labels: mild, moderate, severe and profound. What matters to me clinically is what the hearing loss is doing to the person's life and how much work

their brain has to do to compensate for it. Early on, a person may simply notice that speech isn't as clear as it used to be. Then background noise becomes a problem. Then group conversations. Then television. Then the telephone. That progression can take years, and because it happens gradually, it is remarkably easy to normalise. I've had patients tell me that they thought everybody was mumbling for years. They weren't. Their hearing had changed. And this is where the brain comes into the conversation. The 2024 Lancet Commission on dementia prevention, intervention and care identified hearing loss as one of the potentially modifiable risk factors associated with dementia. Its review of the evidence found that people with hearing loss had a higher risk of subsequently developing dementia, and several studies showed that the risk increased as hearing became poorer. That does not mean that hearing loss causes Alzheimer's disease. It also does not mean that everyone with hearing loss will develop dementia. What it does mean is that hearing deserves to be taken seriously as

part of the bigger picture of healthy ageing. The ACHIEVE study, published in The Lancet in 2023, followed nearly 1,000 adults aged 70–84 with hearing loss for three years. The study did not find a significant difference in cognitive decline when everyone was considered together. But among participants who were already at higher risk of cognitive decline, the group receiving hearing intervention experienced almost 50% less cognitive decline over three years compared with the control group. That does not mean that hearing aids are an Alzheimer's treatment. It does, however, tell us that treating hearing loss may have benefits that extend beyond simply hearing the television better. The research is continuing. Keith Darrow, an audiologist and neuroscientist whose work has focused heavily on the relationship between hearing and brain health, recently reported findings in which prescription hearing treatment was associated with improvements in memory, executive function and visuospatial memory. The study was small, so I would regard those findings as encouraging rather than definitive. People often think they should wait until their hearing is "really bad" before doing

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anything. I understand why. But I don't think the conversation should start with hearing aids. It should start with knowing what your hearing is doing. A proper hearing assessment can tell us whether there is a hearing loss, what type it is, whether there is a difference between your ears and which parts of speech you may be struggling to hear. It will also tell us how your brain reacts to background noise and how well you can hear in it. Sometimes the answer is simply: "Your hearing is fine. Let's keep an eye on it." Sometimes we find something

that needs monitoring. And sometimes the test explains all those little things that have been happening for the last few years. That information is valuable whether you eventually choose hearing aids or not. If you haven't had your hearing tested recently, September is a good time to do it. Your hearing is part of your overall health, and looking after it is not about admitting that you're getting old. It is about staying connected for as long as possible.

R26 MILLION IN DISASTER RESPONSE FUNDING TRANSFERRED TO GARDEN ROUTE LOCAL MUNICIPALITIES

The repair of critical services infrastructure in the Garden Route District is set to be majorly accelerated, following the transfer of R26 million in Municipal Disaster Response Grant (MDRG) funding by the National Disaster Management Centre (NDMC) to five local municipalities in the Garden Route.

More projects will be submitted separately for consideration under another grant, known as the National Disaster Rehabilitation Grant, which will be presented to the National Cabinet later this month alongside the national budget adjustment. According to Gerhard Otto, GRDM Head: Disaster Management, "Oudtshoorn, Knysna, Bitou and George will receive R5 million each, while

Kannaland would be receiving R6 million". At the Bitou and Oudtshoorn local municipalities these funds would be used for the emergency repairs required on some streets, while George Local Municipality would focus mainly on the repairs required to the main water supply line from the Haarlem Dam to Uniondale. At Kannaland Local Municipality, both the repairs required to one of the main access bridges in Calitzdorp, as well as emergency repairs and protection required at a transformer in Ladismith, would receive attention, and at Knysna Local Municipality the slope remediation and repairs required at Fedricks Street would be addressed. The funding must be spent within six months on repairing damage caused by the severe weather events which adversely impacted

Mr Gerhard Otto, GRDM Head: Disaster Management

the district in May 2026. The Provincial Disaster Management Centre (PDMC), NDMC and Garden Route District Municipality (GRDM), will be meeting with local municipalities to formally launch the Monitoring and

Evaluation (M&E) process required under the grant conditions. These funding injections mean that municipalities would not need to wait for new municipal budget cycles for the repair work to

commence. Adjustment budgets will be presented to the various councils, officially confirming the funds that were allocated by the NDMC. "Allocations typically prioritise basic services related to water and sanitation works, including repairs to main water supply pipelines and sewerage infrastructure", said Gerhard Otto.

He further elaborated that this emergency fund originates from a nationally allocated R213,4 million, which was released to three provinces as a practical intervention to address damages sustained during the May 2026 floods. "Of this, the Western Cape received R71,4 million," confirmed Otto.

Each municipality will be expected to report on its readiness to implement approved projects, flag any completed projects eligible for fund reallocation, and identify any outstanding environmental approvals that could affect implementation timelines.

As the district municipality, GRDM is mandated and has successfully, under the Disaster Management Act, supported the PDMC and NDMC for more than 20 years in overseeing how funds are spent by local municipalities.

Restructure Your Cash for Better Estate Planning

Cash is **not** king, but cash has its place. One of my colleagues, Ruwan Grobler, wrote an excellent article which I am sharing this week with his permission. You can build significant wealth and still leave your family with a mess. Not because you didn't plan - but because your **cash wasn't structured correctly**. Too much liquidity in the wrong place, fragmented accounts, or misaligned ownership can quietly undermine even the most carefully drafted estate plan. Without intention, even a well-built estate can become complicated, delayed, or unnecessarily **taxed**. Estate planning isn't just about documents and wills. It's about how your money flows - and whether that flow supports or disrupts the legacy you intend to leave. **Practical tip:** Let us look at your current will and investments to make sure you are in the correct structures and if you can potentially save thousands of rands. **Where do Money Market/Fixed Deposits/Savings Accounts fit into your portfolio?** **Financial Planning Cashflow** These short-term conservatively positioned assets, just like all conventional asset classes, have a specific place in financial planning. They can be aligned with short-term investment goals where liquidity is key and can also form part of emergency savings. It's important to note that interest earnings are **taxed as income** and can create unexpected tax liabilities.

Risk Aversion Not all investors feel the same about risk, and that's ok. Some might argue about the price of holding cash in the long-term, but the investor has peace of mind that there will never be any surprises when opening investment statements, although it may come at the price of inflation beating growth over the long term. **Practical tip:** if you are concerned about market risk and liquidity, you can consider a good income fund with a good track record. **Implications on death by NOT holding the cash investment in a structure:** **Tax:** The capital will form part of the dutiable estate for purposes of calculating the **estate duty** payable to SARS. 20% levied on dutiable estate between R3.5 million and R30 million, 25% levied on dutiable estate exceeding R30 million. • **Executor's fees:** The capital will form part of the calculation of **executor's fees** charged by the executor of the estate. 4% (Incl. VAT) is the general fee charged by executors. • **Liquidity:** All cash, fixed deposits, money markets, shares and unit trust investments go into your estate, and you can expect delays on this front. **How do we solve this?** Correct structuring. Wrapping the assets in a structure solves two of the above issues, **no executor's fees** can be

charged if a cash investment moves directly from the deceased to the beneficiary via a nomination, and this process also provides liquidity to beneficiaries significantly faster than if it formed part of the estate for distribution purposes. Some structures may have liquidity constraints before death making it important to consider **multiple** structures to make sure your financial planning goals can be funded. Another major benefit of a wrapped structure is the **deferral of tax liability** as the structure will be taxed and not the individual. This income tax liability is taxed at a flat 30% and paid to SARS by the product provider. It may also be a good idea to look at **who owns** the cash investment. Moving it to your business or trust can also come with positive estate planning fundamentals. Please reach out so that we can have this important discussion. This consultation is free. We are a **team** of professionals, working together to look after your best interest. Please remember to tune in to season 2 of "Welvaartskeppers" on kykNET. It starts on Thursday, 8 October, 17h30 and would be available on Catch Up as well. You can also visit our website, <https://www.bovest.co.za> to meet the team.



Yvonne Velthuysen
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ISSUE 749 23 September 2026

THE EDGE Page 9

THE EDGE ON HEALTH

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CARRYING THE INVISIBLE BURDEN OF EMOTIONAL BAGGAGE

The inseparable realities of everyday life and mental well being *Continued from last edition.*

Psychologist's tips for coping with emotional or psychological 'baggage' you may be carrying.

Step 4: Beware of unhealthy coping mechanisms: Alcohol or drugs may temporarily numb emotional pain but can lead to additional problems and negatively affect mental health in the long run.

Step 5: Focus on what's doable: When life feels overwhelming, breaking problems down into smaller steps and focusing on what can be dealt with now may help restore a sense of control.

Signs of concern

"A person doesn't always say when they're struggling with their mental health," says Kgothatso Chilwane, a psychologist practising at Netcare Akeso Kenilworth. The following are common signs that a person may be struggling:

- Withdrawal from friends and family
- Loss of interest in activities enjoyed in the past
- Changes in sleep or eating patterns
- Increased irritability
- Difficulty concentrating

- Decline in functioning at work, school or home

"If someone expresses hopelessness or a wish to die, these are warning signs that should always be taken seriously, especially when noted alongside other signs of concern," he says.

Talking about wanting to die, withdrawing from others, giving away important possessions, saying goodbye in unusual ways, taking increased risks, or increasing alcohol or drug use can be signs a person is considering suicide, and require urgent action. Assist the person to access professional support and never leave them alone.

"It is also okay to ask them directly if they are having thoughts of harming themselves or ending their life. Asking someone about suicide does not mean you are planting the idea in their mind. People who contemplate suicide or self-harm may have been experiencing these thoughts for

some time," Chilwane says.

"Let's remember that struggling doesn't always look like sadness. Some may become quiet, angry, very anxious or strangely detached. And others may continue to discharge their duties while in private they are suffering great distress. That's why it's so important to truly be aware, notice changes and have regular check-ins with the people in our own circles."

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SAMURAI

			3	5	2			6
			1		6	3	9	7
						5	1	
	8	5		7	3			
4	7		6	8	9			5
		6	2	1				
9					4		8	
	6		9				1	
5		1	7	2				3

1. Each Samurai Sudoku puzzle consists of 5 overlapping "classic" 9x9 Sudoku sub puzzles.

SUDOKU

3	2	5	4	9	1			7
				3	6	4		
	8	7	6	3		2		
9		6	2		8	3		4
	3	2			7			
2		3	7					
		9	1				4	
8	5	4				9	7	6

SAMURAI

1								
8			6	3			7	
6						8		
	4		8		3			9
						7		
	9			2	7			8
						8		
		1			4	5		
9			7	1	6			

2. Each 9x9 sub-puzzle must be solved according to the rules of Sudoku.

SUDOKU

			3			1	2	
			2	8			7	1
			6	1		5		7
		7	1			3		
	6	9		8	3			
			6		9	5		
3	5		7	9				8
4	7	6				9	3	
8		2	5		6	4		

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NATIONAL SEA RESCUE INSTITUTE

NSRI urges the public to
prioritise water safety as water
activity increases

As the weather improves and school holidays start, the National Sea Rescue Institute (NSRI) has seen an increase in rescue activity along parts of South Africa's coastline and urges the public to take water safety precautions when visiting beaches, swimming pools, rivers and dams.

With the term three school holidays starting, temperatures

rising and more people expected to spend time in and around the water, the NSRI is reminding families, swimmers, boaters and anglers that a few key precautions can prevent an emergency.

"Summer should be a time to enjoy the water safely, but increased activity along the coastline, dams and rivers can also result in more people getting into difficulty. Many water-related emergencies can be prevented by planning ahead, choosing safer places to swim and supervising children closely," said Andrew Ingram, Head of Communications at the NSRI.

Key water safety tips

- Avoid alcohol before or during swimming and boating. Alcohol impairs judgement and physical ability and can also compromise your ability to supervise children and those in your care.
- Swim where lifeguards are on duty, and stay between the designated flags. Lifeguards are trained to identify dangerous currents and respond when someone gets into difficulty.
- Learn about rip currents. If you are caught in one, do not panic or try to swim directly against the current. Float, raise an arm to attract attention and, when possible, swim parallel to the beach until you are clear of the

MAGNIFICENT MOVIE MUSIC

Enjoy the ever-fresh tunes of "The Sound of Music", the dramatic and soul-stirring music from "The Mission" and swash-buckling fun and passion of the soundtrack of "The Mask of Zorro".

The unique Garden Route-based Carpe Musicam! Concert Orchestra and Choir will be bringing their Spring concert series, entitled "Magnificent Movie Music" to Sedgfield, George and Mossel Bay this October. The 90-minute production will be an emotional ride through a dozen epic movie themes spanning 84 years of movie history, from the 1940 film "Strike Up the Band" to the theme from "Ladies in Lavender" of 2004, with popular local violinist and violin teacher, Marie-Jean Kotzé, performing the solo part with soul and skill. There will be three performances:

Sunday October 4 at Sedgfield NGK Hall in Hoopoe Street at 15h30
Friday October 9 at Laerskool George-Suid at 19h00
Sunday October 11 at Mossel Bay Town Hall at 15h30

Tickets priced at R180 for adults and R60 for scholars, and are available via our website www.carpemusicam.co.za or take a chance at the door.

Be aware that these popular concerts tend to sell out quickly, so be sure to book early.

Refreshments will be on sale for an hour prior to each concert.

So, take some time off, enjoy a cup of coffee and a chat with friends – or even strangers who may become new friends. Then sit back and enjoy top class entertainment brought to you by the Garden Route's Best!



- don't leave a child unattended near water, even for a moment;
- put mobile phones away and avoid other distractions while supervising children; and
- agree on a meeting point before arriving at a beach or other busy location, in case a child becomes separated from the group.

"Water safety starts before you leave home. Check where lifeguards will be on duty, make sure everyone knows what to do in an emergency and save the relevant emergency numbers on your phone. Most importantly, please actively supervise children whenever they are near water," said Andrew.

SEDGEFIELD COMMUNITY CHARITY EVENTS CALENDAR 2026

SEPTEMBER

24 Lions Battle of the Buskers

OCTOBER

2 St Francis hosting a Journey of Flavours International Dinner
3 Pink Walk Ribbon Party
11 Sax for Sight Concert
17 Pink Walk
18 Remax Kite Festival (Masi)
31 SAM's Fashion Show
DECEMBER
31 Watershed (Masi)

Masi - Masithandane
SAM - Sedgfield Animal Matters
TLC - The Living Cornerstone

TENNIS COACHING - Sedgfield -

Coach - Martin 071 558 8581
Coaching at all levels
Private coaching
24 hour notice for bookings
Balls will be supplied
Bring your own equipment
Fees: R50 court visitor fees
Coaching R150 per hour
Come and enjoy some tennis, improve your game and make friends

TED'S BRAIN CRUNCHER

Across

1. The specialised coffee would not fend well outside, it may even get squashed! (9)

6. Herein hitherto established that there's something afoot. (4)

8. Endless piece of corroded pastry. (3,5)

9. Three to six old letters and a bit of arbitrary information. (6)

10. Shed in Berkshire. (6)

11. He's been jammin' without Em! (8)

12. Aghast at Iceland's cutbacks, yet somehow unmoved. (6)

15. As per instruction, the diminutive Tutankhamun offers nothing to the bad liar. (8)

16. New position on ruined clothing increases?(8)

20.. Hang about - It is Afrikaans to her. (6)

21. Fell off injured horse trying to avoid taxes. (8)

22. Being otherwise - getting something off your chest. (6)

24. So the US crime-fighters are learning to be friendly. (6)

25. Eskom's new price structure resulting from illegal connections.(8)

26. Part of the church downloaded, so we were told. (4)

27. Best plug the most lively personality! (9)

Down

1. Top up just about right for a bit of extra decor. (5)

2. Bank on the teller's version. (7)

3. That's totally correct - the first was badly hurt (5)

4. In no way is that from the horse's mouth. (3,1,3)

5. Was triggered by the posh college looking so old on the outside. (9)

6. Out of nowhere it was on the top of the mountain, taking our breath away. (4,3)

7. Take out a timeline for insanity.(9)

13. Serve nips out of broken vessel of nourishment. (3,2,4)

14. Ask if pasta has the ability to catalyse close relations. (9)

17. It's about the malice of temporary relief. (7)

18. When far out fishing hits a note too low to hear. (4-3)

19. I wonder if the little performer might do this twice, like our children said? (7)

22. Enterprising doctor's parking in his underwear. (5)

23. Principle number 10 can be taken either way you look at it. (5)

SOLUTIONS FOR LAST ISSUE

Across 1.Profits 5.Example 9.Potpourri 10.Toted 11.Seed 12.Big brother 14.Breach 15.Reserve 16.Cypress 18.Heifer 20.Superwoman 21.Aids 24.Owlet 25.Title role 26.Strider 27. Obscene.
Down 1.Pipes 2.Outwear 3.Iron 4. Straight Shooter 5.Edinburgh Tattoo 6.Authorship 7.Pitcher 8.Endorse 13.Cerebrated 16.Castors 17.Popular 19. Epitome 22.Suede 23.Fees

THE SPORTS EDGE

SEND SPORTS RESULTS OR
ACHIEVEMENTS TO
editor@edgenews.co.za.
Please keep sporting editorial
brief in order to enable us to
include everyone.

LADIES' GOLF

Club Report

Friday, 11 September 2026

Spring has sprung, and it is that time of year when the ladies at Sedge Links play their Spring Chicken Run game of golf. An annual game which results in the giving of free-range chicken as prizes. To add to the spring theme, we were all asked to include a little bit of spring in our outfits, and kudos to the ladies who made an effort to include a sprig or two of flowers. The best-dressed winner, Zoe, really added that little bit extra, which made all the difference, resulting in a lovely fresh free-range chicken prize for best dressed. With a "spring" in our step, we were ready to enjoy the game of golf ahead of us!

RESULTS:

1st Place - Clare Garner (39 points), 2nd Place - Zoe Botha (37 points) 3rd Place - Marina van der Westhuizen (36 points) c/o with Almarie Mead NEAREST THE PIN: Linda Evans winning both hole 4 and 7 BIRDIES: Linda Evans (4,11), Brenda Howden (14), Marina van der Westhuizen (2), Clare Garner played 3 under her handicap and Zoe Botha 1 under. KNOCKOUT RESULTS: Brenda Howden (35 points) vs Almarie Mead (36 points), Linda Evans (33 points) vs Elize Mackenzie-Blom (34 points), Almarie Mead goes on to play

Sylvia de Moor and the winner of that match will then play Elize in the final round. Thank you to Clare Garner for collecting the funds for the day, and for purchasing only the best free-range chickens for the prizes, and to Christine Coetzee for crunching the numbers for the results.

Friday, 18th September 2026

.Not sure whether it was the north-easterly or south-easterly howling across Sedge Links today, but whatever it was (it felt like both), it was certainly doing just that... HOWLING! For our 13 ladies, the phrase of the day was definitely "CLUB UP!" With the wind making its presence felt on every hole, choosing the right club was definitely half the battle! Playing the Nassau format was probably the easiest part of the day, especially when you add in the challenge of extra-long grass and then hiking through it in search of our golf balls that had been blown well off course by the wind (well that was our excuse!) Individual Stableford points were used, with winners determined by the player scoring the most points over the first 9 holes, the second 9 holes, and the overall 18 holes. RESULTS: First 9 holes - Sylvia de Moor (19 points), 2nd 9 holes - Elize Mackenzie-Blom (18 points), overall 18 holes - Marina van der Westhuizen (34 points). BIRDIES: Sylvia de Moor (5), Eleanor Sparks (7), Zoe Botha (5

and 15), Elize Mackenzie-Blom (10) and Marina van der Westhuizen (15) LONGEST DRIVE: Shannon Nicol (0-16 handicaps), Sylvia de Moor (17 upwards

handicaps) KNOCKOUT ROUND: Almarie Mead (31 points) vs Sylvia de Moor (32 points) Sylvia goes through to play Elize Mackenzie-Blom in the final round. WELL PLAYED ALL!



Off the Mat

Sedge Bowling
Club News



LAWN BOWLS AROUND THE WORLD IN HISTORY And the Empire held its breath while they finished the end! Legend has it that Sir Walter Raleigh and Sir Francis Drake were rolling woods on Plymouth Hoe when the Spanish Armada appeared in 1588. Rather than panic, Drake supposedly declared that they had time to finish the end before sailing off to sink the Spanish fleet. The facts? Raleigh was actually somewhere else. But hey, why let a minor detail like historical accuracy or the truth get in the way of a good bowling story? I'm sure we've all spun a few whoppers after a particularly fortunate wick!

EDEN SELECTIONS – Wonderful Wilize & Delightful Debi. SBC sends its proudest congratulations to Debi Stanford, selected for the Eden Invitational Veterans Tournament on 17–18 October, and to Wilize Botha, who has been asked to skip the Eden Under-18 B side at the Envar Buys Tournament 3 to 4 October.

Well done, girls! Now Go roll the opposition over!

EDEN LEAGUE 2026

The undoubted heroes of the 2026 Eden League are Sedgefield Bowling Club's Men's 4th Team – Ian Jarman, Frank Witteveen, Mark Kelly and Marius Nadel – who topped their division and earned promotion to the Third League. Other Sedgefield results included two fifth places – Ladies Premier and Men's Second – plus four sixth places: Ladies First and Third, and Men's First and Second. Well played, ladies and gentlemen. Promotion for one team and valuable experience for the rest – not a bad season at all!

EDEN VETERAN FOURS

Sedgefield ladies Ann Dold, Ros MacMillan, Vanessa Marx and Sheryl Owen, and men Arthur Owen, Marius Nadel, Wessie vd Westhuizen and Ian Gibbon, will contest the Eden Veteran Fours on 24 September. Good luck, everyone. Roll well, keep calm and remember: while the jack has absolutely no sympathy it doesn't mind if you hit it!

LADIES DAY

The SBC Pick n Pay Ladies Day went full throttle last Tuesday. Passports were stamped, arrivals announced and departures delayed only by the men rushing trays around like overworked cabin crew. Our ladies travelled first class, while the gents discovered that silver service is considerably harder than delivering a bowl on line! It was truly around the world in one day, with not a single lost suitcase – and décor good enough to make you feel like you had actually been there. Kudos to the organisers, sponsors and everyone who helped make it such a memorable day!

A QUICK CHUCKLE

An old bowler, seasoned and wise, Swore his woods had the truest of ties. "They've rolled through the years, Past the laughter and cheers, And still bring tears to my eyes!" And that's a wrap. See you on the mat!

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NEXT EDGE: Wednesday 7 October 2026 - Issue 750

PLEASE NOTE OUR DEADLINES

(Careful, they tend to fly by VERY quickly)

Display Ads: Email editor@edgenews.co.za by 1st October 2026
Classifieds: (Stuff for sale, jobs, get-rich-quick schemes, secret treasure hints)
Email accounts@edgenews.co.za by Monday 5th October 2026

KINDLY NOTE: Due to the epic craziness of life as we currently know it, our EDGE office may not always be open.
Please call 072 516 4701

SEDGEFIELD
OFFICE 044 343 1287
EMAIL sedgefield@pamgolding.co.za

JOINT MANDATE

Myoli Beach • R 12.0 million **1SH1751579**
Bedrooms 3 • Bathrooms 3 • Garages 9
Stunning home with income-generating potential, just minutes from the beach.
Hilna 082 722 4611

JOINT MANDATE

Groenvallei • R 4.395 million **1SH1728723**
Bedrooms 4 • Bathrooms 4 • Garages 2
Low maintenance family home with huge entertainment area and sparkling pool.
Hilna 082 722 4611

EXCLUSIVE MANDATE

Zeegesicht • R 4.2 million **1SH1748979**
Bedrooms 4 • Bathrooms 4 • Garages 2
Modern and spacious family home with granny flat, entertainment area, pool and sea views.
Peet 084 811 9973

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SOCIAL BRIDGE CLUB

Thursday 10 September
Equal 1st. Keiran & Terry ;
Thinus & Johann 55.56%
3rd. Rodney & Maryke 54.76%

Thursday 17 September
1st. Terry & Keiran 63.7%
Equal 2nd . Linda & Robyn ;
Thinus & Johann 58.7%

SEDGEFIELD BRIDGE CLUB

Monday 7 September
1st. Irene & Linda 57,5%
2nd = Clive & Terry and
Johann & Thinus 52,5%.

Monday 14 September
1st. Keiran & Terry 58,93%
2nd. Meg & Robyn 53,57%
3rd = Paddy & Bernard and
Maryke & Rodney 52,35%.

PINK WALK

BREAST CANCER AWARENESS

Prizes
for the
best
dressed

17 October 2026

Start:
BEHIND
Engen Garage
Sedgefield

Time:
08h30

Entry:
Free

Distance:
4.5km

**Everyone
welcome!**

Show your support and dress up in pink

♥ All donations for the benefit of HOSPICE Sedgefield ♥

TIDE TABLE 23 September - 6 October 2026 • Full Moon 26 September 2026					
Date:	Sunrise	Sunset	High Tides	Low Tides	
Wed 23 Sept	6:16	18:25	1:43 13:59	7:35	20:00
Thur 24 Sept	6:15	18:26	2:28 14:28	8:06	20:29
Fri 25 Sept	6:13	18:27	2:44 14:56	8:35	20:58
Sat 26 Sept	6:12	18:27	3:15 15:25	9:05	21:28
Sun 27 Sept	6:11	18:28	3:46 15:57	9:35	22:00
Mon 28 Sept	6:09	18:29	4:18 16:30	10:07	22:33
Tue 29 Sept	6:08	18:30	4:53 17:06	10:41	23:10
Wed 30 Sept	6:06	18:30	5:31 17:45	11:19	23:49
Thur 01 Oct	6:05	18:31	6:13 18:30	-	12:01
Fri 02 Oct	6:04	18:32	7:06 19:29	0:37	12:58
Sat 03 Oct	6:02	18:33	08:20 20:59	1:44	14:32
Sun 04 Oct	6:01	18:33	10:11 23:04	3:34	16:48
Mon 05 Oct	6:00	18:34	11:53 -	5:24	18:16
Tue 06 Oct	5:58	18:35	0:32 12:56	6:33	19:12

BUILD YOUR 2-BEDROOM HOME STAGE BY STAGE

BUILD WITH DIGNITY. NOT DEBT.

2 BEDROOM HOME WITH BATHROOM AND OPEN PLAN KITCHEN/LOUNGE

MAKE IT HAPPEN ONE STAGE AT A TIME

STAGE 1 CONCRETE FOOTINGS AND FOUNDATIONS

600 mm high (3 x M140 blocks)

INCLUDES:

- Ready mix
- Cement for foundations
- M140 blocks
- Sand
- Brickforce
- Delivery

R18,853.30

TO BE SPLIT INTO AFFORDABLE MONTHLY PAYMENTS

STAGE 2 COMPLETED FLAT SLAB

INCLUDES:

- Mesh
- Gunplas
- DPC
- Ready mix
- Cement
- Delivery

R8,100.00

TO BE SPLIT INTO AFFORDABLE MONTHLY PAYMENTS

STAGE 3 WALLS TO WALL PLATE HEIGHT

M140 blocks - 2.90 m front, 2.40 m back

INCLUDES:

- M140 blocks
- Cement
- 1.2 m x 1.2 m glazed
- Alu windows
- 1.5 m x 1.2 m glazed
- Alu window (1 only)
- External doors with frame
- Internal doors with frame
- Lintels
- Annual / fuel increases @5% Delivery

R46,279.58

TO BE SPLIT INTO AFFORDABLE MONTHLY PAYMENTS

STAGE 4 COMPLETE ROOF

IBR AZ150 Zinkal .45 mm

INCLUDES:

- IBR AZ150 Zinkal .45 mm (S86 coverage)
- Railers 38 x 114
- Purlins 50 x 76
- Delivery

R15,126.15

TO BE SPLIT INTO AFFORDABLE MONTHLY PAYMENTS

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Tell us what amount you are comfortable with paying each month and we'll work out a plan that suits you. The monthly amount will determine how long it will take to build your home.

No pressure – just a plan that works for you.

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